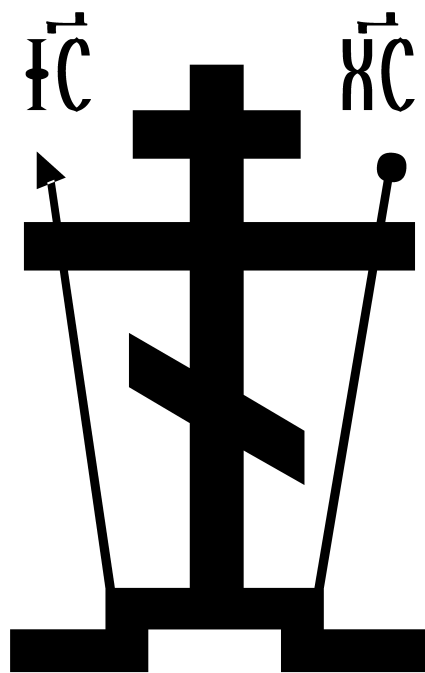


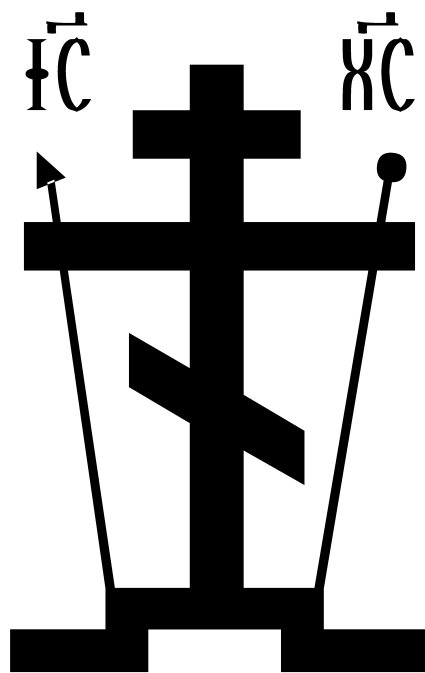


Music for the Great Canon of Saint Andrew of Crete
Great Compline During the First Week of Great Lent

Δόμνι εἰκὶχ κένι μῦροφόριχ
Holy Myrrh-bearers
Ο Οἶκος τῶν Ἀγίων Μυροφόρων

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The Lenten Triodion
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Choral arrangements from
Music for the Order of Great Compline and the Irmosi
of the Great Canon of St. Andrew of Crete
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Music for the Great Canon of Saint Andrew of Crete Great Compline During the First Week of Great Lent

Contents

The Order of Great Compline	1
Ode I.....	2
Ode I – Monday	3
Ode I – Tuesday	5
Ode I – Wednesday.....	7
Ode I – Thursday.....	9
Ode II – Monday, Tuesday and Wednesday.....	11
Ode II – Monday.....	12
Ode II – Tuesday.....	14
Ode II – Wednesday	16
Ode II – Thursday.....	18
Ode II – Thursday.....	19
Ode III – Monday	21
Ode III – Monday.....	22
Ode III – Tuesday, Wednesday and Thursday	23
Ode III – Tuesday	24
Ode III – Wednesday.....	26
Ode III – Thursday	28
Ode IV	30
Ode IV – Monday.....	31
Ode IV – Tuesday	33
Ode IV – Wednesday.....	35
Ode IV – Thursday	37
Ode V.....	39
Ode V – Monday.....	40
Ode V – Tuesday	42
Ode V – Wednesday	44
Ode V – Thursday.....	46

Ode VI	48
Ode VI – Monday	49
Ode VI – Tuesday	51
Ode VI – Wednesday	53
Ode VI – Thursday	55
Kontakion.....	57
Ode VII.....	58
Ode VII – Monday.....	59
Ode VII – Tuesday.....	61
Ode VII – Wednesday	63
Ode VII – Thursday.....	65
Ode VIII	67
Ode VIII – Monday	68
Ode VIII – Tuesday	70
Ode VIII – Wednesday.....	72
Ode VIII – Thursday	74
Ode IX	76
Ode IX – Monday	78
Ode IX – Tuesday.....	80
Ode IX – Wednesday.....	82
Ode IX – Thursday	84
Ode IX – Katavasia	86
THE REMAINDER OF GREAT COMPLINE	88
God Is With Us.....	91
The Day Being Past.....	94
Intercede For Us Sinners.....	98
Have Mercy On Us, O Lord.....	104
O Lord of Hosts	110
Appendix – Intercessory Prayers.....	125

The Order of Great Compline

Priest: Blessed is our God, always, now and ever and unto ages of ages.

Reader: Amen.

O Heavenly King

O Heavenly King, Comforter, Spirit of Truth, Who art everywhere present and fillest all things, Treasury of good things and Giver of Life, come and dwell in us, and cleanse us of all impurity, and save our souls, O Good One.

Trisagion

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, blot out our sins. O Master, pardon our iniquities. O Holy One, visit and heal our infirmities, for Thy name's sake.

Lord, have mercy. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Our Father, Who art in the heavens, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the kingdom, and the power, and the glory of the Father, and of the Son, and of the Holy Spirit, now and ever and unto ages of ages.

Reader: Amen.

Lord, have mercy. (*12 times*)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

O Come let us worship God, our King!

O Come, let us worship and fall down before Christ, our King and our God!

O Come, let us worship and fall down before Christ Himself, our King and our God!

Psalm 69

O God, be attentive unto helping me; O Lord, make haste to help me. Let them be shamed and confounded that seek after my soul. Let them be turned back and brought to shame that desire evils against me. Let them be turned back straightway in shame that say unto me: Well done! Well done! Let them be glad and rejoice in Thee all that seek after Thee, O God, and let them that love Thy salvation say continually: The Lord be magnified. But as for me, I am poor and needy; O God, come un-to mine aid. My helper and my deliverer art Thou, O Lord; make no long tarrying.

Ode I

He is for me un- to sal- va- tion Help- er and Pro- tec- tor

The first system of musical notation for 'Ode I' consists of two staves, treble and bass, in the key of D major. The melody is primarily in the treble staff, with the bass staff providing harmonic support. The lyrics are: 'He is for me un- to sal- va- tion Help- er and Pro- tec- tor'.

He is my God and I glor- i- fy Him, God of my

The second system of musical notation continues the melody and harmony. The lyrics are: 'He is my God and I glor- i- fy Him, God of my'.

fath- ers is He and I ex- alt Him, for He is great- ly

The third system of musical notation continues the melody and harmony. The lyrics are: 'fath- ers is He and I ex- alt Him, for He is great- ly'.

glor- i- fied.

The fourth system of musical notation concludes the piece. The lyrics are: 'glor- i- fied.'.

Ode I - Monday



Where shall I begin to weep for the actions of my wretched life? What first-fruit shall I offer, O Christ, in this my lamentation? But in Thy compassion grant me forgiveness of sins.

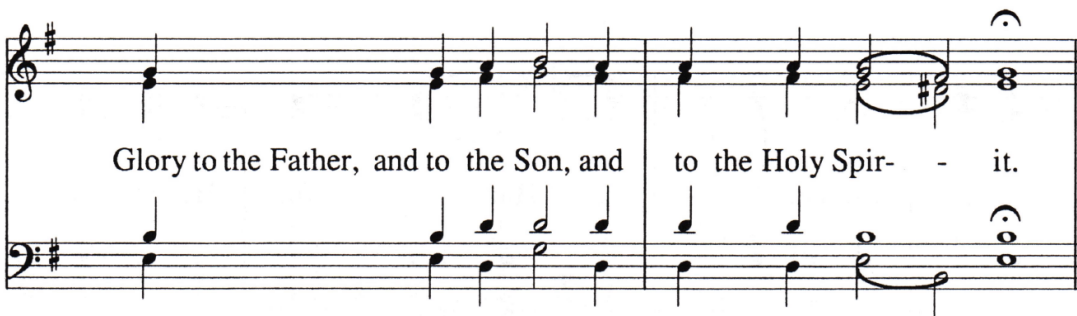
Come, wretched soul, with thy flesh to the Creator of all. Make confession to Him, and abstain henceforth from thy past brutishness; and offer to God tears of repentance.

I have rivalled in transgression Adam the first-formed man, and I have found myself stripped naked of God, of the eternal Kingdom and its joy, because of my sins.

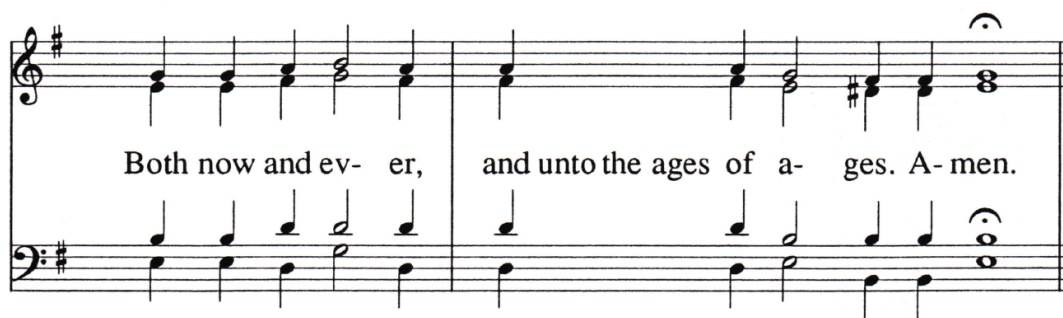
Woe, to thee, miserable soul! How like thou art to the first Eve! For thou hast looked in wickedness and wast grievously wounded; thou hast touched the tree and rashly tasted the deceptive food.

Instead of the visible Eve, I have the Eve of the mind: the passionate thought in my flesh, showing me what seems sweet; yet whenever I taste from it, I find it bitter.

Adam was justly banished from Eden because he disobeyed one commandment of Thine, O Saviour. What then shall I suffer, for I am always rejecting Thy words of life?



To The Trinity: Trinity beyond all being, worshipped in Unity, take from me the heavy yoke of sin, and in Thy compassion grant me tears of compunction.



Theotokion: O Theotokos, the hope and protection of those who sing thy praises, take from me the heavy yoke of sin and, pure Lady, accept me in repentance.

Ode I – Tuesday



By my own free choice have I incurred the guilt of Cain's murder. I have killed my conscience, bringing the flesh to life and making war upon the soul by my wicked actions.

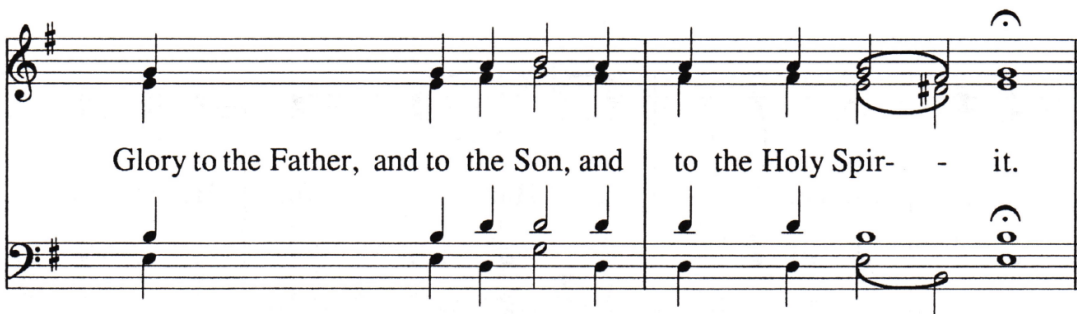
O Jesus, I have not been like Abel in his righteousness. Never have I offered Thee acceptable gifts or godly actions, a pure sacrifice or an unblemished life.

Like Cain, O miserable soul, we too have offered, to the Creator of all, defiled actions and a polluted sacrifice and a worthless life: and so we also are condemned.

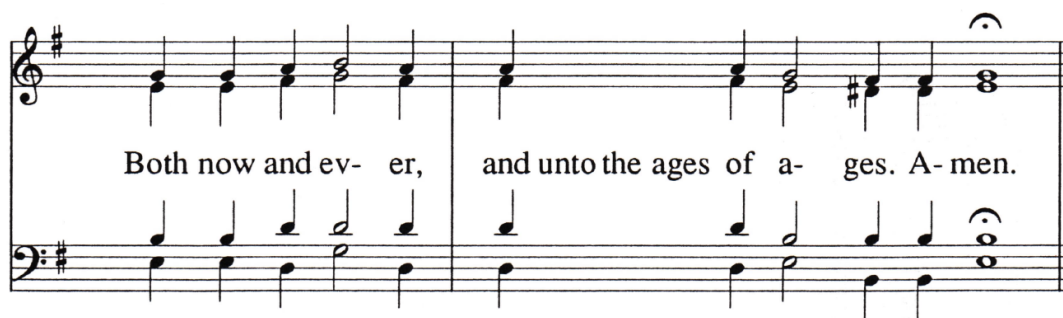
As the potter moulds the clay, Thou hast fashioned me, giving me flesh and bones, breath and life. But accept me in repentance, O my Maker and Deliverer and Judge.

I confess to Thee, O Saviour, the sins I have committed, the wounds of my soul and body, which murderous thoughts, like thieves, have inflicted inwardly upon me.

Though I have sinned, O Saviour, yet I know that Thou art full of loving-kindness. Thou dost chastise with mercy and art fervent in compassion. Thou dost see me weeping and dost run to meet me, like the Father calling back the Prodigal Son.



To The Trinity: Trinity beyond all being, worshipped in Unity, take from me the heavy yoke of sin, and in Thy compassion grant me tears of compunction.



Theotokion: O Theotokos, the hope and protection of those who sing thy praises, take from me the heavy yoke of sin and, pure Lady, accept me in repentance.

Ode I – Wednesday



From my youth, O Saviour, I have rejected Thy commandments. Ruled by the passions, I have passed my whole life in heedlessness and sloth. Therefore I cry to Thee, O Saviour, even now at the end: Save me.

I lie as an outcast before Thy gate, O Saviour. In my old age cast me not down empty into hell; but, before the end comes, in Thy love grant me remission of sins.

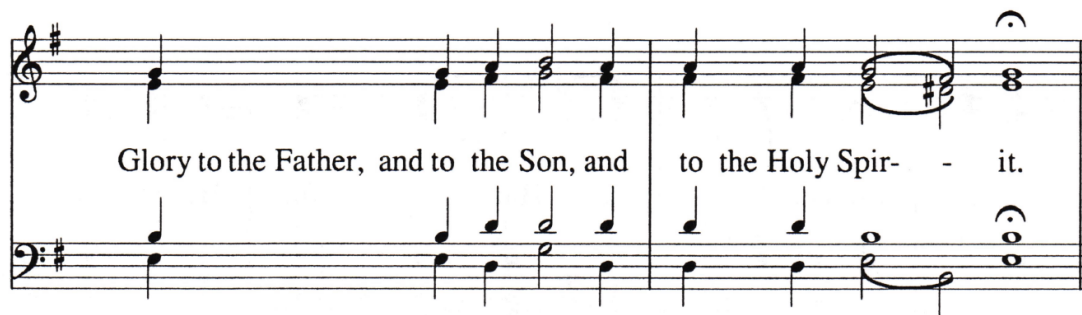
As the Prodigal, O Saviour, I have wasted all my substance in riotous living, and I am barren of the virtues of holiness. In my hunger I cry: O compassionate Father, come quickly out to meet me and take pity on me.

I am the man who fell among thieves, even my own thoughts; they have covered all my body with wounds, and I lie beaten and bruised. But come to me, O Christ my Saviour, and heal me.

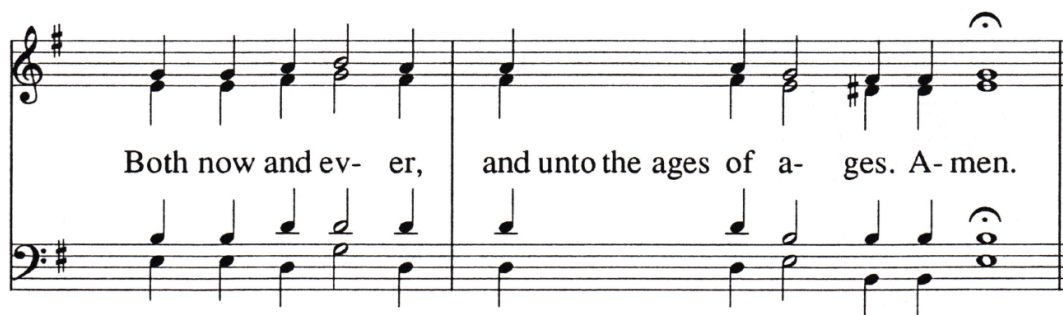
The Priest saw me first, but passed by on the other side; the Levite looked on me in my distress but despised my nakedness. O Jesus, sprung from Mary, do Thou come to me and take pity on me.



To St. Mary of Egypt: Grant me the light of grace, from God's providence on high, that I may flee from the darkness of the passions and sing fervently the joyful tale of thy life, O Mary.



To The Trinity: Trinity beyond all being, worshipped in Unity, take from me the heavy yoke of sin, and in Thy compassion grant me tears of compunction.



Theotokion: O Theotokos, the hope and protection of those who sing thy praises, take from me the heavy yoke of sin and, pure Lady, accept me in repentance.

Ode I - Thursday



O Lamb of God, that takest away the sins of all, take from me the heavy yoke of sin, and in Thy compassion give me tears of compunction.

I fall down, Jesus, at Thy feet: I have sinned against Thee, be merciful to me. Take from me the heavy yoke of sin, and in Thy compassion, O God, accept me in repentance.

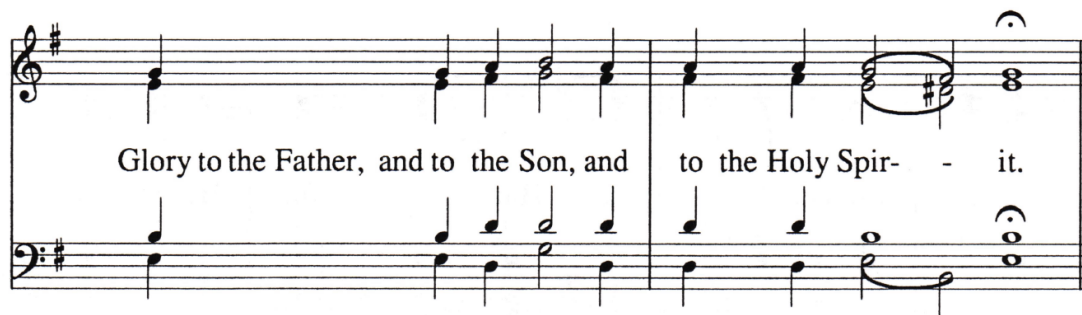
Enter not into judgement with me, bringing before me the things I should have done, examining my words and correcting my impulses. But in Thy mercy overlook my sins and save me, O Lord almighty.

It is time for repentance: to Thee I come, my Creator. Take from me the heavy yoke of sin, and in Thy compassion give me tears of compunction.

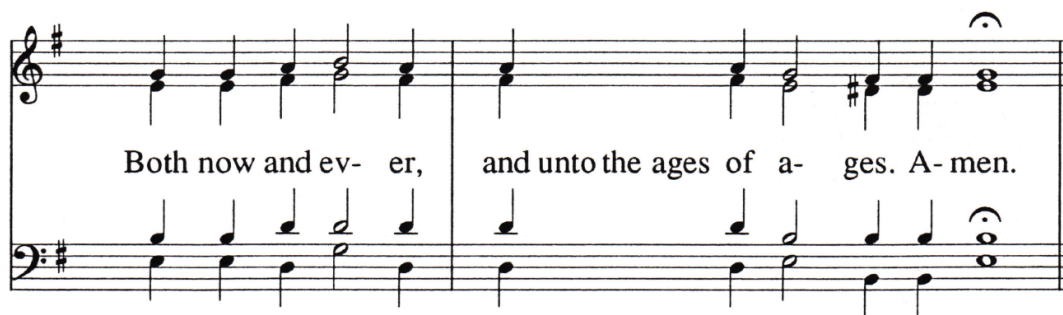
As the Prodigal, O Saviour, I have wasted the substance of my soul in sin, and I am barren of the virtues of holiness. In my hunger I cry: O Giver of mercy, come quickly out to meet me and take pity on me.



To St. Mary of Egypt: Bowing before the divine laws of Christ, thou hast drawn near to Him, forsaking the unbridled longings of sensual pleasure; and in the fear of God thou hast gained all the virtues as if they were one.



To The Trinity: Trinity beyond all being, worshipped in Unity, take from me the heavy yoke of sin, and in Thy compassion grant me tears of compunction.



Theotokion: O Theotokos, the hope and protection of those who sing thy praises, take from me the heavy yoke of sin and, pure Lady, accept me in repentance.

Ode II - Monday, Tuesday and Wednesday

At- tend, O hea- ven, and I shall speak and sing in

This system consists of two staves, treble and bass, in G major. The melody is primarily in the treble staff, with the bass staff providing a harmonic accompaniment. The lyrics are: 'At- tend, O hea- ven, and I shall speak and sing in'.

praise of Christ Who took flesh from a Vir- gin and came to

This system continues the melody and accompaniment. The lyrics are: 'praise of Christ Who took flesh from a Vir- gin and came to'.

dwel a- mong us.

This system concludes the piece with a final cadence. The lyrics are: 'dwel a- mong us.'

Ode II – Monday



Attend, O heaven, and I shall speak; give ear, O earth, to the voice of one who repents before God and sings His praise.

Look upon me, God my Saviour, with Thy merciful eye, and accept my fervent confession.

More than all men have I sinned; I alone have sinned against Thee. But as God take pity on Thy creation, O Saviour.

With my lustful desires I have formed within myself the deformity of the passions and disfigured the beauty of my mind.

I am surrounded by the storm of sin, O compassionate Lord. But stretch out Thine hand to me, as once Thou hast to Peter.

I have stained the garment of my flesh, O Saviour, and defiled that which was made in Thine image and likeness.

With the lusts of passion I have darkened the beauty of my soul, and turned my whole mind entirely into dust.

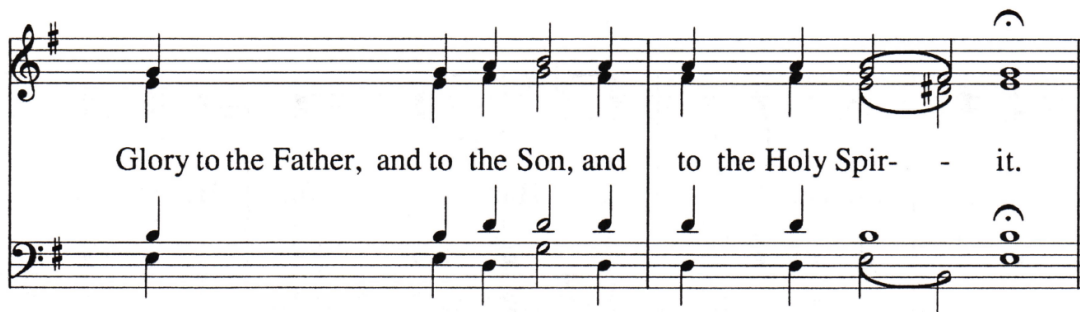
I have torn the first garment that the Creator wove for me in the beginning, and now I lie naked.

I have clothed myself in the torn coat that the serpent wove for me by his counsel, and I am ashamed.

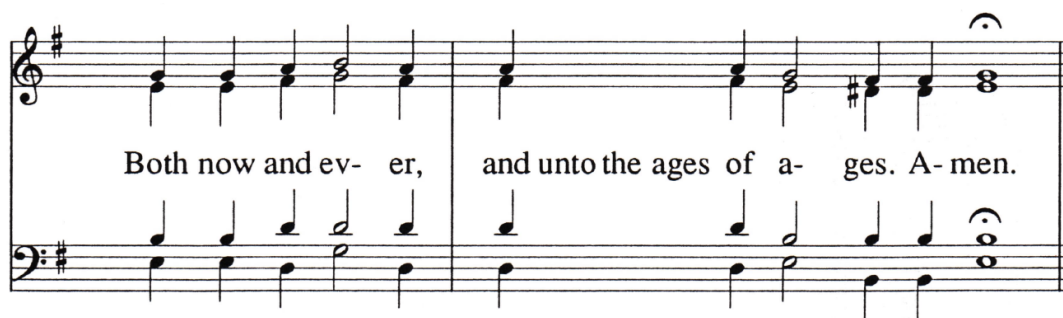
I offer to Thee, O merciful Lord, the tears of the Harlot. Take pity on me, O Saviour, in Thy compassion.

I looked upon the beauty of the tree and my mind was deceived; and now I lie naked and ashamed.

All the ruling passions have ploughed upon my back, making long furrows of wickedness.



To The Trinity: I sing Thy praises, One in Three Persons, God of all, Father, Son and Holy Spirit.



Theotokion: O Theotokos undefiled, Virgin alone worthy of all praise, intercede fervently for our salvation.

Ode II – Tuesday



Sin has stripped me of the robe that God once wove for me, and it has sewed for me garments of skin.

I am clothed with the raiment of shame as with fig leaves, in condemnation of my self-willed passions.

I am clad in a garment that is defiled and shamefully bloodstained by a life of passion and self-indulgence.

I have fallen beneath the painful burden of the passions and the corruption of material things; and I am hard pressed by the enemy.

Instead of freedom from possessions, O Saviour, I have pursued a life in love with material things, and now I wear a heavy yoke.

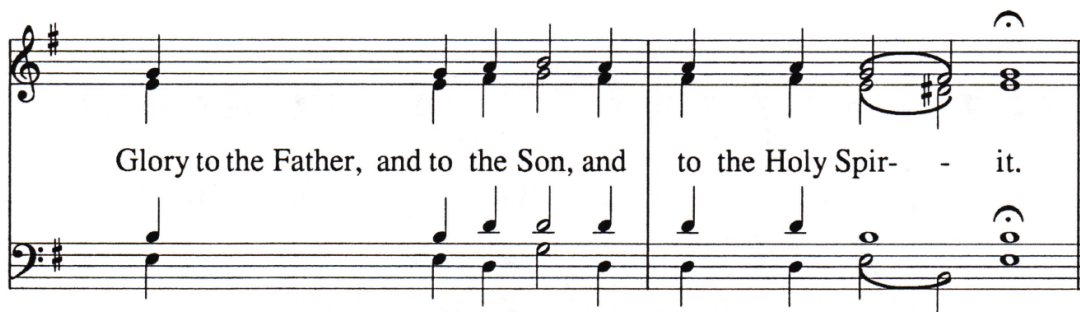
I have adorned the idol of my flesh with a many-coloured coat of shameful thoughts, and I am condemned.

I have cared only for the outward adornment, and neglected that which is within the tabernacle fashioned by God.

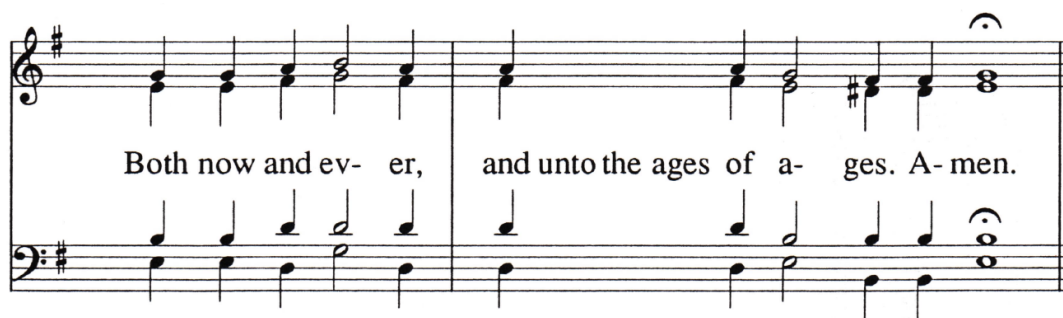
I have discoloured with the passions the first beauty of the image, O Saviour. But seek me, as once Thou hast sought the lost coin, and find me.

Like the Harlot I cry to Thee: I have sinned, I alone have sinned against Thee. Accept my tears also as sweet ointment, O Saviour.

Like the Publican I cry to Thee: Be merciful, O Saviour, be merciful to me. For no child of Adam has ever sinned against Thee as I have sinned.



To The Trinity: I sing Thy praises, One in Three Persons, God of all, Father, Son and Holy Spirit.



Theotokion: O Theotokos undefiled, Virgin alone worthy of all praise, intercede fervently for our salvation.

Ode II – Wednesday



Like David, I have fallen into lust and I am covered with filth; but wash me clean, O Saviour, by my tears.

I have no tears, no repentance, no compunction; but a's God do Thou Thyself, O Saviour, bestow them on me.

I have lost the beauty and glory with which I was first created; and now I lie naked and ashamed.

Lord, Lord, at the Last Day shut not Thy door against me; but open it to me, for I repent before Thee.

Give ear to the groaning of my soul, and accept the tears that fall from mine eyes; O Lord, save me.

O Lover of mankind, who desirest that all men shall be saved, in Thy goodness call me back and accept me in repentance.

Refrain: Most holy Theotokos, save us.

Theotokion: O Theotokos undefiled, Virgin alone worthy of all praise, intercede fervently for our salvation.

Another Irmos: See now, see that I am God, who rained down manna in the days of old, and made springs of water flow from the rock, for My people in the wilderness, by My right hand and by My power alone.

'See now, see that I am God': give ear, my soul, to the Lord as He cries to thee; forsake thy former sin, and fear Him as thy Judge and God.

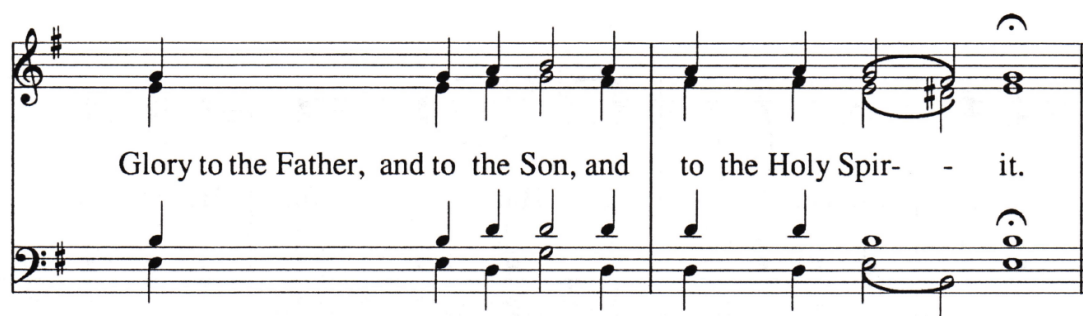
To whom shall I liken thee, O soul of many sins? Alas! to Cain and to Lamech. For thou hast stoned thy body to death with thine evil deeds, and killed thy mind with thy disordered longings.

Call to mind, my soul, all who lived before the Law. Thou hast not been like Seth, or followed Enos or Enoch, who was translated to heaven, or Noah; but thou art found destitute, without a share in the life of the righteous.

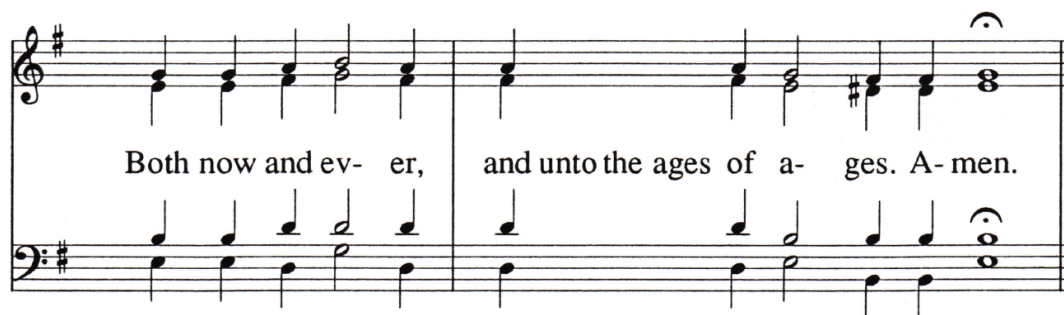
Thou alone, O my soul, hast opened the windows of the wrath of thy God, and thou hast flooded, as the earth, all thy flesh and deeds and life; and thou hast remained outside the Ark of salvation.



To St. Mary of Egypt: With all eagerness and love hast thou run to Christ, turning from thy former path of sin, finding thy food in the trackless wilderness, and fulfilling in purity the commandments of God.



To The Trinity: O Trinity uncreated and without beginning, O undivided Unity, accept me in repentance and save me, a sinner. I am Thy creation, reject me not; but spare me and deliver me from the fire of condemnation.



Theotokion: Most pure Lady, Mother of God, the hope of those who run to thee and the haven of the storm-tossed: pray to the merciful God, thy Creator and thy Son, that He may grant His mercy even to me.

Ode II - Thursday

See now, see now, see that I am God,

This system contains the first five measures of the piece. The melody is in the treble clef, and the bass line is in the bass clef. The key signature has one sharp (F#). The lyrics are: 'See now, see now, see that I am God,'.

Who rained down man- na in the days of old and made

This system contains the next five measures. The melody continues in the treble clef, and the bass line continues in the bass clef. The lyrics are: 'Who rained down man- na in the days of old and made'.

springs of wat- er flow from the rock for my peo- ple in the wil- der-

This system contains the next five measures. The melody continues in the treble clef, and the bass line continues in the bass clef. The lyrics are: 'springs of wat- er flow from the rock for my peo- ple in the wil- der-'.

ness by My right hand and by My pow- er a- lone

This system contains the final five measures of the piece. The melody continues in the treble clef, and the bass line continues in the bass clef. The lyrics are: 'ness by My right hand and by My pow- er a- lone'. The piece ends with a double bar line.

Ode II - Thursday



'I have slain a man to my grief and wounding', said Lamech, 'and a young man to my hurt'; and he cried aloud lamenting. Dost thou not tremble then, my soul, for thou hast defiled thy flesh and polluted thy mind?

Skilfully hast thou planned to build a tower, O my soul, and to establish a stronghold for thy lusts; but the Creator confounded thy designs and clashed thy devices to the ground.

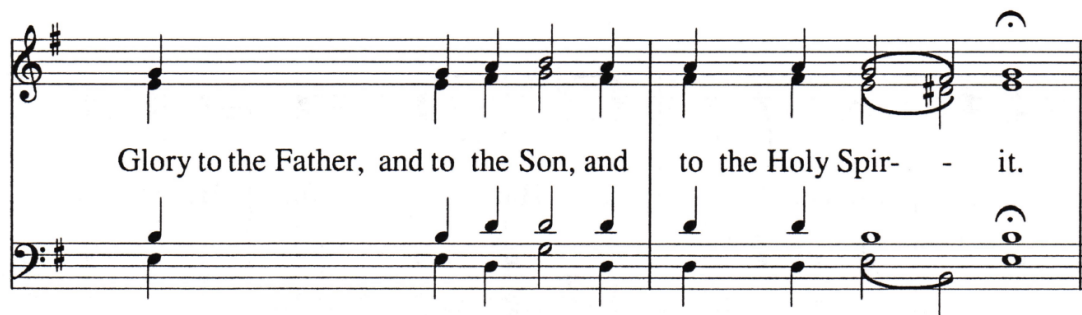
Ah, how I have emulated Lamech, the murderer of old, slaying my soul as if it were a man, and my mind as if it were a young man. With sensual longings I have killed my body, as Cain the murderer killed his brother.

Roused to anger by their transgressions, the Lord once rained down fire from heaven and burnt up the men of Sodom. And thou, my soul, hast kindled the fire of Gehenna, and there to thy bitter sorrow thou shalt burn.

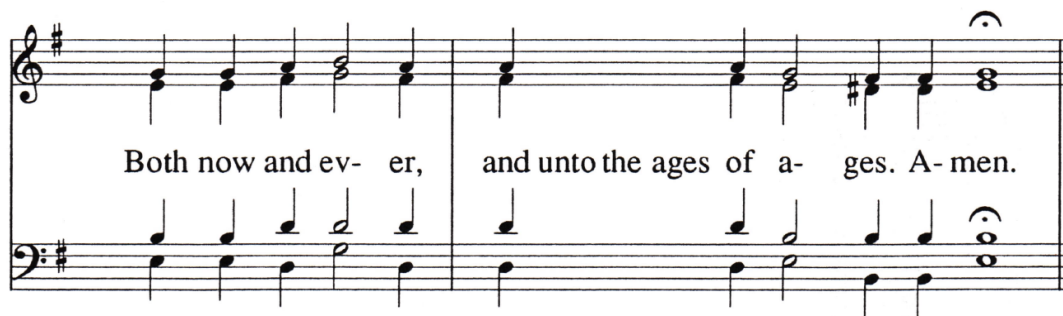
I am wounded and smitten: see the enemy's arrows which have pierced my soul and body. See the wounds, the open sores and the injuries, that cry out to God against the blows inflicted by my freely-chosen passions.



To St. Mary of Egypt: Sunk in the abyss of wickedness, O Mary, thou hast lifted up thine hands to the merciful God. And, as to Peter, in His lovingkindness He stretched out His hand to thee in help, seeking in every way thy conversion.



To The Trinity: O Trinity uncreated and without beginning, O undivided Unity, accept me in repentance and save me, a sinner. I am Thy creation, reject me not; but spare me and deliver me from the fire of condemnation.



Theotokion: Most pure Lady, Mother of God, the hope of those who run to thee and the haven of the storm-tossed: pray to the merciful God, thy Creator and thy Son, that He may grant His mercy even to me.

Ode III - Monday

Up- on the un- sha- ken rock of Thy com-

This musical system consists of two staves, treble and bass, in the key of D major. The melody is primarily in the treble staff. The lyrics are: 'Up- on the un- sha- ken rock of Thy com-'. The word 'rock' is followed by a long melisma, indicated by a large oval encompassing several measures of sustained notes. The bass staff provides a simple harmonic accompaniment.

mand- ments, O Christ, make firm Thy Church.

This musical system continues the piece. The lyrics are: 'mand- ments, O Christ, make firm Thy Church.'. The melody continues in the treble staff, with 'Christ,' followed by a melisma. The system concludes with a double bar line. The bass staff continues with its accompaniment.

Ode III – Monday



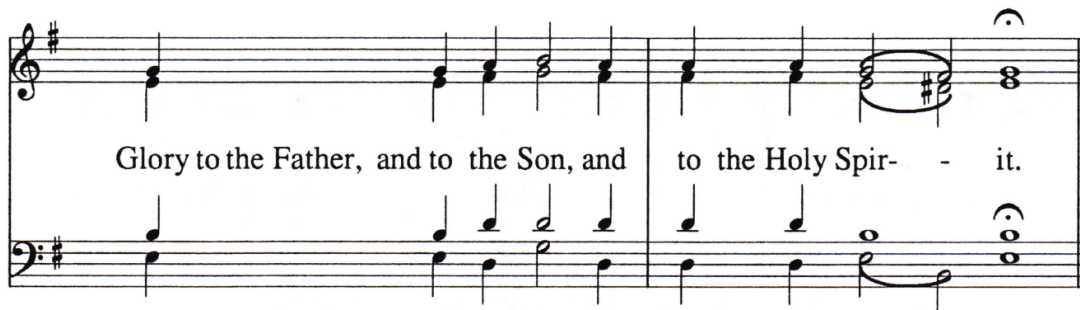
The Lord once rained down fire from heaven and consumed the land of Sodom.
O my soul, flee like Lot to the mountain, and take refuge in Zoar before it is too late.
Flee from the flames, my soul, flee from the burning heat of Sodom, flee from destruction by the fire of God.

I alone have sinned against Thee, I have sinned more than all men; reject me not, O Christ my Saviour.

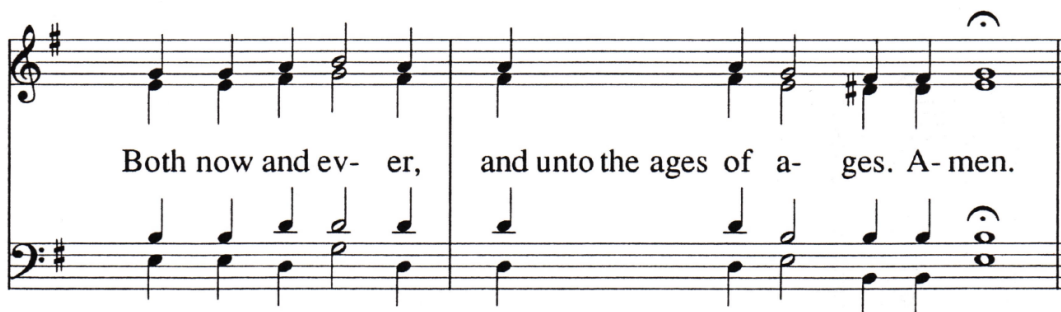
Thou art the Good Shepherd: seek me, the lamb that has strayed, and do not forget me.

Thou art my beloved Jesus, Thou art my Creator; in Thee shall I be justified, O Saviour.

I confess to Thee, O Saviour: I have sinned against Thee without measure. But in Thy compassion absolve and forgive me.



To The Trinity: O God, Trinity in Unity, save us from error and temptation and distress.



Theotokion: Rejoice, Womb that held God! Rejoice, Throne of the Lord! Rejoice, Mother of our Life!

Ode III - Tuesday, Wednesday and Thursday

O Lord, up- on the rock of Thy com- mand- ments

This musical system consists of two staves, treble and bass, in the key of D major. The melody is primarily in the treble staff. The lyrics are: "O Lord, up- on the rock of Thy com- mand- ments". The music features a mix of half notes, quarter notes, and eighth notes, with some phrasing slurs.

make firm my wav- 'ring heart for Thou a- lone art Ho- ly and

This musical system continues the melody from the first system. The lyrics are: "make firm my wav- 'ring heart for Thou a- lone art Ho- ly and". The musical notation includes various note values and rests, maintaining the D major key signature.

Lord.

This system is a short musical phrase consisting of two staves. The lyrics are: "Lord.". The music is written in D major and features a final cadence with a double bar line.

Ode III - Tuesday



For me Thou art the Fountain of life and the Destroyer of death; and from my heart I cry to Thee before the end: I have sinned, be merciful to me and save me.

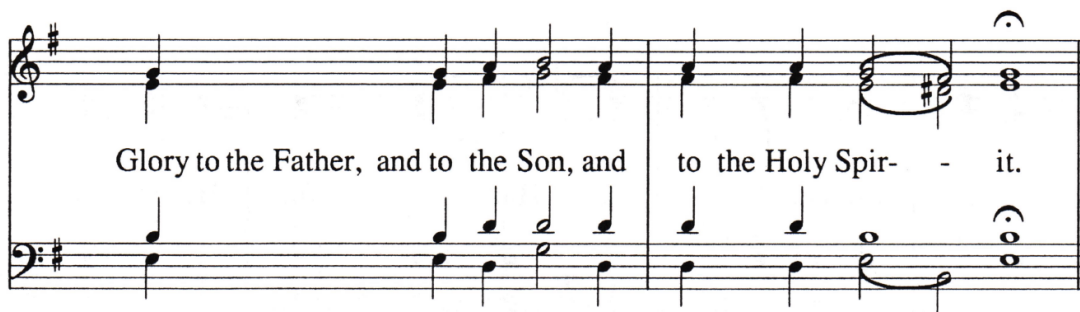
I have sinned, O Lord, I have sinned against Thee; be merciful to me. For there is no sinner whom I have not surpassed in my offences.

I have followed the example, O Saviour, of those who lived in wantonness in the days of Noah; and like them I am condemned to drown in the Flood.

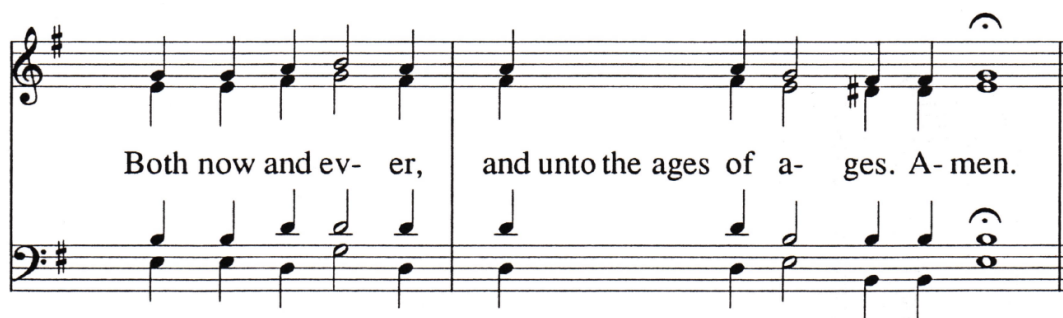
O my soul, thou hast followed Ham, who mocked his father. Thou hast not covered thy neighbour's shame, walking backwards with averted face.

Flee, my soul, like Lot from the burning of sin; flee from Sodom and Gomorrah; flee from the flame of every brutish desire.

Have mercy, O Lord, have mercy on me, I cry to Thee, when Thou comest with Thine angels to give to every man due return for his deeds.



To The Trinity: O simple Unity praised in Trinity of Persons, uncreated Nature without beginning, save us who in faith worship Thy power.



Theotokion: O Mother of God, without knowing man thou hast given birth within time to the Son, who was begotten outside time from the Father; and, strange wonder! thou givest suck while still remaining Virgin.

Ode III – Wednesday



O wretched soul, thou hast not inherited the blessing of Shem, nor hast thou received, like Japhet, a spacious domain in the land of forgiveness.

O my soul, depart from sin, from the land of Haran, and come to the land that Abraham inherited, which flows with incorruption and eternal life.

Thou hast heard, my soul, how Abraham in days of old left the land of his fathers and became a wanderer: follow him in his choice.

At the oak of Mamre the Patriarch gave hospitality to the angels, and in his old age he inherited the reward of the promise.

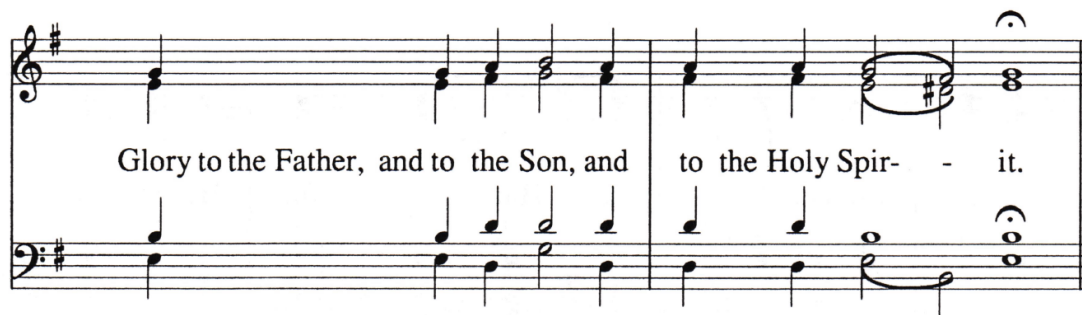
Thou knowest, O my miserable soul, how Isaac was offered mystically as a new and unwonted sacrifice to the Lord: follow him in his choice.

Thou hast heard—O my soul be watchful!—how Ishmael was driven out as the child of a bondwoman. Take heed, lest the same thing happen to thee because of thy lust.

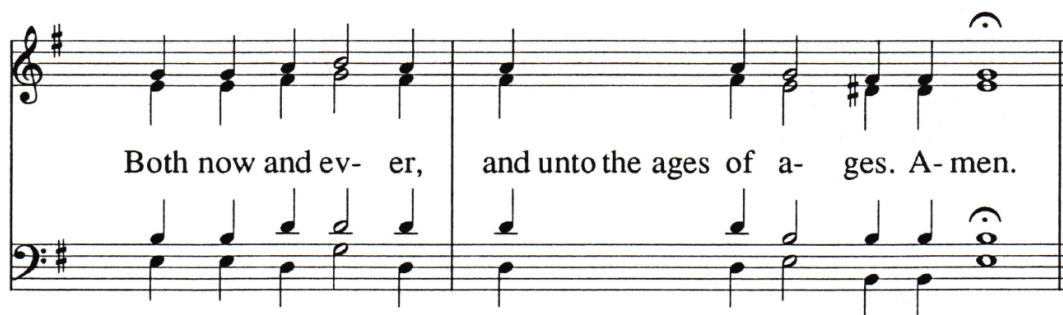


To St. Mary of Egypt: I am held fast, O Mother, by the tempest and billows of sin: but do thou keep me safe and lead me to the haven of divine repentance.

To St. Mary of Egypt: O holy Mary, offer thy prayer of supplication to the compassionate Theotokos, and through thine intercessions open unto me the door that leads to God.



To The Trinity: O simple Unity praised in Trinity of Persons, uncreated Nature without beginning, save us who in faith worship Thy power.



Theotokion: O Mother of God, without knowing man thou hast given birth within time to the Son, who was begotten outside time from the Father; and, strange wonder! thou givest suck while still remaining Virgin.

Ode III - Thursday



O my soul, thou hast become like Hagar the Egyptian: thy free choice has been enslaved, and thou hast borne as thy child a new Ishmael, stubborn wilfulness.

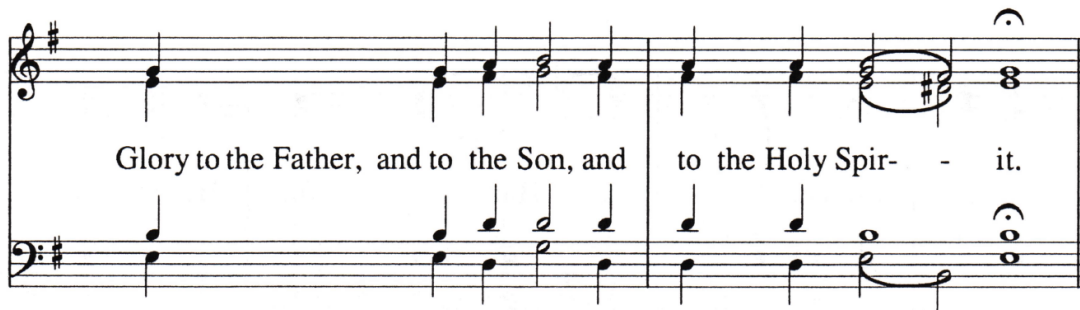
Thou knowest, my soul, the ladder that was shown to Jacob, reaching up from earth to heaven. Why hast thou not provided a firm foundation for it through thy godly actions?

Follow the example of Melchizedek, the priest of God, the king set apart, who was an image of the life of Christ among men in the world.

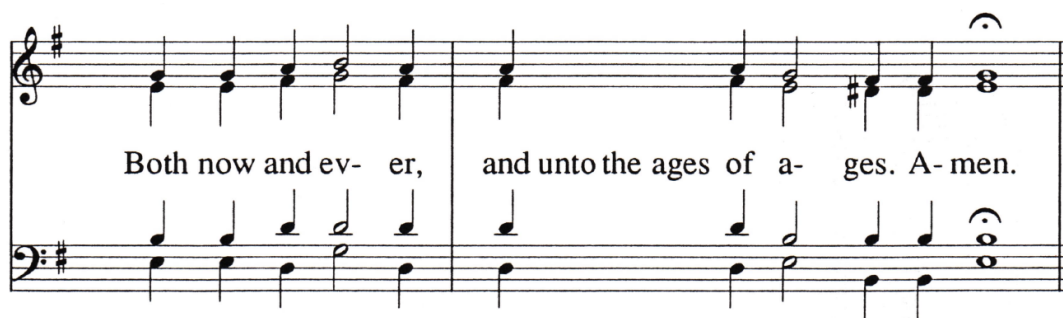
Turn back, wretched soul, and lament, before the fair-ground of life comes to an end, before the Lord shuts the door of the bridal chamber.

Do not look back, my soul, and so be turned into a pillar of salt. Fear the example of the people of Sodom, and take refuge in Zoar.

Reject not, O Master, the prayer of those who sing Thy praises, but in Thy loving-kindness be merciful and grant forgiveness to them that ask with faith.



To The Trinity: O simple Unity praised in Trinity of Persons, uncreated Nature without beginning, save us who in faith worship Thy power.



Theotokion: O Mother of God, without knowing man thou hast given birth within time to the Son, who was begotten outside time from the Father; and, strange wonder! thou givest suck while still remaining Virgin.

Ode IV

The pro- phet heard of Thy com- ing, O Lord, and

he was a- fraid: how Thou wast to be born of a Vir- gin and re-

vealed to men, and he said: 'I have heard the re- port of

Thee and I was a- fraid.' Glo- ry to Thy pow- er, O Lord.

Ode IV – Monday



O righteous Judge, despise not Thy works; forsake not Thy creation. I have sinned as a man, I alone, more than any other man, O Thou who lovest mankind. But as Lord of all Thou hast the power to pardon sins.

The end draws near, my soul, the end draws near; yet thou dost not care or make ready. The time grows short, rise up: the Judge is at the door. The days of our life pass swiftly, as a dream, as a flower. Why do we trouble ourselves in vain?

Awake, my soul, consider the actions which thou hast done; set them before thine eyes, and let the drops of thy tears fall. With boldness tell Christ of thy deeds and thoughts, and so be justified.

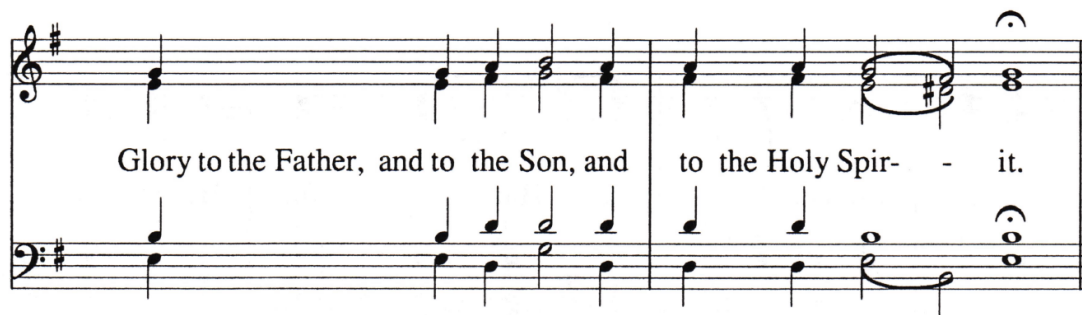
No sin has there been in life, no evil deed, no wickedness, that I have not committed, O Saviour. I have sinned as no one ever before, in mind, word and intent, in disposition, thought and act.

For this I am condemned in my misery, for this I am convicted by the verdict of my own conscience, which is more compelling than all else in the world. O my Judge and Redeemer, who knowest my heart, spare and deliver and save me in my wretchedness.

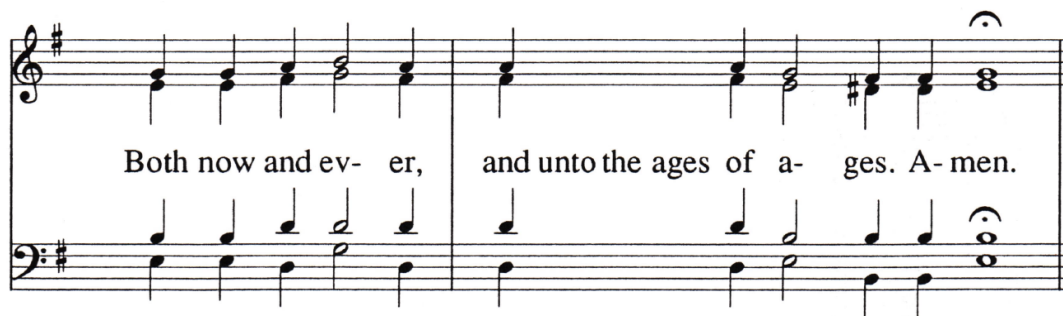
The ladder which the great Patriarch Jacob saw of old is an example, O my soul, of approach through action and of ascent in knowledge. If then thou dost wish to live rightly in action and knowledge and contemplation, be thou made new.

In privation Jacob the Patriarch endured the burning heat by day and the frost by night, making daily gains of sheep and cattle, shepherding, wrestling and serving, to win his two wives.

By the two wives, understand action and knowledge in contemplation. Leah is action, for she had many children; and Rachel is knowledge, for she endured great toil. For without toil, O my soul, neither action nor contemplation will succeed.



To The Trinity: Undivided in Essence, unconfused in Persons, I confess Thee as God: Triune Deity, one in kingship and throne; and to Thee I raise the great thrice-holy hymn that is sung on high.



Theotokion: Thou givest birth and art a virgin, and in both thou remainest by nature inviolate. He who is born makes new the laws of nature, and the womb brings forth without travail. When God so wills, the natural order is overcome; for He does whatever He wishes.

Ode IV – Tuesday



Be watchful, O my soul, be full of courage like Jacob the great Patriarch, that thou mayest acquire action with knowledge, and be named Israel, 'the mind that sees God'; so shalt thou reach by contemplation the innermost darkness and gain great merchandise.

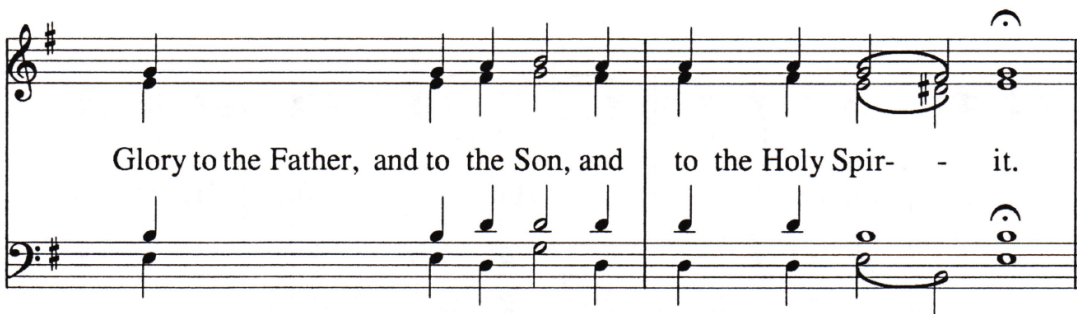
The great Patriarch had the twelve Patriarchs as children, and so he mystically established for thee, my soul, a ladder of ascent through action, in his wisdom setting his children as steps, by which thou canst mount upwards.

Thou hast rivalled Esau the hated, O my soul, and given the birthright of thy first beauty to the supplanter; thou hast lost thy father's blessing and in thy wretchedness been twice supplanted, in action and in knowledge. Therefore repent now.

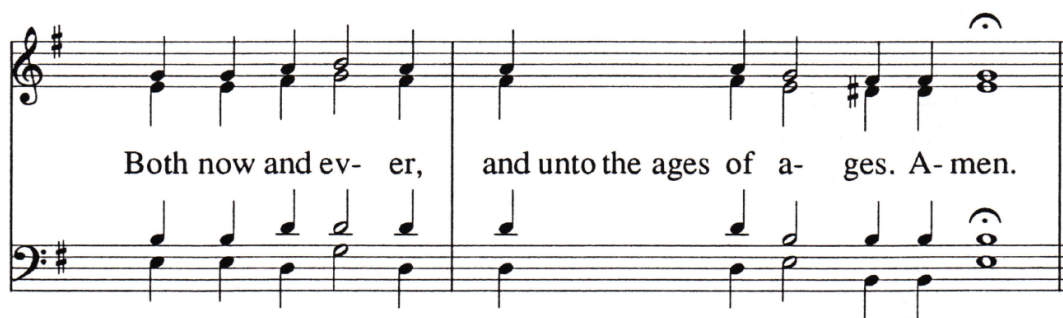
Esau was called Edom because of his raging love for women; burning always with unrestrained desires and stained with sensual pleasure, he was named 'Edom', which means the red heat of a soul that loves sin.

Thou hast heard, O my soul, of Job justified on a dung-hill, but thou hast not imitated his fortitude. In all thine experiences and trials and temptations, thou hast not kept firmly to thy purpose but hast proved inconstant.

Once he sat upon a throne, but now he sits upon a dung-hill, naked and covered with sores. Once he was blessed with many children and admired by all, but suddenly he is childless and homeless. Yet he counted the dung-hill as a palace and his sores as pearls.



To The Trinity: Undivided in Essence, unconfused in Persons, I confess Thee as God: Triune Deity, one in kingship and throne; and to Thee I raise the great thrice-holy hymn that is sung on high.



Theotokion: Thou givest birth and art a virgin, and in both thou remainest by nature inviolate. He who is born makes new the laws of nature, and the womb brings forth without travail. When God so wills, the natural order is overcome; for He does whatever He wishes.

Ode IV – Wednesday



I have defiled my body, I have stained my spirit, and I am all covered with wounds: but as physician, Christ, heal both body and spirit for me through repentance. Wash, purify and cleanse me, O my Saviour, and make me whiter than snow.

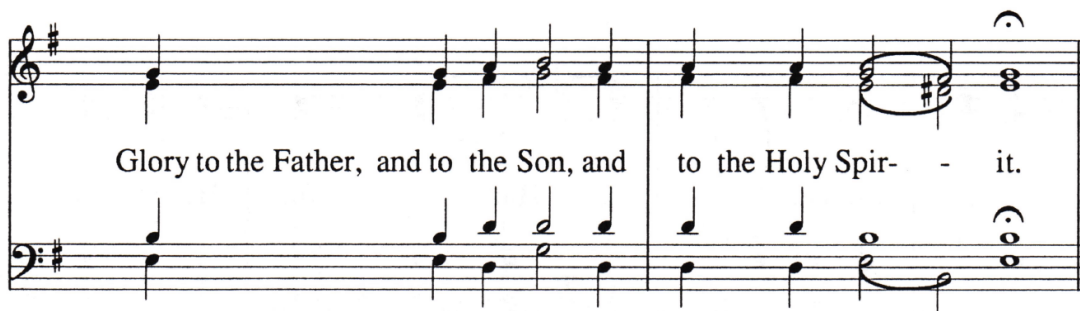
Thy Body and Thy Blood, O Word, Thou hast offered at Thy Crucifixion for the sake of all: Thy Body to refashion me, Thy Blood to wash me clean; and Thou hast given up Thy spirit, O Christ, to bring me to Thy Father.

O compassionate Lord, Thou hast worked salvation in the midst of the earth, that we might be saved. Thou wast crucified of Thine own will upon the Tree; and Eden, closed till then, was opened. Things above and things below, the creation and all the peoples have been saved and worship Thee.

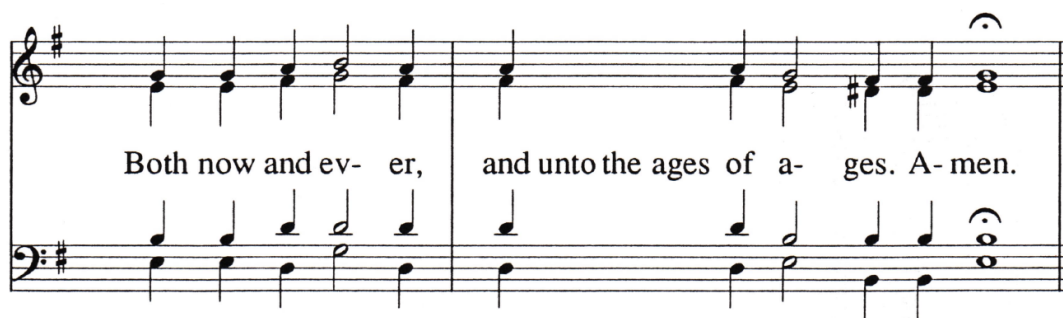
May the Blood from Thy side be to me a cleansing fount, and may the Water that flows with it be a drink of forgiveness. May I be purified by both, O Word, anointed and refreshed, having as chrism and drink Thy words of life.

As a chalice, O my Saviour, the Church has been granted Thy life-giving side, from which there flows down to us a twofold stream of forgiveness and knowledge, representing the two Covenants, the Old and the New.

I am deprived of the bridal chamber; of the wedding and the supper; for want of oil my lamp has gone out; while I slept the door was closed; the supper has been eaten; I am bound hand and foot, and cast out.



To The Trinity: Undivided in Essence, unconfused in Persons, I confess Thee as God: Triune Deity, one in kingship and throne; and to Thee I raise the great thrice-holy hymn that is sung on high.



Theotokion: Thou givest birth and art a virgin, and in both thou remainest by nature inviolate. He who is born makes new the laws of nature, and the womb brings forth without travail. When God so wills, the natural order is overcome; for He does whatever He wishes.

Ode IV – Thursday



The time of my life is short, filled with trouble and evil. But accept me in repentance and call me back to knowledge. Let me not become the possession and food of the enemy; but do Thou, O Saviour, take pity on me.

A man of great wealth and righteous, abounding in riches and cattle, clothed in royal dignity, in crown and purple robe, Job became suddenly a beggar, stripped of wealth, glory and kingship.

If he who was righteous and blameless above all men did not escape the snares and pits of the deceiver, what wilt thou do, wretched and sin-loving soul, when some sudden misfortune befalls thee?

Now I speak boastfully, with boldness of heart; yet all to no purpose and in vain. O righteous Judge, who alone art compassionate, do not condemn me with the Pharisee; but grant me the abasement of the Publican and number me with him.

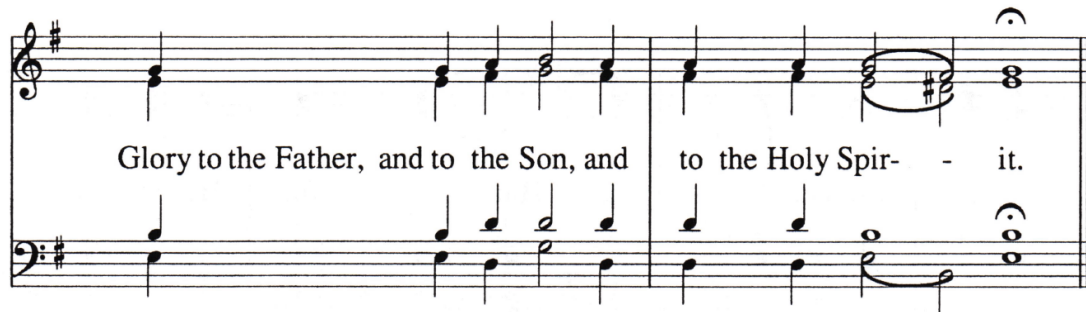
I know, O compassionate Lord, that I have sinned and violated the vessel of my flesh. But accept me in repentance and call me back to knowledge. Let me not become the possession and food of the enemy; but do 'Thou, O Saviour, take pity on me.

I have become mine own idol, utterly defiling my soul with the passions. But accept me in repentance and call me back to knowledge. Let me not become the possession and food of the enemy; but do Thou, O Saviour, take pity on me.

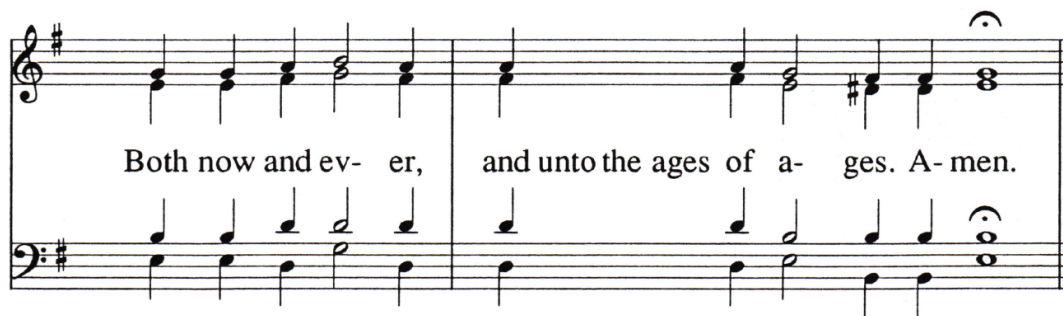
I have not hearkened to Thy voice, I have not heeded Thy Scripture, O Giver of the Law. But accept me in repentance and call me back to knowledge. Let me not become the possession and food of the enemy; but do Thou, O Saviour, take pity on me.



To St. Mary of Egypt: Thou wast brought down into an abyss of great iniquity, yet not held fast within it: but with better intent thou hast mounted through action to the height of virtue, past all expectation: and the angels, O Mary, were amazed at thee.



To The Trinity: Undivided in Essence, unconfused in Persons, I confess Thee as God: Triune Deity, one in kingship and throne; and to Thee I raise the great thrice-holy hymn that is sung on high.



Theotokion: Thou givest birth and art a virgin, and in both thou remainest by nature inviolate. He who is born makes new the laws of nature, and the womb brings forth without travail. When God so wills, the natural order is overcome; for He does whatever He wishes.

Ode V

From the night, I seek Thee ear- ly O Lov- er of man- kind

This system contains five measures of music. The melody is in the treble clef, and the bass line is in the bass clef. The key signature has one sharp (F#). The lyrics are: "From the night, I seek Thee ear- ly O Lov- er of man- kind".

give me light I pray Thee and guide me in Thy com-

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mand- ments and teach me O Sav- iour to do Thy will.

This system contains five measures of music. The melody is in the treble clef, and the bass line is in the bass clef. The key signature has one sharp (F#). The lyrics are: "mand- ments and teach me O Sav- iour to do Thy will.".

Ode V – Monday



In night have I passed all my life: for the night of sin has covered me with darkness and thick mist. But make me, O Saviour, a son of the day.

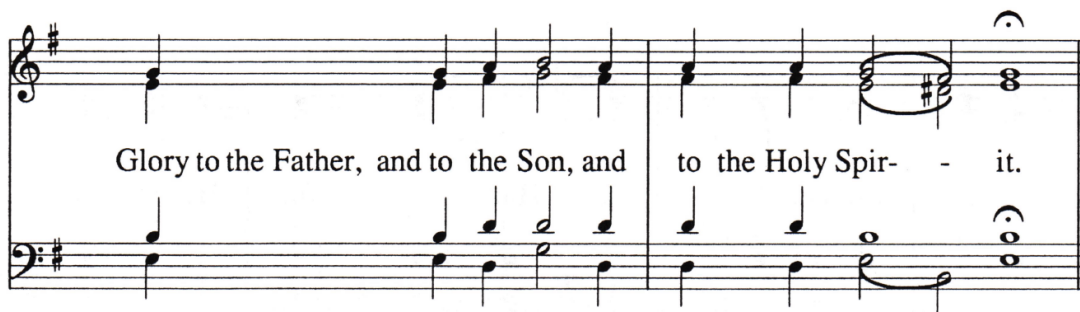
In my misery I have followed Reuben's example, and have devised a wicked and unlawful plan against the most high God, defiling my bed as he defiled his father's.

I confess to Thee, O Christ my King: I have sinned, I have sinned like the brethren of Joseph, who once sold the fruit of purity and chastity.

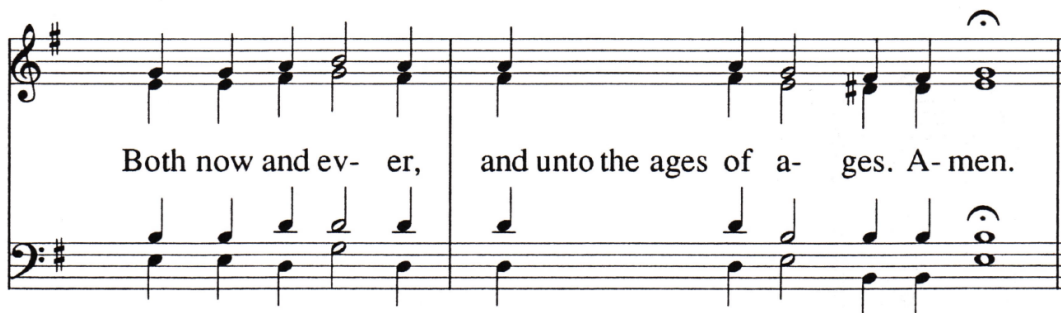
As a figure of the Lord, O my soul, the righteous and gentle Joseph was sold into bondage by his brethren; but thou hast sold thyself entirely to thy sins.

O miserable and wicked soul, imitate the righteous and pure mind of Joseph; and do not live in wantonness, sinfully indulging thy disordered desires.

Once Joseph was cast into a pit, O Lord and Master, as a figure of Thy Burial and Resurrection. But what offering such as this shall I ever make to Thee?



To The Trinity: We glorify Thee, O Trinity, the one God. Holy, holy, holy, art Thou: Father, Son and Spirit, simple Essence and Unity, worshipped for ever.



Theotokion: O Virgin inviolate and Mother who hast not known man, from thee has God, the Creator of the ages, taken human flesh, uniting to Himself the nature of men.

Ode V – Tuesday



Thou hast heard, my soul, of the basket of Moses: how he was borne on the waves of the river as if in a shrine; and so he avoided the bitter execution of Pharaoh's decree.

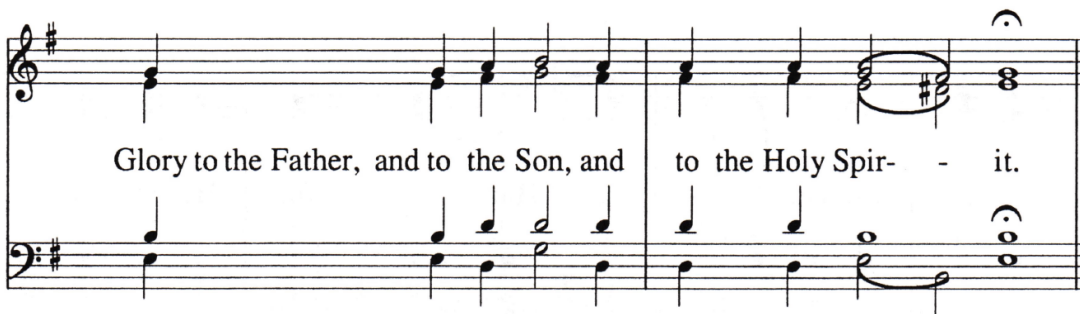
Thou hast heard, wretched soul, of the midwives who once killed in its infancy the manly action of self-control: like great Moses, then, be suckled on wisdom.

O miserable soul, thou hast not struck and killed the Egyptian mind, as did Moses the great. Tell me, then, how wilt thou go to dwell through repentance in the wilderness empty of passions?

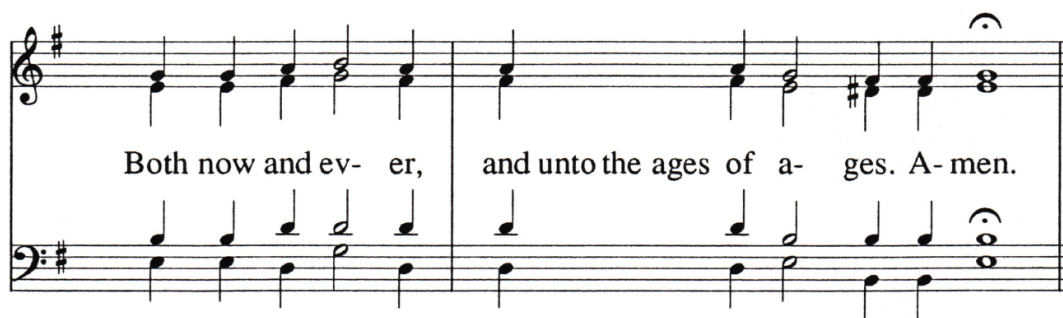
Moses the great went to dwell in the desert. Come, seek to follow his way of life, my soul, that in contemplation thou mayest attain the vision of God in the bush.

Picture to thyself, my soul, the rod of Moses striking the sea and making hard the deep by the sign of the Holy Cross. Through the Cross thou also canst do great things.

Aaron offered to God fire that was blameless and undefiled, but Hophni and Phinehas brought to Him, as thou hast done, my soul, strange fire and a polluted life.



To The Trinity: We glorify Thee, O Trinity, the one God. Holy, holy, holy, art Thou: Father, Son and Spirit, simple Essence and Unity, worshipped for ever.



Theotokion: O Virgin inviolate and Mother who hast not known man, from thee has God, the Creator of the ages, taken human flesh, uniting to Himself the nature of men.

Ode V – Wednesday



In my soul and body, O Lord, I have become like Jannes and Jambres, the magicians of cruel Pharaoh; my will is heavy and my mind is drowned beneath the waters. But do Thou come to my aid.

Woe is me! I have defiled my mind with filth. But I pray to Thee, O Master: wash me dean in the waters of my tears, and make the garment of my flesh white as snow.

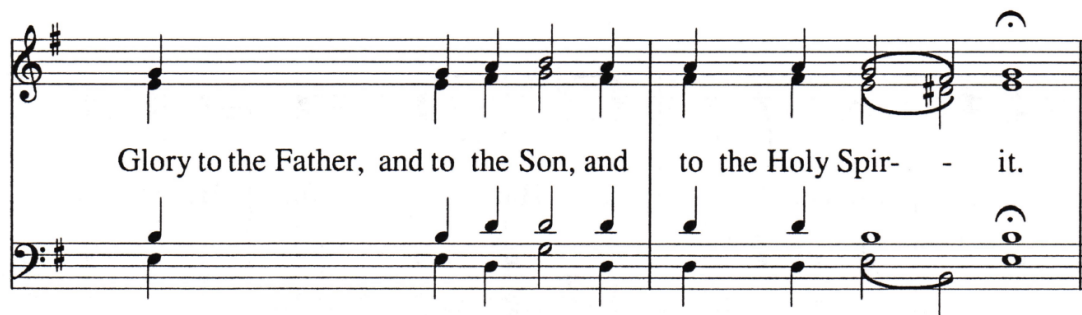
When I examine my actions, O Saviour, I see that I have gone beyond all men in sin; for I knew and understood what I did; I was not sinning in ignorance.

Spare, O spare the work of Thine hands, O Lord. I have sinned, forgive me: for Thou alone art pure by nature, and none save Thee is free from defilement.

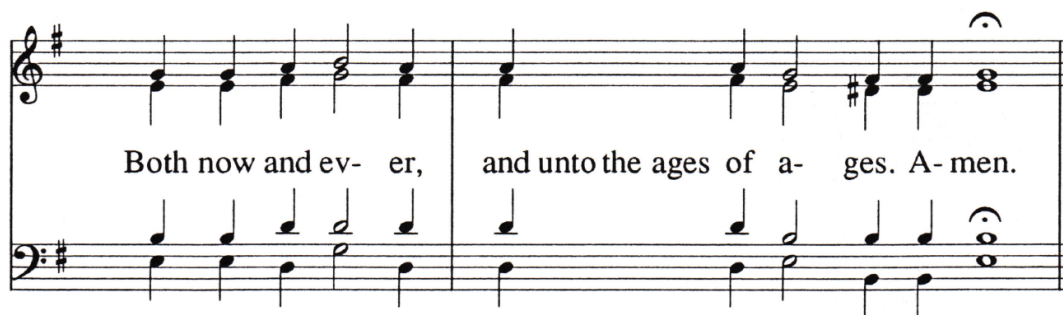
Thou who art God, O Saviour, wast for my sake fashioned as I am. Thou hast performed miracles, healing lepers, giving strength to the paralysed, stopping the issue of blood when the woman touched the hem of Thy garment.



To St. Mary of Egypt: Crossing the stream of Jordan, thou hast found peace, escaping from the deadening pleasures of the flesh. Deliver us also from them, holy Mary, by thine intercessions.



To The Trinity: We glorify Thee, O Trinity, the one God. Holy, holy, holy, art Thou: Father, Son and Spirit, simple Essence and Unity, worshipped for ever.



Theotokion: O Virgin inviolate and Mother who hast not known man, from thee has God, the Creator of the ages, taken human flesh, uniting to Himself the nature of men.

Ode V - Thursday



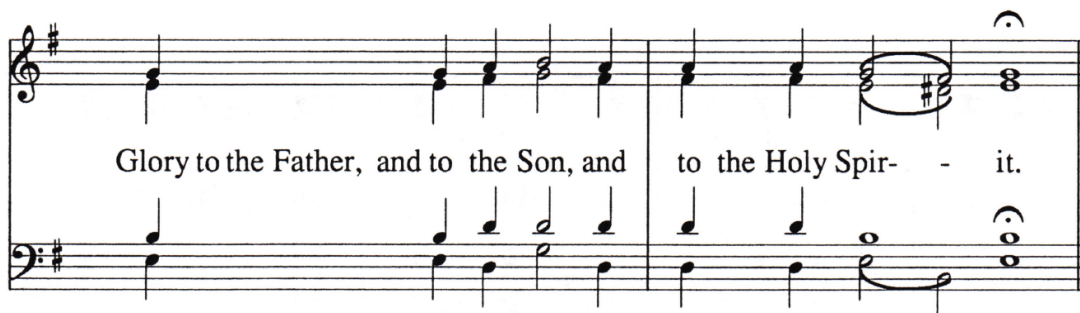
O my soul, do as the woman who was bowed down to the ground. Fall at the feet of Jesus, that He may make thee straight again; and thou shalt walk upright upon the paths of the Lord.

Thou art a deep well, O Master: make springs gush forth for me from Thy pure veins, that like the woman of Samaria I may drink and thirst no more; for from Thee flow the streams of life.

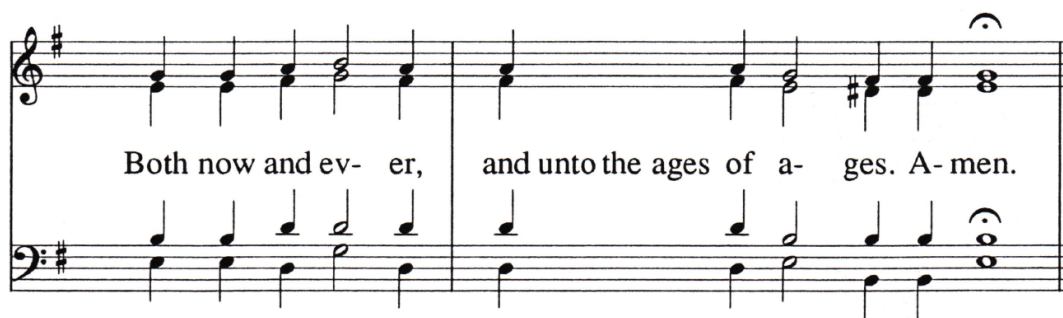
O Master and Lord, may my tears be unto me as Siloam: that I also may wash clean the eyes of my heart, and with my mind behold Thee, the pre-eternal Light.



To St. Mary of Egypt: O blessed saint, with a love beyond compare thou hast longed to venerate the wood of the Cross, and thy desire was granted. Make me also worthy to attain the glory on high.



To The Trinity: We glorify Thee, O Trinity, the one God. Holy, holy, holy, art Thou: Father, Son and Spirit, simple Essence and Unity, worshipped for ever.



Theotokion: O Virgin inviolate and Mother who hast not known man, from thee has God, the Creator of the ages, taken human flesh, uniting to Himself the nature of men.

Ode VI

With my whole heart I cried to the all com- pas-

The first system of the musical score for Ode VI. It consists of two staves, treble and bass, in the key of D major (one sharp). The melody is in the treble staff, and the bass line is in the bass staff. The lyrics are: "With my whole heart I cried to the all com- pas-".

sion- ate God: and He heard me from the low- est depths of

The second system of the musical score. The melody continues in the treble staff, and the bass line continues in the bass staff. The lyrics are: "sion- ate God: and He heard me from the low- est depths of".

hell and brought my life out of cor- rup- tion.

The third system of the musical score, which concludes the piece. The melody ends with a final chord in the treble staff, and the bass line ends with a final chord. The lyrics are: "hell and brought my life out of cor- rup- tion.".

Ode VI – Monday

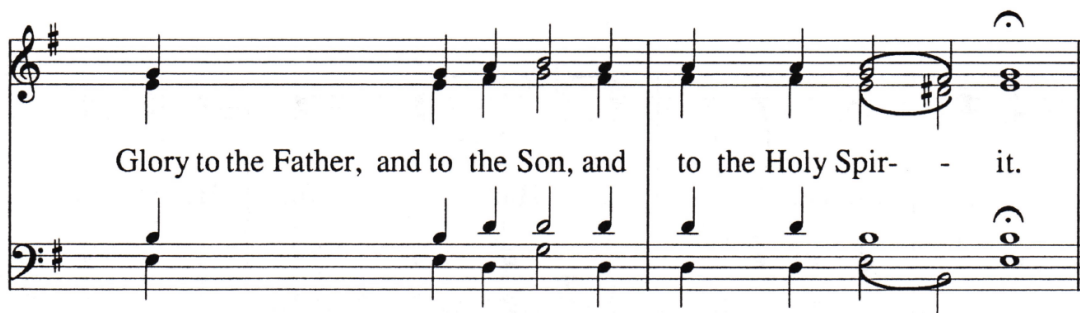


I offer to Thee in purity, O Saviour, the tears of mine eyes and groanings from the depths of my heart, crying: 'I have sinned against Thee, O God; be merciful to me.'

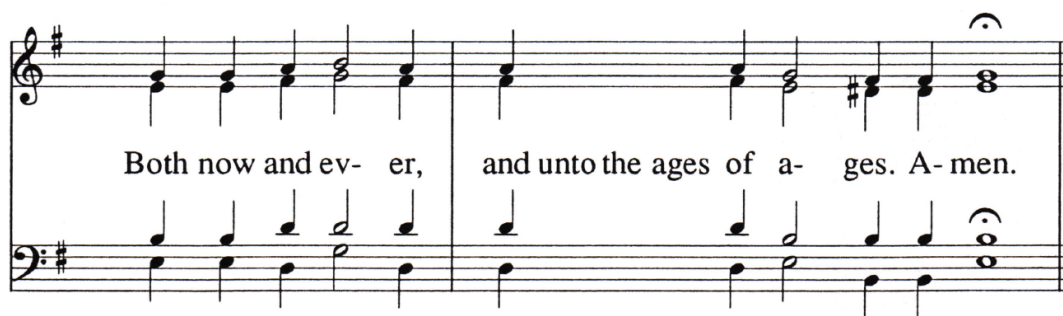
Like Dathan and Abiram, O my soul, thou hast become a stranger to thy Lord; but from the lowest depth of hell cry out, 'Spare me', that the earth may not open and swallow thee up.

Raging as a maddened heifer, O my soul, thou art become like Ephraim. As a hart from the nets rescue then thy life, gaining wings through action and the mind's contemplation.

O my soul, the hand of Moses shall be our assurance, proving how God can cleanse a life full of leprosy and make it white as snow. So do not despair of thyself, though thou art leprous.



To The Trinity: 'I am the Trinity, simple and undivided, yet divided in Persons, and I am the Unity, by Nature one', says the Father and the Son and the divine Spirit.



Theotokion: Thy womb bore God for us, fashioned in our shape. O Theotokos, pray to Him as the Creator of all, that we may be justified through thine intercessions.

Lord, have mercy. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Ode VI - Tuesday



The waves of my sins, O Saviour, have returned and suddenly engulfed me, as the waters of the Red Sea engulfed the Egyptians of old and their charioteers.

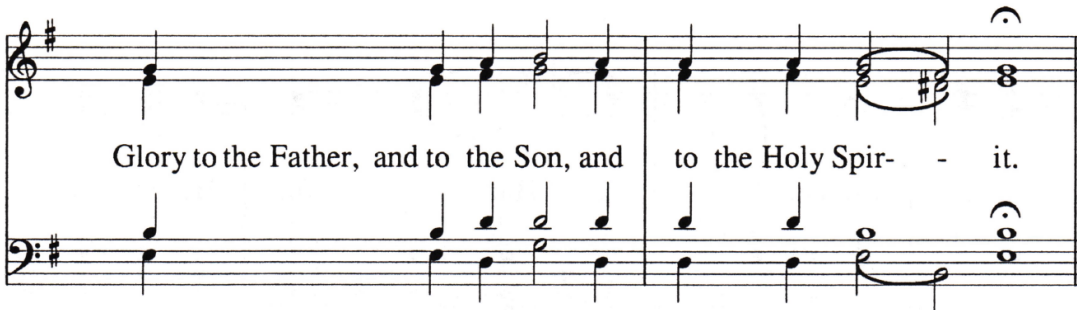
Like Israel before thee, thou hast made a foolish choice, my soul; instead of the divine manna thou hast senselessly preferred the pleasure-loving gluttony of the passions.

O my soul, thou hast valued the wells of Canaanite thoughts more than the veined Rock, Jesus, the Fountain of Wisdom from which flow the rivers of divine knowledge.

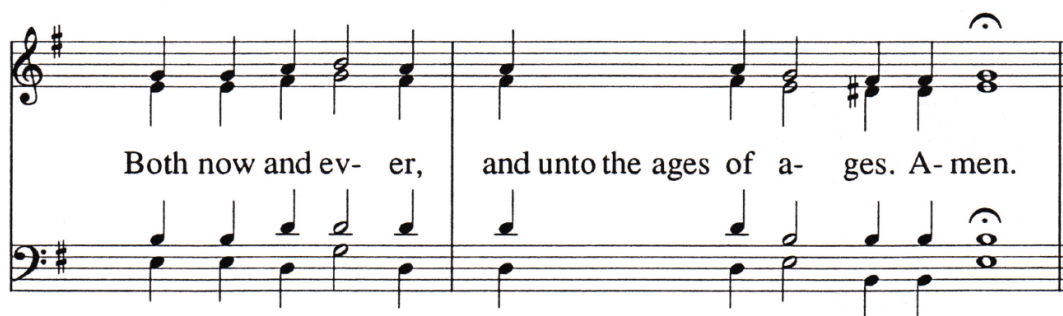
The swine's meat, the flesh-pots and the food of Egypt thou hast preferred, my soul, to the food of heaven, as the ungrateful people did of old in the wilderness.

When Thy servant Moses struck the rock with his rod, he prefigured Thy life-giving side, O Saviour, from which we all draw the water of life.

Like Joshua, the son of Nun, search and spy out, my soul, the land of thine inheritance and take up thy dwelling within it, through obedience to the Law.



To The Trinity: 'I am the Trinity, simple and undivided, yet divided in Persons, and I am the Unity, by Nature one', says the Father and the Son and the divine Spirit.



Theotokion: Thy womb bore God for us, fashioned in our shape. O Theotokos, pray to Him as the Creator of all, that we may be justified through thine intercessions.

Ode VI – Wednesday

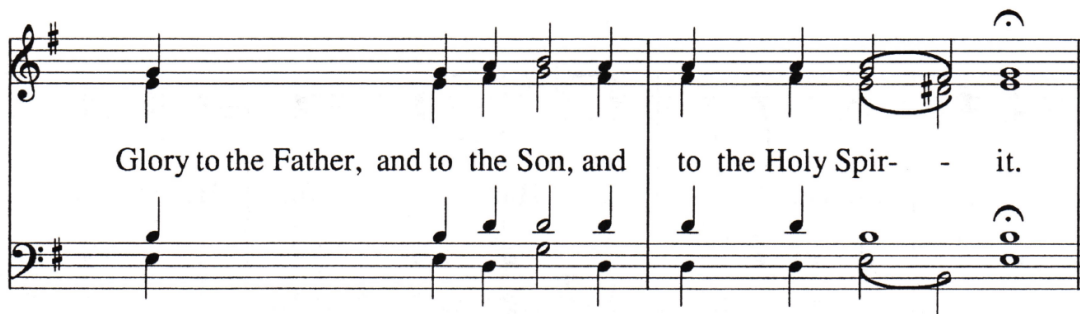


Rise up and make war upon the passions of the flesh, as Joshua against Amalek, ever gaining the victory over the Gibeonites, thy deceitful thoughts.

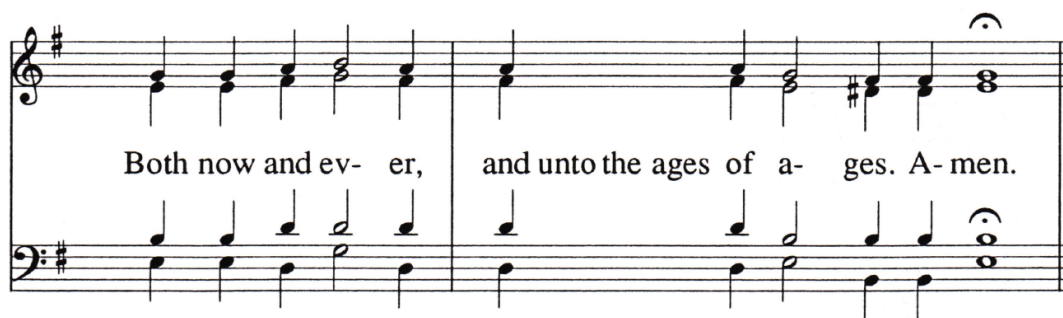
O my soul, pass through the flowing waters of time like the Ark of old, and take possession of the land of promise: for God commands thee.

As Thou hast saved Peter when he cried out, 'Save me', come quickly, O Saviour, before it is too late, and save me from the beast. Stretch out Thine hand and lead me up from the deep of sin.

I know Thee as a calm haven, O Lord, Lord Christ: come quickly, before it is too late, and deliver me from the lowest depths of sin and despair.



To The Trinity: 'I am the Trinity, simple and undivided, yet divided in Persons, and I am the Unity, by Nature one', says the Father and the Son and the divine Spirit.



Theotokion: Thy womb bore God for us, fashioned in our shape. O Theotokos, pray to Him as the Creator of all, that we may be justified through thine intercessions.

Ode VI – Thursday



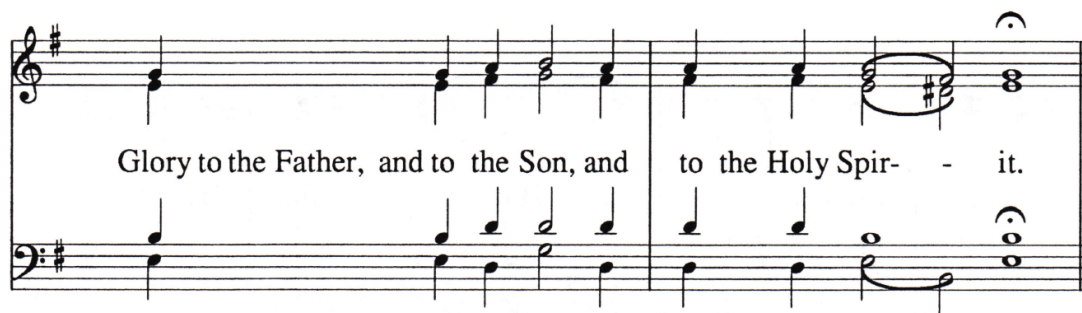
O Saviour, I am the coin marked with the King's likeness, which Thou hast lost of old. But, O Word, light Thy lamp, Thy Forerunner, and seek and find again Thine image.

Rise up and make war upon the passions of the flesh, as Joshua against Amalek, ever gaining the victory over the Gibeonites, thy deceitful thoughts.

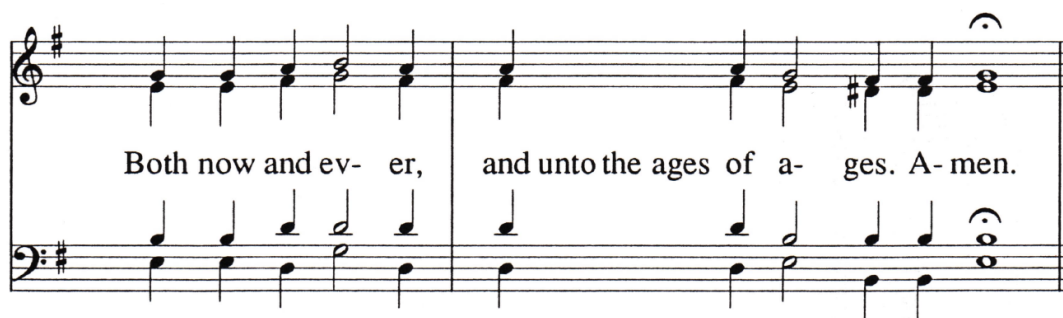


To St. Mary of Egypt: Thy soul on fire, O Mary, thou hast ever shed streams of tears, to quench the burning of the passions. Grant the grace of these thy tears to me also, thy servant.

To St. Mary of Egypt: Through the perfection of thine earthly life, O Mother, thou hast gained a heavenly freedom from the sinfulness of passion. In thine intercessions pray that this same freedom may be given to those who sing thy praises.



To The Trinity: 'I am the Trinity, simple and undivided, yet divided in Persons, and I am the Unity, by Nature one', says the Father and the Son and the divine Spirit.



Theotokion: Thy womb bore God for us, fashioned in our shape. O Theotokos, pray to Him as the Creator of all, that we may be justified through thine intercessions.

Kontakion

Tone VI

My soul, O my soul, rise up! Why art thou sleep- ing?

The end draws near and soon thou shalt be trou- bled.

Watch, then, that Christ thy God may spare thee,

for He is ev- ery- where pre- sent and fills all things.

Ode VII

First system of musical notation for Ode VII. It consists of a treble and bass staff in G major (one sharp). The lyrics are: "We have sinned We have trans-gressed We have done". The melody is simple, with the treble staff often holding chords and the bass staff providing a steady accompaniment.

We have sinned We have trans-gressed We have done

Second system of musical notation. The lyrics are: "ev-il In Thy sight we have not kept or". The treble staff features a prominent chordal texture, while the bass staff continues the accompaniment. The phrase "In Thy sight" is marked with a fermata in the treble staff.

ev-il In Thy sight we have not kept or

Third system of musical notation. The lyrics are: "fol-lowed Thy com-mand-ments But re-ject us not ut-ter-ly". The treble staff has a melodic line with some rests, and the bass staff provides a consistent harmonic support.

fol-lowed Thy com-mand-ments But re-ject us not ut-ter-ly

Fourth system of musical notation, concluding the piece. The lyrics are: "O God God of our fath-ers." The system ends with a double bar line and repeat signs. The treble staff has a final chord, and the bass staff has a concluding melodic phrase.

O God God of our fath-ers.

Ode VII – Monday



I have sinned, I have offended, and I have set aside Thy commandments, for in sins have I progressed, and to my sores I have added wounds. But in Thy compassion have mercy upon me, O God of our fathers.

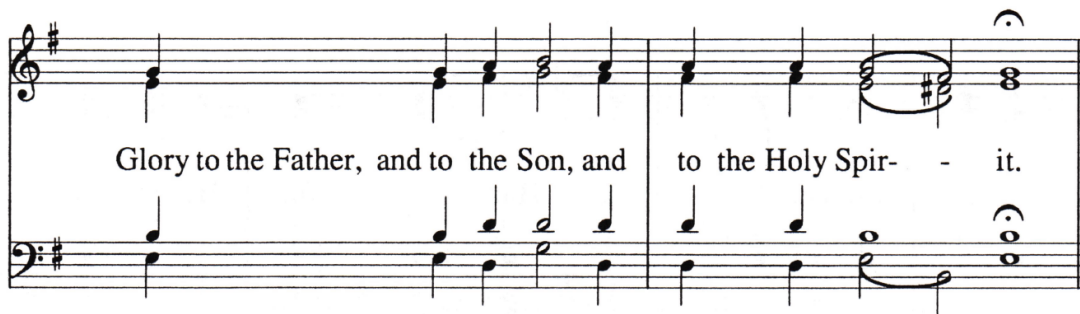
The secret of my heart have I confessed to Thee, my Judge. See my abasement, see my affliction, and attend to my judgement now; and in Thy compassion have mercy upon me, O God of our fathers.

When Saul once lost his father's asses, in searching for them he found himself proclaimed as king. But watch, my soul, lest unknown to thyself thou prefer thine animal appetites to the Kingdom of Christ.

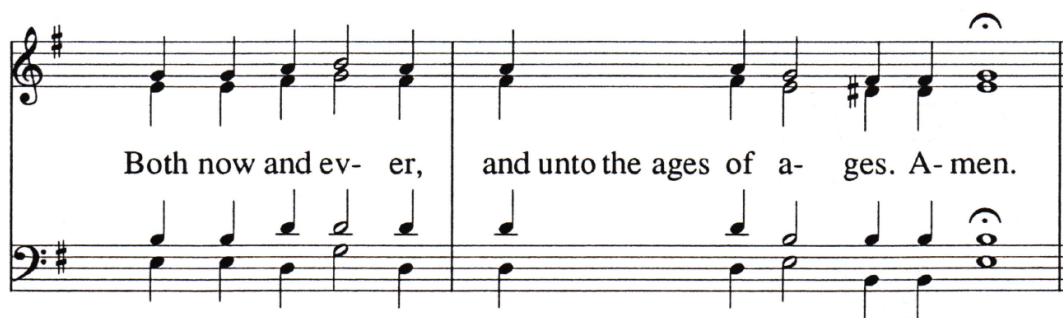
David, the forefather of God, once sinned doubly, pierced with the arrow of adultery and the spear of murder. But thou, my soul, art more gravely sick than he, for worse than any acts are the impulses of thy will.

David once joined sin to sin, adding murder to fornication; yet then he showed at once a twofold repentance. But thou, my soul, hast done worse things than he, yet thou hast not repented before God.

David once composed a hymn, setting forth, as in an ikon, the action he had done; and he condemned it, crying: 'Have mercy upon me, for against Thee only have I sinned, O God of all. Do Thou cleanse me.'



To The Trinity: O simple and undivided Trinity, O holy and consubstantial Unity: Thou art praised as Light and Lights, one Holy and three Holies. Sing, O my soul, and glorify Life and Lives, the God of all.



Theotokion: We praise thee, we bless thee, we venerate thee, O Mother of God: for thou hast given birth to One of the undivided Trinity, thy Son and God, and thou hast opened the heavenly places to us on earth.

Ode VII – Tuesday



When the Ark was being carried in a cart and the ox stumbled, Uzzah did no more than touch it, but the wrath of God smote him. O my soul, flee from his presumption and respect with reverence the things of God.

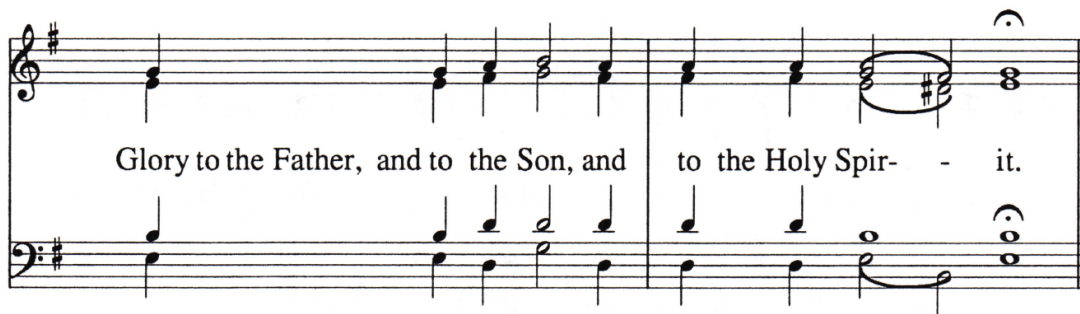
Thou hast heard of Absalom, and how he rebelled against nature; thou knowest of the unholy deeds by which he defiled his father David's bed. Yet thou hast followed him in his passionate and sensual desires.

Thy free dignity, O my soul, thou hast subjected to thy body; for thou hast found in the enemy another Ahitophel, and hast agreed to all his counsels. But Christ Himself has brought them to nothing and saved thee from them all.

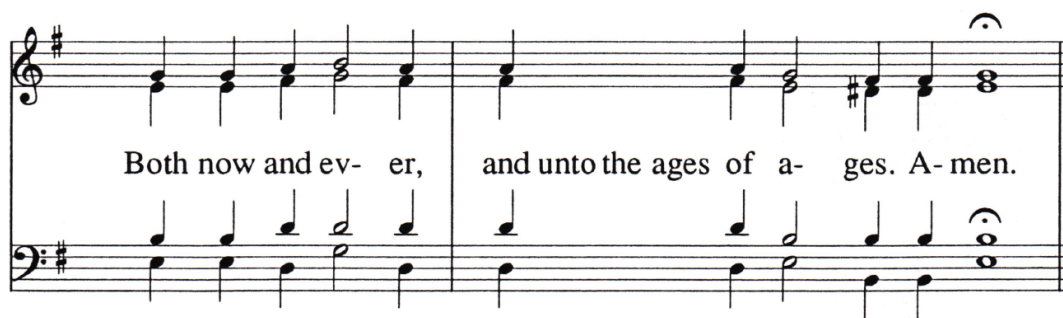
Solomon the wonderful, who was full of the grace of wisdom, once did evil in the sight of heaven and turned away from God. Thou hast become like him, my soul, by thine accursed life.

Carried away by sensual passions, he defiled himself. Alas I The lover of wisdom became a lover of harlots and a stranger to God. And thou, my soul, in mind hast imitated him through thy shameful desires.

O my soul, thou hast rivalled Rehoboam, who paid no attention to his father's counsellors, and Jeroboam, that evil servant and renegade of old. But flee from their example and cry to God: I have sinned, take pity on me.



To The Trinity: O simple and undivided Trinity, O holy and consubstantial Unity: Thou art praised as Light and Lights, one Holy and three Holies. Sing, O my soul, and glorify Life and Lives, the God of all.



Theotokion: We praise thee, we bless thee, we venerate thee, O Mother of God: for thou hast given birth to One of the undivided Trinity, thy Son and God, and thou hast opened the heavenly places to us on earth.

Ode VII – Wednesday

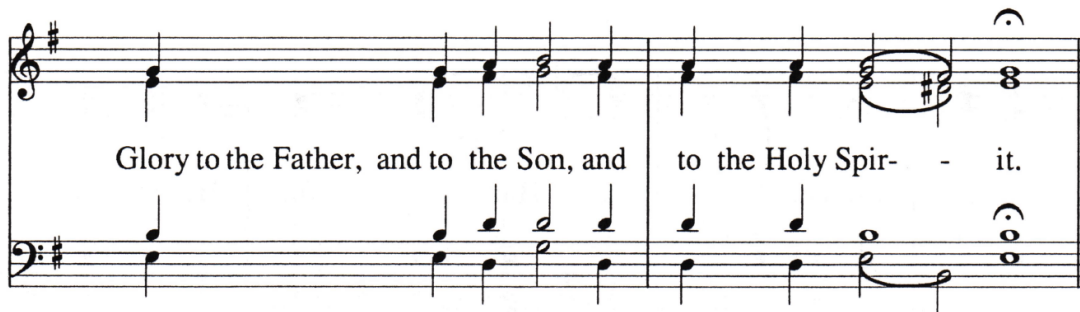


By deliberate choice, my soul, thou hast incurred the guilt of Manasseh, setting up the passions as idols and multiplying abominations, But with fervent heart emulate his repentance and acquire compunction.

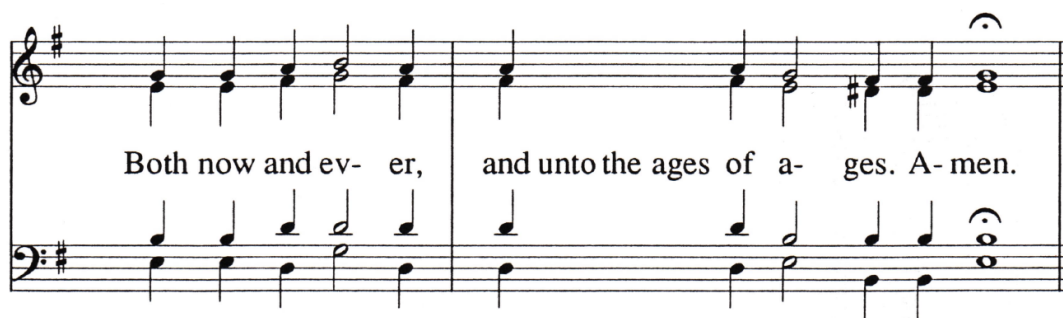
Alas, my soul! Thou hast rivalled Ahab in guilt. Thou hast become a dwelling-place of fleshly defilements and a shameful vessel of the passions. But groan from the depths of thy heart, and confess thy sins to God.'

Heaven is closed to thee, my soul, and a famine from God has seized thee: for thou hast been disobedient, as Ahab was to the words of Elijah the Tishbite. But imitate the widow of Zarephath, and feed the Prophet's soul.

Elijah once destroyed with fire twice fifty of Jezebel's servants, and he slew the prophets of shame, as a rebuke to Ahab. But flee from the example of both of them, my soul, and be strong.



To The Trinity: O simple and undivided Trinity, O holy and consubstantial Unity: Thou art praised as Light and Lights, one Holy and three Holies. Sing, O my soul, and glorify Life and Lives, the God of all.



Theotokion: We praise thee, we bless thee, we venerate thee, O Mother of God: for thou hast given birth to One of the undivided Trinity, thy Son and God, and thou hast opened the heavenly places to us on earth.

Ode VII – Thursday



My days have vanished as a dream of one awaking; and so, like Hezekiah, I weep upon my bed, that years may be added to my life. But what Isaiah will come to me, O my soul, except the God of all?

I fall before Thee, and as tears I offer Thee my words. I have sinned as the Harlot never sinned, and I have transgressed as no other man on earth. But take pity on Thy creature, O Master, and call me back.

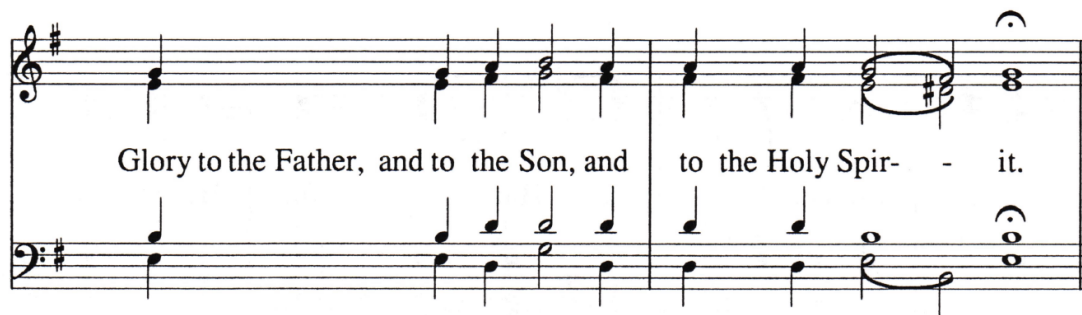
I have discoloured Thine image and broken Thy commandment. All my beauty is destroyed and my lamp is quenched by the passions, O Saviour. But, take pity on me, as David sings, and 'restore to me Thy joy'.

Turn back, repent, uncover all that thou hast hidden. Say unto God, to whom all things are known: Thou alone knowest my secrets, O Saviour; 'have mercy on me', as David sings, 'according to Thy mercy'.

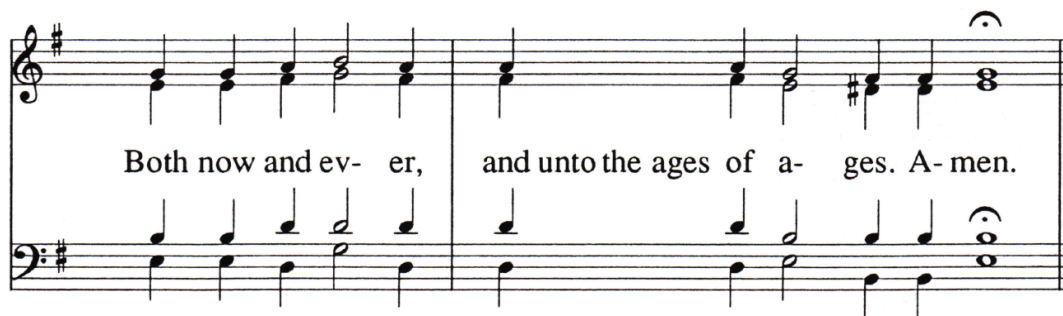


To St. Mary of Egypt: Raising thy cry to the pure Mother of God, thou hast driven back the fury of the passions that violently assailed thee, and put to shame the enemy who sought to make thee stumble. But give thy help in trouble now to me also, thy servant.

To St. Mary of Egypt: Pray to Him whom thou hast loved, O holy Mary, whom thou hast desired, for whose sake thou hast worn out thy flesh: pray to Christ for us thy servants, that He may show mercy to us all, and grant a peaceful life to those who worship Him.



To The Trinity: O simple and undivided Trinity, O holy and consubstantial Unity: Thou art praised as Light and Lights, one Holy and three Holies. Sing, O my soul, and glorify Life and Lives, the God of all.



Theotokion: We praise thee, we bless thee, we venerate thee, O Mother of God: for thou hast given birth to One of the undivided Trinity, thy Son and God, and thou hast opened the heavenly places to us on earth.

Ode VIII

The hosts of hea- ven give Him glo- ry be- fore Him

This system contains the first five measures of the piece. The melody is in G major, starting with a half rest followed by a quarter note G. The lyrics are: "The hosts of hea- ven give Him glo- ry be- fore Him".

trem- ble Cher- u- bim and Ser- a- phim Let ev- ery

This system contains measures 6 through 10. The melody continues with a half note G, a quarter note A, and a half note B. The lyrics are: "trem- ble Cher- u- bim and Ser- a- phim Let ev- ery".

thing that has breath and all cre- a- tion praise Him, bless Him,

This system contains measures 11 through 15. The melody features a half note G, a quarter note A, and a half note B. The lyrics are: "thing that has breath and all cre- a- tion praise Him, bless Him,".

and ex- alt Him a- bove all for- ev- er

This system contains measures 16 through 19. The melody ends with a half note G. The lyrics are: "and ex- alt Him a- bove all for- ev- er".

Ode VIII – Monday



I have sinned, O Saviour, have mercy on me. Awaken my mind and turn me back; accept me in repentance and take pity on me as I cry: I have sinned against Thee, save me; I have done evil, have mercy on me.

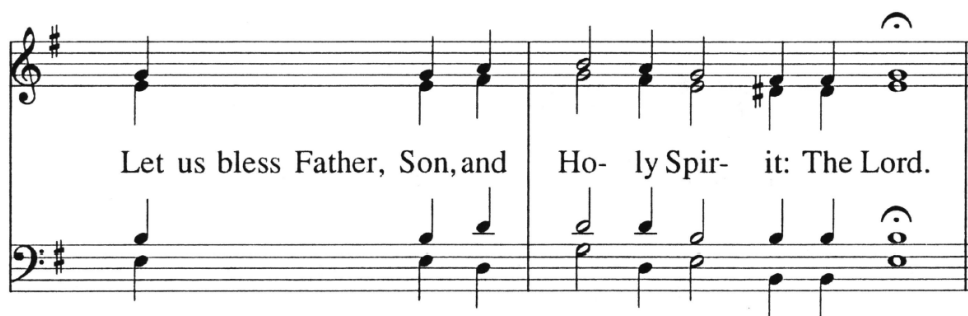
Riding in the chariot of the virtues, Elijah was lifted up to heaven, high above earthly things. Reflect, O my soul, on his ascent.

Elisha once took up the mantle of Elijah, and received a double portion of grace from the Lord: but in this grace, my soul, thou hast no share, by reason of thy greed and uncontrolled desires.

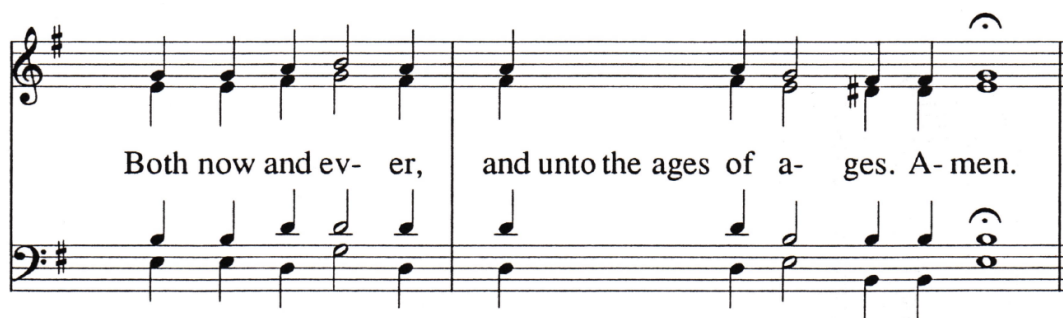
With the mantle of Elijah, Elisha made the stream of Jordan stand still on either side: but in this grace, my soul, thou hast no share, by reason of thy greed and uncontrolled desires.

The Shunammite woman gladly entertained the righteous Prophet: but in thy house, my soul, thou hast not welcomed stranger or traveller; and so thou shalt be cast out weeping from the bridal chamber.

O wretched soul, always thou hast imitated the unclean thoughts of Gehazi. Cast from thee, at least in thine old age, his love of money. Flee from the fire of hell, turning away from thy wickedness.



To The Trinity: Father without beginning, coeternal Son, and loving Comforter, the Spirit of righteousness; Begetter of the Word of God, Word of the eternal Father, Spirit living and creative: O Trinity in Unity, have mercy on me



Theotokion: As from purple silk, O undefiled Virgin, the spiritual robe of Emmanuel, His flesh, was woven in thy womb. Therefore we honour thee as Theotokos in very truth.

Ode VIII – Tuesday



Thou hast followed Uzziah, my soul, and hast his leprosy in double form: for thy thoughts are wicked, and thine acts unlawful. Leave what thou hast, and hasten to repentance.

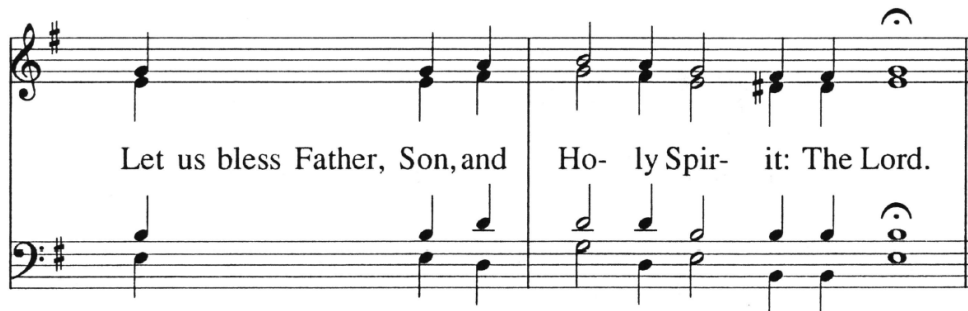
O my soul, thou hast heard how the men of Nineveh repented before God in sackcloth and ashes. Yet thou hast not followed them, but art more wicked than all who sinned before the Law and after.

Thou hast heard, my soul, how Jeremiah in the muddy pit cried out with lamentations for the city of Sion and asked to be given tears. Follow his life of lamentation and be saved.

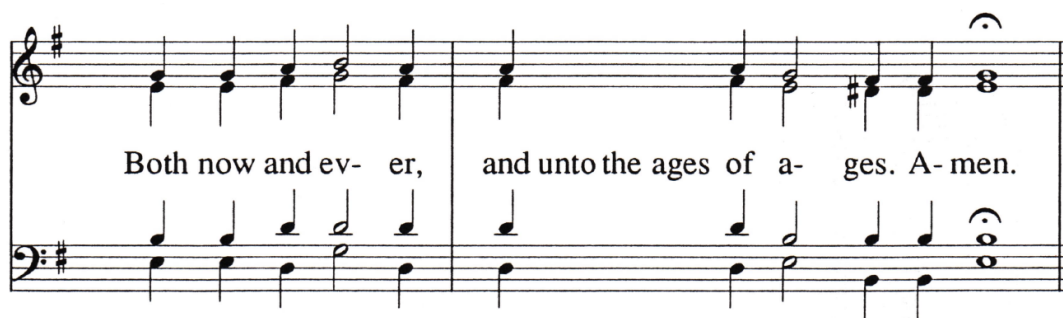
Jonah fled to Tarshish, foreseeing the conversion of the men of Nineveh; for as a prophet he knew the loving-kindness of God, but he was jealous that his prophecy should not be proved false.

My soul, thou hast heard how Daniel stopped the mouths of the wild beasts in the lions' den; and thou knowest how the Children with Azarias quenched through their faith the flames of the fiery furnace.

All the names of the Old Testament have I set before thee, my soul, as an example. Imitate the holy acts of the righteous and flee from the sins of the wicked.



To The Trinity: Father without beginning, coeternal Son, and loving Comforter, the Spirit of righteousness; Begetter of the Word of God, Word of the eternal Father, Spirit living and creative: O Trinity in Unity, have mercy on me



Theotokion: As from purple silk, O undefiled Virgin, the spiritual robe of Emmanuel, His flesh, was woven in thy womb. Therefore we honour thee as Theotokos in very truth.

Ode VIII - Wednesday

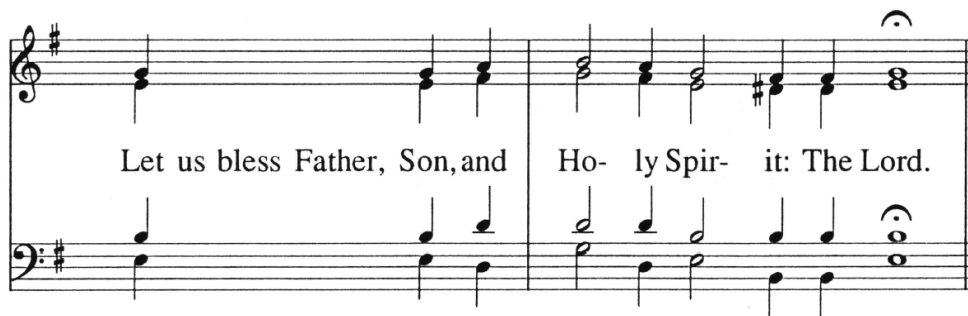


O righteous Judge and Saviour, have mercy on me and deliver me from the fire that threatens me and from the punishment that I deserve to suffer at the Judgement. Before the end comes, grant me remission through virtue and repentance.

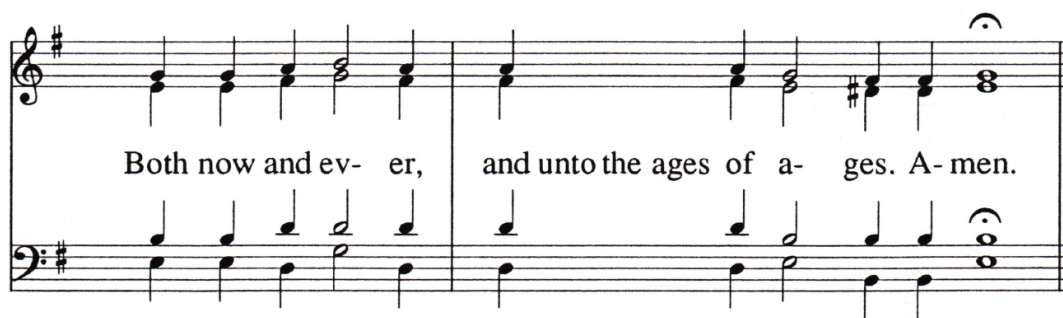
Like the Thief I cry to Thee, 'Remember me'; like Peter I weep bitterly; like the Publican I call out, 'Forgive me, Saviour'; like the Harlot I shed tears. Accept my lamentation, as once Thou hast accepted the entreaties of the woman of Canaan.

O Saviour, heal the putrefaction of my humbled soul, for Thou art the one Physician; apply plaster and pour in oil and wine-works of repentance, and compunction with tears.

Like the woman of Canaan I cry to Thee, 'Have mercy on me, Son of David.' Like the woman with an issue of blood, I touch the hem of Thy garment. I weep as Martha and Mary wept for Lazarus.



To The Trinity: Father without beginning, coeternal Son, and loving Comforter, the Spirit of righteousness; Begetter of the Word of God, Word of the eternal Father, Spirit living and creative: O Trinity in Unity, have mercy on me



Theotokion: As from purple silk, O undefiled Virgin, the spiritual robe of Emmanuel, His flesh, was woven in thy womb. Therefore we honour thee as Theotokos in very truth.

Ode VIII – Thursday



As precious ointment, O Saviour, I empty on Thine head the alabaster box of my tears. Like the Harlot, I cry out to Thee, seeking Thy mercy: I bring my prayer and ask to receive forgiveness.

No one has sinned against Thee as I have; yet accept even me, compassionate Saviour, for I repent in fear and cry with longing: Against Thee alone have I sinned; I have transgressed, have mercy on me.

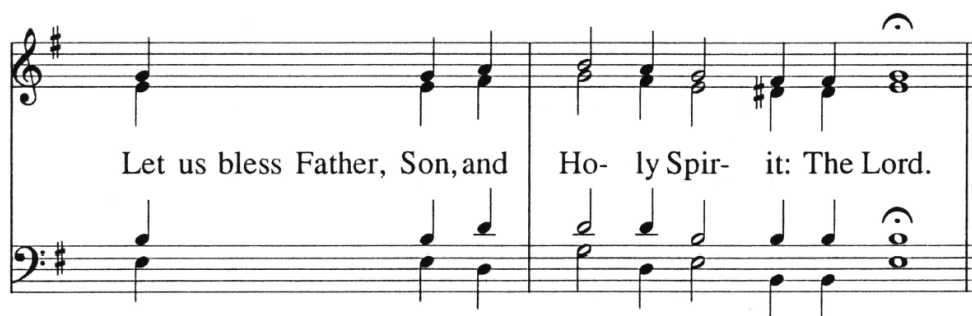
Spare the work of Thine own hands, O Saviour, and as shepherd seek the lost sheep that has gone astray. Snatch me from the wolf and make me a nursling in the pasture of Thine own flock.

When Thou sittest upon Thy throne, O merciful Judge, and revealist Thy dread glory, O Christ, what fear there will be then! When the furnace hums with fire, and all shrink back in terror before Thy judgement-seat.

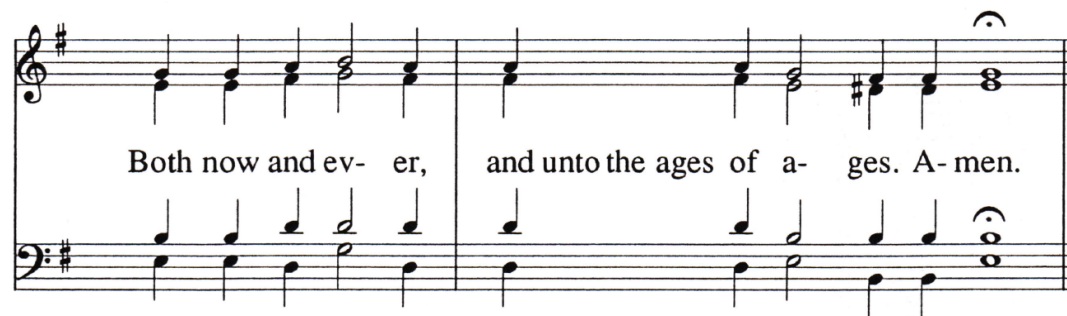


To St. Mary of Egypt: The Mother of the Light that never sets illumined thee and freed thee from the darkness of the passions. O Mary, who hast received the grace of the Spirit, give light to those who praise thee with faith.

To St. Mary of Egypt: The holy Zosimas was struck with amazement, O Mother, beholding in thee a wonder truly strange and new. For he saw an angel in the body and was filled with astonishment, praising Christ unto all ages.



To The Trinity: Father without beginning, coeternal Son, and loving Comforter, the Spirit of righteousness; Begetter of the Word of God, Word of the eternal Father, Spirit living and creative: O Trinity in Unity, have mercy on me



Theotokion: As from purple silk, O undefiled Virgin, the spiritual robe of Emmanuel, His flesh, was woven in thy womb. Therefore we honour thee as Theotokos in very truth.

Ode IX

Con- cep- tion with- out seed Na- ti- vi- ty past un- der-

stand- ing from a Moth- er who ne- ver knew a man child-

bear- ing un- de- fil- ed for the birth of God makes na- ture

new, there- fore as Bride and Moth- er of God with true

A musical score for a hymn, featuring two staves (treble and bass clef) and four measures of music. The key signature is one sharp (F#). The lyrics are: wor-ship gen-er-a-tions mag-ni-fy thee.

The first measure contains the lyrics "wor-ship gen-er-". The second measure contains the lyrics "a-tions mag-ni-". The third measure contains the lyrics "fy". The fourth measure contains the lyrics "thee.".

The melody is written in the treble clef, and the bass line is written in the bass clef. The music is in a simple, hymn-like style, with a steady rhythm and a clear melodic line.

Ode IX – Monday



My mind is wounded, my body has grown feeble, my spirit is sick, my speech has lost its power, my life is dead; the end is at the door. What shalt thou do, then, miserable soul, when the Judge comes to examine thy deeds?

I have put before thee, my soul, Moses' account of the creation of the world, and after that all the recognized Scriptures that tell thee the story of the righteous and the wicked. But thou, my soul, hast followed the second of these, not the first, and hast sinned against God.

The Law is powerless, the Gospel of no effect, and the whole of Scripture is ignored by thee; the prophets and all the words of the righteous are useless. Thy wounds, my soul, have been multiplied, and there is no physician to heal thee.

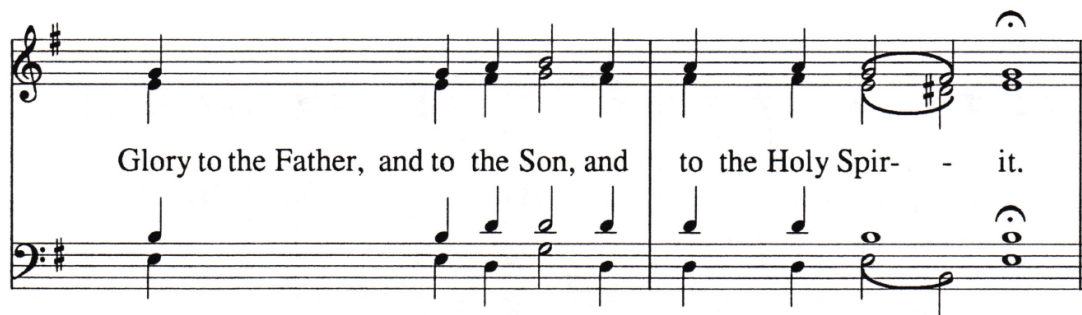
I bring thee, O my soul, examples from the New Testament, to lead thee to compunction. Follow the example of the righteous, turn away from the sinful, and through prayers and fasting, through chastity and reverence, win back Christ's mercy.

Christ became man, calling to repentance thieves and harlots. Repent, my soul: the door of the Kingdom is already open, and pharisees and publicans and adulterers pass through it before thee, changing their life.

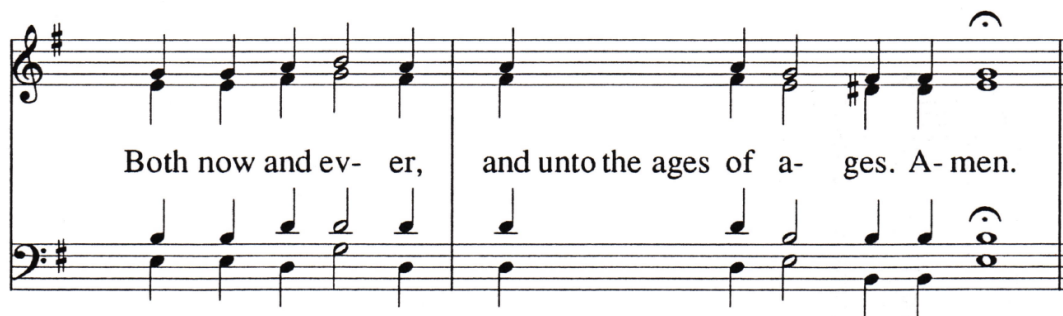
Christ became man and shared in my flesh; and willingly He performed all that belongs to my nature, only without sin. He set before thee, my soul, an example and image of His condescension.

Christ saved the Wise Men and called the Shepherds; He revealed as martyrs a multitude of young children; He glorified the Elder and the aged Widow. But thou, my soul, hast not followed their lives and actions, Woe to thee when thou art judged!

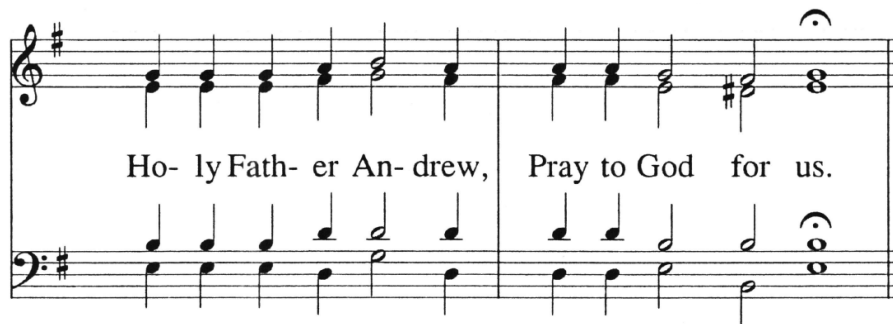
The Lord fasted forty days in the wilderness, and at the end of them He was hungry, thus showing that He is man. Do not be dismayed, my soul! If the enemy attacks thee, through prayer and fasting drive him away.



To The Trinity: Let us glorify the Father, let us exalt the Son, and with faith let us worship the Spirit of God, undivided Trinity and Unity in essence. Let us adore Light and Lights, Life and Lives, giving light and life to the ends of the earth.



Theotokion: Watch over thy City, all-pure Mother of God. For by thee she reigns in faith, by thee she is made strong; by thee she is victorious, putting to flight every temptation, despoiling the enemy and ruling her subjects.



To St. Andrew of Crete: Venerable Andrew, father thrice-blessed, shepherd of Crete, cease not to offer prayer for us who sing thy praises; that we may be delivered from all danger and distress, from corruption and sin, who honour thy memory with faith.

Ode IX - Tuesday



Christ was being tempted; the devil tempted Him, showing Him the stones that they might be made bread. He led Him up into a mountain, to see in an instant all the kingdoms of the world. O my soul, look with fear on what happened; watch and pray every hour to God.

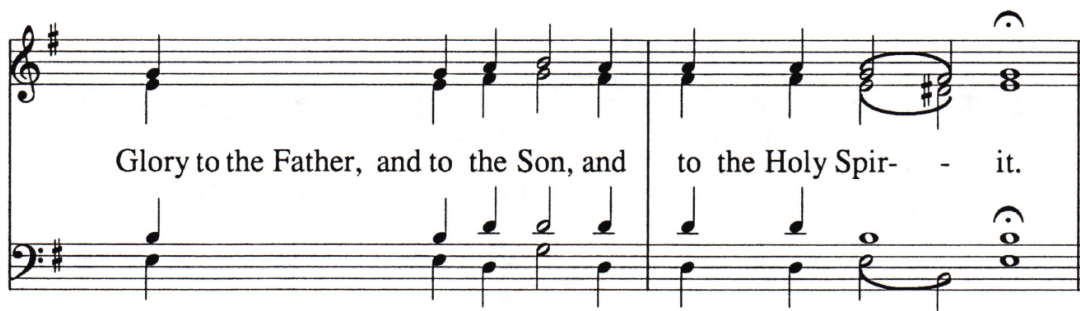
The Dove who loved the wilderness, the Lamp of Christ, the voice of one crying aloud, was heard preaching repentance; but Herod sinned with Herodias. O my soul, see that thou art not trapped in the snares of the lawless, but embrace repentance.

The Forerunner of Grace went to dwell in the wilderness, and Judaea and all Samaria ran to hear him; they confessed their sins and were baptized eagerly. But them, my soul, hast not imitated them.

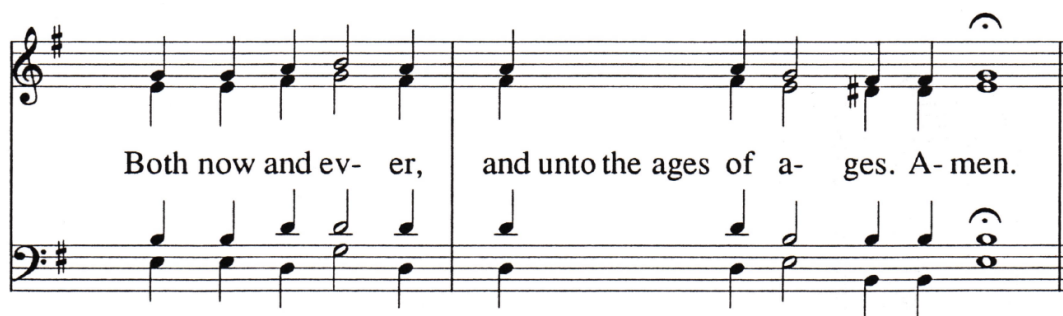
Marriage is honourable, and the marriage-bed undefiled. For on both Christ has given His blessing, eating in the flesh at the wedding in Cana, turning the water into wine and revealing His first miracle, to bring thee, my soul, to a change of life.

Christ gave strength to the paralysed man, and he took up his bed; He raised from the dead the young man, the son of the widow, and the centurion's servant; He appeared to the woman of Samaria and spoke to thee, my soul, of worship in spirit.

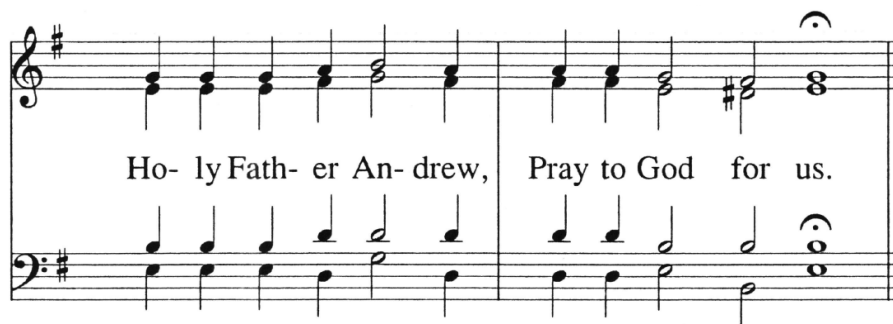
By the touch of the hem of His garment, the Lord healed the woman with an issue of blood; He cleansed lepers and gave sight to the blind and made the lame walk upright; He cured by His word the deaf and the dumb and the woman bowed to the ground, to bring thee, wretched soul, to salvation.



To The Trinity: Let us glorify the Father, let us exalt the Son, and with faith let us worship the Spirit of God, undivided Trinity and Unity in essence. Let us adore Light and Lights, Life and Lives, giving light and life to the ends of the earth.



Theotokion: Watch over thy City, all-pure Mother of God. For by thee she reigns in faith, by thee she is made strong; by thee she is victorious, putting to flight every temptation, despoiling the enemy and ruling her subjects.



To St. Andrew of Crete: Venerable Andrew, father thrice-blessed, shepherd of Crete, cease not to offer prayer for us who sing thy praises; that we may be delivered from all danger and distress, from corruption and sin, who honour thy memory with faith.

Ode IX – Wednesday



Healing sickness, Christ the Word preached the good tidings to the poor. He cured the crippled, ate with publicans, and conversed with sinners. With the touch of His hand, He brought back the departed soul of Jairus' daughter.

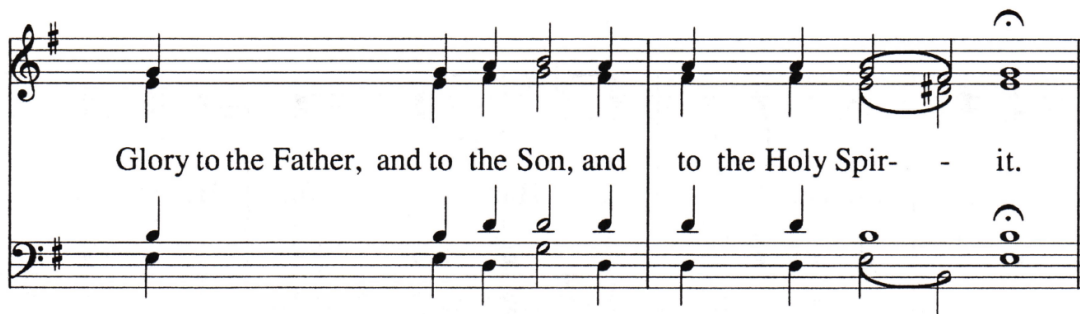
The Publican was saved and the Harlot turned to chastity, but the Pharisee with his boasting was condemned. For the first cried 'Be merciful', and the second, 'Have mercy on me'; but the third said, boasting, 'I thank Thee, O God', and other words of madness.

Zacchaeus was a publican, yet he was saved; but Simon the Pharisee went astray, while the Harlot received remission and release from Him who has the power to forgive sins. Make haste, O my soul, to follow her example.

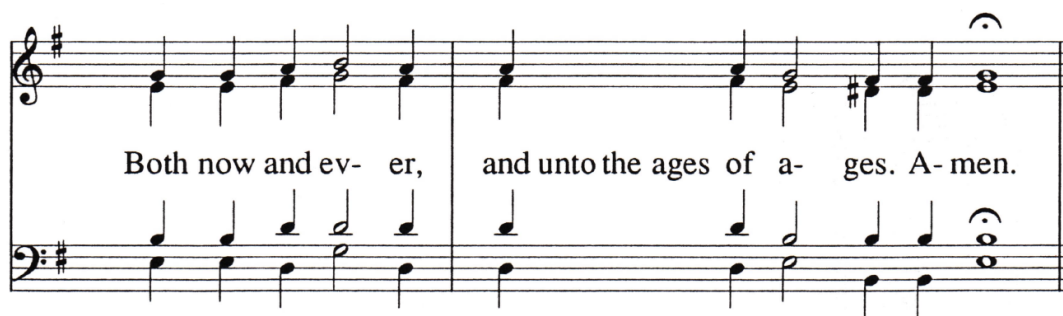
O wretched soul, thou hast not acted like the Harlot, who took the alabaster box of precious ointment, and anointed with tears and wiped with her hair the feet of the Lord. And He tore in pieces the record of her previous sins.

Thou knowest, O my soul, how the cities were cursed to which Christ preached the Gospel. Fear their example, lest thou suffer the same punishment. For the Master likened them to Sodom and condemned them to hell.

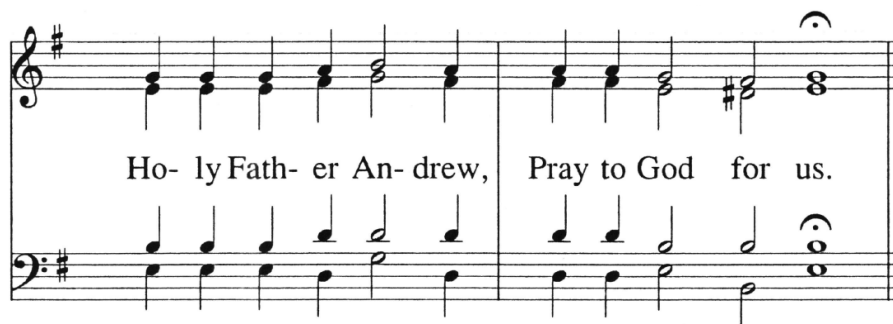
Be not overcome by despair, my soul; for thou hast heard of the faith of the woman of Canaan, and how through it her daughter was healed by the word of God. Cry out from the depth of thy heart, 'Save me also, Son of David', as she once cried to Christ.



To The Trinity: Let us glorify the Father, let us exalt the Son, and with faith let us worship the Spirit of God, undivided Trinity and Unity in essence. Let us adore Light and Lights, Life and Lives, giving light and life to the ends of the earth.



Theotokion: Watch over thy City, all-pure Mother of God. For by thee she reigns in faith, by thee she is made strong; by thee she is victorious, putting to flight every temptation, despoiling the enemy and ruling her subjects.



To St. Andrew of Crete: Venerable Andrew, father thrice-blessed, shepherd of Crete, cease not to offer prayer for us who sing thy praises; that we may be delivered from all danger and distress, from corruption and sin, who honour thy memory with faith .

Ode IX – Thursday



O Son of David, with Thy word Thou hast healed the possessed: take pity on me, save me and have mercy. Let me hear Thy compassionate voice speak to me as to the thief: 'Verily, I say unto thee, thou shalt be with Me in Paradise, when I come in My glory.'

A thief accused Thee, a thief confessed Thy Godhead: for both were hanging beside Thee on the Cross. Open to me also, O Lord of many mercies, the door of Thy glorious Kingdom, as once it was opened to Thy thief who acknowledged Thee with faith as God.

The creation was in anguish, seeing Thee crucified. Mountains and rocks were split from fear, the earth quaked, and hell was despoiled; the light grew dark in daytime, beholding Thee, O Jesus, nailed in the flesh.

Do not demand from me worthy fruits of repentance, for my strength has failed within me. Give me an ever-contrite heart and poverty of spirit, that I may offer these to Thee as an acceptable sacrifice, O only Saviour.

O my Judge who dost know me, when Thou comest again with the angels to judge the whole world, look upon me then with 'thine eye of mercy and spare me; take pity on me, Jesus, for I have sinned more than any other man.

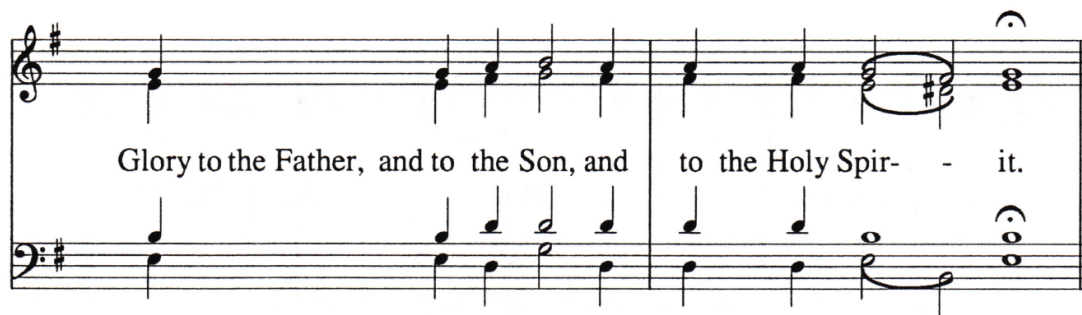


To St. Mary of Egypt: By thy strange way of life thou hast struck all with wonder, both the hosts of angels and the gatherings of mortal men; for thou hast surpassed nature and lived as though no longer in the body. Like a bodiless angel thou hast walked upon the Jordan with thy feet, O Mary, and crossed over it.

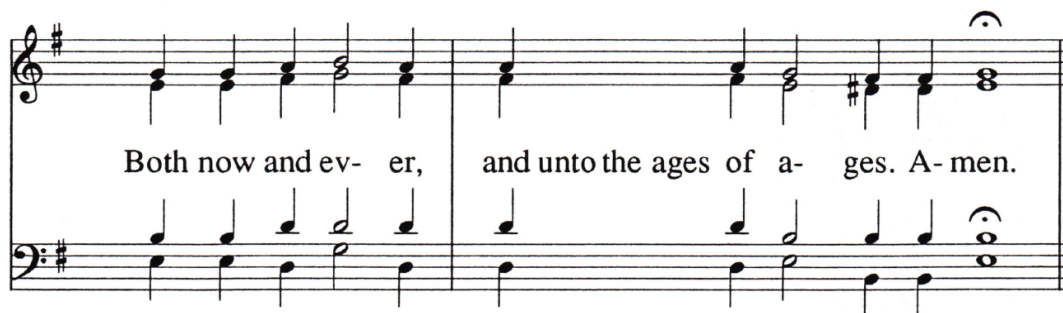
To St. Mary of Egypt: O holy Mother, call down the gracious mercy of the Creator upon us who sing thy praises, that we may be set free from the sufferings and afflictions that assail us; so without ceasing, delivered from temptations, we shall magnify the Lord who has glorified thee.



To St. Andrew of Crete: Venerable Andrew, father thrice-blessed, shepherd of Crete, cease not to offer prayer for us who sing thy praises; that we may be delivered from all danger and distress, from corruption and sin, who honour thy memory with faith.



To The Trinity: Let us glorify the Father, let us exalt the Son, and with faith let us worship the Spirit of God, undivided Trinity and Unity in essence. Let us adore Light and Lights, Life and Lives, giving light and life to the ends of the earth.



Theotokion: Watch over thy City, all-pure Mother of God. For by thee she reigns in faith, by thee she is made strong; by thee she is victorious, putting to flight every temptation, despoiling the enemy and ruling her subjects.

Ode IX – Katavasia

Con- cep- tion with- out seed Na- ti- vi- ty past un- der-

This system contains the first five measures of the musical score. The melody is written on a treble clef staff with a key signature of one sharp (F#). The lyrics are: "Con- cep- tion with- out seed Na- ti- vi- ty past un- der-". The bass line is on a bass clef staff with the same key signature. The music features various note values including quarter, eighth, and sixteenth notes, as well as rests and ties.

stand- ing from a Moth- er who ne- ver knew a man child-

This system contains the next five measures. The melody continues on the treble clef staff. The lyrics are: "stand- ing from a Moth- er who ne- ver knew a man child-". The bass line continues on the bass clef staff. The musical notation includes chords, single notes, and rests.

bear- ing un- de- fil- ed for the birth of God makes na- ture

This system contains the next five measures. The melody continues on the treble clef staff. The lyrics are: "bear- ing un- de- fil- ed for the birth of God makes na- ture". The bass line continues on the bass clef staff. The music includes various note values and rests.

new, there- fore as Bride and Moth- er of God with true

This system contains the final five measures of the musical score. The melody continues on the treble clef staff. The lyrics are: "new, there- fore as Bride and Moth- er of God with true". The bass line continues on the bass clef staff. The music includes various note values and rests.

musical score for a hymn in G major, 4/4 time. The score consists of two staves, treble and bass. The lyrics are: wor-ship gen-er-a-tions mag-ni-fy thee.

The melody is in the treble staff, starting on G4 (first line) and moving stepwise up to G5 (second space) over the first two measures, then descending to E4 (first space) and finally to G3 (first line) in the last two measures. The bass staff provides a simple accompaniment, starting on G3 (first line) and moving stepwise up to G4 (first line) over the first two measures, then descending to E3 (first space) and finally to G2 (first line) in the last two measures.

Lyrics: wor-ship gen-er-a-tions mag-ni-fy thee.

THE REMAINDER OF GREAT COMPLINE

Psalm 4

When I called upon Thee, O God of my righteousness, Thou didst hearken unto me; in mine affliction Thou hast enlarged me. Have compassion on me and hear my prayer. O ye sons of men, how long will ye be slow of heart? Why do ye love vanity, and seek after falsehood? Know also that the Lord hath made wondrous His holy one; the Lord will hearken unto me when I cry unto Him. Be angry, and sin not; feel compunction upon your beds for what ye say in your hearts. Sacrifice a sacrifice of righteousness, and hope in the Lord. Many say: Who will show unto us good things? The light of Thy countenance, O Lord, hath been signed upon us; Thou hast given gladness to my heart. From the fruit of their wheat, wine, and oil are they multiplied. In peace in the same place I shall lay me down and sleep. For Thou, O Lord, alone hast made me to dwell in hope.

Psalm 6

O Lord, rebuke me not in Thine anger, nor chasten me in Thy wrath. Have mercy on me, O Lord, for I am weak. Heal me, O Lord, for my bones are troubled, and my soul is troubled greatly; but Thou, O Lord, how long? Turn to me again, O Lord, deliver my soul; save me for Thy mercy's sake. For in death there is none that is mindful of Thee, and in hades who will confess Thee? I toiled in my groaning; every night I will wash my bed, with tears will I water my couch. Through wrath is mine eye become troubled, I have grown old among all mine enemies. Depart from me all ye that work vanity, for the Lord hath heard the voice of my weeping. The Lord hath heard my supplication, the Lord hath received my prayer. Let all mine enemies be greatly put to shame and be troubled, let them be turned back, and speedily be greatly put to shame.

Psalm 12

How long, O Lord, wilt Thou utterly forget me? How long wilt Thou turn Thy face away from me? How long shall I take counsel in my soul with grievings in my heart by day and by night? How long shall mine enemy be exalted over me? Look upon me, hear me, O Lord my God; enlighten mine eyes, lest at any time I sleep unto death. Lest at any time mine enemy say: I have prevailed against him. They that afflict me will rejoice if I am shaken; but as for me, I have hoped in Thy mercy. My heart will rejoice in Thy salvation. I will sing unto the Lord, Who is my benefactor, and I will chant unto the name of the Lord Most High.

Look upon me, hear me, O Lord my God; enlighten mine eyes, lest at any time I sleep unto death. Lest at any time mine enemy say: I have prevailed against him.

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to Thee, O God. (*Thrice*)

Lord, have mercy. (*Thrice*)

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Psalm 24

Unto Thee, O Lord, have I lifted up my soul. O my God, in Thee have I trusted; let me never be put to shame, nor let mine enemies laugh me to scorn. Yea, let none that wait on Thee be put to shame; let them be ashamed which are lawless without a cause. Make Thy ways, O Lord, known unto me and teach me Thy paths. Lead me in Thy truth and teach me, for Thou art God my Savior; for on Thee have I waited all the day long. Remember Thy compassions; O Lord, and Thy mercies, for they are from everlasting. The sins of my youth and mine

ignorances remember not; according to Thy mercy remember Thou me, for the sake of Thy goodness, O Lord. Good and upright is the Lord; therefore will He set a law for them that sin in the way. He will guide the meek in judgment, He will teach the meek His ways. All the ways of the Lord are mercy and truth, unto them that seek after His covenant and His testimonies. For the sake of Thy name, O Lord, be gracious unto my sin; for it is great. Who is the man that feareth the Lord? He will set him a law in the way which He hath chosen. His soul shall dwell among good things, and his seed shall inherit the earth. The Lord is the strength of them that fear Him, and His covenant shall be manifested unto them. Mine eyes are ever toward the Lord, for He it is that will draw my feet out of the snare. Look upon me, and have mercy on me; for I am one only-begotten and poor. The afflictions of my heart are multiplied; bring me out from my necessities. Behold my lowliness and my toil, and forgive all my sins. Look upon my enemies, for they are multiplied, and with an unjust hatred they have hated me. Keep my soul and rescue me; let me not be put to shame, for I have hoped in Thee. The innocent and the upright have cleaved unto me, for I waited on Thee, O Lord. Redeem Israel, O God, out of all his afflictions.

Psalms 30

In Thee, O Lord, have I hoped, let me not be put to shame in the age to come; in Thy righteousness deliver me, and rescue me. Bow down Thine ear unto me, make haste to rescue me, be Thou unto me a God to defend me and a house of refuge to save me. For my strength and my refuge art Thou, and for Thy name's sake wilt Thou guide me and nourish me. Thou wilt bring me out of this snare which they have hid for me, for Thou art my defender, O Lord. Into Thy hands I will commit my spirit; Thou hast redeemed me, O Lord God of truth. Thou hast hated them that cling to empty vanities; but I have hoped in the Lord. I will rejoice and be glad in Thy mercy, for Thou hast regarded my lowliness; Thou hast saved my soul out of necessities, And hast not shut me up in the hands of enemies; Thou hast set my feet in a spacious place. Have mercy on me, O Lord, for I am afflicted; mine eye is troubled with anger, as also my soul and my belly. For my life is spent with grief, and my years with groanings; my strength hath grown weak in poverty, and my bones are troubled. I am become a reproach among all mine enemies, and greatly for my neighbors also, and a fear to mine acquaintances. They that saw me without fled from me. I am forgotten by the heart like a dead man. I am become like a broken vessel. For I have heard the reproach of many that dwell round about; when they assembled together against me, they devised to take away my life. But as for me, I have hoped in Thee, O Lord; I said: Thou art my God; in Thy hands are my lots. Deliver me from the hands of mine enemies, and from them that persecute me. Make Thy face to shine upon Thy servant, save me in Thy mercy. O Lord, let me not be put to shame, for I have called upon Thee; let the ungodly be put to shame and let them be brought down into hades. Speechless be the deceitful lips which speak iniquity against the righteous man with arrogance and contempt. How great is the multitude of Thy goodness, O Lord, which Thou hast hid for them that fear Thee, which Thou hast wrought for them that hope in Thee before the sons of men. Thou shalt hide them in the secrecy of Thy presence from the disturbance of men; Thou shalt shelter them in the tabernacle from contradiction of tongues. Blessed is the Lord, for He hath made His mercy wondrous in a fortified city. But as for me, I said in mine ecstasy: I am cast away from the presence of Thine eyes. Therefore hast Thou heard the voice of my supplication when I cried unto Thee. O love ye the Lord, all ye His saints, for the Lord requireth truth; and unto them that act with exceeding pride, He rendereth them their due. Be ye manful, and let your heart be strengthened, all ye that hope in the Lord.

Psalm 90

He that dwelleth in the help of the Most High shall abide in the shelter of the God of heaven. He shall say unto the Lord: Thou art my helper and my refuge. He is my God, and I will hope in Him. For He shall deliver thee from the snare of the hunters and from every troubling word. With His shoulders will He overshadow thee, and under His wings shalt thou have hope. With a shield will His truth encompass thee; thou shalt not be afraid for the terror by night, nor for the arrow that flieth by day, nor for the thing that walketh in darkness, nor for the mishap and demon of noonday. A thousand shall fall at thy side, and ten thousand at thy right hand, but unto thee shall it not come nigh. Only with thine eyes shalt thou behold, and thou shalt see the reward of sinners. For Thou, O Lord, art my hope. Thou madest the Most High thy refuge; No evils shall come nigh thee, and no scourge shall draw nigh unto thy dwelling. For He shall give His angels charge over thee, to keep thee in all thy ways. On their hands shall they bear thee up, lest at any time thou dash thy foot against a stone. Upon the asp and basilisk shalt thou tread, and thou shalt trample upon the lion and dragon. For he hath set his hope on Me, and I will deliver him; I will shelter him because he hath known My name. He shall cry unto Me, and I will hearken unto him. I am with him in affliction, and I will rescue him and glorify him. With length of days will I satisfy him, and I will show him My salvation.

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

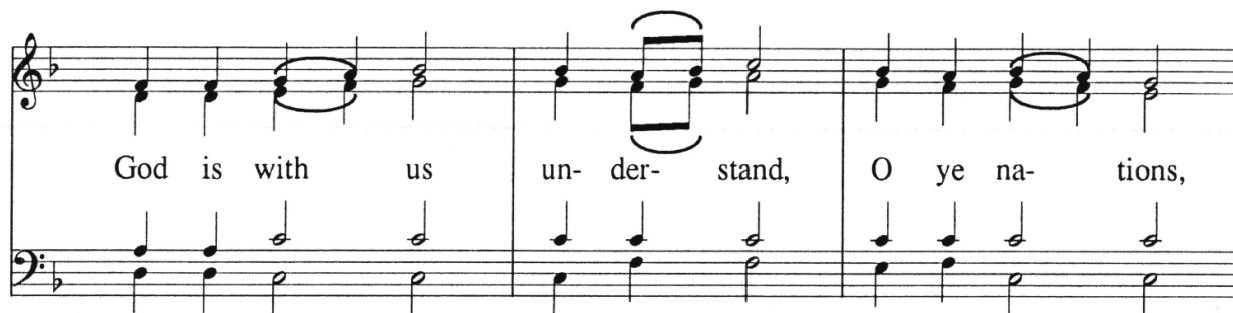
Alleluia, alleluia, alleluia. Glory to Thee, O God. (*Thrice*)

Lord, have mercy. (*Thrice*)

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

God Is With Us

God is with us understand, O ye nations, and submit yourselves. For God is with us.



Second choir, repeat.

Reader: Hearken ye unto the ends of the earth.



O ye powerful, submit yourselves:

Choir: For God is with us.

For if ye again strengthen yourselves, ye shall again be vanquished.

Choir: For God is with us.

And whatsoever counsel ye shall take, the Lord shall bring it to nought.

Choir: For God is with us.

And the word, whatsoever ye speak, shall not remain with you.

Choir: For God is with us.

But the Lord our God, Him will we hallow, and he shall be fear unto us.



And if I be trusting in Him, He shall be unto me sanctification.

Choir: For God is with us.

And I will be hoping in Him, and shall be saved by Him.

Choir: For God is with us.

Behold I and the children which God hath given me.

Choir: For God is with us.

The people that walk in darkness have seen a great light.

Choir: For God is with us.

Ye that dwell in the region and shadow of death, a light shall shine upon you.

Choir: For God is with us.

For unto us a Child is born, unto us a Son is given.

Choir: For God is with us.

Whose government is upon His shoulder.

Choir: For God is with us.

And of His peace there is no end.

Choir: For God is with us.

And His name shall be called Angel of Great Counsel.

Choir: For God is with us.

Wonderful Counselor.

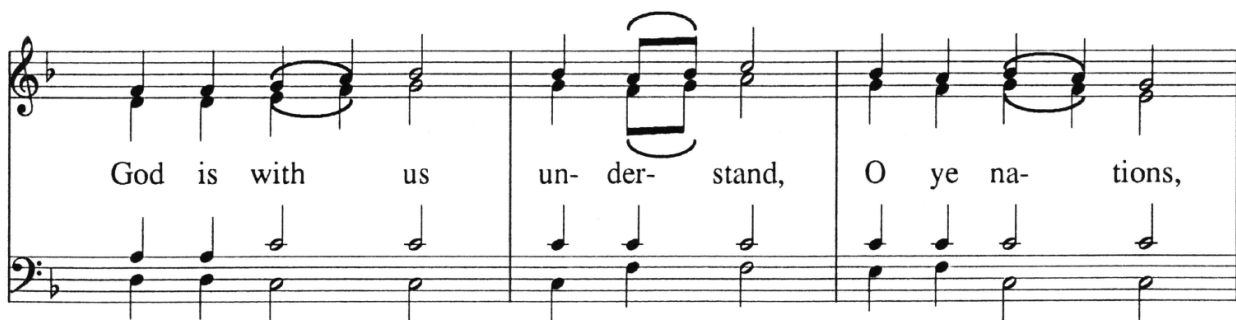
Choir: For God is with us.

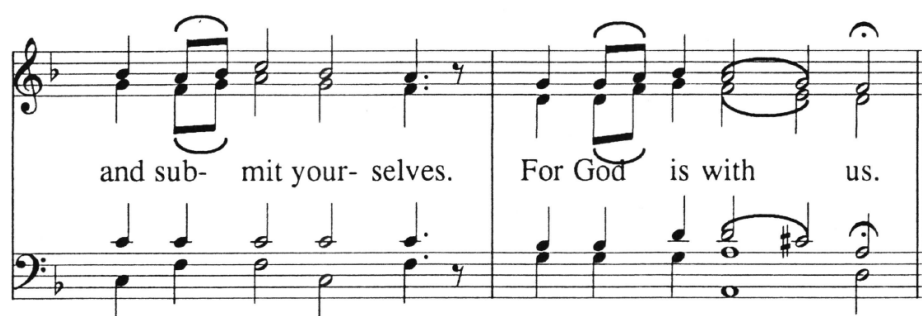
Mighty God, Ruler, Prince of Peace.

Choir: For God is with us.

Father of the age to come.

Choir: For God is with us.





Twice, if there be two choirs.

Reader: Glory to the Father, and to the Son, and to the Holy Spirit.



Reader: Both now and ever, and unto the ages of ages. Amen.

Choir: God is with us.



The Day Being Past

And immediately these troparia:

1st Choir

The day being past, I give Thee thanks, O Lord;

This musical system for the 1st Choir consists of a treble and bass staff. The treble staff begins with a G-clef and a key signature of one flat (B-flat). The bass staff begins with an F-clef and the same key signature. The melody is written in a simple, homophonic style with quarter and half notes. The lyrics are written below the notes.

the evening, I pray, together with the night without a sin

This musical system continues the melody from the first system. It maintains the same treble and bass staves and key signature. The lyrics continue below the notes.

grant me, O Saviour, and save me.

This musical system concludes the first choir's part. It features a final cadence with a fermata over the final note. The lyrics are written below the notes.

2nd Choir

Glory to the Father, and to the Son, and to the Ho-ly Spir-it.

This musical system for the 2nd Choir consists of a treble and bass staff. The treble staff begins with a G-clef and a key signature of one flat (B-flat). The bass staff begins with an F-clef and the same key signature. The melody is written in a simple, homophonic style with quarter and half notes. The lyrics are written below the notes.

The day being past, I glorify Thee, O Mas- ter;

the evening, I pray, together with the night without peril,

grant me, O Saviour, and save me.

Both Choirs

Both now and ever, and unto the ages of a- ges. A- men.

The day being past, I glorify Thee, O Ho-ly One;

the evening, I pray, together with the night without peril,

grant me, O Saviour, and save me.

The two choirs together:

The bodiless nature of the Cherubim/ with unceasing hymns glorify Thee./ The six-winged beings, the Seraphim,/ with never-ceasing voices supremely exalt Thee./ And all the ranks of the Angels/ praise Thee with thrice-holy hymns./ For before all art Thou the existing Father,/ and Thou hast Thy co-unoriginate Son;/ and bearing the co-honorable Spirit of life,/ Thou dost manifest the Indivisible Trinity./ O Most holy Virgin Mother of God,/ and ye eye-witnesses of the Word and servants,/ all the choirs both of Prophets and Martyrs,/ as those that have attained unto life immortal,/ supplicate earnestly for us all,/ for we all are in distress;/ that, being delivered from the delusion of the evil one,/ we may cry out the angelic hymn:/ Holy, Holy, Holy, Thrice-holy Lord,// have mercy and save us. Amen.

And immediately, in a lower voice:

Symbol of the Faith

Reader: I believe in one God, the Father Almighty, Maker of heaven and earth and of all things visible and invisible. And in one Lord Jesus Christ, the Son of God, the Only-begotten, begotten of the Father before all ages; Light of Light, true God of true God; begotten, not made; of one essence with the Father, by Whom all things were made; Who for us men and for our salvation came down from the heavens, and was incarnate of the Holy Spirit and the Virgin Mary, and became man; And was crucified for us under Pontius Pilate, and suffered and was buried; And arose again on the third day according to the Scriptures; And ascended into the heavens, and sitteth at the right hand of the Father; And shall come again, with glory, to judge both the living and the dead; Whose kingdom shall have no end. And in the Holy Spirit, the Lord, the Giver of life; Who proceedeth from the Father; Who with the Father and the Son together is worshipped and glorified; Who spake by the prophets. In One, Holy, Catholic, and Apostolic Church. I confess one baptism for the remission of sins. I look for the resurrection of the dead, And the life of the age to come. Amen.

O Most Holy Lady Theotokos, intercede for us sinners.

The image shows a musical score for a vocal piece. It consists of two staves, a treble staff on top and a bass staff on the bottom. The key signature has one flat (B-flat), and the time signature is 4/4. The melody is written in the treble staff, and the bass line is in the bass staff. The lyrics are written below the staves. The music is a simple, homophonic setting of the text.

O all ye Heavenly Hosts of the holy Angels and Archangels, intercede for us sinners.

O Holy John, Prophet and Forerunner and Baptist of our

Lord Jesus Christ, intercede for us sinners.

The image shows a musical score for a hymn. It consists of two staves, a treble staff on top and a bass staff on the bottom. The lyrics are written below the staves. The melody is simple, with a final note on each staff being a half note with a fermata. The key signature has one flat (B-flat), and the time signature is 4/4.

O holy glorious Apostles, Prophets, and Martyrs, and all the Saints, intercede for us sinners.

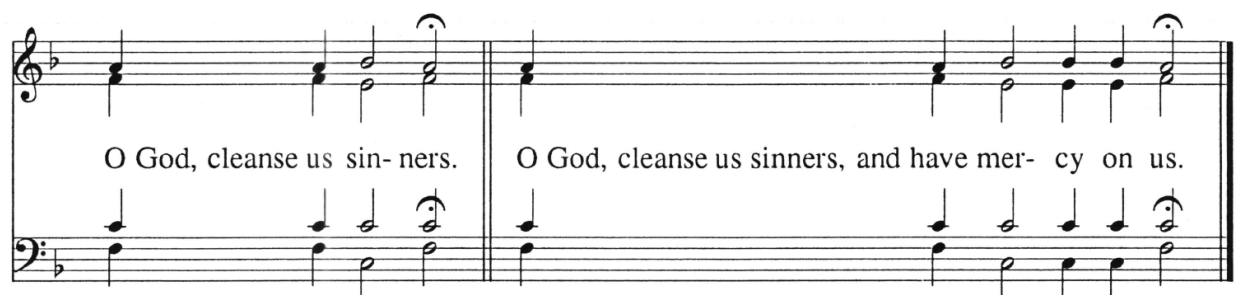
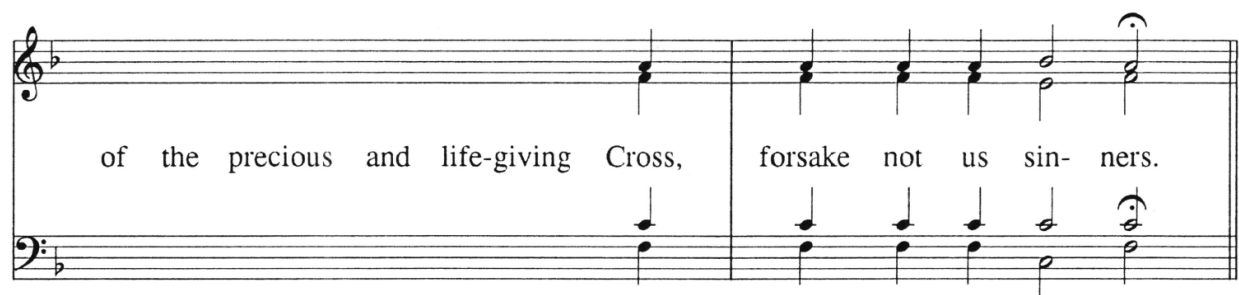
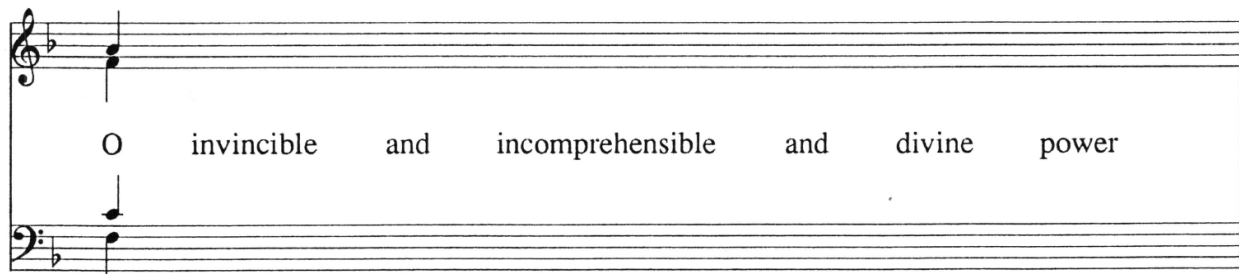
O our holy and God-bearing fathers, pastors, and ecumenical teachers, intercede for us sinners.

O holy New-Martyrs and Confessors of Russia, intercede for us sinners.

O holy Hierarch and Wonderworker, John of Shanghai and San Francisco, intercede for us sinners.

O our holy and God-bearing Father and Wonderworker, Herman of Alaska, intercede for us sinners.

O Name (*patron Saint of the Temple*), intercede for us sinners.



Trisagion

Reader: Holy God, Holy Mighty, Holy Immortal, have mercy on us. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, blot out our sins. O Master, pardon our iniquities. O Holy One, visit and heal our infirmities for Thy name's sake.

Lord have mercy. (*Thrice*)

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Our Father, Who art in the heavens, hallowed be Thy Name. Thy Kingdom come, Thy will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the Kingdom, and the power, and the glory; of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto the ages of ages.

Reader: Amen.

Troparia

Then the following, unless there be a feast, in which case we say the troparion of the feast.

ON MONDAY AND WEDNESDAY EVENINGS, IN THE SECOND TONE:

Enlighten mine eyes, O Christ God, lest at any time I sleep unto death, lest at any time mine enemy say: I have prevailed against him.

Glory to the Father, and to the Son, and to the Holy Spirit.

Be my soul's helper, O God, for I pass through the midst of many snares; deliver me out of them, and save me, O Good One, for Thou art the Lover of Mankind.

Both now and ever, and unto the ages of ages. Amen.

Theotokion

Seeing that we have no boldness on account of our many sins, do thou beseech Him that was born of thee, O Virgin Theotokos for the supplication of a mother availeth much to win the Master's favor. Disdain not the prayers of sinners, O all-pure one, for merciful and mighty to save is He Who deigned also to suffer for our sake.

ON TUESDAY AND THURSDAY EVENINGS, THESE TROPARIA, IN THE EIGHTH TONE:

O Lord, Thou knowest the unsleeping vigilance of mine invisible enemies, and the weakness of my miserable flesh knowest Thou Who hast fashioned me: Into Thy hands, therefore, I will commit my spirit; shelter me with the wings of Thy goodness, lest at any time I sleep unto death, and enlighten the eyes of my mind to the enjoyment of Thy divine words, and raise me up in a seasonable time unto Thy glorification, for Thou alone art good and the Lover of mankind.

Stichos: Look upon me and hear me, O Lord my God.

How terrible is Thy judgment, O Lord, with the angels standing round about, the men being led in, the books opened, the deeds examined, the thoughts weighed. What judgment shall be awarded unto me who was conceived in sins? Who shall quench the flame for me, who shall enlighten the darkness for me, if not Thou, O Lord Who hast mercy on me, as the Lover of mankind.

Glory to the Father, and to the Son, and to the Holy Spirit.

Grant me tears, O God, as Thou didst once give to the sinning woman, and vouchsafe me to moisten Thy feet which have freed me from the path of delusion, and to offer to

Thee as fragrant myrrh a pure life, fashioned in me by repentance, that I may hear Thy desired voice: Thy faith hath saved thee, go in peace.

Both now and ever, and unto the ages of ages. Amen.

Theotokion

Having in thee, O Theotokos, a hope that cannot be put to shame, I shall be saved; having obtained thy mediation, O most pure one, I shall not fear. I shall pursue enemies and triumph over them, having covered myself, as in a breastplate, only with thy protection; and imploring thine all-powerful aid, I cry unto thee: O Sovereign Lady, save me through thine intercessions, and raise me up from somber sleep to thy glorification, by the might of the Son of God who was incarnate of thee.

Reader: Lord have mercy. (40 times)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

More honorable than the Cherubim, and beyond compare more glorious than the Seraphim; who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

In the name of the Lord, Father bless.

Priest: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Reader: Amen.

Prayer of Basil the Great

O Lord, O Lord, Who hast delivered us from every arrow that flieth by day, deliver us from everything that walketh in darkness. Receive as an evening sacrifice the lifting up of our hands. Vouchsafe us also to pass through the course of the night without blemish, untempted by evil. And deliver us from every anxiety and fear that come to us from the devil. Grant unto our souls compunction, and unto our thoughts solicitude concerning the trial at Thy dread and righteous judgment. Nail down our flesh with the fear of Thee, and mortify our earthly members, that in quietness of sleep we may be enlightened by the vision of Thy judgments. Take from us every unseemly dream and pernicious carnal desire. Raise us up at the hour of prayer, fortified in faith and advancing in Thy commandments; through the benevolence and goodness of Thine Only-begotten Son, with Whom Thou art blessed, together with Thy most-holy and good and life creating Spirit, now and ever, and unto the ages of ages. Amen.

O come, let us worship God our King.

O come, let us worship and fall down before Christ our King and God.

O come, let us worship and fall down before Christ Himself, our King and God.

Psalm 50

Have mercy on me, O God, according to Thy great mercy; and according to the multitude of Thy compassions blot out my transgression. Wash me thoroughly from mine iniquity, and cleanse me from my sin. For I know mine iniquity, and my sin is ever before me. Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words, and prevail when Thou art judged. For behold, I was conceived in iniquities, and in sins did my mother bear me. For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me. Thou shalt sprinkle me with hyssop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow. Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice. Turn Thy face away from my sins, and blot out all mine iniquities. Create in me a clean heart, O God,

and renew a right spirit within me. Cast me not away from Thy presence, and take not Thy Holy Spirit from me. Restore unto me the joy of Thy salvation, and with Thy governing Spirit establish me. I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee. Deliver me from blood-guiltiness, O God, Thou God of my salvation; my tongue shall rejoice in Thy righteousness. O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise. For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased. A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise. Do good, O Lord, in Thy good pleasure unto Sion, and let the walls of Jerusalem be builded. Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings. Then shall they offer bullocks upon Thine altar.

Psalm 101

O Lord, hear my prayer, and let my cry come unto Thee. Turn not Thy face away from me; in the day when I am afflicted, incline Thine ear unto me. In the day when I call upon Thee, quickly hearken unto me. For my days are vanished like smoke, and my bones consumed like wood for the burning. I am smitten like grass, and withered is my heart, for I forgot to eat my bread. By reason of the voice of my groaning, my bone hath cleaved unto my flesh. I am become like a pelican of the wilderness, I am like an owl in a ruined house. I have watched, and am like a sparrow that sitteth alone upon the house-top. The whole day long mine enemies reproached me, and they that praised me made an oath against me. For before the face of Thy wrath and Thine anger I ate ashes like bread, and my drink I mingled with weeping; for after uplifting me, Thou hast dashed me down. My days like a shadow have declined, and I like grass am withered. But Thou, O Lord, for ever abidest, and Thy remembrance is unto generation and generation. Thou shalt rise up and have pity upon Sion, for it is time to have compassion on her, yea, the time is come. For Thy servants have taken pleasure in her stones, and they shall feel pity for her dust. And the nations shall fear Thy name, O Lord, and all the kings of the earth Thy glory. For the Lord shall build up Sion, and He shall be seen in His glory. He hath regarded the prayer of the humble, and hath not despised their supplication. Let this be written for another generation, and the people that is being created shall praise the Lord. For He hath looked out from His holy height, the Lord from heaven hath looked upon the earth, To hear the groaning of them that be in fetters, to loose the sons of the slain, To declare in Sion the name of the Lord, and His praise in Jerusalem, When the peoples are gathered together, and the kings to serve the Lord. He answered Him in the way of his strength: The fewness of my days declare unto me. Take me not away at the half of my days; in generations and generations are Thy years. In the beginning, O Lord, Thou didst lay the foundation of the earth, and the heavens are the works of Thy hands. They shall perish, but Thou abidest; and all like a garment shall grow old, And as a vesture shalt Thou fold them, and they shall be changed; but Thou art the same, and Thy years shall not fail. The sons of Thy servants shall have their dwelling, and their seed for ever shall be guided aright.

Prayer of Manasses, King of Judea

O Lord Almighty, the God of our fathers, of Abraham, and Isaac, and Jacob, and of their righteous seed; Who hast made heaven and the earth with all their majesty; Who hast bound the sea by the word of Thy commandment; Who hast closed the abyss, and sealed it by Thy terrible and glorious name; of Whom all things are afraid, and tremble from the presence of Thy might; for no one can endure the majesty of Thy glory, and unbearable is the wrath of Thy threatening toward sinners, but immeasurable and unsearchable is the mercifulness of Thy promise; for Thou art the Lord most High, compassionate, long-suffering, and plenteous in mercy, and repentest of the evils of men: Thou, O Lord, according to the multitude of Thy

goodness, hast promised penitence and forgiveness to them that have sinned against Thee, and in the multitude of Thy compassions hast decreed repentance for the salvation of sinners. Thou, therefore, O Lord God of hosts, hast not appointed repentance for the righteous, for Abraham and Isaac and Jacob, who have not sinned against Thee, but hast laid repentance upon me a sinner, for I have sinned more than the number of the sands of the sea. Mine iniquities are multiplied, and I am not worthy to look upon and to see the height of heaven for the multitude of mine iniquities. For I am bowed down with many iron bands so that I cannot lift up my head, and there is no release for me, because I have provoked Thine anger, and done evil before Thee, neither having done Thy will, nor having kept Thy commandments; and now I bow the knees of my heart, beseeching of Thee clemency. I have sinned, O Lord, I have sinned, and I know mine iniquities; but imploring I pray Thee: Loose me, O Lord, loose me, and destroy me not with mine iniquities. Neither in enmity forever keep mine evils, neither condemn me to the nethermost parts of the earth. For Thou, O God, art the God of them that repent, and upon me Thou wilt show all Thy goodness; for Thou shalt save me who am unworthy, according to the plenitude of Thy mercy, and I will praise Thee continually throughout the days of my life: for all the heavenly hosts hymn Thee, and Thine is the glory unto the ages of ages. Amen.

Trisagion

Reader: Holy God, Holy Mighty, Holy Immortal, have mercy on us. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, blot out our sins. O Master, pardon our iniquities. O Holy One, visit and heal our infirmities for Thy name's sake.

Lord have mercy. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Our Father, Who art in the heavens, hallowed be Thy Name. Thy Kingdom come, Thy will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the Kingdom, and the power, and the glory; of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto the ages of ages.

Reader: Amen.

Have Mercy On Us, O Lord

Tone VI

Have mercy on us, O Lord, have mer- cy on us;

The first line of music is written on a grand staff (treble and bass clefs). The melody is in the treble clef, starting on a whole note G4, followed by a half note A4, a quarter note B4, a quarter note C5, a quarter note D5, a quarter note E5, and a quarter note F5. The bass line consists of whole notes: G3, A3, B3, C4, D4, E4, and F4. The lyrics are: "Have mercy on us, O Lord, have mer- cy on us;"

for at a loss for a- ny de- fence,

The second line of music continues the melody. The treble clef melody has a whole note G4, a half note A4, a quarter note B4 with a sharp sign (#), a quarter note C5, a quarter note D5, and a quarter note E5. The bass line has whole notes: G3, A3, B3, C4, D4, and E4. The lyrics are: "for at a loss for a- ny de- fence,"

this prayer do we sinners offer unto Thee as Master, have mer- cy on us.

The third line of music continues the melody. The treble clef melody has a whole note G4, a half note A4, a quarter note B4 with a flat sign (b), a quarter note C5, a quarter note D5, a quarter note E5, and a quarter note F5. The bass line has whole notes: G3, A3, B3, C4, D4, E4, and F4. The lyrics are: "this prayer do we sinners offer unto Thee as Master, have mer- cy on us."

Glory to the Father, and to the Son, and to the Holy Spir- it.

The fourth line of music continues the melody. The treble clef melody has a whole note G4, a half note A4, a quarter note B4 with a sharp sign (#), a quarter note C5, and a quarter note D5. The bass line has whole notes: G3, A3, B3, C4, D4, and E4. The lyrics are: "Glory to the Father, and to the Son, and to the Holy Spir- it."

O Lord, have mer-cy on us;

for we have hoped in Thee, be not angry with us great-ly,

neither remember our in-i-qui-ties;

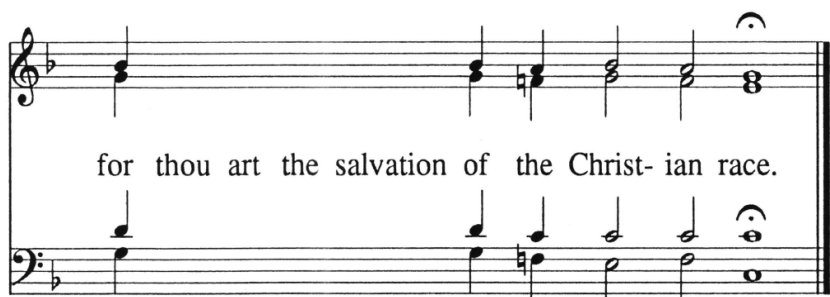
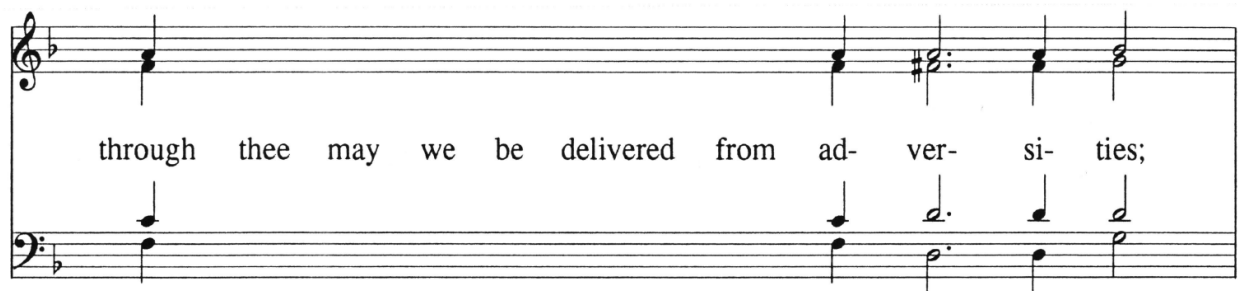
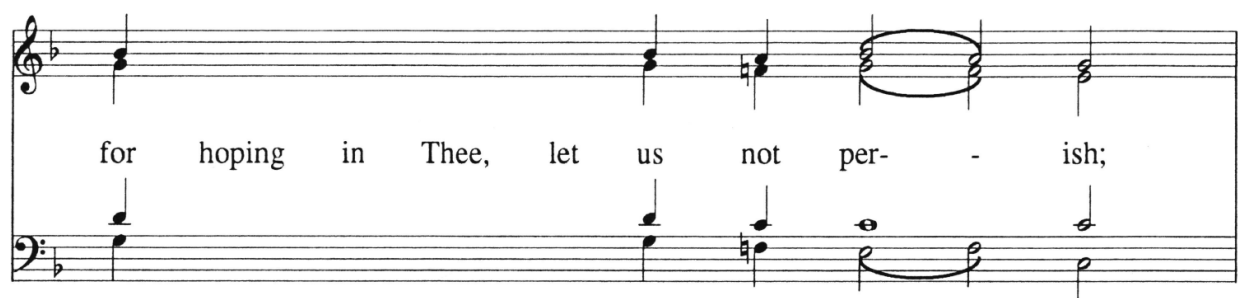
but look upon us now as Thou art com-pas-sion-ate,

and deliver us from our en- e- mies; for Thou art our God, and we Thy peo- ple,

all are the works of Thy hands, and we call up- on Thy name.

Both now and ever, and unto the ages of a- ges. A- men.

The door of compassion op- en un- to us, O blessed The- o- tok- os,



Reader: Lord have mercy. (40 times)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

More honorable than the Cherubim, and beyond compare more glorious than the Seraphim; who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

In the name of the Lord, Father bless.

Priest: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.

Reader: Amen.

O Master God, the Father Almighty, O Lord, the Only-begotten Son, Jesus Christ, and O Holy Spirit, one Godhead, one Power: Have mercy on me a sinner, and by the judgments which Thou knowest, save me, Thine unworthy servant; for blessed art Thou unto the ages of ages. Amen.

O come, let us worship God our King.
O come, let us worship and fall down before Christ our King and God.
O come, let us worship and fall down before Christ Himself, our King and God.

Psalm 142

O Lord, hear my prayer; give ear unto my supplication in Thy truth; hearken unto me in Thy righteousness. And enter not into judgment with Thy servant, for in Thy sight shall no man living be justified. For the enemy hath persecuted my soul; he hath humbled my life down to the earth. He hath sat me in darkness as those that have been long dead, and my spirit within me is become despondent; within me my heart is troubled. I remembered days of old, I meditated on all Thy works, I pondered on the creations of Thy hands. I stretched forth my hands unto Thee; my soul thirsteth after Thee like a waterless land. Quickly hear me, O Lord; my spirit hath fainted away. Turn not Thy face away from me, lest I be like unto them that go down into the pit. Cause me to hear Thy mercy in the morning; for in Thee have I put my hope. Cause me to know, O Lord, the way wherein I should walk; for unto Thee have I lifted up my soul. Rescue me from mine enemies, O Lord; unto Thee have I fled for refuge. Teach me to do Thy will, for Thou art my God. Thy good Spirit shall lead me in the land of uprightness; for Thy name's sake, O Lord, shalt Thou quicken me. In Thy righteousness shalt Thou bring my soul out of affliction, and in Thy mercy shalt Thou utterly destroy mine enemies. And Thou shalt cut off all them that afflict my soul, for I am Thy servant.

The Doxology

Glory to God in the highest, and on earth, peace, good will among men. We praise Thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks to Thee for Thy great glory. O Lord, heavenly King, God the Father Almighty; O Lord, the only-begotten Son, Jesus Christ; and O Holy Spirit. O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world; have mercy on us; Thou that takest away the sins of the world, receive our prayer; Thou that sittest at the right hand of the Father, have mercy on us. For Thou only art holy; Thou only art the Lord, O Jesus Christ, to the glory of God the Father. Amen.

Every night will I bless Thee, and I will praise Thy Name forever, yea, forever and ever.

Lord, thou hast been our refuge in generation and generation. I said: O Lord, have mercy on me, heal my soul, for I have sinned against Thee. O Lord, unto Thee have I fled for refuge, teach me to do Thy will, for Thou art my God. For in Thee is the fountain of life, in Thy light shall we see light. O continue Thy mercy unto them that know Thee.

Vouchsafe, O Lord, to keep us this night without sin. Blessed art Thou, O Lord, the God of our Fathers, and praised and glorified is Thy name unto the ages. Amen.

Let Thy mercy, O Lord, be upon us, according as we have hoped in Thee. Blessed art Thou, O Lord, teach me Thy statutes. Blessed art Thou, O Master, give me understanding of Thy statutes. Blessed art Thou, O Holy One, enlighten me by Thy statutes.

O Lord, Thy mercy endureth forever; disdain not the works of Thy hands. To Thee is due praise, to Thee is due a song, to Thee glory is due, to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages. Amen.

Trisagion

Reader: Holy God, Holy Mighty, Holy Immortal, have mercy on us. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, blot out our sins. O Master, pardon our iniquities. O Holy One, visit and heal our infirmities, for Thy name's sake.

Lord, have mercy. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Our Father, Who art in the heavens, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the kingdom, and the power, and the glory of the Father, and of the Son, and of the Holy Spirit, now and ever and unto ages of ages.

O Lord of Hosts

Then we chant in a loud voice, and slowly, in the Sixth Tone:

A- men. O Lord of hosts, be with us, for be- side Thee,

The first system of musical notation for the hymn. It consists of two staves, treble and bass, in a key with one flat (B-flat). The melody is written in a simple, hymn-like style. The lyrics are: "A- men. O Lord of hosts, be with us, for be- side Thee,". The music is in a 4/4 time signature, indicated by the '8' symbol on the treble staff.

we have no other helper in ad- ver- si- ty; O Lord of hosts, have

The second system of musical notation. The lyrics continue: "we have no other helper in ad- ver- si- ty; O Lord of hosts, have". The musical notation continues on two staves, maintaining the same key and time signature.

mer- cy on us. Praise ye God in His saints

The third system of musical notation. The lyrics continue: "mer- cy on us. Praise ye God in His saints". The musical notation continues on two staves, maintaining the same key and time signature.

Praise Him in the firmament of His pow- er. O Lord of hosts, be with us,

The fourth system of musical notation. The lyrics continue: "Praise Him in the firmament of His pow- er. O Lord of hosts, be with us,". The musical notation continues on two staves, maintaining the same key and time signature.

for be- side Thee, we have no other helper in ad- ver- si- ty;

O Lord of hosts, have mer- cy on us.

Praise Him for His mighty acts,

Praise Him according to the mul- ti- tude of His great- ness.

O Lord of hosts, be with us, For be- side Thee

We have no other helper in ad- ver- si- ty; O Lord of hosts, have

mer- cy on us. Praise Him with the sound of trumpet,

Praise Him with the psal- ter- y and harp. O Lord of hosts, be with us,

for be- side Thee We have no other helper in ad- ver- si- ty;

O Lord of hosts, have mer- cy on us.

Praise Him with timbrel and dance, Praise Him with strings and flute.

O Lord of hosts, be with us, for be- side Thee

We have no other helper in ad- ver- si- ty; O Lord of hosts, have

mer- cy on us. Praise Him with tuneful cymbals,

praise Him with cymbals of jubilation. Let ev- ery breath praise the Lord.

O Lord of hosts, be with us, for be- side Thee

We have no other helper in ad- ver- si- ty; O Lord of hosts, have

mer- cy on us. Praise ye God in His saints

Praise Him in the firmament of His pow- er O Lord of hosts, be with us,

for be- side Thee We have no other helper in ad- ver- si- ty;

O Lord of hosts, have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit,

O Lord, if we had not had Thy saints as intercessors,

and Thy goodness being merciful to us,

how should we have dared, O Saviour, to hymn Thee,

Whom angels do unceasingly glor- i- fy?

O Thou that knowest the hearts, spare our souls.

Both now and ever, and unto the a- ges of a- ges. A- men.

Greatly multiplied, O The- o- tok- os, are my sins;

unto thee have I fled, O pure one, Im- plor- ing sal- va- tion.

Do thou visit mine en- fee- bled soul, and pray to thy Son and our God

that He grant me for- give- ness for the ev- il I have done,

Slowly

O thou on- ly bles- - -sed one. O all- holy The- o- tok- os,

throughout my lifetime for- sake me not,

to human protection en- trust me not,

but do thou thyself de- fend me and have mer- cy on me.

All my hope I place in thee, O Mother of God,

keep me under thy protection.

Reader: Lord, have mercy. (40 times)

Prayer of the Hours

Thou Who at all times and at every hour, in heaven and on earth, art worshipped and glorified, O Christ God, Who art long-suffering, plenteous in mercy, most compassionate, Who loveth the righteous and hast mercy on sinners, Who callest all to salvation through the promise of good things to come: Receive, O Lord, our prayers at this hour, and guide our life toward Thy commandments. Sanctify our souls, make chaste our bodies, correct our thoughts, purify our intentions, and deliver us from every sorrow, evil and pain. Compass us about with Thy holy angels, that, guarded and guided by their array, we may attain to the unity of the faith and the knowledge of Thine unapproachable glory; for blessed art Thou unto the ages of ages. Amen.

Lord have mercy. *(Thrice)*

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

More honorable than the Cherubim, and beyond compare more glorious than the Seraphim; who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

In the name of the Lord, Father bless.

Priest: God be gracious unto us and bless us, and cause Thy face to shine upon us and have mercy on us.

Reader: Amen.

Prayer of Saint Ephraim the Syrian

Priest: O Lord and Master of my life, a spirit of idleness, despondency, ambition, and idle talking give me not. (Prostration)

But rather a spirit of chastity, humble-mindedness, patience, and love bestow upon me Thy servant. *(Prostration)*

Yea, O Lord King, grant me to see my own failings and not condemn my brother; for blessed art Thou unto the ages of ages. Amen. *(Prostration)*

Then twelve reverences. With each one we say:

O God, cleanse me a sinner.

Then, the entire prayer without a break:

O Lord and Master of my life, a spirit of idleness, despondency, ambition, and idle talking give me not. But rather a spirit of chastity, humble-mindedness, patience, and love bestow upon me Thy servant. Yea, O Lord King, grant me to see my own failings and not condemn my brother; for blessed art Thou unto the ages of ages. Amen. *(Prostration)*

Trisagion

Reader: Holy God, Holy Mighty, Holy Immortal, have mercy on us. (Thrice)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, blot out our sins. O Master, pardon our iniquities. O Holy One, visit and heal our infirmities, for Thy name's sake.

Lord, have mercy. *(Thrice)*

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Our Father, Who art in the heavens, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from the evil one.

Priest: For Thine is the kingdom, and the power, and the glory of the Father, and of the Son, and of the Holy Spirit, now and ever and unto ages of ages.

Reader: Amen.

Lord, have mercy. *(12 times)*

*The Supplicatory Prayer to the Most Holy Theotokos
of Paul the monk of the Monastery of Evergetides*

O undefiled, untainted, uncorrupted, most pure, chaste Virgin, Thou Bride of God and Sovereign Lady, who didst unite the Word of God to mankind through thy most glorious birth giving, and hast linked the apostate nature of our race with the heavenly; who art the only hope of the hopeless, and the helper of the struggling, the ever-ready protection of them that hasten unto thee, and the refuge of all Christians: Do not shrink with loathing from me a sinner, defiled, who with polluted thoughts, words, and deeds have made myself utterly unprofitable, and through slothfulness of mind have become a slave to the pleasures of life. But as the Mother of God Who loveth mankind, show thy love for mankind and mercifully have compassion upon me a sinner and prodigal, and accept my supplication, which is offered to thee out of my defiled mouth; and making use of thy motherly boldness, entreat thy Son and our Master and Lord that He may be pleased to open for me the bowels of His loving kindness and graciousness to mankind, and, disregarding my numberless offenses, will turn me back to repentance, and show me to be a tried worker of His precepts. And be thou ever present unto me as merciful, compassionate and well disposed; in the present life be thou a fervent intercessor and helper, repelling the assaults of adversaries and guiding me to salvation, and at the time of my departure taking care of my miserable soul, and driving far away from it the dark countenances of the evil demons; lastly, at the dreadful day of judgment delivering me from torment eternal and showing me to be an heir of the ineffable glory of thy Son and our God; all of which may I attain, O my Sovereign Lady, most holy Theotokos, in virtue of thine intercession and protection, through the grace and love to mankind of thine only begotten Son, our Lord and God and Savior, Jesus Christ, to Whom is due all glory, honor and worship, together with His unoriginate Father, and His Most Holy and good and life creating Spirit, now and ever, and unto ages of ages. Amen.

*A Prayer to our Lord Jesus Christ
by Antiochus the monk*

And grant unto us, O Master, in the coming sleep, rest for body and soul, and preserve us from the gloomy slumber of sin, and from every dark and nocturnal sensuality. Subdue the impulses of passions, extinguish the fiery darts of the evil one that are cunningly hurled against us, assuage the rebellions of our flesh, and every earthly and fleshly subtlety of ours lull to sleep. And grant unto us, O God, a watchful mind, chaste thought, a sober heart, a sleep gentle and free from every satanic illusion. Raise us up at the time of prayer firmly grounded in Thy precepts and keeping steadfastly within us the memory of Thy judgments. All the night long grant us a doxology, that we may hymn and bless and glorify Thy most honorable and majestic name: of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto the ages of ages. Amen.

Most glorious, Ever-Virgin, Mother of Christ God, present our prayer to thy Son and our God, that through thee, He may save our souls.

My hope is the Father, my refuge is the Son, my protection is the Holy Spirit: O Holy Trinity, glory to Thee.

Priest: Glory to Thee, O Christ God, our hope, glory to Thee.

Choir: Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Lord, have mercy. (*Thrice*)

Father, bless.

The priest saith aloud, while we prostrate ourselves to the earth:

O Master plenteous in mercy, O Lord Jesus Christ our God: Through the intercessions of our immaculate Lady Theotokos and Ever-virgin Mary; through the power of the precious and life-giving Cross; through the mediations of the honorable, heavenly Bodiless Hosts, of the honorable, glorious Prophet, Forerunner, and Baptist John; of the holy glorious, and all-praised apostles; of the holy, glorious, and victorious martyrs; of our holy and God-bearing fathers; Saint *Name (of the temple)*; of the holy and Righteous Ancestors of God Joachim and Anna; and all Thy saints: make our prayer acceptable; grant us the remission of our sins; shelter us with the shelter of Thy wings; drive away from us every enemy and adversary; make our life peaceful, O Lord; have mercy on us and on Thy world, and save our souls, for Thou art good and the Lover of mankind.

Choir: Amen.

Then making a prostration, the priest saith to the brethren:

Bless, holy fathers and brethren, and forgive me a sinner, all wherein I have sinned this day and all the days of my life in deed, word, and thought, and by all my senses.

People: May God forgive and have mercy on thee, holy father.

Bless me, holy father, and forgive all wherein I have sinned this day and all the days of my life in deed, word, and thought, and by all my senses, and pray for me a sinner.

Priest: Through His grace may God forgive and have mercy on us all.

Then the priest saith:

Let us pray for our Archbishop *Name* and all our brethren in Christ.

Repeated after each petition:



For this land, its authorities and armed forces.

For them that hate us and them that love us.

For them that are kind to us and them that serve us.

For them that have asked us unworthy ones to pray for them.

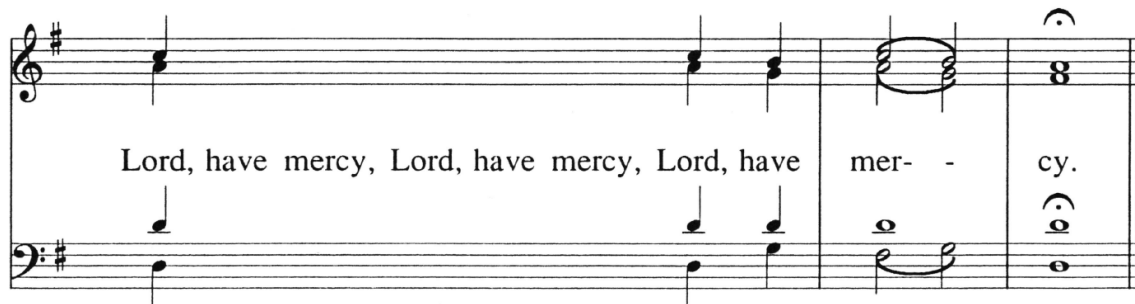
For the deliverance of the imprisoned.

For our fathers and brethren that are absent.
For those sailing upon the sea.
For those bedridden in infirmities.
Let us pray for the abundance of the fruits of the earth.
And for every Orthodox Christian soul.

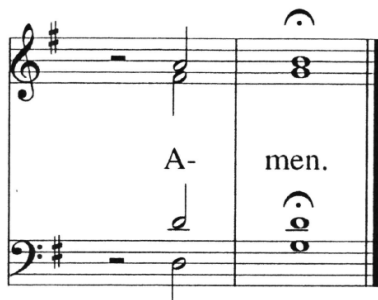
Let us bless pious kings and right-believing queens, Orthodox hierarchs, and the founders of this holy habitation.

Our parents, and all that have passed on before us, our fathers, brethren, and the Orthodox here and everywhere laid to rest.

Let us say also for ourselves.



Priest: Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.



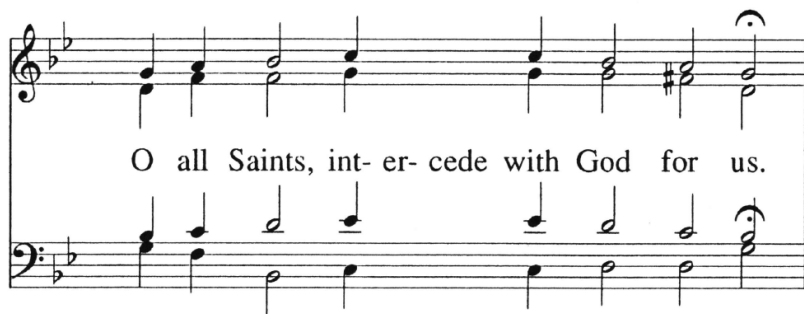
Appendix – Intercessory Prayers

Chanted while the parishioners are venerating the holy icons and relics at the conclusion of the service.



Glory to Thy Precious Cross and to Thy Resurrection, O Lord.
O Most-Holy Theotokos, save us.
O all ye heavenly hosts of angels and archangels, pray to God for us.
O holy Archangel Gabriel, pray to God for us.
O holy Great John, Forerunner of the Lord, pray to God for us.
O holy Preëminent Apostles Peter and Paul, pray to God for us.
O holy Apostle Timothy, pray to God for us.
O holy Myrrh-bearers, pray to God for us.
O holy Equal-of-the-Apostles Mary Magalene, pray to God for us.
O holy Equal-of-the-Apostles Nina, Enlightener of the Georgian land, pray to God for us.
O holy Equal-of-the-Apostles Princess Olga, pray to God for us.
O holy Equal-of-the-Apostles Prince Vladimir, pray to God for us.
O holy Great-Martyr, Trophy Bearer, and Wonderworker George, pray to God for us.
O holy Great-Martyr Demetrius, pray to God for us. *(of Thessalonica)*
O holy Great-Martyr Catherine, pray to God for us.
O holy New Hieromartyr Dmitri, pray to God for us. *(of Gdov)*
O holy New Martyrs and Confessors of Russia, pray to God for us.
O holy Royal Martyrs, Tsar Nicholas and Tsarina Alexandra, pray to God for us.
O holy Royal Martyr, Grand Duchess Maria, pray to God for us.
O holy Nun Martyr Grand Duchess Elizabeth, pray to God for us.
O holy Martyr King Edward, pray to God for us.
O holy Martyrs Cyprian and Justina, pray to God for us.
O holy Martyr Rufus, pray to God for us. *(of Cyzicus)*
O holy Martyr Valeria, pray to God for us.
O holy Martyr Larissa, pray to God for us.
O holy Hierarchs of Christ Basil the Great, Gregory the Theologian, and John Chrysostom, pray to God for us.
O holy Hierarch Father Nicholas, pray to God for us. *(of Myra in Lycia)*
O holy Hierarch Photios the Great, pray to God for us. *(of Constantinople)*
O holy Hierarch Alexei, pray to God for us. *(of Moscow)*

O holy Hierarch Gregory, pray to God for us. *(of Palamas)*
 O holy Hierarch John, pray to God for us. *(Wonderworker of Shanghai and San Francisco)*
 O holy Hierarch Philaret, pray to God for us. *(of New York)*
 O Venerable Father Auxentios, pray to God for us.
 O Venerable Mother Mary, pray to God for us. *(of Egypt)*
 O Venerable Mother Irene Chrysovalantou, pray to God for us.
 O Venerable Father Andrew, pray to God for us. *(of Crete)*
 O Venerable Father John, pray to God for us. *(of Rila)*
 O Venerable Father Sergius, pray to God for us. *(of Radonezh)*
 O Venerable Father Herman, pray to God for us. *(of Alaska)*
 O holy Right-believing Princess Militsa, pray to God for us.
 O holy Righteous Saint Symeon the God-receiver, pray to God for us.
 O holy Righteous Father John, pray to God for us. *(of Kronstadt)*
 O holy Blessed Xenia, pray to God for us. *(of Saint Petersburg)*
 O holy Saints of the Land of America, pray to God for us.
 O holy Saints of the Land of Russia, pray to God for us.



Κοίνιζ, ἡ βῆδ ἡλῡημῶ ελῡκα.
The end, and to our God be the glory!

Δόμῃ ἐγγίχη ἡ ἐνὶ μύροφόροις

Holy Myrrh-bearers

Ὁ Οἶκος τῶν Ἁγίων Μυροφόρων

www.myrrh-bearers.org

✠ΒΚΔ.
MMXXIV