

Hymns of the Sunday Octoechos

Доми стыхи жени муроносици

Holy Myrrh-bearers

Ο Οἶκος τὧν Άγίων Μυροφόρων

www.myrrh-bearers.org

≱вќг. ММХХІІІ



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Tone I Saturday Evening Great Vespers

Lord I Have Cried, in Tone I



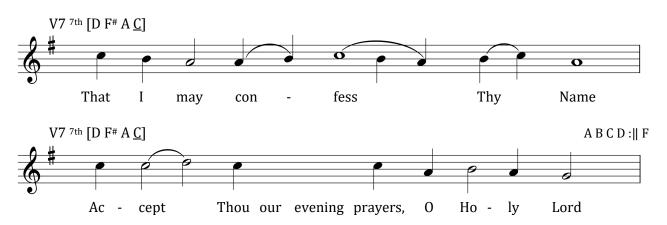
Lord, I have cried unto Thee, hearken un - to me. Hearken un - to me, O Lord

<u>Lord</u>, I have cried unto Thee, hearken unto <u>me</u>. Hearken unto <u>me</u>, O Lord. <u>Lord</u>, I have cried unto Thee, <u>hear</u>ken unto <u>me</u>; attend to the <u>voice</u> of my suppli<u>cation</u>, <u>when</u> I <u>cry</u> unto Thee. Hearken unto <u>me</u>, O Lord.

<u>Let</u> my <u>prayer</u> be set forth, as incense be<u>fore</u> Thee, the <u>lift</u>ing <u>up</u> of my hands as an <u>eve</u>ning sacrifice. Hearken unto <u>me</u>, O Lord.

Resurrectional Stichera, in Tone I

Stichos: Bring my soul out of prison.



Accept Thou our evening prayers, O <u>Ho</u>ly Lord,/ and grant us re<u>mis</u>sion of sins,// as Thou alone art He Who hath shown forth the resur<u>rec</u>tion in the world.

Stichos: The righteous shall wait patiently for me/ until Thou shalt reward me.

Encircle Sion and embrace it, O ye <u>people</u>,/ and therein give glory unto Him Who hath <u>risen</u> from the dead;// for He is our God, Who hath delivered us from our in<u>iquities</u>.

Stichos: Out of the depths have I cried unto Thee, O Lord; / O Lord, hear my voice.

<u>Come</u>, ye people, let us hymn and <u>wor</u>ship Christ,/ glorifying His resur<u>rect</u>ion from the dead;/ for <u>He</u> is our God, Who hath de<u>liv</u>ered the world// from the deception of the <u>en</u>emy. *Stichos:* Let Thine ears be attentive/ to the voice of my supplication.

Make <u>mer</u>ry, O ye <u>hea</u>vens!/ Trumpet forth, ye foun<u>da</u>tions of the earth!/ Cry a<u>loud</u> in gladness, O ye <u>moun</u>tains!/ For, <u>lo</u>! Emmanuel hath nailed our <u>sins</u> to the Cross;/ He hath <u>slain</u> death, <u>granting</u> us life,/ having raised up <u>Ad</u>am,// in that He <u>lov</u>eth mankind.

Stichos: If Thou shouldst mark iniquities, O Lord, O Lord, who shall stand?/ For with Thee there is forgiveness.

Let us <u>hymn</u> the One Who of His own will was crucified in the <u>flesh</u> for our sake,/ Who <u>suffered</u>, and was <u>buried</u>,/ and <u>rose</u> from the dead;/ and let us <u>chant</u>, saying:/ Est<u>ablish</u> Thy Church in <u>Or</u>thodoxy, O Christ,// and bring <u>peace</u> to our life, in that Thou art good and lovest mankind.

Stichos: For Thy name's sake have I patiently waited for Thee, O Lord, my soul hath waited patiently for Thy word,/ my soul hath hoped in the Lord.

<u>Standing before Thy life-receiving tomb,</u>/ un<u>worthy</u> as we are,/ we <u>offer glorification to Thine ineffable loving-kindness,/ O <u>Christ</u> our God;/ for <u>Thou</u> didst accept the <u>Cross</u> and death,/ O <u>Sin</u>less One,/ that <u>Thou</u> mightest grant resur<u>rec</u>tion to the world,// in that Thou lovest mankind.</u>

Stichos: From the morning watch until night, from the morning watch/ let Israel hope in the Lord.

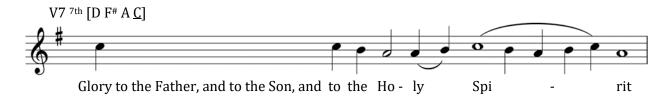
Let us <u>hymn</u> the Word Who with the <u>Fa</u>ther/ is equally without beginning and equally ever<u>lasting</u>,/ Who <u>issued</u> forth ineffably from the <u>Virgin's</u> womb,/ Who of His own will accepted the <u>Cross</u> and <u>death</u> for our sake,/ and <u>rose</u> from the dead in <u>glo</u>ry;/ and let us say: O Lord, Be<u>stow</u>er of life,// Thou Savior of our souls, <u>glo</u>ry be to Thee!

Then stichera for the saint from the Menaion.

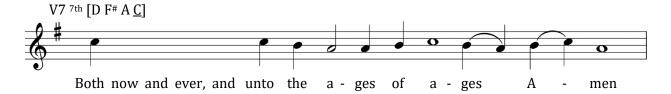
Stichos: For with the Lord there is mercy, and with Him is plenteous redemption,/ and He shall redeem Israel out of all his iniquities.

Stichos: O praise the Lord, all ye nations;/ praise Him all ye peoples.

Stichos: For He hath made His mercy to prevail over us,/ and the truth of the Lord abideth forever.



Doxasticon for the saint or commemoration of the day.

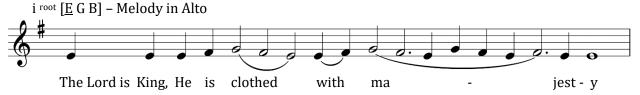


Dogmatic Theotokion, in Tone I



Let us <u>hymn</u> the Virgin <u>Mary</u>,/ the glory of the <u>whole</u> world,/ who sprang <u>forth</u> from men and gave birth unto the <u>Mas</u>ter,/ the <u>port</u>al of <u>hea</u>ven,/ and the <u>subject</u> of the hymnody of the incorporeal hosts/ and adornment of the <u>faithful</u>;/ for <u>she</u> hath been shown to be heaven and the temple of the <u>God</u>head./ Having dest<u>roy</u>ed the middle-wall of <u>en</u>mity,/ <u>she</u> hath brought forth peace and opened wide the <u>king</u>dom./ Therefore, having her as the confir<u>mation</u> of our faith,/ we <u>have</u> as champion the Lord <u>born</u> of her./ Wherefore, be of <u>good courage!</u>/ <u>Yea</u>, be ye of good cheer, O <u>people</u> of God,// for He vanquisheth the foe, in that He is al<u>mighty!</u>

Prokeimenon on Saturday Evening, in Tone VI



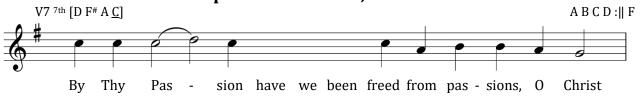
The Lord is King, He is clothed with majesty.

Stichos: The Lord is clothed with strength and He hath girt Himself.

Stichos: For He established the world which shall not be shaken.

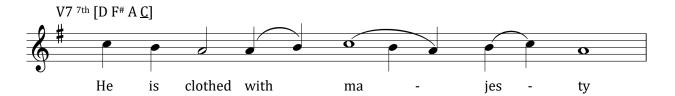
Stichos: Holiness becometh Thy house, O Lord, unto length of days.

Aposticha Stichera, in Tone I



By Thy <u>Passion</u> have we been freed from <u>passions</u>, O Christ,/ and by Thy resurrection have we been delivered from cor<u>ruption</u>.// O Lord, <u>glory</u> be to Thee!

Stichos: The Lord is King.



Let creation rejoice! Let the heavens make <u>merry!</u>/ Let the nations clap their hands with <u>glad</u>ness!/ For <u>Christ</u> our Savior hath nailed our <u>sins</u> to the Cross;/ having <u>slain</u> death,/ He hath <u>giv</u>en life, having raised up fallen <u>Ad</u>am,/ the common <u>an</u>cestor of all,// in that He loveth mankind.

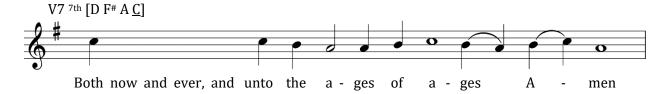
Stichos: For He hath established the world/ which shall not be shaken.

As <u>King</u> of <u>heaven</u> and earth,/ O Unap<u>proach</u>able One,/ <u>Thou</u> wast of Thine own will crucified in Thy <u>love</u> for mankind,/ and <u>Ha</u>des, en<u>count</u>ering it below,/ was filled with bitterness, and the souls of the righteous, re<u>ceiv</u>ing it, rejoiced./ And Adam, beholding Thee, his <u>Fa</u>shioner,/ in the <u>ne</u>thermost <u>parts</u>, arose./ O the <u>wonder!/ How</u> is it that the Life of all hath <u>tast</u>ed death?/ Yet Thou didst desire to en<u>ligh</u>ten the world/ which <u>cri</u>eth a<u>loud</u> and saith:// O Lord, Who hast risen from the dead, <u>glo</u>ry be to Thee!

Stichos: Holiness becometh Thy house, O Lord,/ unto length of days.

The <u>myrrh</u>-bearing women arrived at Thy tomb with haste and lamen<u>ta</u>tion,/ bearing myrrh; and failing to find Thine all-pure <u>Body</u>,/ yet <u>learning</u> from the angel of the new and all-glorious <u>won</u>der,/ they <u>said</u> to the a<u>pos</u>tles:// "The Lord is risen, granting the world great <u>mercy!</u>"

Glory..., from the Menaion, if there is a doxasticon provided.



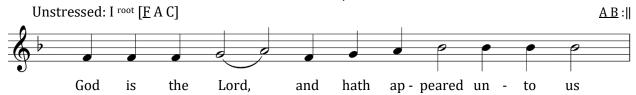
Resurrectional Theotokion, in Tone I



Be<u>hold</u>, the prophecy of Isaiah hath <u>been</u> fulfilled,/ for a <u>Virgin</u> hath given birth,/ and <u>af</u>ter giving birth hath remained a <u>Virgin</u> as before./ For <u>God</u> was born;/ therefore He began <u>na</u>ture anew./ O <u>Mo</u>ther of God, disdain not the supplications of thy <u>ser</u>vants,/ which are offered unto <u>thee</u> in thy <u>temple</u>;/ but as <u>thou</u> bearest the Com<u>pas</u>sionate One in thine arms,/ have <u>pi</u>ty on thy <u>ser</u>vants,// and beseech Him that our <u>souls</u> be saved.

Tone I Sunday Morning Matins

God is the Lord, in Tone I



God is the \underline{Lord} and hath appeared unto us. Blessed is he that cometh in the \underline{name} of the Lord.

Troparion of the Resurrection, in Tone I



When the stone had been sealed by the Jews, and the soldiers... immaculate Bo - dy

When the <u>stone</u> had been sealed by the <u>Jews</u>,/ And the soldiers were guarding Thine immaculate <u>Body</u>,/ Thou didst a<u>rise</u> on the third day, O <u>Sav</u>ior,/ granting <u>life</u> unto the world./ Where<u>fore</u>, the Hosts of the <u>Hea</u>vens/ cried out to Thee, O Life-<u>giv</u>er:/ <u>Glory</u> to Thy Resur<u>rec</u>tion, O Christ./ Glory to Thy <u>king</u>dom.// Glory to Thy dispensation, O only <u>Lov</u>er of mankind!

Resurrectional Theotokion, in Tone I



When Ga - bri - el announced to thee, Re-joice! O Vir-gin, the Master of all... with - in thee

When <u>Ga</u>briel announced to thee, "Rejoice!" O <u>Virgin</u>,/ the Master of all became incarnate with<u>in</u> thee,/ the <u>ho</u>ly ark, at his <u>cry</u>,/ as the righteous <u>Da</u>vid said./ <u>Thou</u> wast shown to be more spacious than the <u>hea</u>vens,/ having borne thy Creator./ <u>Glo</u>ry to Him Who made His a<u>bode</u> within thee!/ Glory to Him Who came <u>forth</u> from thee!// Glory to Him Who hath set us free by thy birth<u>giv</u>ing!

First Sessional Hymns, in Tone I

The soldiers guarding Thy tomb, O Savior, became as dead men because of the radiance of the angel who appeared before them, proclaiming the resurrection to the women. We glorify Thee, the Destroyer of corruption, and we bow down before Thee, our one God Who hast risen from the grave.

Stichos: Arise, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end.

Nailed to the Cross of Thine own will, and laid in the tomb as one dead, O compassionate Bestower of life, by Thy death Thou didst break the dominion [of death], O Mighty One; for the gate-keepers of hades trembled before Thee, and Thou didst raise up with Thyself the dead of ages past, in that Thou alone lovest mankind.

Glory..., Now and ever..., Theotokion:

We who with love flee to thy goodness all know thee to be the Mother of God, who even after giving birth wast truly shown to be a virgin; for thee do we sinners have as our intercession, and we have acquired thee, who alone art most immaculate, as our salvation amid perils.

Second Sessional Hymns, in Tone I

Special Melody: When the stone...

Very early the women arrived at the tomb and, beholding the appearance of the angel, they trembled. The tomb shone forth life, and the miracle filled them with awe. Wherefore, going to the disciples, they proclaimed the resurrection: Christ hath made hell captive, in that He alone is mighty and powerful; and destroying the fear of damnation by the Cross, He hath raised up with Himself all who had fallen prey to corruption!

Stichos: I will confess Thee, O Lord, with my whole heart, I will tell of all Thy wonders.

Thou wast nailed to the Cross, O Life of all, and wast reckoned among the dead, O immortal Lord. Thou didst rise on the third day, O Savior, with Thee raising Adam up from corruption. Wherefore, the hosts of heaven cried out to Thee, O Christ, Bestower of life: Glory to Thy resurrection! Glory to Thy condescension, O Thou Who alone lovest mankind!

Glory..., Now and ever..., Theotokion:

O Mary, precious receptacle of the Master, raise us up who have fallen into the chasm of grievous despondency, transgressions and sorrows; for thou art salvation, help and mighty intercession for sinners, and thou savest thy servants.

Hypacoï, in Tone I

The repentance of the thief stole paradise, and the lamentation of the myrrh-bearers announced joy: for Thou didst arise, O Christ God, granting great mercy to the world.

Songs of Ascent, in Tone I Antiphon I



When I am sorrowful,/ hearken unto my pain, O Lord.// Unto Thee do I cry.

Un<u>ceasing</u> divine desire befitteth those in the <u>wil</u>derness,// who are beyond this vainglorious world.

Glory..., Both now...

<u>Wor</u>ship and glory are due the Holy <u>Spi</u>rit,/ as also to the <u>Fa</u>ther and the Son./ Where-<u>fore</u>, let us hymn the single dom<u>in</u>ion// of the <u>Tri</u>nity.

Antiphon II

<u>Thou</u> hast brought me up to the mountains of Thy <u>laws</u>, O God.// Illumine me with the virtues, that I may <u>hymn</u> Thee.

<u>Taking</u> me in Thy right <u>hand</u>, O Word,/ preserve and pro<u>tect</u> me,// that the fire of sin may not con<u>sume</u> me.

Glory..., Both now...

By the Holy <u>Spi</u>rit is every <u>crea</u>ture restored,/ returning to its <u>pri</u>mal state;// for He is equal in power with the <u>Fa</u>ther and the Son.

Antiphon III

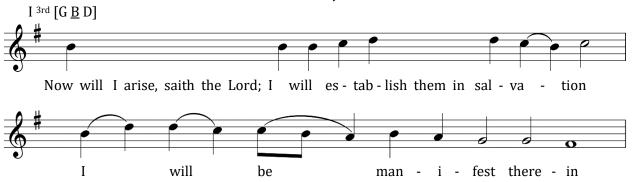
My <u>spi</u>rit was glad and my heart rejoiceth/ for those who <u>said</u> to me:// Let us enter into the courts of the Lord.

<u>There</u> is great fear in the house of <u>Da</u>vid,/ for there, when the thrones are <u>set</u> up,// all the tribes and nations of the <u>earth</u> will be judged.

Glory..., Both now...

It is <u>meet</u> and fitting to offer honor and <u>wor</u>ship,/ glory and power unto the Holy <u>Spi</u>rit,/ as to the <u>Fa</u>ther and the <u>Son</u>,/ for the Trinity is a unity in <u>na</u>ture,// but not in <u>Persons</u>.

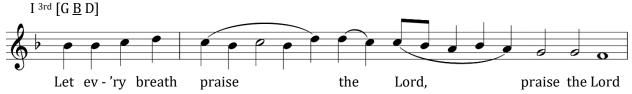
Prokeimenon, in Tone I



Now will I arise, saith the Lord; I will establish them in salvation, I will be manifest therein.

Stichos: The words of the Lord are pure words.

Let Every Breath Praise the Lord, in Tone I



Let every breath praise the Lord, praise the Lord.

The Canon, in Tone I Ode I

Canon of the Resurrection



Thy vic - tor - i - ous right arm hath in godly manner been glo - ri - fied in strength

Irmos: Thy victorious right <u>arm</u>/ hath in godly manner been glori<u>fied</u> in strength;/ for as almighty, O Immortal <u>One</u>,/ it smote the <u>ad</u>versary,// fashioning anew the path of the deep for the <u>Is</u>raelites.

Refrain: Glory to Thy Holy Resurrection, O Lord!

O Thou Who in the beginning didst divinely fashion me out of dust with Thine all-pure hands, Thou didst stretch out Thine arms upon the Cross, calling forth from the earth my corrupt body, which Thou hadst received from the Virgin.

Thou didst assume mortality for my sake and didst surrender Thy soul unto death, O Thou Who by Thy divine breath didst instill my soul within me; and having loosed the everlasting bonds, thou didst glorify it with incorruption, raising it up with Thee.

Theotokion: Rejoice, O well-spring of grace! Rejoice, O ladder and door of heaven! Rejoice, O lampstand and golden jar, thou unquarried mountain, who for the world gavest birth unto Christ, the Bestower of life!

Canon of the Cross and the Resurrection Ode 1, same tone.

Irmos: Christ is born...

Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

Christ deifieth me, assuming my flesh; Christ exalteth me, humbling Himself; Christ, the Bestower of life, maketh me dispassionate, suffering in His fleshly nature. Wherefore, I chant a hymn of thanksgiving, for He hath been glorified!

Crucified, Christ lifteth me up; put to death, Christ raiseth me up with Himself Christ giveth me life. Wherefore, clapping my hands in gladness, I chant a hymn of victory to the Savior, for He hath been glorified.

Theotokion: O all-pure Virgin, thou didst conceive God; in virginity thou didst give birth unto Christ Who of thee had become incarnate: the Only-begotten One, one in hypostasis, the Son Who is known in two natures, for He hath been glorified.

Canon of the Theotokos Ode 1, same tone.

Irmos: Thy victorious right arm...

Refrain: O most holy Theotokos, save us.

What fitting hymnody can our weakness offer thee, who alone art full of grace, to whom Gabriel hath mystically taught us to chant: "Rejoice, O Virgin Theotokos, Mother unwedded!"

With a most pure heart, O ye faithful, let us spiritually cry out to the Ever-virgin Mother of the King of the hosts on high: Rejoice, O Virgin Theotokos, Mother unwedded!

Immeasurable is the depth of thine incomprehensible birthgiving, O most pure one; wherefore, with undoubting faith we make offering unto thee in purity, saying: Rejoice, O Virgin Theotokos, Mother unwedded!

Ode III

Irmos: O Thou Who alone hast known the weakness of human <u>na</u>ture,/ having in Thy mercy formed Thy<u>self</u> therein:/ Thou girdest me about with <u>pow</u>er from on high,/ that I may <u>chant</u> to Thee:/ Holy is the living temple of Thine ineffable <u>glo</u>ry,// O <u>Thou</u> Who <u>lov</u>est mankind!

As God, O Good One, Thou hast taken pity on me who have fallen; and it being Thy good pleasure to come down to me, Thou hast by Thy crucifixion raised me up to cry unto Thee: Holy is the Lord of glory, immutable in goodness!

As enhypostatic Life, O Christ, clothing Thyself in me who have become corrupt, in that Thou art the God of loving-kindness, and descending to my mortal dust, O Master, Thou didst destroy the dominion of death; and having risen after three days of death, Thou hast clothed me in incorruption.

Theotokion: Conceiving God in thy womb through the all-holy Spirit, O Virgin, thou didst remain unconsumed; for the bush which burned without being consumed clearly, to Moses the Law-giver, proclaimed thee beforehand, who received the unbearable Fire.

Canon of the Cross and Resurrection

Irmos: To Christ God, Who before the ages...

To Christ God, Who took the lost sheep upon His shoulder and by the Tree erased its sin, let us cry aloud: Holy art Thou, O Lord, Who hast lifted up our horn!

O ye faithful, in truth and a godly spirit let us serve Him Who led Christ, the great Shepherd, out of hell and doth manifestly shepherd the nations through the apostles, His hierarchy.

Theotokion: Unto Him Who is God over all, the Son Who without seed willingly became incarnate of the Virgin, and by His divine power preserved her who gave Him birth as a pure virgin even after birthgiving, let us cry: Holy art Thou, O Lord!

Canon of the Theotokos

Irmos: O Thou Who alone hast known...

O Virgin, following the sayings of the prophets, we truly call thee the light cloud; for the Lord came upon thee to cast down the handiworks of the falsehood of Egypt and to enlighten those who worship them.

The choir of the prophets truly called thee the sealed well-spring and the closed door, clearly describing for us the signs of thy virginity, O most hymned one, which thou didst preserve even after giving birth.

Accounted worthy to perceive the transcendent Mind as far as he was able, Gabriel offered thee a cry of joy, O immaculate Virgin, openly announcing the conception of the Word and proclaiming His ineffable birth.

Ode IV

Irmos: Gazing with the eyes of foresight up<u>on</u> thee,/ the mountain overshadowed by the <u>grace</u> of God,/ Habbakuk prophesied that the Holy One of Isra<u>el</u>/ would come <u>forth</u> from thee,// for our sal<u>va</u>tion and restor<u>a</u>tion.

Who is this Savior Who issueth forth from Edom, wearing a crown of thorns, His robe stained red, lifted up upon the Tree? He is the Holy One of Israel, [Who is come] for our salvation and restoration!

Behold, ye disobedient people, and be ashamed! For He Whom ye madly asked Pilate to lift up on the Cross as a malefactor hath destroyed the power of death and risen as God from the tomb!

Theotokion: O Virgin, we know thee to be the tree of life; for it is no fruit deadly for men to eat which thou hast put forth, but the delight of everlasting Life, for the salvation of us who hymn thee.

Canon of the Cross and the Resurrection

Irmos: A Rod from the root of Jesse...

Who is this Beautiful One from Edom, Whose robe is dyed red by the grapes of Bozrah? He Who is comely as God, and as man weareth vesture of flesh stained with blood? Unto Him, O ye faithful, let us chant: Glory to Thy power, O Lord!

Showing Himself to be the High Priest of the good things to come, Christ destroyed our sins; and indicating the strange way by His own blood, as our forerunner He hath entered the higher and more perfect tabernacle, the Holy of holies.

Theotokion: O most hymned one, of Him Who for our sake revealed Himself as the new Adam thou didst request the ancient debt of Eve; for uniting noetic and animate flesh to Himself by His pure conception, from thee did Christ issue forth, the one Lord in two natures.

Canon of the Theotokos

Irmos: Gazing with the eyes of foresight...

Hearken, O heaven, to the wonders! Pay heed, O earth! For the daughter of fallen Adam who was made of dust hath been appointed for God, to be the Mother of her own Creator, for our salvation and restoration.

We hymn thy great and awesome mystery, for, hiding Himself from the captains of the armies of heaven, He Who Is descended upon thee like rain upon the fleece, for our salvation, O all-hymned one.

O most hymned Theotokos, thou Holy of holies, expectation of the nations and salvation of the faithful: From thee hath the Deliverer, Lord and Bestower of life shone forth, Whom do thou entreat, that thy servants be saved.

Ode V

Irmos: O Christ Who hast enlightened the <u>ends</u> of the world/ with the radiance of Thy <u>coming/</u> and illumined them by Thy <u>Cross:/</u> With the light of Thy divine <u>know</u>ledge// enlighten the hearts of those who hymn Thee in Orthodox manner.

The Jews put the great Shepherd and Lord of the sheep to death by the Tree of the Cross; but the dead buried in hades did He deliver, like sheep, from the dominion of death.

Having announced peace by Thy Cross and proclaimed remission to those held captive, O my Savior, Thou didst put to shame him who hath dominion, as though he were naked, by Thy divine resurrection showing him to be impoverished.

Theotokion: Disdain not the requests of those who petition thee with faith, O most hymned and all-pure one, but accept and convey them to thy Son, the one God and Benefactor; for thee have we acquired as our intercessor.

Canon of the Cross and Resurrection

Irmos: As God of peace...

O the richness, O the depth of the wisdom of God! Laying hold of the wise, the Lord delivered us from their wiles; for having of His own will suffered in the weakness of the flesh, by His might He hath raised up the dead, granting them life.

Christ God, He Who Is, uniteth Himself to the flesh for our sake, and is crucified and dieth; He is buried, and riseth again, and with His flesh He ascendeth unto the Father in splendor. And therewith He shall come and save those who worship Him in piety.

Theotokion: O pure virgin, Holy of holies, thou gavest birth to the Holy One of the saints, Christ the Deliverer Who sanctifieth all; wherefore, we proclaim thee, the Queen and Mistress of all, as the Mother of the Author of creation.

Canon of the Theotokos

Irmos: O Christ Who hast enlightened...

The hosts of heaven are gladdened at the sight of thee, and with them the companies of men rejoice; for they have been joined together by thy birthgiving, O Virgin Theotokos, which we glorify as is meet.

Let all the tongues and thoughts of men be moved to the praise of thee who art truly the adornment of mankind, for the Virgin standeth forth, clearly raising to glory those who with faith hymn her wonders.

The hymns and laudation of the most wise, which are offered unto the Virgin Mother of God, are glorious; for she became the temple of all-divine glory, and we glorify her as is meet.

Ode VI

Irmos: The uttermost abyss hath engulfed <u>us</u>,/ and there is <u>none</u> to de<u>liv</u>er us./ We are accounted as lambs for the <u>slaughter.</u>/ Save Thy <u>people</u>, O our God,// for Thou art the strength and cor<u>rec</u>tion of the weak!

We were grievously wounded by the offense of the first-created man, O Lord, but we have been healed by the wounds wherewith Thou wast wounded for us, O Christ; for Thou art the strength and correction of the weak.

Thou hast led us up out of hades, O Lord, having slain the all-devouring monster and set his power at nought by Thy might, O Omnipotent One; for Thou art Life, Light and Resurrection.

Theotokion: The ancestors of our race rejoice in thee, O all-pure virgin, receiving through thee the Eden which they lost through transgression; for thou wast pure before giving birth and art so after birthgiving.

Canon of the Cross and Resurrection

Irmos: The sea monster spewed forth...

Christ God, the dispassionate and immaterial Mind, doth associate Himself with the mind of man, which standeth midway between the divine Essence and the grossness of the flesh; and, wholly immutable, He hath united Himself unto all of me, that, crucified, He might grant salvation unto the whole of me who have fallen.

Tripping, Adam fell and was broken, deceived of old by the hope of deification; yet he ariseth, deified through union with the Word, and through His suffering receiveth dispassion, and is glorified as a son, sitting upon the throne with the Father and the Spirit.

Theotokion: Without leaving the bosom of the unoriginate Father, He Who before was begotten without mother and becameth incarnate without father, Who as God reigneth in righteousness, made His abode in the bosom of the pure Maiden. His descent without lineage is awesome and ineffable.

Canon of the Theotokos

Irmos: The uttermost abyss...

As servants the ranks of heaven attend thy birthgiving, marvelling, as is meet, at thy seedless parturition, O Ever-virgin; for thou wast pure before birthgiving and art so even after giving birth.

The Incorporeal One Who existeth from before time, the Word Who createth all things by His will, and as Almighty brought the armies of the incorporeal beings out of non-existence, hath become incarnate of thee, O all-pure one.

The enemy was slain by thy life-bearing Fruit, O thou who art full of the grace of God; hades hath been manifestly trampled down, and we who were in bonds have been freed. Wherefore, I cry: Destroy Thou the passions of my heart!

Kontakion of the Resurrection, in Tone I



As God, Thou didst arise from the tomb in glo - ry, and ... to - geth - er with Thy - self

As <u>God</u>, Thou didst arise from the tomb in <u>glo</u>ry,/ and Thou didst raise the world together with Thyself./ And mortal <u>na</u>ture praiseth Thee as <u>God</u>,/ and death hath <u>vanished</u>./ And <u>Ad</u>am danceth, O <u>Mas</u>ter,/ and Eve, now freed from fetters, rejoiceth as she <u>cri</u>eth out:/ Thou art <u>He</u>, O Christ,// that grantest unto all resur<u>rec</u>tion!

Ikos: Let us hymn as God the Almighty Who rose on the third day, Who broke down the gates of hades, Who raised up from the grave those held there from ages past, and Who appeared to the myrrh-bearing women, as He was well pleased to do, telling them first to rejoice and to proclaim joy unto the apostles, in that He alone is the Bestower of life; wherefore, with faith the women proclaimed the signs of victory to the disciples. Hades groaneth and death uttereth lamentation; the world is filled with gladness, and all rejoice with it, for Thou, O Christ, didst grant resurrection unto all.

Ode VII

Irmos: O Theo<u>to</u>kos, we, the <u>faith</u>ful,/ perceive thee to be a noetic <u>fur</u>nace;/ for, as the supremely Exalted One saved the <u>three</u> youths,/ in thy womb the praised and most glorious God of our <u>fa</u>thers/ wholly re<u>new</u>ed the world.

The earth was afraid, the sun hid itself, the light grew dim, the divine veil of the temple was rent in twain, and the rocks split asunder; for the Righteous One, the praised and all-glorious God of our fathers, hung upon the Cross.

Wounded among mortals of Thine own will for our sake, as though helpless, O supremely Exalted One, Thou, the praised and all-glorious God of our fathers, didst free all and raise them up with Thyself by Thy mighty hand.

Theotokion: Rejoice, O well-spring of the water of eternal life! Rejoice, paradise of delight! Rejoice, bulwark of the faithful! Rejoice, thou who knewest not wedlock! Rejoice, universal joy, through whom the praised and all-glorious God of our fathers hath shone forth!

Canon of the Cross and Resurrection

Irmos: The children raised together...

Of old, the earth was cursed, having been stained with the blood of Abel by his murderous brother's hand; but dyed with Thy divinely shed blood it hath been blessed, and leaping up it crieth: O God of our fathers, blessed art Thou!

Let the God-opposing people of Judæa lament their audacity in slaying Christ; but let the gentiles be glad, and let them clap their hands and cry aloud: O God of our fathers, blessed art Thou!

Lo! the radiant angel cried out to the myrrh-bearing women: "Come and see the signs of the resurrection of Christ—the winding-sheet and the tomb—and cry aloud: O God of our fathers, blessed art Thou!"

Canon of the Theotokos

Irmos: O Theotokos, we, the faithful...

O Theotokos, in prophecy Jacob perceived thee to be a ladder, for through thee did the supremely Exalted One appear on earth and dwell with men, as was His good pleasure: the praised and all-glorious God of our fathers.

Rejoice, O pure one! From thee hath the Shepherd, the supremely Exalted One, come forth, in His unapproachable compassion truly clothing Himself in the skin of Adam, in me, in all of man: the praised and all-glorious God of our fathers.

The preëternal God truly became the new Adam through thy pure blood. Him do thou now entreat that He restore me who have grown old, who cry: Praised and all-glorious is the God of our fathers!

Ode VIII

Irmos: Shining in the <u>fur</u>nace more <u>bright</u>ly/ than gold in a crucible in the beauty of their <u>pi</u>ety,/ the children of <u>Is</u>rael said:/ Bless the Lord, all ye <u>works</u> of the Lord!// Hymn and exalt Him supremely for all <u>ages!</u>

O Word of God, Who by Thy will dost create and refashion all things, transforming the shadow of death into life everlasting by Thy sufferings: Thee do all of us, the works of the Lord, unceasingly hymn and supremely exalt for all ages.

Thou didst destroy distress and misery within the gates and strongholds of hades, O Christ, rising from the tomb on the third day. Thee do all Thy works unceasingly hymn and supremely exalt as Lord for all ages.

Theotokion: Let us hymn her who without seed supernaturally gave rise to Christ, the Pearl of great price, through the divine Effulgence; and let us say: Bless the Lord, all ye works of the Lord! Hymn and exalt Him supremely for all ages!

Canon of the Cross and Resurrection

Irmos: The dew-bearing furnace...

Come, O ye people, let us bow down before the place where the all-pure feet stood, and to the divine Tree where Christ stretched out His life-creating arms for the salvation of all men; and standing round about the tomb of Life, let us chant: Let all creation bless and exalt the Lord supremely for all ages!

The all-iniquitous slander of the God-slaying Jews hath been exposed; for He Whom they called a deceiver hath risen as One powerful, mocking the foolish seals. Wherefore, rejoicing, let us chant: Let all creation bless and exalt the Lord supremely for all ages!

Triadicon: Theologizing the glory [of God] in three holy Persons and one Dominion, as servants the all-pure seraphim glorify the Godhead of three Hypostases. And with them we piously chant: Let all creation bless and exalt the Lord supremely for all ages!

Canon of the Theotokos

Irmos: Shining in the furnace...

The radiant bridal-chamber, whence Christ the Master of all issued forth like a Bride-groom, let us all hymn, crying aloud: Hymn the Lord, all ye works of the Lord, and exalt Him supremely for all ages!

Rejoice, O glorious throne of God! Rejoice, bulwark of the faithful, through whom Christ hath shined light upon those in darkness, who call thee blessed and cry aloud: Hymn the Lord, all ye works of the Lord, and exalt Him supremely for all ages!

O most hymned Virgin who for us gavest birth to the Lord, the Author of our salvation, pray for all who earnestly cry out: Hymn the Lord, all ye works of the Lord, and exalt Him supremely for all ages!

Ode IX

Irmos: The bush which burnt with fire yet was <u>not</u> consumed/ showed forth an image of thy pure birthgiving./ And we pray now that the furnace of temptations/ which rageth against us may be extinguished,// that we may magnify thee unceasingly, 0 Theotokos.

How have the iniquitous and disobedient people, plotting evils, justified a proud and ungodly man, yet condemned to the Tree the Righteous One, the Lord of glory, Whom we magnify as is meet?

O Savior, Thou unblemished Lamb Who takest away the sins of the world: Thee Who hast risen on the third day do we glorify with the Father and Thy divine Spirit; and, theologizing, we magnify the Lord of glory.

Theotokion: Save Thy people, whom Thou hast acquired by Thy precious blood, O Lord, granting peace to Thy churches through the supplications of the Theotokos, O Thou Who lovest mankind.

Canon of the Cross and Resurrection

Irmos: A strange and most glorious...

Thy Cross, O Lord, hath been glorified by Thine ineffable power, for Thy weakness hath been revealed unto all as transcending power. Thereby have the mighty been cast down upon the earth, and the poor are lifted up to the heavens.

Our vile death hath been put to death, for, appearing unto those in hades, O Christ, Thou didst grant them resurrection from the dead; wherefore, chanting, we magnify Thee as hypostatic Life, Resurrection and Light.

Triadicon: O ye divinely wise people, we are saved, trusting in the unoriginate and indivisible Essence, the one Godhead which is known in three singular divine Hypostases — the Father, the Son and the Spirit.

Canon of the Theotokos

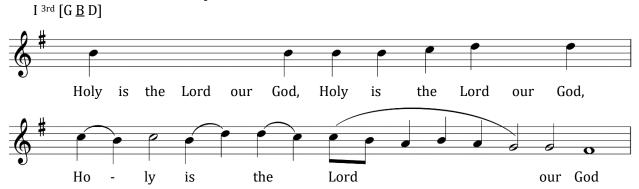
Irmos: The bush which burnt with fire...

Thou didst spring forth from the root of David, the prophet and ancestor of God, O Virgin; and thou hast truly glorified David, giving birth to the prophesied Lord of glory, Whom we magnify as is meet.

Every rule of praise is overturned by the magnitude of thy glory, O all-pure one. Yet accept the hymns of praise which we, thine unworthy servants, earnestly offer thee with love, O Mistress Theotokos.

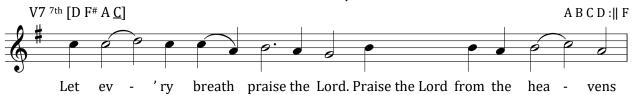
Thy wonders are past understanding! For thou, O most pure Virgin who alone outshinest the sun, hast enabled all to understand the newest of wonders, thine incomprehensible birthgiving. Wherefore, we all magnify thee.

Holy is the Lord Our God, in Tone I



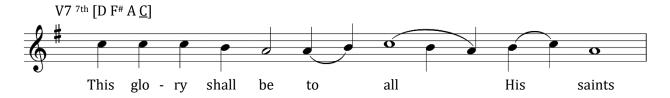
Holy is the Lord our God! (Thrice)

Psalms of Praise, in Tone I



Let <u>e</u>very breath <u>praise</u> the Lord. Praise the Lord from the <u>hea</u>vens, praise Him in the <u>high</u>est. To Thee is due <u>praise</u>, O God.

<u>Praise</u> Him, all ye His <u>angels</u>; praise Him, <u>all</u> ye His hosts. To Thee is due <u>praise</u>, O God. *Stichos:* To do among them the judgment that is written.



We <u>hymn</u> Thy saving <u>Passion</u>, O Christ,// and glorify Thy resur<u>rec</u>tion.

Stichos: Praise ye God in His saints,/ praise Him in the firmament of His power.

O <u>Lord</u> Who endured the Cross, abolished death and <u>rose</u> from the dead:/ Bring <u>peace</u> to our life,// as Thou alone art al<u>mighty</u>.

Stichos: Praise Him for His mighty acts,/ praise Him according to the multitude of His greatness.

O <u>Christ</u> Who by the resurrection madest hades <u>captive</u>/ and <u>raised</u> men from the dead,// count us worthy to hymn and glorify Thee with a <u>pure</u> heart.

Stichos: Praise Him with timbrel and dance,/ praise Him with strings and flute.

When <u>Thou</u> wast nailed to the <u>Tree</u> of the Cross,/ the might of the <u>en</u>emy was slain,/ creation <u>trem</u>bled with the <u>fear</u> of Thee,/ and hades was made <u>cap</u>tive <u>by</u> Thy might./ <u>Thou</u> didst raise the <u>dead</u> from the graves,/ and didst open <u>par</u>adise to the thief.// O Christ our God, <u>glory</u> be to Thee!

Stichos: Praise Him with tuneful cymbals, praise Him with cymbals of jubilation./ Let every breath praise the Lord.

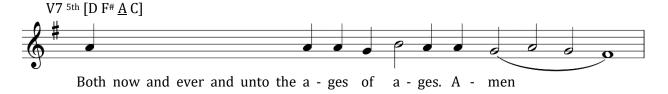
When the honorable women, lamenting, arrived with <u>haste</u> at Thy grave/ and found the tomb <u>open;</u>/ and, <u>learning</u> of the new and all-glorious wonder from the <u>angel</u>,/ they announced to the <u>apos</u>tles that the Lord had <u>risen</u>,// granting the world great <u>mer</u>cy.

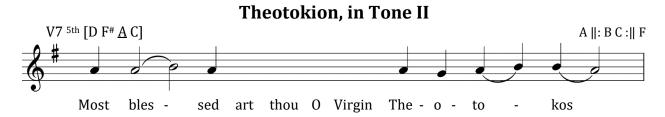
Stichos: Arise, O Lord my God, let Thy hand be lifted high; / forget not Thy paupers to the end.

We bow <u>down</u> before the divine wounds of Thy sufferings, O <u>Christ God</u>,/ and to the sacrifice of the <u>Mas</u>ter,/ which was re<u>veal</u>ed by God in <u>Sion</u>/ in the <u>full</u>ness of time;/ for the <u>Sun</u> of righteousness hath illumined those who sleep in <u>dark</u>ness,/ guiding them to neverwaning <u>splen</u>dor.// Glory be to <u>Thee</u>, O Lord!

Stichos: I will confess Thee, O Lord, with my whole heart,/ I will tell of all Thy wonders. Give <u>ear</u>, O tumultuous <u>Jew</u>ish race!/ Where are they who went to <u>Pi</u>late?/ Let the <u>soldiers</u> who kept watch say where the seals of the <u>tomb</u> are!/ <u>Where</u> hath the Buried <u>One</u> been laid?/ <u>Where</u> was He sold Who hath <u>not</u> been sold?/ How <u>was</u> the treasure <u>sto</u>len?/ Why <u>slander</u> ye the resurrection of the <u>Sav</u>ior,/ O <u>most</u> in<u>iq</u>uitous Jews?/ <u>He</u> hath arisen Who is free a<u>mong</u> the dead,// and granteth the world great <u>mer</u>cy!

Glory... Gospel sticheron.





Most <u>blessed</u> art Thou, O Virgin Theo<u>to</u>kos,/ for through Him Who became incarnate of Thee is hades led <u>cap</u>tive,/ <u>Ad</u>am recalled, the curse annulled, <u>Eve</u> set free,/ death slain, and we are <u>giv</u>en life./ <u>Where</u>fore, we cry a<u>loud</u> in praise:/ Blessed is <u>Christ</u> God// Who hast been so pleased, <u>glory</u> to <u>Thee</u>.

Today is Salvation Come Unto the World



To<u>day</u> is salvation come unto the <u>world</u>;/ let us <u>sing</u> praises to Him that a<u>rose</u> from the tomb,/ and is the Author <u>of</u> our life./ For, having de<u>stroyed</u> death by death,// He hath given us the victory and great <u>mer</u>cy.

Tone I

Sunday Morning Divine Liturgy

On the Beatitudes, in Tone I

Through food did the enemy lead Adam forth from paradise; but by the Cross hath Christ led back to it the thief who cried: Remember me when Thou comest in Thy kingdom!

With Adam and the thief I worship Thy sufferings and glorify Thy resurrection; and I cry out with a splendid voice: Remember me, O Lord, when Thou comest in Thy kingdom!

O Sinless One, of Thine own will Thou wast crucified. and placed in the tomb; yet Thou didst arise as God, raising up with Thyself Adam who crieth out: Remember me when Thou comest in Thy kingdom!

Raising up the temple of Thy body by Thy resurrection on the third day, O Christ God, Thou didst raise up Adam and his descendants, who cry: Remember us when Thou comest in Thy kingdom!

Very early, the myrrh-bearing women arrived, weeping, at Thy tomb, O Christ God; and they found an angel sitting there, clad in white garments, who said: What seek ye? Christ is risen! Lament no longer!

When Thine apostles went to the mountain whither Thou hadst commanded them to go, and saw Thee, O Savior, they worshipped Thee; and Thou didst send them unto the nations, to teach and baptize them.

Triadicon: Let us worship the Father, let us glorify the Son, and together let us hymn the all-holy Spirit, crying out and saying: O most holy Trinity, save us all!

Theotokion: Thy people bring Thy Mother before Thee to make supplication, O Christ. Through her entreaties grant us Thy compassions, O Good One, that we may glorify Thee Who hast shone forth upon us from the tomb.

Troparion of the Resurrection, in Tone I



When the stone had been sealed by the Jews, and the soldiers... immaculate Bo - dy

When the <u>stone</u> had been sealed by the <u>Jews</u>,/ And the soldiers were guarding Thine immaculate <u>Body</u>,/ Thou didst a<u>rise</u> on the third day, O <u>Sav</u>ior,/ granting <u>life</u> unto the world./ Where<u>fore</u>, the Hosts of the <u>Hea</u>vens/ cried out to Thee, O Life-<u>giv</u>er:/ <u>Glory</u> to Thy Resur<u>rec</u>tion, O Christ./ Glory to Thy <u>king</u>dom.// Glory to Thy dispensation, O only <u>Lov</u>er of mankind!

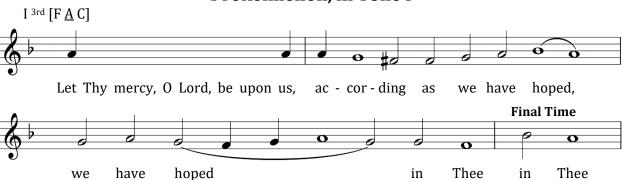
Kontakion of the Resurrection, in Tone I



As God, Thou didst arise from the tomb in glo - ry, and ... to - geth - er with Thy - self

As <u>God</u>, Thou didst arise from the tomb in <u>glo</u>ry,/ and Thou didst raise the world together with Thyself./ And mortal <u>na</u>ture praiseth Thee as <u>God</u>,/ and death hath <u>vanished</u>./ And <u>Ad</u>am danceth, O <u>Mas</u>ter,/ and Eve, now freed from fetters, rejoiceth as she <u>cri</u>eth out:/ <u>Thou</u> art He, O Christ,// that grantest unto all resur<u>rec</u>tion!

Prokeimenon, in Tone I



Let Thy mercy, O Lord, be upon us, according as we have hoped in Thee. *Stichos:* Rejoice in the Lord, O ye righteous; praise is meet for the upright.

Alleluia, in Tone I



The God that giveth avengement unto me hath subdued peoples under me.

Stichos: It is He that magnifieth the salvation of His king and worketh mercy for His anointed, for David, and for his seed unto eternity.

Tone II

Saturday Evening Great Vespers

Lord I Have Cried, in Tone II



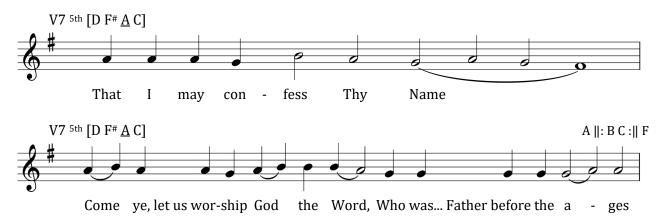
Lord, I have cried unto Thee, hear - ken un - to me. Hearken unto me, O Lord

<u>Lord</u>, I have cried unto Thee, hearken unto <u>me</u>./ Hearken unto <u>me</u>, O Lord./ <u>Lord</u>, I have cried unto Thee, <u>hear</u>ken unto me;/ attend to the voice of my supplication,/ <u>when</u> I <u>cry</u> unto Thee.// Hearken unto me, O <u>Lord</u>.

<u>Let</u> my prayer be set <u>forth</u>,/ as incense be<u>fore</u> Thee,/ the <u>lift</u>ing up of my <u>hands</u>/ as an evening <u>sacrifice</u>.// Hearken unto me, 0 <u>Lord</u>.

Resurrectional Stichera, in Tone II

Stichos: Bring my soul out of prison.



<u>Come</u> ye, let us worship <u>God</u> the Word,/ Who was begotten of the Father before the <u>ages</u>,/ and became in<u>car</u>nate of the Virgin <u>Mary</u>:/ for, having en<u>dur</u>ed the Cross,/ He was given <u>o</u>ver to burial, as He Him<u>self</u> desired;/ and having <u>ris</u>en from the dead,// He hath saved me, a man astray.

Stichos: The righteous shall wait patiently for me/ until Thou shalt reward me.

<u>Christ</u> our <u>Sav</u>ior,/ having nailed to the Cross the record which is against us,/ hath e<u>rased</u> it and abolished the <u>might</u> of death.// We worship His resurrection on the <u>third</u> day.

Stichos: Out of the depths have I cried unto Thee, O Lord; / O Lord, hear my voice.

With the arch<u>angels let us hymn the resurrection of Christ;</u>/ for He is the Deliverer and <u>Sav</u>ior of our souls,/ and shall come again in awesome glory and mighty <u>pow</u>er,// to judge the world which He hath created.

Stichos: Let Thine ears be attentive/ to the voice of my supplication.

The <u>angel</u> proclaimed Thee, the <u>Mas</u>ter/ Who had been crucified and <u>bur</u>ied,/ and he <u>said</u> to the <u>wo</u>men:/ "Come ye, and see where the <u>Lord</u> lay;/ for He hath arisen, as He said, in that He is al<u>mighty!</u>"/ Wherefore, we worship Thee Who alone art im<u>mor</u>tal.// O Christ, Bestower of life, have <u>mer</u>cy upon us!

Stichos: If Thou shouldst mark iniquities, O Lord, O Lord, who shall stand?/ For with Thee there is forgiveness.

By Thy <u>Cross</u> hast Thou annulled the curse which began with the Tree;/ by Thy burial hast Thou slain the <u>might</u> of death;/ and by Thine a<u>rising</u> hast Thou enlightened the <u>hu</u>man race./ Wherefore, we cry <u>out</u> to Thee:// O Christ our God and Benefactor, <u>glory</u> be to <u>Thee!</u>

Stichos: For Thy name's sake have I patiently waited for Thee, O Lord, my soul hath waited patiently for Thy word,/ my soul hath hoped in the Lord.

The gates of death opened unto Thee in <u>fear</u>, O Lord,/ and the gatekeepers of hades, seeing <u>Thee</u>, were afraid;/ for Thou didst <u>shat</u>ter the brazen gates, didst break their chains of <u>iron</u>,/ didst lead us forth from darkness and the <u>sha</u>dow of death,// and didst rend our bonds a<u>sunder</u>.

Stichos: From the morning watch until night, from the morning watch/ let Israel hope in the Lord.

<u>Come</u> ye, let us all fall down before the <u>house</u> of the Lord;/ and chanting, let us send forth from our mouth a hymn of salvation, <u>say</u>ing:/ O <u>Thou</u> Who wast <u>cru</u>cified on the Tree,/ Who rose from the dead and art in the bosom of the <u>Father</u>,// cleanse us <u>of</u> our <u>sins</u>.

Then stichera for the saint from the Menaion.

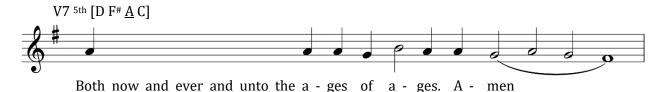
Stichos: For with the Lord there is mercy, and with Him is plenteous redemption,/ and He shall redeem Israel out of all his iniquities.

Stichos: O praise the Lord, all ye nations; / praise Him all ye peoples.

Stichos: For He hath made His mercy to prevail over us,/ and the truth of the Lord abideth forever.



Doxasticon for the saint or commemoration of the day.



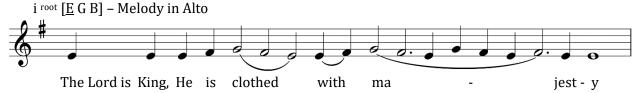
Dogmatic Theotokion, in Tone II



The sha - dow of... away when grace ar - rived; for, as... in flame did not burn

The <u>sha</u>dow of the law passed away when <u>grace</u> arrived;/ for, as the bush wrapped in <u>flame</u> did not burn,/ so did the <u>Virgin</u> give birth and yet remain a <u>virgin</u>./ In place of the <u>pillar</u> of fire,/ the Sun of <u>right</u>eousness hath <u>shone</u> forth./ Instead of Moses, <u>Christ</u> is come,// the salvation of our souls.

Prokeimenon on Saturday Evening, in Tone VI



The Lord is King, He is clothed with majesty.

Stichos: The Lord is clothed with strength and He hath girt Himself.

Stichos: For He established the world which shall not be shaken.

Stichos: Holiness becometh Thy house, O Lord, unto length of days.

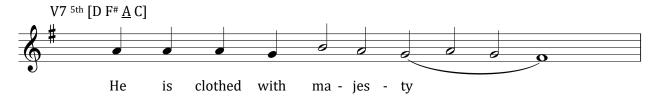
Aposticha Stichera, in Tone II



Thy Re-sur-rec-tion, O Christ our Sav - ior, hath illumined the whole u - ni-verse

Thy resur<u>rec</u>tion, O Christ our Savior,/ hath illumined the whole <u>u</u>niverse;/ and <u>Thou</u> hast called forth Thy creation.// O Lord almighty, <u>glo</u>ry be to <u>Thee</u>!

Stichos: The Lord is King.



By the <u>Tree</u>, O Savior, hast Thou abolished the curse which began with the tree;/ by Thy burial hast Thou put the might of <u>death</u> to death;/ and by Thine a<u>rising</u> Thou hast il<u>lumined</u> our race./ Wherefore, we cry <u>out</u> to Thee:// O Christ our God, Bestower of life, <u>glo</u>ry be to Thee!

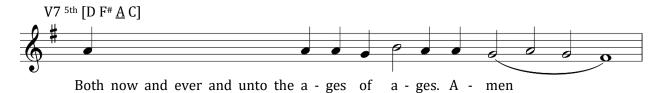
Stichos: For He hath established the world/ which shall not be shaken.

Appearing, nailed to the <u>Cross</u>, O Christ,/ Thou didst alter the beauty of created things./ The <u>sol</u>diers, displaying their inhumanity, pierced Thy <u>side</u> with a lance,/ and the Jews, refusing to acknowledge Thine au<u>thor</u>ity,/ <u>asked</u> that Thy <u>tomb</u> be sealed./ O Lord Who in the loving-kindness of Thy compassion/ didst accept <u>bur</u>ial and arose on the <u>third</u> day,// glory be to <u>Thee</u>!

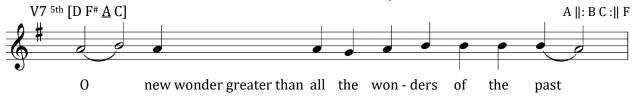
Stichos: Holiness becometh Thy house, O Lord,/ unto length of days.

O <u>Christ</u>, Bestower of life, Who of Thine <u>own</u> will/ endured suffering for the sake of <u>mor</u>tal men,/ as One <u>mighty</u> Thou didst descend into <u>ha</u>des,/ and there, having rescued from the hands of the <u>mighty</u> one/ <u>those</u> who awaited Thy <u>coming</u>,/ Thou gavest them to live in paradise instead of <u>ha</u>des./ <u>Where</u>fore, grant also <u>cleansing</u> from sins/ and great <u>mer</u>cy unto us,// who glorify Thine arising on the <u>third day</u>.

Glory..., from the Menaion, if there is a doxasticon provided.



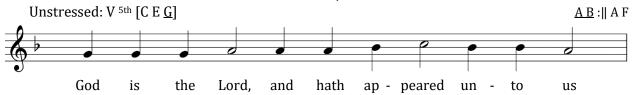
Resurrectional Theotokion, in Tone II



O new wonder greater than all the <u>won</u>ders of the <u>past</u>!/ For who hath ever known a mother to give birth without having <u>known</u> a man,/ and to <u>bear</u> on her arm Him Who sustaineth all creation?/ Yet it was the will of <u>God</u> to be born./ O all-<u>pure</u> one, who bore Him in thine arms as an <u>infant</u>/ and hast maternal boldness be<u>fore</u> Him:/ Cease <u>not</u> to pray in behalf of those who <u>hon</u>or thee,// that He have compassion and <u>save</u> our <u>souls</u>.

Tone II Sunday Morning Matins

God is the Lord, in Tone II



God is the \underline{Lord} and hath appeared unto us. Blessed is he that \underline{com} eth in the \underline{name} of the Lord.

Troparion of the Resurrection, in Tone II



When Thou didst descend unto death, O Life Im-mor - tal, then didst... Thy di - vi - ni - ty

When <u>Thou</u> didst descend unto death, O Life Im<u>mor</u>tal,/ then didst Thou slay hades with the lightning of Thy di<u>vi</u>nity./ And when <u>Thou</u> didst also <u>raise</u> the dead/ out of the <u>ne</u>thermost depths,/ all the <u>Hosts</u> of the heavens <u>cried</u> out:// O Life-Giver, Christ our <u>God</u>, <u>glory</u> be to Thee.

Resurrectional Theotokion, in Tone II



All of thy most glorious mysteries are beyond com- pre - hen - sion, O The- o - to - kos

<u>All</u> of thy most glorious mysteries are beyond compre<u>hen</u>sion,/ O Theo<u>to</u>kos;/ for, thy <u>pu</u>rity sealed and thy virginity intact,/ thou art known to be a true <u>Mo</u>ther,/ having <u>giv</u>en <u>birth</u> unto God.// Him do thou en<u>treat</u>, that our <u>souls</u> be saved.

First Sessional Hymns, in Tone II

The noble Joseph, taking Thine all-pure body down from the Tree and wrapping it in a clean winding-sheet, enclosed it in a new tomb with sweet spices; yet Thou didst arise on the third day, O Lord, granting great mercy to the world.

Stichos: Arise, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end.

Standing before the myrrh-bearing women at the tomb, the angel cried: "Myrrh is meet for the dead, yet Christ hath shown Himself to be a stranger to corruption! But cry aloud: The Lord hath risen, granting the world great mercy!"

Glory..., Now and ever..., Theotokion:

All-glorious art thou, O Virgin Theotokos! We hymn thee, for thy Son hath cast down hades through the Cross; death hath been slain; we, the dead, have arisen, and have been vouchsafed life. We have received paradise, our ancient delight. Wherefore, giving thanks, we glorify Christ our God as mighty, the only most Merciful One.

Second Sessional Hymns, in Tone II

Without hindering [the Jews] from sealing the stone of the tomb, in arising Thou didst bestow the rock of faith upon all. O Lord, glory be to Thee!

Stichos: I will confess Thee, O Lord, with my whole heart, I will tell of all Thy wonders.

With one accord the choir of Thy disciples rejoiceth with the myrrh-bearing women; and with them we celebrate a common feast to the glory and honor of Thy resurrection. And through them we cry out to Thee, O Lord Who lovest mankind: Grant Thy people great mercy!

Glory..., Now and ever..., Theotokion:

All-blessed art thou, O Virgin Theotokos,/ for by Him Who became incarnate through thee hath hades been made captive,/ Adam restored, the curse annulled, Eve set free,/ death slain, and we have been given life./ Wherefore, chanting, we cry aloud:// Blessed is Christ God Who hath been thus well pleased! Glory be to Thee!

Hypacoï, in Tone II

The women who after Thy Passion went to Thy tomb to anoint Thy body, O Christ God, beheld angels in the sepulchre and were afraid; for they heard them say that the Lord is risen, granting the world great mercy.

Songs of Ascent, in Tone II Antiphon I



I <u>cast</u> the eyes of my heart toward Thee in heaven, O <u>Sav</u>ior.// Save me by Thine overshadowing.

Have $\underline{\text{mer}}$ cy on us who offend Thee greatly every $\underline{\text{hour}}$, $\underline{\text{O}}$ my Christ, $\underline{\text{//}}$ and grant that we may offer Thee repentance before the $\underline{\text{end}}$.

Glory..., Both now...

It is <u>fitting</u> that the Holy <u>Spi</u>rit reign,/ sanctify and move cre<u>a</u>tion,// for He is God, consubstantial with the Father and the <u>Word</u>.

Antiphon II

If the <u>Lord</u> were not <u>with</u> us,/ who would be preserved whole from the <u>en</u>emy,// the slayer of men?

<u>Give</u> not Thy servant over to the teeth of mine <u>en</u>emies,/ O <u>Sav</u>ior,// for they move against me like lions.

Glory..., Both now...

The Holy <u>Spi</u>rit is the Source of life and <u>wor</u>ship,/ for by His power as God He preserveth all created things// in the <u>Fa</u>ther by the <u>Son</u>.

Antiphon III

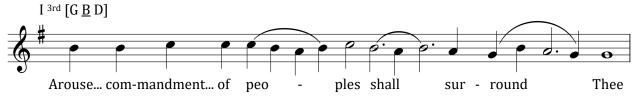
<u>They</u> who <u>hope</u> in the Lord/ are like a holy <u>moun</u>tain:// they are in nowise moved by the assaults of the enemy.

<u>Let</u> those who live <u>god</u>ly lives/ stretch not their hands forth to in<u>iq</u>uities,/ for <u>Christ</u> will not with<u>hold</u> His staff// from such in His <u>portion</u>.

Glory..., Both now...

<u>Through</u> the Holy Spirit doth all <u>wis</u>dom flow:/ through Him have the prophets received <u>vision</u>,/ hath <u>grace</u> come upon the a<u>pos</u>tles,/ and have the <u>mar</u>tyrs been crowned// with the endurance of <u>suf</u>fering.

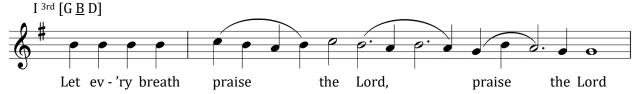
Prokeimenon, in Tone II



Arouse Thyself, O Lord my God, in the commandment which Thou hast enjoined, and a congregation of people shall surround Thee.

Stichos: O Lord my God, in Thee have I hoped. Save me.

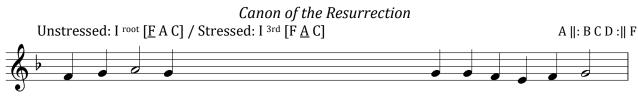
Let Every Breath Praise the Lord, in Tone II



Let every breath praise the Lord, praise the Lord.

The Canon, in Tone II

Ode I



Once the pow'r of the Almighty overwhelmed Pharaoh's whole ar - my in the deep

Irmos: Once the <u>pow</u>er of the Almighty overwhelmed Pharaoh's whole army in the <u>deep</u>,/ and the in<u>car</u>nate Word hath destroyed per<u>ni</u>cious sin,/ for our most <u>glo</u>rious Lord,// hath gloriously been glorified.

Refrain: Glory to Thy holy resurrection, O Lord!

The prince of this world, under whom we have enlisted, not having obeyed Thy commandment, was condemned by Thy Cross, O Good One; for the weak one attacked Thee as one mortal, recoiled from the might of Thine authority, and was exposed as weak.

Thou camest into the world, the Deliverer of the human race and Author of life incorruptible; for by Thy resurrection Thou didst break asunder the bonds of death. This do we all glorify, for gloriously hast Thou been glorified.

Theotokion: Thou wast revealed as higher than all creation, visible and invisible, O pure Ever-virgin; for thou gavest birth to the Creator, in that He was well pleased to become incarnate in thy womb. Entreat Him with boldness, to save our souls.

Canon of the Cross and Resurrection

Ode 1, same tone.

Irmos: Traversing the impassable...

Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

O Christ, through the suffering of Thy flesh Thou becamest the power of the weak, the resurrection of the fallen and the incorruption of the dead, for Thou hast been glorified.

God the Creator, the Restorer Who was put to death, had compassion on His fallen image, raised it up which was broken down, and hath given life unto all, for He hath been glorified.

Canon of the Theotokos Ode 1, same tone.

Irmos: Traversing the impassable...

Refrain: O most holy Theotokos, save us.

Of old, the immaterial ladder and the strangely solidified path amid the sea revealed thy birthgiving, O pure one, which we all hymn, for it hath been glorified.

The Power of the Most High, the perfect Hypostasis, the Wisdom of God, Who became incarnate of thee, O most pure one, drew nigh unto men, for He hath been glorified.

The Sun of righteousness passed through the impassable door, thy closed womb, O pure one, and shone forth upon the world, for He hath been glorified.

Ode III

Irmos: The <u>de</u>sert, the barren Church of the <u>na</u>tions,/ blossomed like a <u>li</u>ly at Thine advent, O <u>Lord</u>;// and therein hath my heart been e<u>stab</u>lished.

During Thy suffering creation was altered, beholding Thee, Who founded all by Thy divine gesture, in pauper's form, mocked by the iniquitous.

With Thy hand Thou didst fashion me out of dust, in Thine image; and having descended into hades, O Christ, with Thyself Thou didst raise me up who had again been broken down into the dust of death for my sins.

Theotokion: The ranks of the angels marvelled, O most pure one, and the hearts of men have been filled with awe at thy birthgiving; wherefore, we honor thee, the Theotokos, with faith.

Canon of the Cross and Resurrection

Irmos: The bow of the mighty...

Christ Who is higher than all became a little lower than the nature of the angels through His suffering in the flesh.

Reckoned as dead with the iniquitous, O Christ, after the resurrection Thou didst appear to the women, resplendent in a crown of glory.

Canon of the Theotokos

Irmos: The bow of the mighty...

He Who, as the Creator of time, far transcendeth all time, was of His own will formed of thee as a babe, O Virgin.

Let us hymn the womb which is more spacious than the heavens, through which Adam, rejoicing, dwelleth in the heavens.

Ode IV

Irmos: Thou <u>ca</u>mest forth from the <u>Virgin</u>,/ neither a <u>me</u>diator nor an angel, but Thyself in<u>car</u>nate, O Lord,/ and hast saved me, the <u>whole</u> man;/ wherefore, I <u>cry</u> to thee:// Glory to Thy <u>pow</u>er, O Lord!

O God my Master, Thou standest before the judgment-seat as one condemned, without crying out, bringing forth judgment in behalf of the gentiles. Thereby Thou hast wrought salvation for the whole world through Thy suffering, O Christ.

Through Thy suffering, O Christ, the weaponry of the enemy failed, and by Thy descent into hades the cities of the adversary were destroyed and the audacity of the tyrant set at nought.

Theotokion: O Theotokos and Mistress, all of us, the faithful, know thee to be the haven of salvation and an immovable rampart; for through thy supplications thou dost deliver our souls from perils.

Canon of the Cross and Resurrection

Irmos: I have heard, O Lord...

Beholding Thee nailed to the Tree, O Christ, the Virgin who gave birth unto Thee without pain endured a mother's pangs.

Death was vanquished when, dead, Thou didst storm the gates of hades; for when the all-devouring one was destroyed, all things which are past nature were given to me.

Canon of the Theotokos

Irmos: I have heard, O Lord...

Lo! as the dwelling-place of the Lord, the Mother of God, the divine mountain, hath most clearly been exalted far higher than the hosts of heaven.

Having given birth beyond the laws of nature unto Him Who hath dominion over creation, O only Virgin, thou wast vouchsafed a divine calling.

Ode V

Irmos: Thou art the Mediator/ between God and man, O Christ God; / for by Thee, O Master,/ are we led up out of the night of ignorance// to Thy Father, the Source of light.

Thou didst break the audacity of the nations by Thy will, as if they were cedars, O Christ Master, for it was Thy will to be lifted up in the flesh upon the cypress, the pine and the cedar.

They laid Thee, dead and bereft of breath, in a deep pit, O Christ; yet, wounded, through thy wounds Thou didst raise up with Thyself the forgotten dead who slept in the graves.

Theotokion: Entreat thy Son and Lord, O pure Virgin, that He grant peace unto those who hope in thee and deliverance from the assaults of adversaries unto captives.

Canon of the Cross and Resurrection

Irmos: The Sun, the burning Coal...

The first Adam refused to fast and ate of the deadly tree; yet his sin was erased when the second Adam was crucified.

By human nature Thou becamest able to experience suffering and death, O Christ Who in Thine immaterial divinity art dispassionate; and untouched by corruption Thou didst raise up the dead from the nethermost parts of hades.

Canon of the Theotokos

Irmos: The Sun, the burning Coal...

O ye clouds, rain down the delight of gladness upon those on earth, for a Child hath been given, He Who hath existed from before time: Our God who is incarnate of the Virgin.

Light hath shone upon my life and flesh and destroyed the gloom of sin! In latter times the Most High became incarnate of the Virgin without seed.

Ode VI

Irmos: Whirled about in the abys of sin,/ I call upon the unfathomable abys of Thy loving-kindness:// Lead me up from corruption, O God!

The Righteous One was condemned as a malefactor and nailed to the Tree with iniquitous men, through His blood granting remission to the guilty.

Through one man, the first Adam, did death enter the world of old, and through the one Son of God hath the resurrection been revealed.

Theotokion: Thou gavest birth without having known a man, O Virgin, and thou remainest a virgin eternally, revealing the images of the true divinity of thy Son and God.

Canon of the Cross and Resurrection

Irmos: Hearkening to the sound...

Thou didst set the cherubim as guardians of the tree of life against the fallen one, yet, beholding Thee, the doors were opened; for Thou didst appear escorting the thief into paradise.

Hades was emptied and overthrown by the death of One; for the one Christ emptied it for us all of the great treasure which it had hoarded.

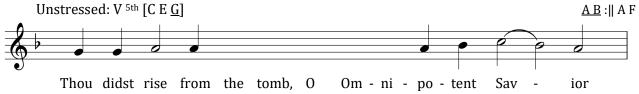
Canon of the Theotokos

Irmos: Hearkening to the sound...

Human nature, enslaved to sin, hath through thee obtained its freedom, O pure Mistress; for thy Son is slaughtered like a lamb for all.

We all cry out to thee, the true Mother of God: Deliver thy servants, who move God to wrath, for thou alone hast boldness before thy Son.

Kontakion of the Resurrection, in Tone II



Thou didst <u>rise</u> from the tomb, O Omnipotent <u>Sav</u>ior,/ and hades was terrified on beholding the <u>won</u>der;/ and the dead a<u>rose</u>, and creation at the sight thereof re<u>joic</u>eth with Thee./ And Adam also is <u>joy</u>ful,/ and the <u>world</u>, O my <u>Sav</u>ior,// <u>prais</u>eth <u>Thee</u> forever.

Ikos: Thou art the light of those in darkness; Thou art the resurrection of all and the life of men, and hast raised up all with Thyself, O Savior, abolishing the dominion of death and breaking down the gates of hades, O Word. And the dead, beholding the wonder, marvelled, and all creation rejoiceth in Thy resurrection, O Thou Who lovest mankind. Wherefore, we

all glorify and hymn Thy condescension; and the world, O my Savior, ever hymneth Thee.

Ode VII

Irmos: The com<u>mand</u> of the iniquitous tyrant, op<u>posed</u> to <u>God</u>,/ <u>rai</u>sed a <u>lof</u>ty flame;/ but Christ spread a <u>spi</u>ritual dew/ upon the <u>re</u>verent youths,// He Who is blessed and most <u>glo</u>rious.

In thy loving-kindness, O Master, Thou couldst not bear to see man tormented by death; and, becoming man, Thou didst come and save him by Thy blood. Blessed and most glorious is the God of our fathers!

Seeing Thee arrayed in the vesture of vengeance, O Christ, the gate-keepers of hades were affrighted; for Thou didst come to slay Thy servant, the mindless tyrant. Blessed and most glorious is the God of our fathers!

Theotokion: We understand thee to be holier than the Holy of holies, for thou alone gavest birth to the immutable God, O blameless Virgin, unwedded Mother; for thou hast poured forth incorruption upon all the faithful through thy divine birthgiving.

Canon of the Cross and Resurrection

Irmos: The youths of old...

Of old, in Eden, disobedience condemned our forefather; yet the most divine and most glorious God of our fathers was willingly condemned, loosing the transgressions of him who had transgressed.

Thou didst save him who was wounded in Eden by the tongue [of the serpent] through the jealousy of the slayer of man; for by Thy voluntary suffering Thou didst heal the bite he willingly took. Most divine and most glorious is the God of our fathers!

To the light Thou didst call me who walk in the shadow of death, O Thou Who didst clothe dark hades with the lightning of divinity. Most divine and most glorious is the God of our fathers!

Canon of the Theotokos

Irmos: The youths of old...

At night, Jacob beheld as in a vision the incarnate God, Who through thee hath appeared in splendor to those who chant: Most divine and most glorious is the God of our fathers!

Manifesting within thee beforehand the signs of the ineffable descent, God wrestled with Jacob, whereby He united Himself unto men of His own will, O pure one, the most divine and all-glorious God of our fathers.

Abominable is he who doth not with undoubting faith and tongue proclaim thee the Son of the Virgin, Who art one of the most hymned Trinity, crying out: Most divine and most glorious is the God of our fathers!

Ode VIII

Irmos: Once, the fiery furnace in <u>Ba</u>bylon,/ di<u>vi</u>ded its effect at the com<u>mand</u> of God,/ consuming the Chal<u>dæ</u>ans,/ but bedewing the <u>youths</u>, who sang:// Bless the Lord, all ye <u>works</u> of the Lord!

Beholding the vesture of Thy flesh stained with Thy blood, O Christ, the ranks of the angels were filled with awe and trembling at thy great longsuffering, crying aloud: Bless the Lord, all ye works of the Lord!

By Thine arising, O Compassionate One, Thou hast clothed my mortality in immortality; wherefore, in gladness Thy chosen people thankfully hymn Thee, O Christ, crying out to Thee: Death is swallowed up in victory!

Theotokion: Without seed thou didst conceive Him Who is inseparable from the Father, and He dwelt in thy womb as God and man; and thou didst ineffably give birth unto Him, O all-pure Theotokos. Wherefore, we acknowledge thee as the salvation of us all.

Canon of the Cross and Resurrection

Irmos: The thrice-blessed youths...

O Thou Who art rich in mercy, Thou wast seen to be nailed to the Cross and buried of Thine own will; and Thou didst arise on the third day, O Thou Who lovest mankind, and hast delivered all men, who chant with faith: Let all creation hymn the Lord and exalt Him supremely for all the ages.

Thou didst descend into the nethermost parts, O Christ, Thou Word of God, to deliver from corruption, by Thy divine power, that which Thou hadst created; and fashioning it without corruption, Thou didst make it a partaker of Thine everlasting glory, that, crying out, it may chant: Let all creation exalt Christ supremely unto the ages!

Canon of the Theotokos

Irmos: The thrice-blessed youths...

Through thee the One Who is incomparable in goodness and power was seen on earth and dwelt with men. And, chanting unto Him, all of us, the faithful, cry: Let all existing creation hymn the Lord and exalt Him supremely for all ages!

Truly proclaiming thee to be the pure Theotokos, we glorify thee; for thou gavest birth to the One of the Trinity Who became incarnate, to Whom, with the Father and the Spirit, we all chant: Let all creation hymn the Lord and exalt Him supremely for all the ages!

Ode IX

Irmos: Our <u>God</u> and Lord, the Son of the unoriginate <u>Fa</u>ther,/ hath re<u>vealed</u> Himself to us incarnate of the <u>Virgin</u>,/ to enlighten those in <u>dark</u>ness/ and to gather the dis<u>persed</u>.// Wherefore, let us magnify the all-hymned Theo<u>to</u>kos.

The thrice-rich tree of Thine all-pure Cross was planted on Golgotha as in paradise, O Savior; and watered with the blood and divine water of Thy side, as by a divine spring, O Christ, it hath budded forth life for us.

Crucified, O Omnipotent One, Thou didst cast down the mighty; and raising up human nature, which lay below in the stronghold of hades, Thou didst set it upon the throne of the Father. And worshipping Thee Who wilt come therewith, we magnify Thee.

Triadicon: Chanting, O ye faithful, in Orthodox manner let us glorify the threefold Unity, the consubstantial Trinity, the indivisible, all-divine essence, the thrice-radiant, the only incorrupt and never-waning Effulgence, which hath shone forth light upon us.

Canon of the Cross and Resurrection

Irmos: 0 ye faithful...

On Golgotha Thou wast lifted up on the Cross like a lamb between the condemned, O Christ, and pierced in the side by a spear. In that Thou art good, Thou didst give life unto us who are made of dust, who honor Thy divine resurrection with faith.

O all ye faithful, let us worship God Who by His own death abolished the might of death with power; for He Who raised up with Himself the dead of ages past bestoweth life and resurrection upon all.

Canon of the Theotokos

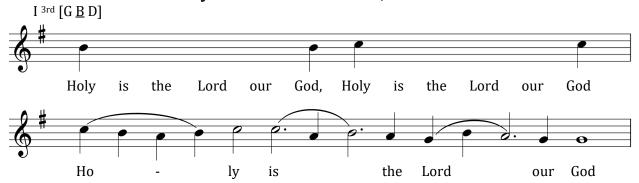
Irmos: 0 ye faithful...

In thy womb, O pure one, the Word of God was given to corrupt nature as a staff of strength; and He raised it up which had fallen headlong into hades. Wherefore, O most pure

one, we magnify thee as the Theotokos.

O Master, mercifully accept as advocate for us Thy Mother, Whom Thou didst choose. All things will be filled with Thy goodness, that we may all magnify Thee as our Benefactor.

Holy is the Lord Our God, in Tone II



Holy is the Lord our God! (Thrice)

Psalms of Praise, in Tone II



Let ev - 'ry breath praise the Lord. Praise the Lord from the hea - vens

Let <u>e</u>very breath praise the <u>Lord</u>. Praise the Lord from the <u>hea</u>vens, <u>praise</u> Him in the <u>high</u>est. To Thee is due <u>praise</u>, O <u>God</u>.

<u>Praise</u> Him, all ye His <u>angels</u>; praise Him, <u>all</u> ye His hosts. To Thee is due <u>praise</u>, O <u>God</u>.

Stichos: To do among them the judgment that is written.



Every <u>breath</u>, all creation, glorifieth <u>Thee</u>, O Lord,/ in that Thou hast abolished <u>death</u> by the Cross,/ that Thou <u>migh</u>test show men Thy resur<u>rec</u>tion from the dead,// in that Thou alone <u>lov</u>est man<u>kind</u>.

Stichos: Praise ye God in His saints,/ praise Him in the firmament of His power.

Let the <u>Jews</u> say how the soldiers who kept watch <u>lost</u> the King!/ Why did the stone not keep in the <u>Rock</u> of life?/ Either give <u>up</u> the buried corpse or worship the Risen One, <u>say</u>ing with us:/ Glory to the magnitude of Thy compassions, O our <u>Sav</u>ior!// Glory <u>be</u> to <u>Thee</u>!

Stichos: Praise Him for His mighty acts,/ praise Him according to the multitude of His greatness.

"Rejoice and be glad, O ye <u>people!</u>"/ the angel, seated upon the stone of the tomb, announced to us, <u>say</u>ing:/ "Christ is <u>risen</u> from the dead,/ the <u>Sav</u>ior of the world;/ and He

hath filled all things with sweet savor.// Rejoice, ye people, and be glad!"

Stichos: Praise Him with the sound of trumpet,/ praise Him with psaltery and harp. Before Thou wast conceived, O Lord,/ the angel brought the salutation "Rejoice!"/ to her who is full of grace;/ and an angel rolled away the stone of Thy glorious tomb at Thy resurrection:/ the one, instead of grief, announcing tidings of gladness;/ and the other, instead of death,/ proclaiming to us the Master and Bestower of life./ Wherefore, we cry out to Thee:// O Lord, Thou Benefactor of all, glory be to Thee!

Stichos: Praise Him with timbrel and dance,/ praise Him with strings and flute.

With <u>tears</u> the women poured forth myrrh up<u>on</u> Thy tomb;/ but their mouths were filled with joy when <u>they</u> could say:// The Lord is <u>ris</u>en!

Stichos: Praise Him with tuneful cymbals, praise Him with cymbals of jubilation./ Let every breath praise the Lord.

Let the <u>nations</u> and peoples praise <u>Christ</u> our God,/ Who of His own will endured the Cross for <u>our</u> sake/ and <u>spent</u> three days in <u>ha</u>des;/ and let them worship His resur<u>rec</u>tion from the dead,// whereby the ends of the whole world have been en<u>ligh</u>tened.

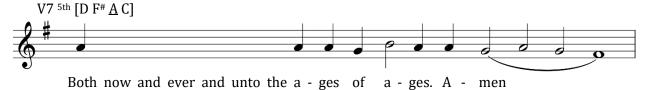
Stichos: Arise, O Lord my God, let Thy hand be lifted high;/ forget not Thy paupers to the end.

<u>Cru</u>cified and buried wast <u>Thou</u>, O Christ,/ as <u>Thou</u> didst will./ Thou didst over<u>throw</u> death and didst rise in glory as God and <u>Ma</u>ster,// granting the world life everlasting and <u>great</u> mercy.

Stichos: I will confess Thee, O Lord, with my whole heart,/ I will tell of all Thy wonders.

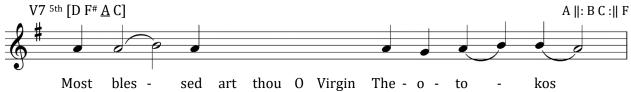
O <u>ye</u> truly iniquitous ones who <u>sealed</u> the stone,/ ye have granted us to see greater <u>won</u>ders!/ The <u>watch</u> understood that Christ had issued forth from the tomb, and <u>they</u> said:/ "Say that while we were sleeping His disciples came and <u>stole</u> Him."/ But <u>who</u> would steal a dead man, and moreover one who is <u>naked?</u>/ He arose Himself, of His own ac<u>cord</u>, as God,/ <u>leaving</u> His grave clothes be<u>hind</u> in the tomb./ Come, ye <u>Jews</u>, and see!/ How broke He <u>not</u> the seals, Who had <u>trampled</u> down death,// bestowing everlasting life and great mercy upon the <u>human race</u>?

Glory... Gospel sticheron.



both now and ever and anto the a ges of a ges. If the

Theotokion, in Tone II



Most <u>bles</u>sed art Thou, O Virgin Theo<u>to</u>kos,/ for through Him Who became incarnate of Thee is hades led <u>captive</u>,/ <u>Ad</u>am recalled, the curse annulled, <u>Eve</u> set free,/ death slain, and we are <u>given</u> life./ <u>Where</u>fore, we cry a<u>loud</u> in praise:/ Blessed is <u>Christ</u> God// Who hast been so pleased, <u>glory</u> to <u>Thee</u>.

Having Risen from the Tomb



Hav - ing ri - sen from the tomb, and hav - ing burst the bonds of had - des

Having risen from the <u>tomb</u>,/ and having <u>burst</u> the bonds of <u>ha</u>des,/ Thou hast de<u>stroy</u>ed the sentence of <u>death</u>, O Lord,/ delivering <u>all</u> from the snares of the enemy./ Manifesting Thyself to Thine A<u>pos</u>tles,/ Thou didst send them forth to <u>preach</u>;/ and through them hast <u>granted</u> Thy peace/ to the <u>world</u>,// O <u>Thou</u> Who alone art plenteous in <u>mer</u>cy.

Tone II

Sunday Morning Divine Liturgy

On the Beatitudes, in Tone II

We offer Thee the cry of the thief, and we pray: Remember us in Thy kingdom, O Savior! For the forgiveness of transgressions we offer unto Thee the Cross which Thou didst accept for our sake, O Thou Who lovest mankind.

We bow down in worship, O Master, before Thy burial and rising, whereby Thou hast delivered the world from corruption, O Thou Who lovest mankind.

By Thy death hath death been slain, O Lord, and by Thy resurrection hast Thou saved the world, O Savior.

Risen from the tomb, Thou didst meet the myrrh-bearing women; and Thou didst tell Thy disciples to announce Thine arising.

Those who slept in darkness, beholding Thee, the Light, in the nethermost parts of hades, O Christ, were raised from the dead.

Triadicon: Let us glorify the Father; let us all worship the Son, and let us hymn the Holy Spirit with faith.

Theotokion: Rejoice, fiery throne! Rejoice, bride unwedded! Rejoice, O Virgin who for men gavest birth unto God!

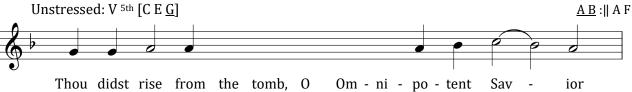
Troparion of the Resurrection, in Tone II



When Thou didst descend unto death, O Life Im-mor - tal, then didst... Thy di - vi - ni - ty

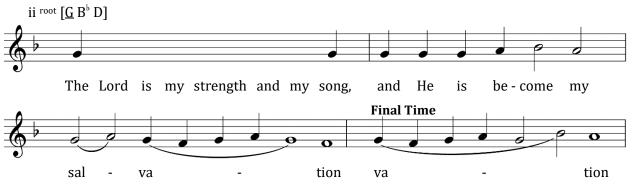
When <u>Thou</u> didst descend unto death, O Life Im<u>mor</u>tal,/ then didst Thou slay hades with the lightning of Thy di<u>vi</u>nity./ And when <u>Thou</u> didst also <u>raise</u> the dead/ out of the <u>ne</u>thermost depths,/ all the <u>Hosts</u> of the heavens <u>cried</u> out:// O Life-Giver, Christ our <u>God</u>, glory be to Thee.

Kontakion of the Resurrection, in Tone II



Thou didst <u>rise</u> from the tomb, O Omnipotent <u>Sav</u>ior,/ and hades was terrified on beholding the <u>won</u>der;/ and the dead a<u>rose</u>, and creation at the sight thereof re<u>joic</u>eth with Thee./ And Adam also is joyful,/ and the world, O my Savior,// praiseth Thee forever.

Prokeimenon, in Tone II



The Lord is my strength and my song, and He is become my salvation.

Stichos: With chastisement hath the Lord chastened me, but He hath not given me over unto death.

Alleluia, in Tone II



The Lord hear thee in the day of affliction; the name of the God of Jacob defend thee. *Stichos:* O Lord, save the king, and hearken unto us in the day when we call upon Thee.

Tone III

Saturday Evening Great Vespers

Lord I Have Cried, in Tone III



Lord, I have cried unto Thee, hear-ken un - to me. Hear-ken un - to me. O Lord

<u>Lord</u>, I have cried unto Thee, <u>hear</u>ken unto <u>me</u>. <u>Hear</u>ken unto <u>me</u>, O Lord. <u>Lord</u>, I have cried unto Thee, <u>hear</u>ken unto <u>me</u>; at<u>tend</u> to the voice of my suppli<u>ca</u>tion, when I <u>cry</u> unto Thee. Hearken unto me, O Lord.

<u>Let</u> my <u>prayer</u> be set forth, as <u>incense</u> be<u>fore</u> Thee, the <u>lift</u>ing up of my <u>hands</u> as an evening <u>sac</u>rifice. Hearken unto <u>me</u>, O Lord.

Resurrectional Stichera, in Tone III

Stichos: Bring my soul out of prison.



By Thy <u>Cross</u> hast Thou destroyed the <u>might</u> of <u>death</u>,/ O <u>Christ</u> our <u>Sav</u>ior,/ and hast <u>set</u> at nought the deception of the <u>devil</u>./ And the <u>human race</u>, <u>saved</u> by faith,/ ever <u>of</u>fereth a <u>hymn</u> unto Thee.

Stichos: The righteous shall wait patiently for me/until Thou shalt reward me.

All <u>things</u> have been illumined by Thy resur<u>rec</u>tion, O Lord;/ <u>pa</u>radise hath again been <u>opened</u>,/ and <u>all</u> creation, <u>praising Thee</u>,// ever offereth a <u>hymn</u> unto Thee.

Stichos: Out of the depths have I cried unto Thee, O Lord; / O Lord, hear my voice.

I <u>glo</u>rify the power of the <u>Fa</u>ther and the Son,/ and I <u>hymn</u> the authority of the <u>Spi</u>rit:/ the indi<u>vi</u>sible and uncreated <u>God</u>head,/ the <u>con</u>substantial <u>Trin</u>ity,// Who reigneth unto the <u>ages</u> of <u>ages</u>.

Stichos: Let Thine ears be attentive/ to the voice of my supplication.

We bow <u>down</u> before Thy precious <u>Cross</u>, O Christ,/ and we <u>hymn</u> and glorify Thy resur<u>rec</u>tion;// for by Thy <u>stripes</u> have we <u>all</u> been healed.

Stichos: If Thou shouldst mark iniquities, O Lord, O Lord, who shall stand?/ For with Thee there is forgiveness.

We <u>hymn</u> the Savior incarnate of the <u>Virgin;</u>/ for, <u>cru</u>cified for our sake, He arose on the <u>third</u> day,// granting us <u>great</u> mercy.

Stichos: For Thy name's sake have I patiently waited for Thee, O Lord, my soul hath waited patiently for Thy word,/ my soul hath hoped in the Lord.

Des<u>cending</u>, Christ proclaimed the glad tidings to those in hades, <u>say</u>ing:/ "Be of good <u>cheer</u>! Now have I <u>tri</u>umphed!/ <u>I</u> am the resur<u>rec</u>tion!/ And, <u>break</u>ing down the <u>gates</u> of death,// I will lead you up!"

Stichos: From the morning watch until night, from the morning watch/let Israel hope in the Lord.

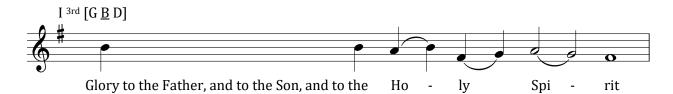
<u>Standing unworthily in Thine all-pure house, O Christ God,/ we send up our evening hymnody,/ crying out from the depths of our souls:/ O Thou Who lovest mankind,/ Who illumined the world with Thy resurrection on the third day,// rescue Thy people from the hands of Thine enemies.</u>

Then stichera for the saint from the Menaion.

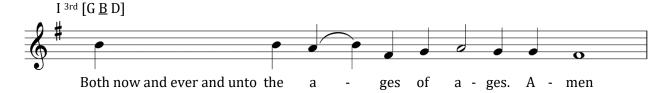
Stichos: For with the Lord there is mercy, and with Him is plenteous redemption,/ and He shall redeem Israel out of all his iniquities.

Stichos: O praise the Lord, all ye nations;/ praise Him all ye peoples.

Stichos: For He hath made His mercy to prevail over us,/ and the truth of the Lord abideth forever.



Doxasticon for the saint or commemoration of the day.

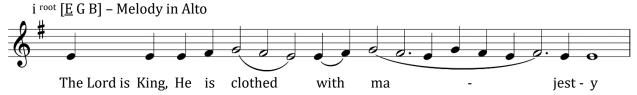


Dogmatic Theotokion, in Tone III



<u>How</u> can we not <u>mar</u>vel/ at thy <u>giv</u>ing birth to the God-man, O all-<u>hon</u>ored one./ For with<u>out</u> having accepted the temptation of a man, O all im<u>mac</u>ulate one,/ without a <u>fa</u>ther thou gavest birth in the <u>flesh</u> to a Son/ Who was be<u>got</u>ten without a mother before the <u>ages</u>,/ with<u>out</u> His undergoing change, confusion or di<u>vision</u>,/ yet pre<u>ser</u>ving intact the character of both <u>es</u>sences./ <u>Where</u>fore, O Virgin Mother and <u>Mis</u>tress,/ en<u>treat</u> Him, that the souls of those who in Orthodox <u>man</u>ner// confess thee to be the Theo<u>to</u>kos be saved.

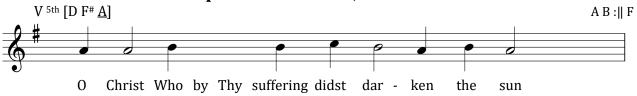
Prokeimenon on Saturday Evening, in Tone VI



The Lord is King, He is <u>clothed</u> with <u>majesty</u>.

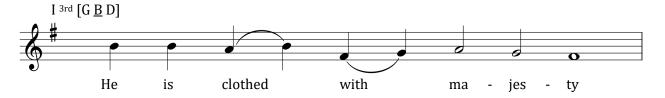
Stichos: The Lord is clothed with strength and He hath girt Himself. *Stichos:* For He established the world which shall not be shaken. *Stichos:* Holiness becometh Thy house, O Lord, unto length of days.

Aposticha Stichera, in Tone III



O <u>Christ</u> Who by Thy suffering didst <u>dar</u>ken the sun,/ and with the <u>light</u> of Thy resurrection hast il<u>lum</u>ined all things:/ Ac<u>cept</u> our evening <u>hym</u>nody,// O <u>Thou</u> Who <u>lov</u>est mankind.

Stichos: The Lord is King.



Thy <u>life</u>-bearing resurrection hath illumined the whole <u>u</u>niverse, O Lord,/ and re<u>stored</u> corrupted creation./ <u>Where</u>fore, loosed from the curse of Adam, we <u>cry</u> out:// O almighty Lord, <u>glo</u>ry be to Thee!

Stichos: For He hath established the world/ which shall not be shaken.

Though <u>Thou</u> art God im<u>mu</u>table,/ yet <u>suf</u>fering in the flesh Thou wast <u>al</u>tered./ Creation, unable to bear the sight of Him <u>hanging</u> [on the Cross],/ fell <u>prostrate</u> in <u>fear</u> and groaned;/ and it <u>hymneth</u> Thy long-<u>suf</u>fering./ Having des<u>cended</u> into <u>hades</u>,/ <u>Thou</u> didst arise on the <u>third</u> day,// granting life and great <u>mercy</u> to the world.

Stichos: Holiness becometh Thy house, O Lord,/ unto length of days.

Thou didst endure <u>death</u>, O Christ,/ that <u>Thou</u> mightest deliver our <u>race</u> from death;/ having <u>risen</u> from the dead on the <u>third</u> day,/ Thou didst <u>raise</u> with Thyself those who acknowledged <u>Thee</u> as God;/ and <u>Thou</u> hast en<u>ligh</u>tened the world.// O Lord, <u>glo</u>ry be to Thee!

Glory..., from the Menaion, if there is a doxasticon provided.



Resurrectional Theotokion, in Tone III

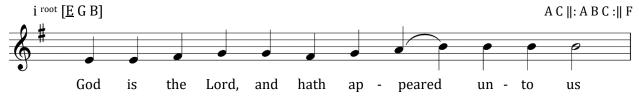


<u>Through</u> the divine <u>Spi</u>rit,/ by the <u>will</u> of the <u>Fa</u>ther,/ without <u>seed</u> thou didst conceive the <u>Son</u> of God/ Who hath existed without mother from before the <u>ages</u>,/ and for our <u>sake</u> thou gavest birth in the <u>flesh</u> unto Him/ Who came <u>forth</u> from thee without <u>fa</u>ther;/ and <u>thou</u> didst nurture Him on <u>milk</u> as a babe./ Where<u>fore</u>, cease <u>not</u> to pray// that our souls be delivered from tribulations.

Tone III

Sunday Morning Matins

God is the Lord, in Tone III



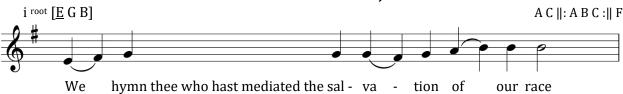
God is the Lord and hath appeared unto \underline{us} . Blessed is he that cometh in the \underline{name} of the Lord.

Troparion of the Resurrection, in Tone III



Let the heavens be <u>glad</u>;/ let earthly <u>things</u> rejoice;/ for the Lord hath wrought <u>might</u> with His arm./ He hath trampled down <u>death</u> by death;/ the firstborn of the <u>dead</u> hath He become./ From the belly of <u>ha</u>des/ hath He de<u>liv</u>ered us// and hath granted to the <u>world</u> great <u>mercy</u>.

Resurrectional Theotokion, in Tone III



We hymn thee who hast mediated the sal<u>va</u>tion of our race,/ O Virgin Theo<u>to</u>kos;/ for thy Son and our <u>God</u>,/ accepting <u>suffering</u> on the Cross/ in the flesh He had re<u>ceived</u> of thee,/ hath delivered us from cor<u>rup</u>tion,// in that <u>He</u> is the <u>Lover of mankind</u>.

First Sessional Hymns, in Tone III

Christ hath arisen from the dead, the first-fruits of those who have fallen asleep, the firstborn of creation, the Creator of all that existeth; and in Himself He hath restored the nature of our race which had become corrupt. No longer dost thou have dominion, O death, for the Master of all hath destroyed thy realm!

Stichos: Arise, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end.

Having tasted the fruit of death, O Lord, Thou didst cut off the bitterness of death by Thine arising, and hast strengthened man against it, revoking the defeat of the primal curse. O Lord, Defender of our life, glory be to Thee!

Glory..., Now and ever..., Theotokion:

Awed by the beauty of thy virginity and thine all-radiant purity, Gabriel, marvelling, cried out to thee, O Theotokos: "What praise can I bring which is worthy of thee? What shall I call thee?" I am at a loss and filled with awe! Wherefore, as I have been commanded, I cry unto thee: "Rejoice, O thou who art full of grace!"

Second Sessional Hymns, in Tone III

Special Melody: Awed by the beauty

Terrified of Thine immutable divinity and voluntary suffering, O Lord, hell lamented to itself; saying: "I tremble before a Being of incorrupt flesh; I behold One invisible, Who mystically contendeth against me. Wherefore, I hold fast to those who cry: Glory to Thy resurrection, O Christ!"

Stichos: I will confess Thee, O Lord, with my whole heart, I will tell of all Thy wonders. O ye faithful, let us theologize concerning the incomprehensibility of the crucifixion, the ineffability of the resurrection, the unspeakable mystery; for today death and hell have

been made captive, and the human race hath been clothed in incorruption. Wherefore, giving thanks, we cry unto Thee: Glory to Thine arising, O Christ!

Glory..., Now and ever..., Theotokion:

O Theotokos, thou didst mystically contain in thy womb the Unapproachable and Uncircumscribable One, Who is consubstantial with the Father and the Spirit, and through thy birthgiving we have learned to glorify in the world the one and unconfused power of the Trinity. Wherefore, with thanksgiving we cry out to thee: Rejoice, O thou who art full of grace!

Hypacoï, in Tone III

Amazing the myrrh-bearing women by the sight of Him, and refreshing them by his words, the radiant angel said to them: "Why seek ye the Living in the tomb? He Who hath emptied the graves hath arisen! Understand the Changer of corruption to be immutable! Say ye unto God: How awesome are Thy works, for Thou hast saved the human race!"

Songs of Ascent, in Tone III Antiphon I



Thou didst move the captivity of Sion away from <u>Babylon</u>, O Word.// Draw me also forth from the passions unto life.

They who sow in the south with <u>tears</u> divine// shall joyfully reap the grain of <u>life</u> ever-<u>lasting</u>.

Glory..., Both now...

<u>Un</u>to the Holy Spirit, as to the <u>Fa</u>ther and the Son,/ <u>shin</u>eth all thanks<u>giv</u>ing,// wherein all things <u>live</u> and move.

Antiphon II

If the <u>Lord</u> buildeth not the house of the <u>vir</u>tues,/ in <u>vain</u> do we <u>la</u>bor;/ and when the <u>Spi</u>rit pro<u>tec</u>teth it,// no one will destroy our <u>city</u>.

<u>Through</u> the Spirit are the saints ever adopted by <u>Thee</u>, O Christ,// as the fruit of <u>Thee</u> and the Father.

Glory..., Both now...

<u>Through</u> the Holy Spirit are all holiness and <u>wis</u>dom perceived;/ for He <u>bring</u>eth every created thing into ex<u>ist</u>ence./ <u>Him</u> do we worship, for <u>He</u> is God,// like the <u>Fa</u>ther <u>and</u> the Word.

Antiphon III

<u>Bles</u>sed are they who <u>fear</u> the Lord,/ who <u>walk</u> the path of the com<u>mand</u>ments;// for they shall eat of all the <u>fruits</u> of life.

Be Thou glad, O Chief Shepherd,/ beholding Thine offspring round about Thy <u>table</u>,// bearing the branches of <u>good</u>ly works.

Glory..., Both now...

From the Holy <u>Spi</u>rit are all the riches of <u>glo</u>ry;/ from <u>Him</u> are grace and life for every creation:// for He is hymned with the <u>Fa</u>ther and the Word.

Prokeimenon, in Tone III



Say among the nations that the Lord is king; for He hath established the world, which shall not be shaken.

Stichos: O sing unto the Lord a new song.

Let Every Breath Praise the Lord, in Tone III

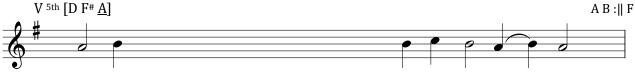


Let every breath praise the Lord, praise the Lord.

The Canon, in Tone III

Ode I

Canon of the Resurrection



He Who of old gathered the waters into one at His di - vine be - hest

Irmos: <u>He</u> Who of old gathered the waters into one at His di<u>vine</u> behest/ and <u>part</u>ed the sea for the people of <u>Is</u>rael,/ is our <u>God</u> and is most <u>glo</u>rious.// To Him let us chant, for He hath been <u>glo</u>rified!

Refrain: Glory to Thy holy resurrection, O Lord!

Our God is He Who cursed the earth to bring forth as fruit thorns through the sweat of the transgressor, and in the flesh receiveth a crown of thorns from the hands of the transgressors of the law. He hath abolished the curse, in that He hath been glorified.

He of Whom death was afraid hath appeared as the vanquisher and victor over death; for having assumed animate flesh subject to sufferings, and contended against the tyrant, He hath raised all up with Himself. He is our God, for He hath been glorified.

Theotokion: All nations glorify thee as the true Theotokos who gave birth without seed; for He is our God Who, having descended into thy sanctified womb, became of our essence. God and Man was born of thee.

Canon of the Cross and the Resurrection Ode 1, same tone.

Irmos: O ye people, let us chant a new song...

Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

The human race was enslaved by the sin-loving tyrant, but Christ redeemed it by His divine blood, and having deified it hath restored it, in that He hath been glorified.

Christ, Who is the treasury of life, desiring to experience death as one mortal, tasted thereof; and as One immortal by essence, He imparted life to mortals, for He hath been glorified.

Canon of the Theotokos Ode 1, same tone.

Irmos: Same as that of the foregoing canon.

Refrain: 0 most holy Theotokos, save us.

Every heavenly being fittingly bendeth its knee, with those of earth and those in the nethermost parts, before Him Who became incarnate of thee, O Virgin; for He hath been glorified.

O the reconciliation which took place within thee! For He Who abundantly bestoweth gifts hath as God given us the divine Spirit, having received flesh of thee, O Maiden, in that He hath been glorified.

Ode III

Irmos: O Most <u>High</u>, Thou <u>Rul</u>er of all,/ Who out of nonex<u>ist</u>ence/ hast <u>brought</u> all things, which are <u>fa</u>shioned by Thy Word/ and made per<u>fect</u> by the <u>Spi</u>rit:// Con<u>firm</u> me in Thy love!

The ungodly one was confounded by Thy Cross, for he fell into the pit which he dug; but in Thy resurrection, O Christ, Thou didst raise up the lowly.

The preaching of piety to the nations covered them like the water of the sea, O Thou Who lovest mankind; for having risen from the tomb, Thou didst reveal the light of the Trinity.

Theotokion: All-glorious things have been said of thee, O animate city of Him Who reigneth forever; for through thee, O Mistress, did God come to dwell with those on earth.

Canon of the Cross and Resurrection

Irmos: Thou hast broken the bow...

O all-precious Cross, thou hast been shown to be the cleansing away of the impurities of the idols, for Jesus all-divine stretched forth His hands upon thee.

O Life-receiving tomb, all of us, the faithful, bow down before thee; for Christ our God was truly buried in thee and hath arisen.

Canon of the Theotokos

Irmos: Same as that of the foregoing canon.

The Virgin, having sprung forth as the rod of the root of Jesse, as said the prophets, put Thee forth as a flower for us, O Christ. Holy art Thou, O Lord!

That Thou mightest cause mortals to partake of the divine, Thou didst abase Thyself, receiving our flesh from the Virgin. Holy art Thou, O Lord!

Ode IV

Irmos: Thou hast shown us constant <u>love</u>, O Lord,/ for <u>Thou</u> didst give Thine only-begotten Son over to <u>death</u> for us./ <u>Where</u>fore, in thanksgiving we <u>cry</u> to Thee:// Glory <u>to</u> Thy <u>pow</u>er, O Lord!

In Thy mercy Thou didst withstand wounds and stripes, O Christ, enduring the malice of blows to Thy cheeks; and with long-suffering deigning to be spit upon, Thou didst thereby accomplish salvation for me. Glory to Thy power, O Lord!

Thou didst partake of death in a mortal body, O Life, for the sake of the suffering of the poor and the groans of Thy paupers; and having brought corruption upon the corrupter, O All-glorious One, Thou didst resurrect all with Thyself, in that Thou hast been glorified.

Theotokion: Remember, O Christ, the flock which Thou hast acquired by Thy suffering; and accepting the merciful entreaties of Thine all glorious Mother. Deliver it by Thy power, O Lord, visiting it in its affliction.

Canon of the Cross and the Resurrection

Irmos: Strange and ineffable...

O Thou Who lovest mankind, Who fashioned man in Thine image: crucified on Golgotha for the sake of him who was slain by the sin of disobedience, Thou didst save him.

Death surrendered the dead whom it had sacrificed; and the corrupt kingdom of hell was destroyed when Thou didst arise from the grave, O Lord.

Theotokion: O pure Mary, thou golden censer, when God the Word, as One of the Trinity, became incarnate, descending into thee, He filled the world with sweet fragrance.

Canon of the Theotokos

Irmos: Same as that of the foregoing canon.

O Master, Who set the mountains in the scales of divine understanding, Thou wast cut from the stone of the Virgin without the aid of men's hands. Glory to Thy power, O Thou Who lovest mankind.

Thou hast healed our infirm nature, O Master, within the Virgin uniting to it Thine all-

pure divinity, a most speedy remedy, O Word.

Thou art my portion and desired inheritance, O Lord, Who, having become a hypostasis in flesh from the Virgin, hast united me to Thy Hypostasis, O Word.

Ode V

Irmos: I rise <u>early</u> unto Thee, the Creator of all,/ Who trans<u>cend</u>est every <u>mind</u> in the world;/ for Thy commandments are light,// wherein do Thou direct me.

Through the envy of the Jews, Thou wast given over to an unjust judge, O Beholder of all. And Thou who judgest the whole earth with justice hast delivered ancient Adam from condemnation.

O Christ Who hast risen from the dead, grant Thy peace unto Thy Churches through the invincible power of Thy Cross, and save Thou our souls.

Theotokion: O only Ever-virgin, thou hast been shown to be the holy tabernacle and more spacious than the heavens, in that thou didst receive the Word of God, Whom all creation cannot contain.

Canon of the Cross and Resurrection

Irmos: Thou hast appeared on earth...

Pierced by a spear in Thy side, O my Christ, Thou didst free from the curse her who was formed from the side of man, and who brought destruction upon all men.

O Christ our Savior, Who art equal to the Father in essence, Thou didst raise from the dead the sacred temple of Thine all-pure and most precious body.

Canon of the Theotokos

Irmos: Same as that of the foregoing canon.

Thy Son, the Word of God, O Virgin, the Creator of Adam the first-formed, is not a created being, even though He fashioned animate flesh for Himself out of thee.

Thy Son, the Lord Jesus, the Word of God, O Virgin, a Hypostasis perfect in two natures, is perfect God and perfect man.

Ode VI

Irmos: The <u>ut</u>termost abyss of sins hath engulfed me,/ and my <u>spi</u>rit doth <u>per</u>ish./ But, <u>stretch</u>ing forth Thine upraised arm, O <u>Mas</u>ter,/ save me as Thou didst <u>Pe</u>ter, O <u>Helms</u>man!

An abyss of mercy and compassions hath surrounded me through Thy compassionate descent; for having become incarnate and taken on the form of a servant, O Master, Thou didst deify me, glorifying me with Thyself.

The slayer underwent death, beholding Him Who was dead alive again. These were images of Thy resurrection, O Christ, and of Thine all-pure, vanquishing sufferings.

Theotokion: O all-pure one who alone dost mediate before the Creator and men, in manner past understanding: entreat thy merciful Son, and be thou a champion for thine all-sinful servants.

Canon of the Cross and Resurrection

Irmos: As a natural image of a sojourn...

Having been tested with wounds by Thy suffering of the Cross, Thou didst raise up with Thyself those wounded by hell. Wherefore, I cry out: Lead up my life from corruption, O Thou Who lovest mankind!

The gates of hell opened unto Thee in fear, and the vessels of the enemy were plundered. Wherefore, the women met Thee, receiving joy instead of grief.

Canon of the Theotokos

Irmos: Same as that of the foregoing canon.

He Who shareth no form receiveth our form from the incorrupt Virgin, becoming man in form and matter without changing in His divinity.

O all-pure one, deliver me from the abyss of sins and the tempest of the passions, for thou art a haven and an abyss of miracles for those who have recourse unto thee with faith.

Kontakion of the Resurrection, in Tone III



Thou didst rise today from the tomb, O <u>Mer</u>ciful One,/ and didst lead us out of the <u>gates</u> of death./ Today Adam danceth and Eve rejoiceth;/ and together with them both the Prophets and the <u>Pa</u>triarchs// unceasingly praise the divine <u>might</u> of Thine auth<u>or</u>ity.

Ikos: Let heaven and earth join chorus today and with one mind hymn Christ God, for He hath raised the prisoners up from the graves. All creation rejoiceth, offering worthy hymns to our Deliverer, the Creator of all; for having led men up from hell today, in that He is the Bestower of life, He exalteth them to the heavens with Him, doth cast down the arrogance of the enemy, and breaketh down the gates of hell by the divine might of His authority.

Ode VII

Irmos: As of <u>old</u> Thou didst bedew the three pious <u>chil</u>dren/ <u>in</u> the Chal<u>dæ</u>an flame,/ with the <u>ra</u>diant fire of Thy di<u>vi</u>nity/ il<u>lum</u>ine <u>us</u> who cry:// Blessed is the <u>God</u> of our <u>fathers!</u>

The splendid veil of the temple was rent in twain at the crucifixion of the Creator, revealing the truth hidden in the Scripture unto the faithful who cry: O God of our fathers, blessed art Thou!

When Thy side was pierced, O Christ, with the drops of Thy divinely flowing and life-creating blood, which fell upon the ground according to Thy design, Thou didst restore those on earth, who cry: O God of our fathers, blessed art Thou!

Triadicon: Let us glorify the good Spirit with the Father and the only-begotten Son, O ye faithful, worshipping the one Godhead and Sovereignty in three, crying: O God of our fathers, blessed art Thou!

Canon of the Cross and Resurrection

Irmos: Proud was the tyrant...

Beholding God incarnate, and not a simple man, hanging upon the Cross, the sun was darkened. And unto Him do we chant: O Lord God of our fathers, blessed art Thou!

Terrified, hell received the Bestower of incorruption Who is mighty in divinity, and it vomited forth the souls of the righteous, who cried: Blessed art Thou, O Lord God of our fathers!

Theotokion: O all-pure one, thou hast been shown to be a priceless treasure of blessing for those who with a pure heart confess thee to be the Theotokos; for from thee did the God of our fathers become incarnate.

Canon of the Theotokos

Irmos: Same as that of the foregoing canon.

O Thou Who art the Lord of glory, Who ruleth the heavenly hosts, Who sittest with the Father, and art borne in the Virgin's arms: O Lord God of our fathers, blessed art Thou!

Harsh is death, yet when Thou didst unite Thyself to it, having become divinely hypostatic flesh through the Virgin, Thou didst destroy it. Blessed art Thou, O Lord God of our fathers.

We have all come to know thee as the Theotokos who gave birth unto God; for thou didst bear one of the Trinity, Who had become incarnate of thee. Blessed is the Fruit of thy womb, O all-pure one!

Ode VIII

Irmos: United in the unbearable fire,/ yet unharmed by its flame,/ the pious youths chanted a divine hymn in intercession:/ Bless the Lord, all ye works of the Lord,// and exalt Him supremely for all ages!

The splendor of the temple was rent in twain when Thy Cross was planted on Golgotha, and creation fell down in fear, singing: Bless the Lord, all ye works of the Lord! Hymn and exalt Him supremely forever!

Thou didst rise from the tomb, O Christ, and by Thy divine power didst set aright him who fell, deceived into eating of the tree; and he crieth and saith: Bless the Lord, all ye works of the Lord! Hymn and exalt Him supremely forever!

Theotokion: Thou hast been shown to be the temple of God, an animate habitation, and the ark; for thou, O all-pure Theotokos, hast reconciled the Creator with men, and all of us, His works, hymn thee fittingly and exalt Him supremely for all ages.

Canon of the Cross and Resurrection

Irmos: With immaterial flame the God-seeing children...

God, the dispassionate Word, Who in His divinity is not subject to the passions, suffereth in the flesh. Unto Him let us chant: Bless the Lord, all ye works of the Lord! Hymn and exalt Him supremely forever!

Having fallen asleep as one mortal, Thou didst arise as one immortal, O Savior; and Thou savest from death those who chant: Bless the Lord, all ye works of the Lord! Hymn and exalt Him supremely forever!

Triadicon: Let us piously serve the Godhead in three Persons, Who is ineffably united; and let us chant: Bless the Lord, all ye works of the Lord! Hymn and exalt Him supremely forever!

Canon of the Theotokos

Irmos: Same as that of the foregoing canon.

As the Mother of God and one close to Him, thou didst surpass the noetic ranks. We bless thine Offspring, O blessed Virgin, and exalt Him supremely for all ages.

Thou didst show forth a natural beauty, most comely, which illumineth the flesh of the Divinity. We bless thine Offspring, O blessed Virgin, and exalt Him supremely for all ages.

Ode IX

Irmos: A <u>won</u>der <u>new</u> and divine:/ the <u>Lord</u> manifestly passeth through the closed door of the <u>Virgin,</u>/ <u>na</u>ked at His <u>en</u>try;/ and <u>God</u> doth reveal Himself as corporeal as He <u>is</u>sueth forth;/ and <u>yet</u> the gate re<u>main</u>eth shut.// Ineffably let us magnify <u>her</u> as the <u>Mo</u>ther of God.

Awesome is it to behold Thee, the Creator, O Word of God, uplifted upon the Tree: God suffering in the flesh for His servants, and lying in the tomb, bereft of breath, and releasing the dead from hell. Wherefore, O Christ, we magnify Thee as omnipotent.

Placed dead in the tomb, Thou didst save the forefathers from the corruption of death; and, raising up the dead, Thou didst cause life to blossom forth, guiding human nature to the light and clothing it in divine incorruption. Wherefore, we ever magnify Thee as the Light of life.

Theotokion: Thou hast been shown to be the temple and throne of God, wherein He Who is in the highest dwelt, born of thee who knewest not man, O most pure one, without in any wise opening the gates of thy flesh. Wherefore, O pure one, by thine unceasing supplications quickly and utterly subdue the barbaric nations.

Canon of the Cross and Resurrection

Irmos: Wounded with the sweet arrow...

From a dishonorable death Thou hast poured forth honor upon all men; and having tasted thereof through Thy crucifixion, O Christ our Savior, Thou hast given me incorruption through Thy mortal essence, in that Thou lovest mankind.

Rising from the tomb, O Christ, Thou didst save me; and thou didst ascend and lead me to Thy Father Who begat Thee; and Thou hast seated me at His right hand in the loving-kindness of Thy mercy, O Lord.

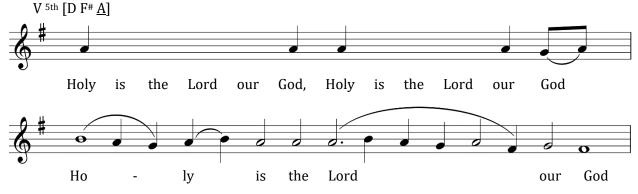
Canon of the Theotokos

Irmos: Same as that of the foregoing canon.

The pious and faithful can never have enough of thy praises, O Virgin; for ever receiving divine and spiritual desire through desire, we magnify thee as the Mother of God.

Thou hast appointed for us an unashamed advocate, her who gave Thee birth, O Christ. Through her entreaties Thou givest us the merciful Spirit, the Bestower of goodness, Who through Thee proceedeth from the Father.

Holy is the Lord Our God, in Tone III



Holy is the Lord our God! (Thrice)

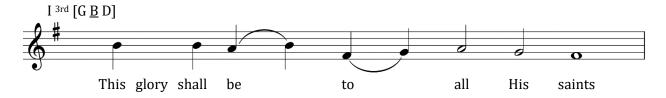
Psalms of Praise, in Tone III



Let <u>every breath</u> praise the Lord. <u>Praise</u> the Lord from the <u>hea</u>vens, <u>praise</u> Him in the highest. To Thee is due <u>praise</u>, O <u>God</u>.

Praise Him, all ye His angels; praise Him, all ye His hosts. To Thee is due praise, O God.

Stichos: To do among them the judgment that is written.



<u>Come</u>, all ye nations, and understand the power of the dread <u>mys</u>tery;/ for <u>Christ</u> the Savior, Who in the beginning <u>was</u> the Word,/ was <u>cru</u>cified for our sake and <u>bur</u>ied,/ and <u>rose</u> from the dead, that He might <u>save</u> all.// Let us <u>wor</u>ship Him.

Stichos: Praise ye God in His saints,/ praise Him in the firmament of His power.

<u>Those</u> who guarded Thee declared all the <u>won</u>ders, O Lord;/ but the <u>coun</u>cil of vainglory filled their <u>hands</u> with a reward,/ in<u>ten</u>ding thus to conceal Thy resur<u>rec</u>tion,/ which the <u>world</u> doth <u>glo</u>rify.// Have <u>mer</u>cy upon us!

Stichos: Praise Him for His mighty acts,/ praise Him according to the multitude of His greatness.

<u>All</u> were filled with joy, experiencing the resur<u>rec</u>tion;/ for Mary <u>Mag</u>dalene went to the tomb and found an angel seated up<u>on</u> the stone,/ <u>clad</u> in shining <u>rai</u>ment, who said:/ "Why <u>seek</u> ye the Living a<u>mong</u> the dead?/ <u>He</u> is not here, but is <u>ris</u>en as He said,// going be<u>fore</u> you to Galilee!"

Stichos: Praise Him with the sound of trumpet,/ praise Him with psaltery and harp. In Thy <u>light</u> do we be<u>hold</u> light,/ O <u>Mas</u>ter Who <u>lovest mankind;/ for Thou</u> didst <u>rise</u> from the dead,/ <u>grant</u>ing salvation to the <u>human race./ Let all</u> creation glorify Thee Who alone art <u>sin</u>less./ Have <u>mer</u>cy upon us!

Stichos: Praise Him with timbrel and dance,/ praise Him with strings and flute.

With <u>tears</u> the myrrh-bearing women offered Thee a morning <u>hymn</u>, O Lord;/ for, <u>taking</u> sweet-smelling <u>spi</u>ces,/ they <u>went</u> to Thy tomb, intending to embalm Thine all-pure <u>bo</u>dy./ But an <u>angel</u>, seated up<u>on</u> the stone,/ an<u>nounced</u> to them: "Why seek ye the Living a<u>mong</u> the dead?/ For <u>He</u> is <u>risen</u> as God,// trampling down death and granting great mercy unto all!"

Stichos: Praise Him with tuneful cymbals, praise Him with cymbals of jubilation./ Let every breath praise the Lord.

The <u>radiant</u> angel, seated on Thy life-creating tomb,/ <u>said</u> to the myrrh-bearing <u>wo</u>men:/ "The De<u>liv</u>erer Who hath emptied the graves hath made hades <u>cap</u>tive and <u>ris</u>en on the <u>third</u> day,// in that He alone is <u>God</u> Al<u>mighty!"</u>

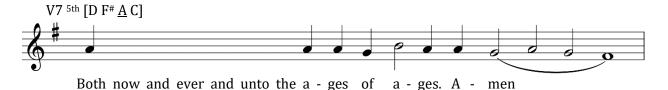
Stichos: Arise, O Lord my God, let Thy hand be lifted high;/ forget not Thy paupers to the end.

Ar<u>riving</u> on the <u>first</u> day of the week,/ Mary <u>Mag</u>dalene sought Thee <u>in</u> the tomb;/ and not <u>find</u>ing Thee, she lamented, weeping and <u>cry</u>ing aloud:/ "<u>Woe</u> is me, O my <u>Sav</u>ior!/
<u>Thou</u> hast been stolen, O <u>King</u> of all!"/ But the <u>two</u> life-bearing angels within the tomb <u>cried</u> out:/ "Why <u>weep</u>est thou, O <u>wo</u>man?"/ "I <u>weep</u>," said she, "because they have taken the <u>Lord</u> from the tomb,/ and I <u>know</u> not where they have <u>laid</u> Him!"/ But <u>turn</u>ing around, she straightway cried out as she <u>saw</u> Thee:// "O my Lord and my God, glory be to <u>Thee!</u>"

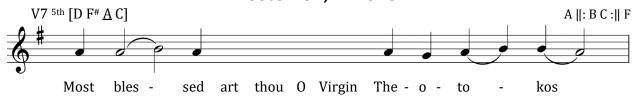
Stichos: I will confess Thee, O Lord, with my whole heart,/ I will tell of all Thy wonders.

The <u>Jews</u> closed Life with<u>in</u> the tomb,/ but the <u>thief</u> opened up delight with his tongue, crying aloud and <u>say</u>ing:/ "<u>He</u> Who was crucified with me for my sake <u>joined</u> me on the Tree,/ and hath re<u>vealed</u> Him<u>self</u> to me,/ <u>seat</u>ed on the throne with the <u>Fa</u>ther;// for He is Christ our God, Who hath <u>great</u> mercy!"

Glory... Gospel sticheron.



Theotokion, in Tone II



Most <u>bles</u>sed art Thou, O Virgin Theo<u>to</u>kos,/ for through Him Who became incarnate of Thee is hades led <u>cap</u>tive,/ <u>Ad</u>am recalled, the curse annulled, <u>Eve</u> set free,/ death slain, and we are <u>giv</u>en life./ <u>Where</u>fore, we cry a<u>loud</u> in praise:/ Blessed is <u>Christ</u> God// Who hast been so pleased, <u>glory</u> to <u>Thee</u>.

Today is Salvation Come Unto the World



To<u>day</u> is salvation come unto the <u>world</u>;/ let us <u>sing</u> praises to Him that a<u>rose</u> from the tomb,/ and is the Author <u>of</u> our life./ For, having de<u>stroyed</u> death by death,// He hath given us the victory and great <u>mer</u>cy.

Tone III

Sunday Morning Divine Liturgy

On the Beatitudes, in Tone III

From paradise didst Thou drive [our] forefather Adam, who had broken Thy commandment, O Christ; but, O Compassionate One, Thou didst cause to dwell therein the thief who confessed Thee on the cross, crying out: "Remember me, O Savior, in Thy kingdom!"

With the curse of death didst Thou condemn us who had sinned, O Lord, Bestower of life; yet having suffered in Thy flesh, O sinless Master, Thou hast granted life unto mortals who cry out: "Remember us also in Thy kingdom!"

In rising from the dead, Thou hast raised us up from the passions with Thyself through Thy resurrection, O Lord; and all the power of death hast Thou destroyed, O Savior. Wherefore, with faith we cry out to Thee: "Remember us also in Thy kingdom!"

O Thou Who as God grantest life, by Thy three days in the tomb Thou didst raise up with Thyself the dead in hell, and as One Who is good Thou hast poured forth incorruption upon all of us who with faith ever cry out: "Remember us also in Thy kingdom!"

Risen from the dead, O Savior, Thou didst first appear to the myrrh-bearing women, crying out: "Rejoice!" and through them Thou didst announce Thy resurrection to Thy friends, O Christ. Wherefore, with faith we cry out to Thee: "Remember us also in Thy kingdom!"

Moses, stretching out his arms on the mountain, prefigured the Cross and [thus] conquered Amalek. And, receiving it with faith as a mighty weapon against the demons, we all cry out: "Remember us also in Thy kingdom!"

Triadicon: O ye faithful, let us hymn the Father, Son and Holy Spirit, the one God, the one Lord, as from a single Sun; for the Trinity is thrice-luminous and enlighteneth all who cry out: "Remember us also in Thy kingdom!"

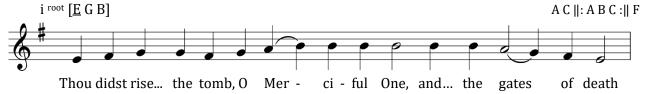
Theotokion: Rejoice, O portal of God, through which the incarnate Creator passed without breaking thy seal! Rejoice, thou light cloud which bore Christ, the divine Rain! Rejoice, ladder and throne of heaven! Rejoice, honored mountain of God, fruitful and unquarried!

Troparion of the Resurrection, in Tone III



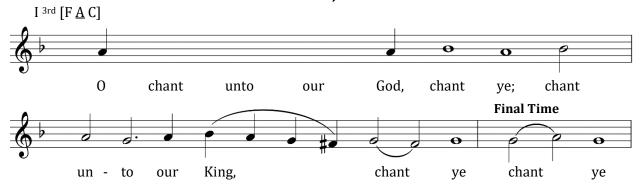
Let the heavens be <u>glad</u>;/ let earthly <u>things</u> rejoice;/ for the Lord hath wrought <u>might</u> with His arm./ He hath trampled down <u>death</u> by death;/ the firstborn of the <u>dead</u> hath He become./ From the belly of <u>ha</u>des/ hath He de<u>livered</u> us// and hath granted to the <u>world</u> great <u>mercy</u>.

Kontakion of the Resurrection, in Tone III



Thou didst rise today from the tomb, O <u>Mer</u>ciful One,/ and didst lead us out of the <u>gates</u> of death./ Today Adam danceth and Eve rejoiceth;/ and together with them both the Prophets and the <u>Pa</u>triarchs// unceasingly praise the divine <u>might</u> of Thine auth<u>or</u>ity.

Prokeimenon, in Tone III



O chant unto our God, chant ye; chant unto our King, chant ye! *Stichos:* Clap your hands, all ye nations; shout unto God with a voice of rejoicing.

Alleluia, in Tone III



In Thee, O Lord, have I hoped; let me not be put to shame in the age to come. *Stichos:* Be Thou unto me a God to defend me and a house of refuge to save me.

Tone IV Saturday Evening Great Vespers

Lord, I Have Cried V 3rd [D <u>F</u># A] A B C D E ||: C² D E :|| F

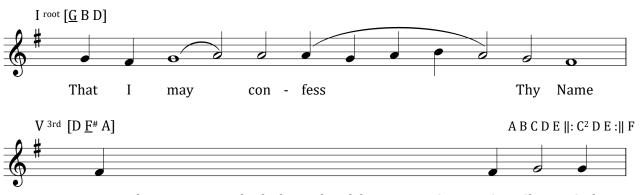
Lord, I have cried unto Thee, hearken unto me. Hearken unto me, O Lord

Lord, I have cried unto Thee, hearken unto <u>me</u>. Hearken unto <u>me</u>, O Lord. <u>Lord</u>, I have cried unto Thee, <u>hear</u>ken unto me; attend to the voice of my suppli<u>ca</u>tion, <u>when</u> I cry unto <u>Thee</u>. Hearken unto <u>me</u>, O Lord.

Let my <u>prayer</u> be set forth, as incense be<u>fore</u> Thee, the lifting <u>up</u> of my <u>hands</u> as an evening <u>sac</u>rifice. Hearken unto <u>me</u>, O Lord.

Resurrectional Stichera, in Tone IV

Stichos: Bring my soul out of prison.



Bowing down unceasingly before Thy life-creating Cross, O Christ God

Bowing down unceasingly before Thy life-creating Cross, O <u>Christ</u> God,/ we glorify Thy resurrection on the <u>third</u> day;/ for there<u>by</u> Thou hast restored corrupted human <u>na</u>ture,/ O Al<u>mighty</u>,/ and hast re<u>newed</u> for us the ascent of the <u>hea</u>vens,// in that Thou alone art good and lovest mankind.

Stichos: The righteous shall wait patiently for me/until Thou shalt reward me.

Thou hast loosed the <u>pen</u>alty/ for the disobedience committed through the tree, O <u>Savior</u>,/ having been <u>nailed</u> of Thine own will to the <u>Tree</u> of the Cross;/ and having descended into hades, O <u>Migh</u>ty One,/ as <u>God</u> Thou didst break asunder the <u>bonds</u> of death./ <u>Wherefore</u>, we worship Thy resur<u>rec</u>tion from the dead,/ crying <u>out</u> with joy:/ O Lord Al<u>mighty</u>,// glory <u>be</u> to Thee!

Stichos: Out of the depths have I cried unto Thee, O Lord; O Lord, hear my voice.

Thou didst break down the gates of <u>ha</u>des, O Lord,// and didst destroy the <u>king</u>dom of death;/ and <u>Thou</u> didst free the human race from cor<u>rup</u>tion,// granting life, incorruption and great <u>mer</u>cy to the world.

Stichos: Let Thine ears be attentive/ to the voice of my supplication.

Come, O ye people, let us hymn the Savior's rising on the <u>third</u> day,/ whereby we have been delivered from the unbreakable bonds of <u>ha</u>des,/ and have <u>all</u> received incorruption and life, <u>cry</u>ing out:/ O Thou Who alone <u>lov</u>est mankind,/ Who wast crucified, buried and hast a<u>risen</u>,// save us by Thy resur<u>rec</u>tion!

Stichos: If Thou shouldst mark iniquities, O Lord, O Lord, who shall stand?/ For with Thee there is forgiveness.

Angels and men hymn Thy rising on the third day, O <u>Sav</u>ior,/ whereby the ends of the whole world have been il<u>lu</u>mined,/ and we have <u>all</u> been delivered from enslavement to the <u>en</u>emy,/ crying out: O Savior, almighty Creator of life,/ Who a<u>lone</u> lovest mankind,// save us by Thy resur<u>rec</u>tion!

Stichos: For Thy name's sake have I patiently waited for Thee, O Lord, my soul hath waited patiently for Thy word,/ my soul hath hoped in the Lord.

Thou didst crush the <u>gates</u> of bronze,/ didst break their chains, O <u>Christ</u> God,/ and didst <u>raise</u> up the fallen <u>hu</u>man race./ Wherefore, we cry out to<u>ge</u>ther:/ O <u>Lord</u> Who hast risen <u>from</u> the dead,// glory <u>be</u> to Thee!

Stichos: From the morning watch until night, from the morning watch/ let Israel hope in the Lord.

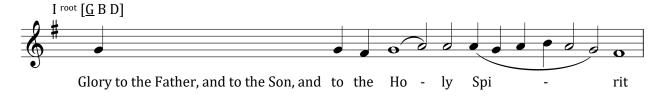
Thy begetting by the Father is everlasting and outside of <u>time</u>, O Lord;/ Thine incarnation from the Virgin is ineffable and indes<u>cri</u>bable for men;/ and Thy des<u>cent</u> into hades is fearsome for the devil and his <u>angels</u>./ For, having <u>tramp</u>led down death,/ <u>Thou</u> didst arise on the <u>third</u> day,// granting to men incorruption and great <u>mer</u>cy.

Then stichera for the saint from the Menaion.

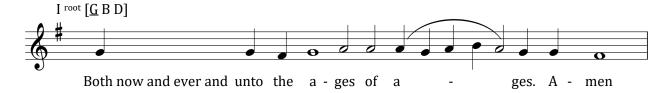
Stichos: For with the Lord there is mercy, and with Him is plenteous redemption,/ and He shall redeem Israel out of all his iniquities.

Stichos: O praise the Lord, all ye nations; / praise Him all ye peoples.

Stichos: For He hath made His mercy to prevail over us,/ and the truth of the Lord abideth forever.



Doxasticon for the saint or commemoration of the day.



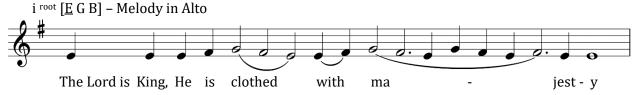
Dogmatic Theotokion, in Tone IV



The Prophet David, the fore-fath- er of God, for thy... in psalmody con- cern- ing thee

The Prophet David, the <u>forefather of God</u>,/ for thy sake gave voice beforehand in psalmody concerning thee,/ unto <u>Him</u> Who in thee accomplished <u>mighty</u> works:/ the Queen stood at Thy <u>right</u> hand./ For <u>God</u> Whose good pleasure it was to become incarnate of thee without <u>father</u>/ showed <u>thee</u>, His Mother, to be the medi<u>atress of life</u>,/ that He might renew His image which had become corrupt through the <u>passions</u>;/ and having <u>found</u> the sheep which had strayed among the mountains and be<u>come</u> lost,/ He <u>taketh</u> it upon His <u>shoulders</u>/ and bringeth it to His <u>Father</u>;/ and <u>Christ</u>, Who is possessed of great and rich <u>mercy</u>,/ in ac<u>cor</u>dance with His will, uniteth it with the hosts of <u>hea</u>ven,// and saveth the world, O Theotokos.

Prokeimenon on Saturday Evening, in Tone VI



The Lord is King, He is <u>clothed</u> with <u>majesty</u>.

Stichos: The Lord is clothed with strength and He hath girt Himself. Stichos: For He established the world which shall not be shaken. Stichos: Holiness becometh Thy house, O Lord, unto length of days.

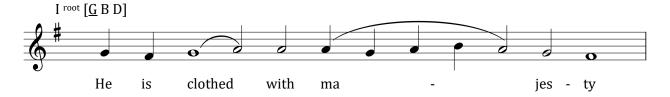
Aposticha Stichera, in Tone IV



Having ascended the Cross, O Lord, Thou didst destroy the an - ces - tral curse

Having ascended the <u>Cross</u>, O Lord,/ Thou didst destroy the an<u>ces</u>tral curse;/ and des<u>cending</u> into hades, Thou didst free the prisoners of <u>ages</u> past,/ granting incorruption to the <u>human race</u>./ Where<u>fore</u>, chanting, we <u>glorify</u>// Thy life-creating and saving resur<u>rection</u>.

Stichos: The Lord is King.



Suspended on the Tree, O Thou Who alone art <u>pow</u>erful,/ Thou didst shake all creation;/ and <u>laid</u> in the tomb, Thou didst raise up those who <u>lived</u> in the graves,/ granting incorruption and life to the <u>human race.</u>/ <u>Where</u>fore, chanting, we glorify Thine a<u>ris</u>ing// on the <u>third</u> day.

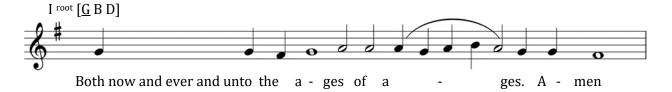
Stichos: For He hath established the world/which shall not be shaken.

Iniquitous men, having given Thee over to <u>Pi</u>late, O Christ,/ condemned thee to be <u>cru</u>cified,/ <u>showing</u> themselves ungrateful for Thy bene<u>fac</u>tions./ And of Thine own will Thou didst endure <u>burial</u>/ and didst <u>rise</u> of Thine own accord, as God, on the <u>third</u> day,/ <u>granting</u> us never-<u>ending</u> life// and great <u>mer</u>cy.

Stichos: Holiness becometh Thy house, O Lord,/ unto length of days.

The women, arriving at the <u>tomb</u> in tears,/ sought thee; and finding Thee not, they said, lamenting and crying out with <u>weeping:</u>/ "<u>Woe</u> to us, O our Savior, Thou <u>King</u> of all!/ How is it that Thou hast been <u>sto</u>len?/ What <u>place</u> holdeth Thy life-bearing <u>Body?</u>"/ And an <u>angel</u> answered them:/ "Weep <u>not</u>." he said,/ "but, going <u>forth</u>, proclaim that the Lord hath risen, <u>granting</u> us joy,// in that He alone is com<u>passionate!</u>"

Glory..., from the Menaion, if there is a doxasticon provided.



Resurrectional Theotokion, in Tone IV



Mercifully regard... 0 all - im - mac - u - late one, Quelling the uprising... a - gainst us

Mercifully regard the supplications of thy servants, O all-im<u>mac</u>ulate one,/ quelling the uprisings of the cruel demons against us,/ de<u>liv</u>ering us from every <u>sor</u>row;/ for thee alone have we as a steadfast and sure confir<u>mation</u>,/ and we have acquired thine inter<u>ces</u>sion;/ let not us that call upon thee be put to shame, O <u>Mis</u>tress./ Haste thou to answer the entreaty of those who cry out to <u>thee</u> with faith:/ Rejoice, thou help, joy and pro<u>tec</u>tion of all,// and sal<u>va</u>tion of our souls!

Tone IV

Sunday Morning Matins

God is the Lord, in Tone IV



God is the Lord and hath appeared unto us. Blessed is he that cometh in the $\underline{\text{name}}$ of the Lord.

Troparion of the Resurrection, in Tone IV



Having learned... from the an - gel and having... ancestral con - dem - na - tion

Having learned the joyful proclamation of the Resurrection from the <u>angel</u>,/ and having cast off the ancestral condem<u>na</u>tion,/ the women dis<u>ciples</u> of the Lord/ spake to the apostles ex<u>ult</u>antly:/ <u>Death</u> is despoiled/ and Christ God is <u>risen</u>,// granting to the world great <u>mer</u>cy.

Resurrectional Theotokion, in Tone IV



The mystery hidden from before the a - ges and unknown even to the an - gels

The mystery hidden from before the ages/ and unknown even to the angels,/ through thee, O Theotokos, hath been revealed to those on earth:/ God incarnate in unconfused union,/ Who willingly accepted the Cross for our sake/ and, thereby raising up the first-formed man,// hath saved our souls from death.

First Sessional Hymns, in Tone IV

Gazing upon the entrance to the tomb, and unable to endure the angel of flame, the myrrh-bearing women marvelled, trembling, and said: "Hath He been stolen away Who hath opened paradise to the thief? Or hath He risen Who even before His suffering proclaimed His resurrection? Truly, Christ hath risen, granting life and resurrection unto those in hades!"

Stichos: Arise, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end.

In Thy voluntary counsel Thou didst endure the Cross, O Savior, and in a new tomb mortal men laid Thee Who by Thy word didst create the ends of the earth. Wherefore, the alien one was bound, death taken grievously captive; and all those in hades cried out to Thy life-bearing resurrection: Christ hath arisen, remaining the Bestower of life forever!

Glory..., Now and ever..., Theotokion:

Joseph marvelled, beholding that which transcendeth nature, and pondering thy seed-less conception he dwelt in thought upon the dew which fell upon the fleece, the bush unconsumed by the fire, and the rod of Aaron which put forth branches. And thy guardian and betrothed cried out to the priests: "The Virgin giveth birth, and even after birthgiving remaineth virgin!"

Second Sessional Hymns, in Tone IV

Thou didst arise from the tomb as One Immortal, O Savior, and by Thy power didst raise Thy world up with Thyself, O Christ our God; in might Thou didst crush the dominion of death, O Merciful One, and hast shown forth the resurrection unto all. Wherefore, we glorify Thee, O Thou Who alone lovest mankind!

Stichos: I will confess Thee, O Lord, with my whole heart, I will tell of all Thy wonders. Having descended from the heights of heaven and approached the stone where the Stone of life had lain, Gabriel, arrayed in white, cried out to those who wept: "Cease your cries of lamentation, O ye who have mercy now with you! Be of good cheer, for He Whom ye seek, weeping, hath truly arisen! Wherefore, cry out to the apostles that the Lord hath risen! And receiving this joy, worship the Risen One! Be ye of good cheer, that Eve also may rejoice!"

Glory..., Now and ever..., Theotokion:

All the choirs of the apostles marvelled at the dread mystery of thy birthgiving, O pure one: how He Who holdeth all things in one hand is held in thine arms as a man, how the Preëternal One receiveth the beginning, how He Who in His ineffable goodness nurtureth every creature is fed with milk. And praising thee, they glorify thee as the true Mother of God.

Hypacoï, in Tone IV

Running on before, the myrrh-bearing women proclaimed Thine all-glorious arising to the apostles, O Christ: how, as God, Thou didst arise, granting great mercy to the world.

Songs of Ascent, in Tone IV Antiphon I



From my youth have the many pas - sions warred a - gainst me

From my <u>youth</u> have the many passions warred against me.// But do Thou help and save me, 0 my Savior.

O ye who hate <u>Sion</u>,/ ye shall be put to <u>shame</u> by the Lord;// for ye shall be withered up like <u>grass</u> by the fire.

Glory..., Both now...

By the Holy <u>Spi</u>rit/ is every soul <u>giv</u>en life,/ ex<u>alt</u>ed by <u>pu</u>rity, and made radiant by the unity of the <u>Trin</u>ity// in a sacred and mystical <u>man</u>ner.

Antiphon II

From the depths of my soul have I cried out to <u>Thee</u>, O Lord.// Let Thy divine ears be attentive unto me.

Everyone who hath set his <u>hope</u> on the Lord// is higher than all who <u>sor</u>row.

Glory..., Both now...

Through the Holy Spirit do streams of grace flow,/ watering all creation,// unto its enlivening.

Antiphon III

Let my heart be lifted up unto <u>Thee</u>, O Word,/ and let none of the delights of the world beguile me,// unto my <u>weakening</u>.

We who have love for our \underline{mo} thers// must needs be yet more ardent in our \underline{love} for the Lord.

Glory..., Both now...

From the Holy Spirit is the richness of divine <u>vision</u>,/ sight and <u>wisdom</u>;// for in Him doth the Word reveal all the precepts of the <u>Fa</u>ther.

Prokeimenon, in Tone IV



Arise, O Lord, help us, and redeem us for Thy name's sake.

Stichos: O God, with our ears have we heard.

Let Every Breath Praise the Lord, in Tone IV

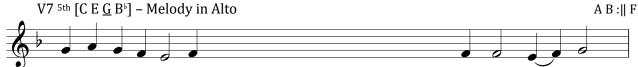


Let every breath praise the Lord, praise the Lord.

The Canon, in Tone IV

Ode I

Canon of the Resurrection



Is - ra - el of old, having traversed the depths of the Red Sea with dry - shod feet

Irmos: Israel of <u>old</u>,/ having traversed the depths of the Red Sea with <u>dry</u>shod feet,/ vanquished the might of Ama<u>lek</u>/ in the <u>wil</u>derness// by Moses' hands up<u>lift</u>ed in the <u>form</u> of the Cross.

Refrain: Glory to Thy holy resurrection, O Lord!

Thou wast lifted up upon the Tree of the Cross, setting aright our fall, O Master, and healing the destruction wrought by the tree, in that Thou art good and almighty.

Thou wast in the tomb bodily and in hades with Thy soul, as God; Thou wast in paradise with the thief and on the throne with the Father and the Spirit, O Christ, Thou Infinite One Who fillest all things.

Theotokion: At the will of the Father, through the divine Spirit thou didst conceive the Son of God without seed and gavest birth unto Him in the flesh. He Who was begotten of the Father without mother came forth from thee without father fr our sake.

Canon of the Cross and Resurrection Ode 1. same tone.

Irmos: I will open my mouth...

Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

Thou didst heal the affliction of mankind, O Lord, restoring it by Thy divine blood; and Thou didst break him who is mighty in power, who of old broke Thy creature.

Through death Thou becamest the resurrection of the dead; for the might of mortality was removed when it fought with eternal Life, the incarnate God Who hath mastery over all things.

Theotokion: More beautiful than the heavenly hosts did Thy divine and animate temple become: the Virgin, the holy mountain which bore Thee in her womb.

Canon of the Theotokos

Ode 1, same tone.

Irmos: O Thou Who wast born of the Virgin, drown Thou, I pray Thee...

Refrain: O most holy Theotokos, save us.

The people were shaken, the nations were troubled, and mighty kingdoms bowed down out of fear of thine Offspring, O pure one. For my King came: He cast down the tyrant and hath delivered the world from corruption.

Christ, Who dwelleth in the highest and descended unto mortal man, sanctified thee as His dwelling-place, and showed thee forth as unshaken. For Thou, having borne the Creator, hast remained a treasury of virginity after childbirth.

Ode III

Irmos: Thy Church rejoiceth in Thee, O <u>Christ</u>,/ <u>cry</u>ing aloud:// Thou art my strength, O Lord, my <u>re</u>fuge and my foun<u>da</u>tion!

The Tree of life, the true noetic Vine, hangeth upon the Cross, pouring forth incorruption upon all.

As One great and awesome, as the One Who cast down the arrogance of hades, and as God incorrupt, Thou hast arisen in the flesh.

Theotokion: Thou alone, who in manner transcending nature art the mediatress of good things for those on earth, becamest the Mother of God; wherefore, we offer thee "Rejoice!"

Canon of the Cross and Resurrection

Irmos: O *Theotokos, thou living and abundant fountain...*

O Savior, the serpent sank into me his fangs, full of venom, which Thou didst break with the nails which pierced, Thy hands, O Almighty Master; for there is none among the saints as holy as Thou, Who lovest mankind.

Of Thine own will Thou wast seen, dead, in the tomb, O Bestower of life; and Thou hast overthrown the gates of hades for the souls held prisoner from ages past; for there is none among the saints as holy as Thou, Who lovest mankind.

Theotokion: Thou hast been shown to be the unploughed furrow, having given birth to the Grain of life, the Mediator of immortality for all who partake of the Holy One Who in holiness abideth among the saints.

Canon of the Theotokos

Irmos: Willingly didst Thou descend from on high to earth...

The essence of men is purified, having been united through thee with the unbearable divine Fire, O all-pure Virgin, baked into Bread which was hid within thee, and Who preserved thee unharmed.

Who is this who is truly close to God? For, having surpassed all the ranks of the angels, she alone shineth forth as the Mother of the Almighty in the beauty of virginity.

Ode IV

Irmos: Beholding Thee lifted the Sun of <u>righ</u>teousness,/ lifted <u>up</u> upon the Cross,/ the Church stood <u>root</u>ed in place,/ crying <u>out</u> as is meet:// <u>Glo</u>ry to Thy power, <u>O</u> Lord!

In the suffering of Thine all-pure flesh in which Thou hadst willingly clothed Thyself, Thou didst ascend the Cross, healing my passions; wherefore, we cry out to Thee: Glory to Thy power, O Lord!

Death, having tasted Thy sinless and life-creating body, O Master, died as was meet; and we cry out to Thee: Glory to Thy power, O Lord!

Theotokion: Thou gavest birth without knowing wedlock, O Virgin, and even after giving birth thou remainest a virgin still; wherefore, with steadfast faith we cry aloud to thee, "Rejoice, O Mistress!"

Canon of the Cross and Resurrection

Irmos: Perceiving the inscrutable counsel...

Israel of the law refused to acknowledge Thee as God Who made the law, O Christ; instead, violating the law, they nailed Thee to the Tree as a transgressor, and are now unworthy of the law.

Thy divine soul, O Savior, having captured the treasuries of hades, raised up with itself the souls of ages past; and Thy life-bearing body hath poured forth incorruption upon all.

Theotokion: All of us glorify thee as the Ever-virgin and the true Theotokos, whom the bush which mingled with fire without being consumed prefigured for Moses who beheld God, O all-pure one.

Canon of the Theotokos

Irmos: Seated in glory upon the throne...

The Invisible One, becoming visible, dwelt with men; He Who is in the form of the unapproachable Divinity took on a form alien to Himself through thee, O Maiden, and He saveth those who acknowledge thee to be the pure Mother of God.

The Virgin received the Immaterial One into material participation in matter, when He became a babe through her; wherefore, He alone is known in two essences: as incarnate God and transcendent man.

He Who made His abode within thee and was born of thee without seed remained God the Word and preserved thee as virgin during thy birthgiving and virgin after birthgiving, in that He is the Master and Maker of all creation.

Ode V

Irmos: Thou camest into the world as a light, 0 my <u>Lord</u>:/ a <u>ho</u>ly light// turning from the gloom of ignorance <u>those</u> who <u>hymn</u> Thee with faith.

In Thy mercy Thou didst descend to earth, O Lord; and, lifted up upon the Tree, Thou didst raise up fallen human nature.

Thou, O Christ, hast taken away the condemnation of my transgressions; and Thou, O Compassionate One, hast destroyed the pangs of death by Thy divine resurrection.

Theotokion: Thee do we wield as an invincible sword against the enemy, O Bride of God, for we have acquired thee as our confirmation and hope of salvation.

Canon of the Cross and Resurrection

Irmos: All things are filled with awe...

Mindless hades seized Thee in its maw; for, having seen Thee nailed to the Cross, pierced by the spear, bereft of breath, it thought that Thou, the living God, wast a simple man. But testing the might of Thy divinity it understood.

The grave and hades divided the ruined temple of Thy body, O Thou Who lovest mankind, and both were against their will compelled to pay a fine: the one by giving up the souls of Thy saints, and the other their bodies, O Immortal One.

Theotokion: Behold! now hath the prophecy of the prophets been fulfilled! For thou, O Virgin who knewest not wedlock, didst have within thy womb Him Who is God over all, and gavest birth to the timeless Son for all, Who giveth peace unto all who hymn thee.

Canon of the Theotokos

Irmos: Now I shall arise...

The Son of God, making His abode within thee, made thee-for us a house of glory, the holy mountain of God, His bride, bridal-chamber and temple of sanctity, a paradise of everlasting delight, O pure one.

Through the Virgin's blood, O Christ, Thou didst receive blood which is seedless, all-pure, hypostatic, reasonable and noetic, animate, active, with a will, possessed of its own power, self-governing.

The womb of the Virgin confounded the understanding of the tyrants; for her Babe sustained the soul-destroying sting of the serpent, cast down the proud apostate, and subdued him beneath the feet of the faithful.

Ode VI

Irmos: I will sacrifice to <u>Thee</u>/ with a voice of <u>praise</u>, O Lord,/ the Church crieth unto <u>Thee</u>,/ having been cleansed of the blood of <u>demons</u>// by the blood which, for <u>mer</u>cy's

sake, flowed from Thy side.

Girded about with power, Thou didst ascend the Cross, and as God didst wrestle with the tyrant. And Thou didst cast him down from the heights and with invincible power didst raise up Adam.

Radiant and comely, Thou didst arise from the tomb, O Christ, and didst drive away all the enemies by Thy divine power; and as God Thou hast filled all with gladness.

Theotokion: O wonder newest of all wonders! For when the Virgin, without knowing man conceived in her womb, Him Who sustaineth all things, He was not confined.

Canon of the Cross and Resurrection

Irmos: I have come unto the depths...

Hades opened its maw and swallowed me, and, mindless, it puffed up its soul; but Christ, descending, led up my life, in that He loveth mankind.

Death hath perished through death; for He Who slew death hath arisen, granting me incorruption; and appearing to the women He proclaimed immortal joy.

Theotokion: Thy womb was shown to be the pure receptacle of the unbearable Godhead, O Theotokos, which the ranks of heaven were unable to gaze upon without fear.

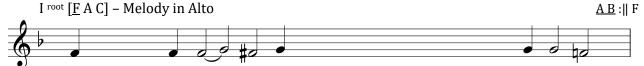
Canon of the Theotokos

Irmos: Same as the foregoing.

Of old the serpent beguiled and slew me through my first mother Eve; but now, O pure one, He Who fashioned me hath through thee called me back from corruption.

The Abyss of compassion ineffably showed thee to be His chosen abyss of miracles, O Maiden; for from thee hath Christ the pearl shone forth through the lightning-flashes of His divinity.

Kontakion of the Resurrection, in Tone IV



My Savior and Re - deem - er hath, as God, raised up the earthborn... their fet - ters

My Savior and Re<u>deem</u>er/ hath, as God, raised up the earthborn from the grave and from their <u>fet</u>ters,/ and He hath broken the gates of <u>ha</u>des,/ and, as <u>Mas</u>ter,// hath risen on the <u>third</u> day.

Ikos: O all ye mortals, let us all hymn Christ, the Bestower of life, Who hath arisen from the dead and the grave on the third day, demolished the gates of death by His own power today, slain hades, broken the sting of death, and freed Adam and Eve; and let us earnestly cry out praise, for He alone, as the only mighty God and Master, hath arisen on the third day.

Ode VII

Irmos: The children of Abraham in the Persian <u>fur</u>nace,/ afire with love of piety more than with the <u>flame</u>, cried out:// Blessed art Thou in the <u>temple</u> of Thy glory, <u>O</u> Lord!

Mankind, washed in the divine blood of Christ, hath been recalled to incorruption, and in thanksgiving it chanteth: Blessed art Thou in the temple of Thy glory, O Lord!

Thy tomb, the well-spring of our resurrection, hath been shown to be more splendid than any royal chamber, O Christ, for it bore the Life and is truly more beautiful than

paradise.

Theotokion: Rejoice, divine and sanctified dwelling of the Most High! For through thee, O Theotokos, hath joy been given unto those who cry: Blessed art thou among women, O most immaculate Mistress!

Canon of the Cross and Resurrection

Irmos: The divinely wise youths worshipped not a creation...

Lifted up upon the Tree, He Who hath saved man laid low the lofty eye and cast overweening pride down to the ground. O all-hymned Lord and God of our fathers, blessed art Thou!

By Thy power lift up the horn of those who serve Thee, O Thou Who arose from the dead and emptied hades of its former riches, the souls of many men, O Master. O all-hymned Lord and God of our fathers, blessed art Thou!

Theotokion: Following the words of God, we glorify the one Godhead united in three Lights, indivisible, the eternal Flame which enlighteneth all creation, which crieth: Blessed art Thou. O God!

Canon of the Theotokos

Irmos: The three youths in Babylon...

The fire of love for the Virgin which is within my heart moveth me to hymnody, so that I cry out to the Mother and Virgin: O blessed one, the Lord of hosts is with thee!

Thou wast shown to transcend creation, in that thou gavest birth to the Creator and Lord; wherefore, O Theotokos, I cry out to thee: O blessed one, the Lord of hosts is with thee!

Triadicon: Worshipping Thee, the one Dominion in three sanctities, indivisible, I hymn Thee, the Essence in three Hypostases, crying out to Thee, O Blessed One, Who directest all things.

Ode VIII

Irmos: Stretching forth his <u>hands</u>,/ Daniel shut the lions' <u>mouths</u> in the pit;/ and the young lovers of piety, girded about with <u>vir</u>tue,/ quenched the power of the <u>fire</u>, crying out:// Bless the <u>Lord</u>, all ye <u>works</u> of the Lord!

Stretching forth Thy hands, Thou didst gather in all the nations, O Master, and didst reveal the one Church which hymneth Thee, unto those in heaven and on earth, who sing together: Bless the Lord, all ye works of the Lord! Hymn and exalt Him supremely forever!

The angel clad in white, resplendent in the unapproachable light of the resurrection, appeared to the women, crying: "Why seek ye the Living in the tomb as one dead? Truly Christ hath arisen!" And unto Him do we cry: All ye works, hymn the Lord and exalt Him supremely for all ages!

Theotokion: Alone among all generations, O all-pure Virgin, thou hast been shown to be the Mother of God; and thou wast the habitation of the Divinity, O most immaculate one, who wast not consumed by the fire of the unapproachable Light. Wherefore, we all bless thee, O Mary, Bride of God.

Canon of the Cross and Resurrection

Irmos: The birthgiving of the Theotokos...

Creation, beholding Thine unjust slaughter, veiled itself in darkness and lamented; for when the earth was troubled, the sun clothed itself in gloom as in a black robe. And we unceasingly hymn and exalt Christ supremely forever.

Having descended to me, even unto hades, and made resurrection a way for all, thou didst ascend again, taking me with Thee on Thy shoulder, and didst bring me to the Father. Wherefore, I cry out to Thee: Hymn the Lord, O ye works, and exalt Him supremely for all ages!

Triadicon: Let us glorify the one God of all the Father, Who alone is unoriginate, the first Mind and Cause of all, and the Word Who is without beginning, and the Spirit Comforter, worshipping and exalting the united Trinity for all ages.

Canon of the Theotokos

Irmos: O Almighty Deliverer of all...

The Lord of all, Who fashioned thee of the rib of Adam, became incarnate of thy virginity. Unto Him do we cry out, chanting: Bless the Lord, all ye works, and exalt Him supremely forever!

In a shadow Abraham beheld the mystery which is in thee, the Theotokos; for he received thine incorporeal Son, chanting: Bless the Lord, all ye works! Hymn and exalt Him supremely forever!

The prefiguration of thy virginity saved those who were equal in number to the Trinity; for in their virginal bodies they trampled down the flame, O Virgin, crying: Bless the Lord, hymn and exalt Him supremely forever!

Ode IX

Irmos: Christ, the Chief Cornerstone uncut by human <u>hands</u>,/ Who united the two disparate <u>na</u>tures,/ was cut from thee, the unquarried mountain, O <u>Virgin.</u>/ Wherefore, in <u>gladness</u>// we magnify thee, O Theo<u>to</u>kos.

Thou didst wholly receive all of me into union with Thee without confusion, O my God, through Thy suffering which Thou didst endure bodily on the Cross imparting salvation wholly unto me, for the sake of Thy great compassion.

Beholding Thy tomb open and the God-bearing grave-clothes emptied by Thy resurrection, with the angels Thy women disciples said: Truly the Lord hath risen!

Triadicon: Worshipping the Oneness of the divine Essence, the Trinity of Hypostases, and honoring rightly that which is in unconfused Hypostases, equal in power and one as to adoration, let us magnify It, all ye faithful.

Canon of the Cross and Resurrection

Irmos: Let every mortal leap for joy...

Having deceitfully caused me to fall, tile serpent took me captive away from Eden; but on the hard stone of Golgotha the Lord Almighty dashed him as he were a babe, and through the tree of the Cross opened the entrance to delight again to me.

The mighty fortresses of the enemy hast Thou now brought to desolation; and with Thine almighty hand Thou hast plundered his riches, O Christ who raised me up with Thyself from the wastelands of hades; and an object of scorn hast Thou shown him to be who of old boasted beyond measure.

Come Thou, and, visiting the affliction of Thy poor people, strengthen Christians, Thine excellent inheritance, with Thy merciful and mighty arm, O Christ, in that Thou lovest mankind.

Canon of the Theotokos

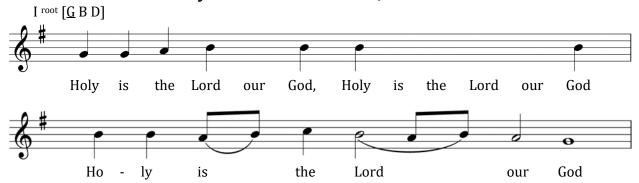
Irmos: The ineffable hidden mystery...

We behold thee as a lily, arrayed in a robe dyed by the divine Spirit, O all-pure one, resplendent amid thorns and filling with sweet fragrance those who sincerely magnify thee.

The Incorrupt One, receiving corrupt human nature from thy womb, O most immaculate one, showed it to be incorrupt within Himself, in His loving-kindness; wherefore, we magnify thee as the Theotokos.

As the Mistress of all creatures, grant thy people triumphant victory, making the enemy pacific toward the Church, that we may magnify thee, the Theotokos.

Holy is the Lord Our God, in Tone IV



Holy is the Lord our God! (Thrice)

Psalms of Praise, in Tone IV

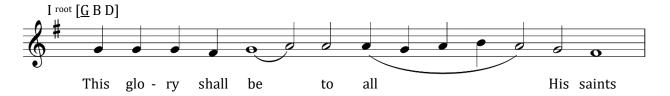


Let ev - 'ry breath praise the Lord. Praise the Lord from the hea - vens

Let every breath <u>praise</u> the <u>Lord</u>. Praise the Lord from the <u>hea</u>vens, praise Him in the highest. To Thee is due <u>praise</u>, O God.

Praise Him, all ye His angels; praise Him, all ye His hosts. To Thee is due praise, O God.

Stichos: To do among them the judgment that is written.



O Almighty Lord, Who endured the <u>Cross</u> and death,/ and <u>rose</u> from the dead,// we glorify Thy resur<u>rec</u>tion!

Stichos: Praise ye God in His saints,/ praise Him in the firmament of His power.

By Thy <u>Cross</u>, O Christ,/ hast Thou freed us from the <u>an</u>cient curse;/ by Thy <u>death</u> hast Thou set at naught the devil who tormenteth our <u>na</u>ture;/ and by Thine arising hast Thou filled <u>all</u> with joy./ <u>Where</u>fore, we cry aloud to <u>Thee</u>:// O Lord Who hast risen from the dead, <u>glory</u> be to Thee!

Stichos: Praise Him for His mighty acts,/ praise Him according to the multitude of His greatness.

By Thy Cross, O Christ our <u>Sav</u>ior,/ guide us to Thy truth, and deliver us from the snares of the <u>enemy</u>./ O <u>Thou</u> Who hast <u>risen</u> from the dead,/ through the supplications of Thy saints/ do <u>Thou</u> raise us up who have <u>fallen</u> through sin,/ <u>stretching</u> forth Thy <u>hand</u> to us,// O Lord Who <u>lov</u>est mankind.

Stichos: Praise Him with the sound of trumpet,/ praise Him with psaltery and harp. Without separating Thyself from the bosom of the Father,/ O only-begotten Son of God,/ Thou didst come to earth in Thy love for mankind,/ becoming a man immutable;/ and Thou didst endure death in the flesh,/ O Thou Who in Thy divinity art foreign to suffering./ And having risen from the dead,/ Thou hast given immortality to the human race,// in that Thou alone art Almighty.

Stichos: Praise Him with timbrel and dance,/ praise Him with strings and flute.

Thou didst accept <u>death</u> in the flesh,/ mediating immortality for us, O <u>Sav</u>ior,/ and didst <u>make</u> Thine a<u>bode</u> in the tomb,/ that Thou mightest free us from hades, raising us <u>up</u> with Thyself./ <u>There</u>fore, Thou didst suffer as a man, but didst <u>rise</u> as God,/ for which <u>cause</u> we <u>cry</u> out:/ Glory to <u>Thee</u>, O Lord,// Bestower of life, Who alone <u>lov</u>est mankind!

Stichos: Praise Him with tuneful cymbals, praise Him with cymbals of jubilation./ Let every breath praise the Lord.

The stones fell, O <u>Savior</u>,/ when Thy Cross was planted on <u>Golgotha</u>;/ and the <u>gate</u>keepers of hades were <u>struck</u> with fear/ when Thou wast laid in the <u>tomb</u> as one dead./ For <u>Thou</u>, O Savior Who hast set at naught the <u>might</u> of death,/ <u>hast</u> by Thy resurrection granted incorruption unto <u>all</u> the dead.// O Lord, Bestower of life, <u>glory</u> be to Thee!

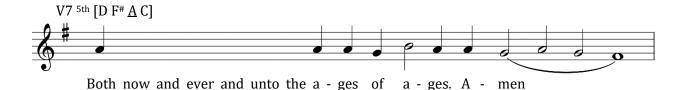
Stichos: Arise, O Lord my God, let Thy hand be lifted high;/ forget not Thy paupers to the end.

The women desired to see Thy resurrection, O <u>Christ God</u>,/ but Mary Magdalene came, arriving be<u>fore</u> them,/ and found the stone rolled a<u>way</u> from the tomb/ and an angel seated there<u>on</u>, who said:/ "Why <u>seek</u> ye the Living a<u>mong</u> the dead?// He is risen, as God, that He might <u>save</u> all!"

Stichos: I will confess Thee, O Lord, with my whole heart,/ I will tell of all Thy wonders.

Tell us, O Jews, where is Jesus Whom ye thought to guard?/ Where is He Whom ye placed in the tomb, sealing the stone?/ Give up the dead one, O ye who rejected Life,/ or believe on the Risen One!/ For if ye try to silence the word of the Lord's rising,/ the stones will cry out,/ especially the one which rolled away from the tomb!/ Great is Thy mercy! Great is the mystery of Thy dispensation!// O our Savior, glory be to Thee!

Glory... Gospel sticheron.



Theotokion, in Tone II



Most <u>bles</u>sed art Thou, O Virgin Theo<u>to</u>kos,/ for through Him Who became incarnate of Thee is hades led <u>captive</u>,/ <u>Ad</u>am recalled, the curse annulled, <u>Eve</u> set free,/ death slain, and we are <u>given</u> life./ <u>Where</u>fore, we cry a<u>loud</u> in praise:/ Blessed is <u>Christ</u> God// Who hast been so pleased, <u>glory</u> to <u>Thee</u>.

Having Risen from the Tomb



Hav - ing $\,$ ri - sen from the tomb, and hav - ing $\,$ burst the $\,$ bonds of $\,$ had - $\,$ des

Having risen from the <u>tomb</u>,/ and having <u>burst</u> the bonds of <u>ha</u>des,/ Thou hast de<u>stroy</u>ed the sentence of <u>death</u>, O Lord,/ delivering <u>all</u> from the snares of the enemy./ Manifesting Thyself to Thine A<u>pos</u>tles,/ Thou didst send them forth to <u>preach</u>;/ and through them hast <u>granted</u> Thy peace/ to the <u>world</u>,// O <u>Thou</u> Who alone art plenteous in <u>mer</u>cy.

Tone IV

Sunday Morning Divine Liturgy

On the Beatitudes, in Tone IV

By the tree [of knowledge] was Adam forced to depart from paradise; and by the tree of the Cross was the thief made to dwell in paradise. For the one by tasting broke the commandment of the Creator; while the other, crucified with Him, confessed the hidden God, crying out: Remember me in Thy kingdom!

O Lord Who wast lifted up upon the Cross, Who hast destroyed the power of death and as God hast destroyed the record of our sins, grant also the repentance of the thief unto us who faithfully serve Thee and cry out to thee, O Christ God Who alone lovest mankind: Remember us also in Thy kingdom!

On the Cross Thou didst tear asunder with the spear the record of our sins; and, numbered among the dead, Thou didst bind the tyrant of hades, O Lord Who lovest mankind, Who by Thy resurrection hast delivered all from the bonds of hades. Thereby have we been illumined, and we cry to Thee: Remember us also in Thy kingdom!

O Thou Who alone art immortal, Who wast crucified and as almighty didst arise from the tomb on the third day, and hast raised up Adam, the first created: Vouchsafe that I also may turn to repentance with my whole heart, and may ever cry out to Thee with fervent faith: Remember me, O Savior, in Thy kingdom!

For our sake He Who is without passion became a man subject to the passions; and, nailed of His own will to the Cross, He hath raised us up with Himself: Wherefore, we glorify His Cross, passion and resurrection, whereby we have been refashioned and whereby we also are saved, who cry out: Remember us also in Thy kingdom!

O ye faithful, let us entreat Him Who hath risen from the dead, hath made captive the dominion of hades, and wast seen by the myrrh-bearing women and said to them: "Rejoice!" that He deliver from corruption the souls of us who ever cry out to Him with the voice of the noble thief: Remember us also in Thy kingdom!

Triadicon: O ye faithful, let us all pray, that with one mind we may worthily glorify the Father, the Son and the Holy Spirit, the unity of the Trinity in three Hypostases, unmingled, abiding, simple, indivisible and unapproachable; for thereby have we been delivered from fiery torment.

Theotokion: O Christ, most merciful Master, Thy Mother, who gave birth unto Thee in the flesh without seed, the true Virgin, who remained incorrupt even after giving birth, do we set before Thee to make the supplication: Grant forgiveness of transgressions unto those who ever cry out to Thee: Remember us also in Thy kingdom!

Troparion of the Resurrection, in Tone IV



Having learned... from the an - gel and having... ancestral con - dem - na - tion

Having learned the joyful proclamation of the Resurrection from the <u>angel</u>,/ and having cast off the ancestral condem<u>na</u>tion,/ the women dis<u>ci</u>ples of the Lord/ spake to the apostles ex<u>ult</u>antly:/ <u>Death</u> is despoiled/ and Christ God is <u>ris</u>en,// granting to the world great <u>mer</u>cy.

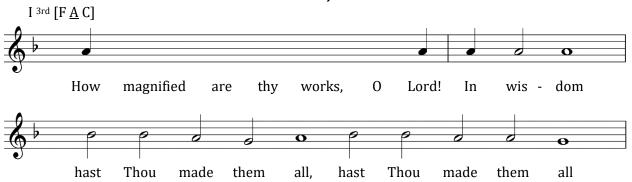
Kontakion of the Resurrection, in Tone IV



My Savior and Re - deem - er hath, as God, raised up the earthborn... their fet - ters

My Savior and Re<u>deem</u>er/ hath, as God, raised up the earthborn from the grave and from their <u>fet</u>ters,/ and He hath broken the gates of <u>ha</u>des,/ and, as <u>Mas</u>ter,// hath risen on the <u>third</u> day.

Prokeimenon, in Tone IV



How magnified are thy works, O Lord! In wisdom hast Thou made them all. *Stichos:* Bless the Lord, O my soul; O Lord my God, Thou hast been magnified exceedingly.

Alleluia, in Tone IV



Bend thy bow, and proceed prosperously, and be king, because of truth and meekness and righteousness.

Stichos: Thou hast loved righteousness and hated iniquity.

Tone V

Saturday Evening Great Vespers

Lord I Have Cried, in Tone V



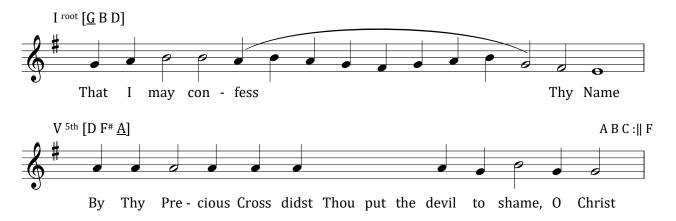
Lord, I have cried un - to Thee, hear - ken un - to me. Hear- ken un - to me, O Lord

<u>Lord</u>, I have cried unto Thee, <u>hear</u>ken unto me. Hearken unto <u>me</u>, O Lord. <u>Lord</u>, I have cried unto Thee, <u>hear</u>ken unto me; at<u>tend</u> to the voice of my suppli<u>ca</u>tion, when I <u>cry</u> unto Thee. Hearken unto me, O Lord.

<u>Let</u> my <u>prayer</u> be set forth, as incense be<u>fore</u> Thee, the <u>lift</u>ing up of my hands <u>as</u> an evening sacrifice. <u>Hear</u>ken unto <u>me</u>, O Lord.

Resurrectional Stichera, in Tone V

Stichos: Bring my soul out of prison.



By Thy <u>pre</u>cious Cross didst Thou put the devil to <u>shame</u>, O Christ,/ and by Thy resur<u>rec</u>tion didst Thou break the <u>sting</u> of sin,/ and hast <u>saved</u> us from the <u>gates</u> of death.// We glorify <u>Thee</u>, O Only-begotten One!

Stichos: The righteous shall wait patiently for me/until Thou shalt reward me.

He was <u>led</u> like a lamb to the <u>slaugh</u>ter,/ bestowing resurrection upon the <u>human race;/</u> and the <u>princes</u> of hades were a<u>fraid</u> of Him,/ and the <u>gates</u> of <u>weep</u>ing were seized,/ for Christ, the King of glory, <u>en</u>tered in,/ <u>say</u>ing to those in <u>bonds</u>: "Come forth!"// and to those in <u>darkness</u>: "Show yourselves!"

Stichos: Out of the depths have I cried unto Thee, O Lord; / O Lord, hear my voice.

<u>Great</u> is the <u>won</u>der!/ The immortal Creator of the in<u>vis</u>ible hosts,/ <u>suf</u>fering in the flesh in His love for mankind, hath <u>ris</u>en!/ <u>Come</u>, ye kindreds of the nations, let us <u>wor</u>ship Him!/ For, having been delivered from deception by His com<u>pas</u>sions,/ we have <u>learned</u> to hymn the <u>one</u> God// in <u>three</u> Hypostases!

Stichos: Let Thine ears be attentive/ to the voice of my supplication.

We <u>of</u>fer evening worship unto Thee, the never-<u>wan</u>ing Light,/ Who in the flesh shone forth upon the world as in a <u>mir</u>ror,/ <u>Who</u> at the culmination of the ages descended even unto <u>ha</u>des/ and de<u>stroyed</u> the <u>dark</u>ness there,/ and showed the nations the light of the resur<u>rec</u>tion.// O Lord, Bestower of <u>light</u>, glory <u>be</u> to Thee!

Stichos: If Thou shouldst mark iniquities, O Lord, O Lord, who shall stand?/ For with Thee there is forgiveness.

Let us <u>glo</u>rify Christ, the Author of our sal<u>va</u>tion;/ for when He <u>rose</u> from the dead,/ the <u>world</u> was saved from de<u>cep</u>tion,/ the <u>choir</u> of the <u>ang</u>els rejoiced,/ the be<u>guile</u>ment of the demons was banished, fallen <u>Ad</u>am arose,// and the <u>de</u>vil was <u>set</u> at naught.

Stichos: For Thy name's sake have I patiently waited for Thee, O Lord, my soul hath waited patiently for Thy word,/ my soul hath hoped in the Lord.

The <u>guards</u>men were instructed by the in<u>iq</u>uitous:/ "Keep secret the <u>ris</u>ing of Christ;/ <u>take</u> the pieces of <u>sil</u>ver,/ and <u>say</u> that while we slept the dead man was <u>sto</u>len from the tomb."/ Who hath ever <u>seen</u> or heard/ of a <u>corpse</u>, and moreover one embalmed and naked, <u>sto</u>len,/ and the <u>grave</u> clothes left be<u>hind</u> in the tomb?/ Be ye not de<u>ceived</u>, O Jews!/ Learn the sayings of the <u>proph</u>ets, and know that He is truly al<u>migh</u>ty,// the De<u>liv</u>erer of the world!

Stichos: From the morning watch until night, from the morning watch/ let Israel hope in the Lord.

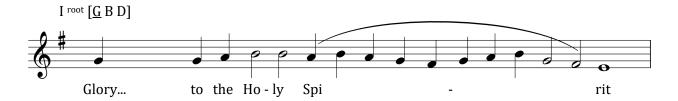
O <u>Lord</u> our Savior, Who madest hades <u>captive</u>,/ trampled down death, and hast enlightened the <u>world</u> by Thy Cross:// Have <u>mer</u>cy up<u>on</u> us!

Then stichera for the saint from the Menaion.

Stichos: For with the Lord there is mercy, and with Him is plenteous redemption,/ and He shall redeem Israel out of all his iniquities.

Stichos: O praise the Lord, all ye nations;/ praise Him all ye peoples.

Stichos: For He hath made His mercy to prevail over us,/ and the truth of the Lord abideth forever.



Doxasticon for the saint or commemoration of the day.



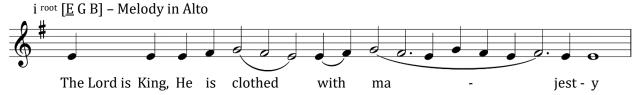
Dogmatic Theotokion, in Tone V



Once the image of the Bride who know- eth not wed-lock was inscribed in the Red Sea

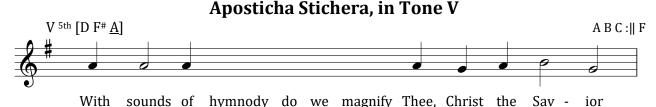
Once the image of the Bride who knoweth not wedlock/ was inscribed in the Red Sea./ There Moses was the parter of the waters;/ and here Gabriel is the minister of a miracle./ There Israel traversed the deep dryshod;/ and now the Virgin giveth birth unto Christ without seed./ The sea remained impassable after Israel had crossed;/ and the immaculate one remaineth incorrupt after the birth of Emmanuel./ O God Who hast appeared as a man,/ who existest and hast existed from the beginning:// Have mercy upon us!

Prokeimenon on Saturday Evening, in Tone VI



The Lord is King, He is <u>clothed</u> with <u>majesty</u>.

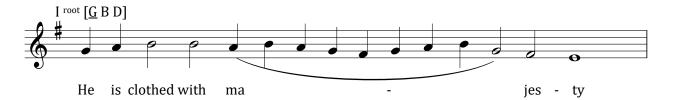
Stichos: The Lord is clothed with strength and He hath girt Himself. Stichos: For He established the world which shall not be shaken. Stichos: Holiness becometh Thy house, O Lord, unto length of days.



With sounds of hymnody do we magnify Thee, Christ the Savior,/ Who hast not been

separated from the <u>heavens</u>;/ for <u>Thou</u> didst accept the Cross and <u>death</u> for our race,/ as the <u>Lord</u> Who <u>lov</u>eth mankind,/ Who hath overthrown the gates of <u>ha</u>des,/ and hath <u>ris</u>en on the <u>third</u> day,// <u>sav</u>ing our souls.

Stichos: The Lord is King.



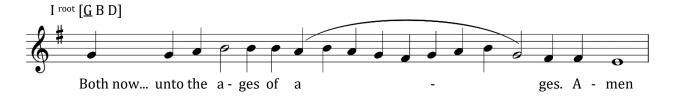
When Thy <u>side</u> was pierced, O Be<u>stower</u> of life,/ Thou didst pour forth torrents of remission, life and sal<u>va</u>tion upon all;/ and <u>Thou</u> didst accept death, granting us immor<u>tal</u>ity./ <u>Making Thine abode</u> in the tomb,/ Thou didst free us, gloriously raising us with Thyself, in that <u>Thou</u> art God./ <u>Where</u>fore, we <u>cry</u> out:// O Lord Who lovest mankind, <u>glory be</u> to Thee! *Stichos:* For He established the world/ which shall not be shaken.

Strange is Thy crucifixion and Thy descent into <u>ha</u>des,/ O Thou Who <u>lov</u>est mankind;/ for, <u>hav</u>ing made it <u>cap</u>tive/ and <u>glo</u>riously raised the ancient <u>cap</u>tives with Thyself,/ as God Thou didst open paradise and didst count them worthy to re<u>ceive</u> it./ <u>Where</u>fore, grant Thou re<u>mis</u>sion of sins/ unto <u>us</u> who glorify Thine arising on the <u>third</u> day,/ vouchsafing us to become dwellers in <u>paradise</u>,// in that Thou a<u>lone</u> art compassionate.

Stichos: Holiness becometh Thy house, O Lord,/ unto length of days.

O <u>Thou</u> Who <u>lov</u>est mankind,/ Who accepted suffering in the <u>flesh</u> for our sake,/ and <u>rose</u> from the dead on the <u>third</u> day:/ <u>Heal</u> Thou the <u>sufferings</u> of our flesh,// lift us up out of grievous transgressions, and save us!

Glory..., from the Menaion, if there is a doxasticon provided.



Resurrectional Theotokion, in Tone V



Thou art the tem-ple and por-tal, the pal-ace and throne of the King

Thou art the temple and <u>por</u>tal,/ the palace and <u>throne</u> of the King,/ <u>O</u> most honored <u>Virgin</u>,/ through <u>whom</u> Christ the Lord, my De<u>liv</u>erer,/ Who is the Sun of <u>Right</u>eousness,/ hath re<u>vealed</u> Himself unto those who sleep in <u>dark</u>ness,/ de<u>sir</u>ing to enlighten that which He fashioned by His own hand in His <u>image</u>./ Wherefore, O most-<u>hymned</u> one,/ as <u>thou</u> hast acquired maternal boldness be<u>fore</u> Him,// entreat Him without ceasing, that our <u>souls</u> be <u>saved</u>.

Tone V Sunday Morning Matins

God is the Lord, in Tone V



God is the Lord and hath appeared unto us. Blessed is he that cometh in the <u>name</u> of the Lord.

Troparion of the Resurrection, in Tone V



Let us, O faithful, praise and wor - ship the Word, Who is... the Father and the Spi - rit

Let <u>us</u>, O faithful, praise and <u>wor</u>ship the Word/ Who is co-unoriginate with the Father and the <u>Spi</u>rit,/ and Who was <u>born</u> of the Virgin for our sal<u>va</u>tion;/ for <u>He</u> was pleased to ascend the <u>Cross</u> in the flesh/ and to en<u>dure</u> death,// and to raise the dead by His <u>glo</u>rious Resurrection.

Resurrectional Theotokion, in Tone V



Rejoice, impassable gate of the Lord!/ Rejoice, rampart and protection of those who have recourse unto thee!/ Rejoice, haven untouched by storms,/ thou that knowest not wedlock,/ who gavest birth in the flesh to thy Creator and God!// Fail not in thy supplications for those who hymn/ and worship thy birthgiving!

First Sessional Hymns, in Tone V

We praise the Cross of the Lord, we honor His holy burial with hymns, and we greatly glorify His resurrection, for as God with Himself He raised the dead up from the graves, having captured the dominion of death and the might of the devil; and He shone light upon those in hades.

Stichos: Arise, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end.

Declared to be dead, O Lord Who didst slay death, Thou wast laid in a tomb, O Thou Who emptied the graves. Above, soldiers kept guard over Thy sepulchre, while below Thou

didst raise up the dead from ages past. O almighty and unapproachable Lord, glory be to Thee!

Glory..., Now and ever..., Theotokion:

Rejoice, O holy mountain trodden by God! Rejoice, animate bush which was not consumed! Rejoice, bridge to God for the world, who alone bearest mortals to everlasting life! Rejoice, incorrupt Maiden who without knowing man gavest birth unto the Salvation of our souls.

Second Sessional Hymns, in Tone V

O Lord, after Thy resurrection on the third day and the worship of the apostles, Peter cried out to Thee: "The women showed courage, but I was afraid. The thief uttered theology, but I denied Thee. And dost Thou now call upon me to be Thine apostle still? Or wilt Thou show me again to be a fisher of the deep? Yet do Thou accept me, who repent, O God, and save me!"

Stichos: I will confess Thee, O Lord, with my whole heart, I will tell of all Thy wonders.

O Lord, the iniquitous nailed Thee in the midst of condemned criminals, and pierced Thy side with a spear, O Merciful One! Thou didst accept burial, Who broke down the gates of hades, and didst rise again on the third day. The women hastened to behold Thee, and announced Thine arising to the apostles. O supremely exalted Savior, Whom the angels hymn, O blessed Lord, glory be to Thee!

Glory..., Now and ever..., Theotokion:

O Theotokos, unwedded Bride, who hast transformed the grief of Eve into joy, we, the faithful, hymn and bow down before thee, for thou hast led us out of the ancient curse. And now, pray thou unceasingly, O most hymned and all-holy one, that we be saved.

Hypacoï, in Tone V

Troubled in mind by the appearance of the angel, yet enlightened in soul by the divine resurrection, the myrrh-bearing women announced to the apostles: "Tell among the nations the resurrection of the Lord Who worketh miracles and granteth us great mercy!"

Songs of Ascent, in Tone V Antiphon I



When I am filled with sor-row, I sing unto Thee like David, O my Sav - ior

When I am filled with <u>sor</u>row,/ I sing unto Thee like David, O my <u>Sav</u>ior:// Deliver my <u>soul</u> from a <u>lving</u> tongue.

<u>Bles</u>sed is the life of those in the <u>wil</u>derness,// who soar aloft on <u>wings</u> of <u>love</u> divine. *Glory..., Both now...*

By the Holy Spirit are su<u>stained</u> all things,/ visible and in<u>vis</u>ible;/ for, Him<u>self</u> possessed of dom<u>in</u>ion,// He is truly <u>One</u> of the <u>Trin</u>ity.

Antiphon II

Let us as<u>cend</u> to the <u>moun</u>tains, 0 my soul,// and go thither, from <u>whence com</u>eth our help.

<u>Let</u> Thy right hand, which <u>touch</u>eth me, O Christ,// preserve me from <u>all</u> deception. *Glory..., Both now...*

The<u>ol</u>ogizing concerning the Holy <u>Spi</u>rit, let us say:/ Thou art God, life, love, light and under<u>stand</u>ing!// Thou art goodness, and Thou <u>reign</u>est for<u>ev</u>er!

Antiphon III

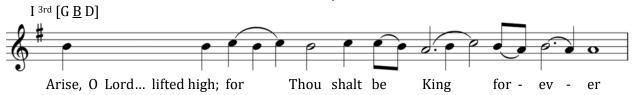
Full of great <u>joy</u>, I send up supplications for those who have <u>said</u> to me:// Let us enter into the courts of the Lord.

<u>Awe</u>some things are wrought in the house of <u>Da</u>vid;// for there is found the fire which <u>bur</u>neth up every <u>shame</u>ful thought.

Glory..., Both now...

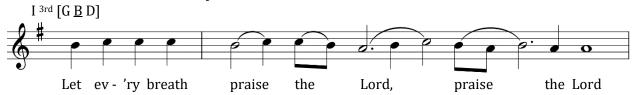
To the Holy <u>Spi</u>rit, by Whom every living thing is made <u>an</u>imate,/ is due the dignity of the Be<u>stow</u>er of life,// as to the <u>Fa</u>ther <u>and</u> the Word.

Prokeimenon, in Tone V



Arise, O Lord my God, let Thy hand be lifted high; for Thou shalt be King forever. *Stichos:* I will confess Thee, O Lord, with my whole heart.

Let Every Breath Praise the Lord, in Tone V



Let every breath praise the Lord, praise the Lord.

The Canon, in Tone V

Ode I

Canon of the Resurrection



Bring-ing bat-tles to nought with His up-raised

arm, Christ hath...

horse and ri - der

Irmos: Bringing <u>bat</u>tles to nought with His up<u>raised</u> arm,/ <u>Christ</u> hath overthrown horse and <u>rider</u>/ in the <u>Red</u> Sea,/ and hath saved <u>Israel</u>,// who chanteth a <u>hymn</u> of <u>vic</u>tory.

Refrain: Glory to Thy holy resurrection, O Lord!

The thorny assembly of the Jews, devoid of maternal love for Thee, their Benefactor, O Christ, crowned Thee with thorns, Who lifted the thorny sentence of our first father.

Bending down, O Bestower of life, Thou raised me up who had fallen into the pit; and having endured my fœtid corruption without partaking thereof, O Christ, Thou hast made me fragrant with the myrrh of the divine Essence.

Theotokion: The curse hath been annulled; grief hath ceased! For she who is blessed and full of grace hath shone joy forth upon the faithful, causing Christ to blossom forth as a blessing upon all the ends of the earth.

Canon of the Cross and the Resurrection Ode 1. same tone.

Irmos: To God the Savior...

Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

To Him alone Who of His own will was nailed to the Cross in the flesh and freed him who through the tree fell under the ancient condemnation, let us chant, for He hath been glorified.

To Christ alone, Who raised up the dead man from the tomb, Who resurrected the fallen one with Himself, and adorned him by sitting with the Father, let us chant, for He hath been glorified.

Theotokion: O all-pure Mother of God, unceasingly pray to Him Who became incarnate of thee, God Who was not separated from the bosom of the Father, that He save from every evil circumstance those He fashioned.

Canon of the Theotokos Ode 1, same tone.

Irmos: Bringing battles to nought...

Refrain: 0 most holy Theotokos, save us.

O all-pure one, entreat Christ, the Light Who abode within thee and illumineth the world with the rays of His divinity, that He enlighten all who hymn thee, O Virgin Mother.

As one adorned with the beauty of the virtues, O most pure one who art full of grace, through the effulgence of the Spirit thou didst receive the majesty of Him Who adorneth all things, and which createth beauty.

Prefiguring thee on Sinai of old, the bush which was united with fire was not consumed; for as a virgin thou gavest birth and remained a virgin still, in manner past understanding, O Virgin Mother.

Ode III

Irmos: O <u>Christ</u> Who by Thy command fixed the earth upon naught/ and su<u>spend</u>ed its weight unsup<u>por</u>ted:/ establish Thou Thy Church upon the immovable rock of Thy commandments,// O Thou Who alone art <u>good</u> and <u>lovest</u> mankind.

They who sucked forth honey from a rock when Thou didst work a miracle in the desert, O Christ, gave Thee gall to eat; the ungrateful children of Israel gave Thee vinegar in return for manna, repaying thus Thy benefactions.

They who of old were covered by the cloud of light placed Christ, our Life, in the tomb; yet He hath arisen through His own power and from on high hath given to all the faithful the effulgence of the Spirit, which mystically overshadoweth them.

Theotokion: Thou, O Mother of God, gavest birth without knowing union, and without the pangs of motherhood, unto Him Who shone forth from the incorrupt Father; wherefore, in Orthodox manner we proclaim thee the Theotokos, for thou gavest birth unto the incarnate Word.

Canon of the Cross and Resurrection

Irmos: By the power of Thy Cross, O Christ...

Thou didst arise from the tomb, O Christ, delivering from the corruption of death those who hymn Thy voluntary crucifixion, O Bestower of life.

The myrrh-bearing women strove to anoint Thy body with myrrh, O Christ; but not finding it, they turned back, hymning Thine arising.

Theotokion: Unceasingly entreat Him Who was born of thy womb, O pure one, that He deliver from the deception of the devil those who hymn thee as the pure Virgin.

Canon of the Theotokos

Irmos: O Christ Who by Thy command...

O pure one, thou art now manifestly seen by all to be the ladder whereby the Most High hath descended unto us to set aright our nature, which had become corrupt; for through thee was the All-good One well pleased to enter into fellowship with the world.

The mystery which was ordained of old and foreseen before time began by God Who knoweth all things, hath now, in the latter days been made manifest, fulfilled in thy womb, O most immaculate one.

The condemnation incurred by the ancient curse was annulled at thy mediation, O allpure Virgin; for having manifested Himself through thee, the Lord hath poured forth blessing upon all, in that He is all-good, O only adornment of men.

Ode IV

Irmos: Per<u>ceiv</u>ing Thy divine condescension pro<u>phet</u>ically, O Christ,/ Habbak<u>uk</u> cried out to Thee with <u>tremb</u>ling:/ Thou art come for the salvation of Thy <u>peo</u>ple,// to save Thine a<u>noint</u>ed ones!

O Good One, with a tree Thou didst sweeten the bitter waters of Marah, prefiguring Thine all-precious Cross, which doeth away with the taste of sin.

O my Savior, Thou didst receive a Cross in exchange for the tree of knowledge and gall for sweet food, and Thou didst pour forth Thy divine blood for the corruption of death.

Theotokion: Without physical joining thou didst incorruptibly conceive within thy womb, and gavest birth without pain; and having given birth unto God in the flesh, thou wast preserved a virgin even after birthgiving.

Canon of the Cross and the Resurrection

Irmos: I heard report of the power...

When the Cross was planted in the ground on Golgotha, the everlasting bars were shattered; and the gatekeepers cried out: Glory to Thy power, O Lord!

When as One dead the Savior descended unto those bound, he raised up with Himself those who had died in times past; and they cried aloud: Glory to Thy power, O Lord!

Theotokion: The Virgin gave birth without knowing the pangs of motherhood; and though she is a mother, she hath remained a virgin. Hymning her, we cry out: Rejoice, O Theotokos!

Canon of the Theotokos

Irmos: Perceiving Thy divine condescension...

With heart and mind, with soul and mouth I most piously confess thee to be the true Theotokos, O pure one; and laying hold of the fruit of salvation, I am saved by thy supplications, O Virgin.

He Who created all things out of nothingness was well-pleased, as our Benefactor, to be formed of thee, O pure one, for the salvation of those who with faith and love hymn thee, O most immaculate one.

The choirs above hymn thy birthgiving, O most immaculate one, rejoicing at the salvation of those who acknowledge thee to be the true Theotokos, O undefiled Virgin.

Isaiah called thee the staff from whence Christ God, the beautiful Flower, budded forth for us, unto the salvation of those who with faith and love have recourse to thy protection.

Ode V

Irmos: O <u>Thou</u> Who art clothed in light as with a <u>gar</u>ment:/ I rise at <u>dawn</u> unto Thee, and to <u>Thee</u> do I cry:/ enlighten Thou my gloom-enshrouded <u>soul</u>, O <u>Christ</u>,// in that Thou a<u>lone</u> art com<u>pas</u>sionate!

Of His own will the Lord of glory hangeth ignominiously upon the Tree in inglorious form, ineffably taking thought of divine glory for me.

Having tasted of the corruption of death in the flesh without suffering corruption, O Christ, Thou didst clothe me in incorruption, having shone forth from the tomb on the third day.

Theotokion: Having seedlessly given birth for us to Christ, our righteousness and deliverance, O Theotokos, thou didst rid the nature of our first father of the curse.

Canon of the Cross and Resurrection

Irmos: Rising at dawn, we cry to Thee...

Thou didst stretch forth Thine arms upon the Tree, O our Savior, calling all to Thyself, in that Thou lovest mankind.

By Thy burial Thou didst capture hades, O my Savior, and by Thy resurrection Thou hast filled all with joy.

Rising from the tomb on the third day, O Bestower of life, Thou didst pour forth imperishable immortality upon all.

Theotokion: We hymn thee as the Virgin who remained so even after giving birth, O Theotokos, in that for the world thou gavest birth in the flesh unto God the Word.

Canon of the Theotokos

Irmos: O Thou Who art clothed in light...

All the prophets manifestly proclaimed thee beforehand as the one to become the Mother of God, O pure Theotokos; for thou alone, O pure and immaculate one, wast found

to be perfect.

O pure one, we recognize thee as the radiant cloud of the Water of life, which raineth Christ, the Torrent of incorruption, upon us, the despairing.

God who dwelt within thee, in that He alone is compassionate, loved thee with a pure love, as the one who, good, immaculate and sealed with virginity, was close to Him.

Ode VI

Irmos: O Christ Master,/ still Thou the sea of the passions/ which rageth with a soul-destroying tempest,/ and lead me up from corruption,// in that Thou art compassionate.

The progenitor of our race stumbled headlong into corruption, having tasted of the forbidden food, O Christ our Master; but he hath been led up to life through Thy suffering.

Thou, O our Life, didst go down into hades, and having become corruption for the corrupter, O Christ our Master, Thou didst pour forth resurrection through corruption.

Theotokion: The Virgin gave birth, and having given birth hath remained pure. The Virgin Mother hath truly borne in her arms Him Who holdeth all things.

Canon of the Cross and Resurrection

Irmos: The abyss engulfed me...

Thou didst stretch forth Thine arms, gathering together through Thy Life-bearing Cross the assemblies of Thy nations scattered afar, O Christ our God, in that Thou lovest mankind.

Thou madest death captive and didst break down the gates of hades; and bound Adam, released from his bonds, cried out to Thee: Thy right hand hath saved me, O Lord!

Theotokion: As is meet, we glorify thee, O glorious Mary, boast of the Orthodox, as the bush unconsumed, the mountain and the animate ladder.

Canon of the Theotokos

Irmos: O Christ Master, still Thou the sea...

When He Who is the cause of all, and Who hath brought all into being, became incarnate, He had thee as His human cause, O most immaculate Mother of God.

O most immaculate Mistress, we know thee to be a soul-nurturing well-spring pouring forth healings upon those who with faith have recourse unto thy right glorious protection.

For us didst thou give birth unto the Bestower of life, the Author of salvation, Who giveth everlasting deliverance unto us who confess thee to be the true Theotokos.

Kontakion of the Resurrection, in Tone V



Un - to ha - des O my Sav- ior didst Thou de- scend, and... as One Om - ni - po - tent

Unto <u>ha</u>des, O my Savior, didst <u>Thou</u> descend,/ and having broken its gates as one Om<u>nipotent,/ Thou</u>, as Creator, didst raise up the dead together with Thyself./ And <u>Thou</u> didst break the <u>sting</u> of death,/ and didst deliver Adam from the curse, O <u>Lov</u>er of mankind./ <u>Where</u>fore, we all <u>cry</u> unto Thee:// <u>Save</u> us, O Lord.

Ikos: When the women heard the words of the angel, they put aside their lamentation, and full of joy and trembling they gazed in awe. And, lo! Christ drew nigh to them, saying: "Rejoice! Be of good cheer! I have vanquished the world and freed the captives! Make haste, therefore, to My disciples, telling them that I go before you to preach in the city of Galilee."

Wherefore, we all cry out to Thee: Save us, O Lord!

Ode VII

Irmos: The supremely exalted Lord of our <u>fa</u>thers/ quenched the <u>flame</u> and bedewed the <u>chil</u>dren,/ who sang together:// Blessed art <u>Thou</u>, O God!

Clad in flesh like bait on a hook, by Thy divine power thou didst draw the serpent down, leading up those who cry: Blessed art Thou, O God!

The Infinite One, Who brought the immense structure of the earth into being, in the flesh is covered in the tomb. Unto Him do we all sing: Blessed art Thou, O God!

Theotokion: O most immaculate one, thou gavest birth to the incarnate God, one Hypostasis in two natures. Unto Him do we all sing: Blessed art Thou, O God!

Canon of the Cross and Resurrection

Irmos: Blessed is the God of our fathers...

Blessed is the God of our fathers, Who by the Tree of the Cross abolished the deception of the idols.

Blessed is the God of our fathers, Who rose from the dead and with Himself raised up those in hades.

O Christ, Thou blessed God of our fathers, by Thy death Thou didst destroy the dominion of death.

Theotokion: Blessed is the God of our fathers, Who was born of the Virgin and showed her forth as the Theotokos.

Canon of the Theotokos

Irmos: The supremely exalted Lord...

The Uncircumscribable One, Who alone is the blessed God of our fathers, remaining immutable, O all-holy one, within thee united flesh to His Hypostasis, in that He is full of loving-kindness.

Together we glorify thee, the most immaculate Bride and throne of thy Creator, O Mistress Theotokos. And unto Him do we all chant: Blessed art Thou, O God!

Having been purified by the Spirit, O Virgin, thou becamest the Mother of the King of all, Who had created thee. Unto Him do we all sing: Blessed art Thou, O God!

Having clothed Himself in flesh through thee, O all-pure Mother of God, the Lord saved me. Unto Him do we all sing: Blessed art Thou, O God!

Ode VIII

Irmos: The <u>child</u>ren, forming a universal chorus in the <u>fur</u>nace,/ chanted to <u>Thee</u>, the Creator of all:/ Hymn the <u>Lord</u>, all ye works,// and exalt Him supremely for all <u>ages!</u>

Thou didst pray concerning Thy voluntary and saving passion as though it were a cup which Thou didst not desire; for Thou bearest two wills, according to each of Thy two natures, O Christ, forever.

At Thine all-accomplishing descent, O Christ, hades, mocked, spewed forth all whom it had lured by deceit into death from of old, and they exalt Thee supremely for all ages.

Theotokion: All of us, the works of the Lord, bless and supremely exalt thee for all ages, as her who, in manner past understanding, gave birth to the Lord as God and man at the word of the archangel, and doth remain a virgin.

Canon of the Cross and Resurrection

Irmos: The Son and God, Who was...

Christ God, Who of His own will stretched forth His hands upon the Cross and destroyed

the bonds of death, do ye hymn, O ye priests! Ye people, exalt Him supremely for all ages!

Christ God, Who shone forth from the tomb like a bridegroom, and appeared to the myrrh-bearing women, and proclaimed joy unto them, do ye hymn, O ye priests! Ye people, exalt Him supremely for all ages!

Theotokion: Thou hast been shown to be higher than the cherubim, O pure one, having borne within thy womb Him Who is upborne upon them. And with the incorporeal ones, we men glorify Him for all ages.

Canon of the Theotokos

Irmos: The children, forming a universal...

The grief of our forefather ceased when thou didst receive joy, O Mother of God; wherefore, we unceasingly hymn thee, O Virgin, and exalt thee supremely for all ages.

With us the assembly of the incorporeal beings, forming a single choir with love, hymneth thine unapproachable Offspring, exalting Him supremely for all ages.

The Lord of all, the limpid Stream of immortality, hath issued forth from thee, O Maiden, washing away the defilement of those who with faith hymn and exalt thee supremely for all ages.

O Virgin, we confess thee to be the truly divine and Light-bearing throne, and the tablets of grace, in that thou didst receive within thee the Word of the Father; and we exalt Him supremely for all ages.

Ode IX

Irmos: Rejoice, O Is<u>ai</u>ah!/ The Virgin hath con<u>ceiv</u>ed in her womb and borne a Son, Im<u>man</u>uel,/ both <u>God</u> and <u>man</u>./ Orient <u>is</u> His name;// and, magnifying Him, we call the Virgin <u>bless</u>ed.

Thou didst take up fallen man, O Christ, through the Virgin's womb uniting Thyself wholly unto him without partaking of the least sin; and by Thine all-pure sufferings Thou didst free him wholly from corruption.

By the divinely flowing blood poured forth from Thine all-pure and life-creating side, O Christ our Master, the sacrifices of the idols were brought to an end, and the whole earth offereth Thee the sacrifice of praise.

Theotokion: It is not the incorporeal God nor a simple man whom the pure and undefiled Maiden brought forth, but a perfect Man and the truly perfect God. Him do we magnify with the Father and the Spirit.

Canon of the Cross and Resurrection

Irmos: With oneness of mind...

In Orthodox manner we, the faithful, magnify Thee, Who didst undertake to suffer upon the Cross and broke the power of hades by Thy death.

In oneness of mind we, the faithful, magnify Thee, Who arose from the tomb on the third day, made hades captive, and hast enlightened the world.

Theotokion: Rejoice, O Theotokos, Mother of Christ God! Him to Whom thou gavest birth do thou entreat, that He grant remission of transgressions unto those who hymn thee with faith.

Canon of the Theotokos

Irmos: Rejoice, O Isaiah...

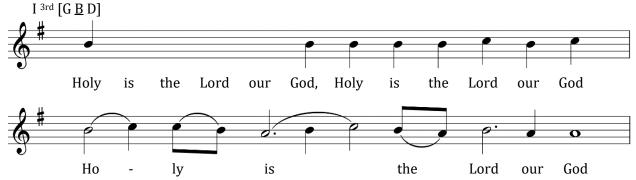
By thy pure blood was flesh with mind and soul supernaturally formed for the Creator of all, the only-begotten Son of the Father, O Ever-virgin Theotokos, not by man, but seedlessly.

In giving birth in the flesh truly unto Life eternal, in manner past understanding, thou didst cause the encircling and unrestrained siege of death to cease. And hades, striking against Him with its bitter maw, was abolished, O all-holy Virgin Mother.

Seating thee upon a royal throne, who art resplendent in the golden robes of divine virtues, O pure one, thy Son hath set thee at His right hand, rendering honor unto thee as His Mother. O most immaculate one.

Past understanding is thy birthgiving, O Mother of God; for thou didst conceive within thee without knowing man, and thy birthgiving was virginal, in that it is God Who was born of thee. And magnifying Him, we bless thee, O Virgin.

Holy is the Lord Our God, in Tone V



Holy is the Lord our God! (Thrice)

Psalms of Praise, in Tone V



Let ev - 'ry breath praise the Lord. Praise the Lord from the hea - vens

<u>Let</u> every <u>breath</u> praise the <u>Lord</u>. Praise the Lord from the <u>hea</u>vens, <u>praise</u> Him in the highest. To Thee is due praise, O God.

<u>Praise</u> Him, all ye His <u>angels</u>; praise Him, <u>all</u> ye His hosts. To <u>Thee</u> is due <u>praise</u>, O God.

Stichos: To do among them the judgment that is written.



O <u>Lord</u>, when the tomb had been sealed by the in<u>iq</u>uitous,/ Thou didst issue <u>forth</u> from the grave,/ as <u>Thou</u> hadst been born of the Theo<u>to</u>kos./ Thine incor<u>po</u>real angels did not understand how Thou hadst become in<u>car</u>nate,/ and the soldiers who guarded Thee did not sense when <u>Thou</u> didst arise./ For <u>both</u> things were sealed for those who would ex<u>amine them;</u>/ but the <u>won</u>ders were revealed to those who worshipped the <u>mys</u>tery with

faith.// Grant Thou joy and great mercy unto us who hymn it!

Stichos: Praise ye God in His saints,/ praise Him in the firmament of His power.

O <u>Lord</u>, Who broke asunder the ever<u>lasting</u> chains/ and rent apart the bonds of <u>ha</u>des,/ <u>Thou</u> didst <u>rise</u> from the tomb,/ <u>leaving</u> Thy grave-clothes behind as a witness to Thy true burial on the <u>third</u> day;/ and Thou didst go before Thy disciples into <u>Gal</u>ilee,/ O <u>Thou</u> Who wast <u>guard</u>ed in the cave./ <u>Great</u> is Thy mercy, O unapproachable <u>Sav</u>ior!// Have <u>mer</u>cy and <u>save</u> us!

Stichos: Praise Him for His mighty acts,/ praise Him according to the multitude of His greatness.

The <u>wo</u>men, O Lord, <u>has</u>tened to the tomb/ to see Thee Who suffered for our <u>sake</u>, O Christ;/ and <u>when</u> they were come, they found an angel <u>seated</u> upon the stone,/ which had <u>rolled</u> a<u>way</u> in fear;/ and he cried out to them, saying: "The Lord is <u>ris</u>en!// <u>Tell</u> ye the disciples that He hath risen from the <u>dead</u>, <u>saving</u> our souls!"

Stichos: Praise Him with the sound of trumpet,/ praise Him with psaltery and harp.

O <u>Lord</u>, as Thou didst come forth from the <u>sealed</u> tomb,/ so didst Thou enter in unto Thy disciples while the doors were <u>fast</u> shut,/ <u>show</u>ing them the bodily <u>suf</u>ferings/ which <u>Thou</u> didst endure, O long-suffering <u>Sav</u>ior./ Thou didst undergo wounding as One from the seed of <u>David</u>,/ and didst <u>free</u> the world as the <u>Son</u> of God./ <u>Great</u> is Thy mercy, O unapproachable <u>Sav</u>ior!// Have <u>mercy</u> and <u>save</u> us!

Stichos: Praise Him with timbrel and dance,/ praise Him with strings and flute.

O <u>Lord</u>, King of the ages and Creator of all,/ Who for our sake didst accept crucifixion and <u>bur</u>ial in the flesh,/ that <u>Thou</u> mightest free us all from <u>ha</u>des:// Thou art our God, and we know none other than Thee.

Stichos: Praise Him with tuneful cymbals, praise Him with cymbals of jubilation./ Let every breath praise the Lord.

O <u>Lord</u>, who can describe Thine all-radiant <u>won</u>ders?/ Or who can declare Thy dread <u>mys</u>teries?/ For, having be<u>come</u> man for our sake, as Thou Thy<u>self</u> desired,/ <u>Thou</u> didst reveal the might of Thy <u>pow</u>er;/ for by Thy Cross Thou didst open <u>par</u>adise to the thief,/ and by Thy <u>bur</u>ial Thou didst break the chains of <u>ha</u>des,/ and by Thy resur<u>rec</u>tion Thou hast enriched all things.// O compassionate Lord, glory be to Thee!

Stichos: Arise, O Lord my God, let Thy hand be lifted high; / forget not Thy paupers to the end.

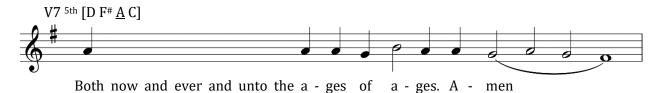
Ar<u>riv</u>ing at Thy tomb very early in the <u>morning</u>,/ the myrrh-bearing women sought to anoint God the immortal <u>Word</u> with myrrh;/ but, in<u>formed</u> by the words of the <u>angel</u>,/ they re<u>turned</u> with joy and declared openly to the a<u>pos</u>tles/ that Thou hadst arisen, O <u>Life</u> of all,// and granted the world <u>cleansing</u> and great <u>mercy</u>.

Stichos: I will confess Thee, O Lord, with my whole heart,/ I will tell of all Thy wonders.

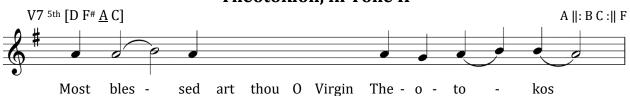
The guards of the God-receiving tomb <u>said</u> to the Jews:/ "O your vain-minded <u>counsel!</u>/ In attempting to confine Him Who is uncontainable,/ ye labored in vain; desiring to conceal the resurrection of the <u>Cru</u>cified,/ ye showed it forth <u>clearly!</u>/ O your vain-minded as<u>sembly!</u>/ Do ye again advise us to hide what can<u>not</u> be hid?/ Hearken, rather, to us, and believe in those things which have truly <u>happened:</u>/ A <u>light</u>ning-bearing angel, descending from <u>heaven</u>,/ <u>rolled</u> away the stone,/ and in fear of him we be<u>came</u> as dead;/ and as <u>herald</u> to the myrrh-bearing women of <u>stead</u>fast mind he said:/ 'See ye not the guards <u>lying</u> as dead,/ and the seals broken, and the emptying of <u>hades?</u>/ Why <u>seek</u> ye Him Who hath set at naught the victory of <u>hades</u>/ and <u>broken</u> the sting of death, as <u>though</u> He were dead?/ Going forth <u>quickly</u>,/ pro<u>claim</u> the resurrection without fear to the apostles, <u>cry</u>ing out://

Truly the Lord is risen, Who hath great mercy!"

Glory... Gospel sticheron.



Theotokion, in Tone II



Most <u>bles</u>sed art Thou, O Virgin Theo<u>to</u>kos,/ for through Him Who became incarnate of Thee is hades led <u>captive</u>,/ <u>Adam recalled</u>, the curse annulled, <u>Eve</u> set free,/ death slain, and we are <u>given life</u>./ <u>Where</u>fore, we cry a<u>loud</u> in praise:/ Blessed is <u>Christ God</u>// Who hast been so pleased, <u>glory to Thee</u>.

Today is Salvation Come Unto the World



To<u>day</u> is salvation come unto the <u>world</u>;/ let us <u>sing</u> praises to Him that a<u>rose</u> from the tomb,/ and is the Author <u>of</u> our life./ For, having de<u>stroyed</u> death by death,// He hath given us the victory and great <u>mer</u>cy.

Tone V

Sunday Morning Divine Liturgy

On the Beatitudes, in Tone V

Believing Thee to be God, O Christ, the thief on the cross confessed Thee in a pure manner, crying out from the depths of his heart: Remember me in Thy kingdom, O Lord!

Together let us hymn as Savior and Creator Him Who on the tree of the Cross budded forth life for our race and caused the curse which originated from the tree to wither up.

By Thy death hast Thou destroyed the power of death, O Christ, and Thou didst raise up with Thyself the dead of ages past, who now hymn Thee as our true God and Savior.

Arriving at Thy tomb, O Christ, the honorable women sought to anoint Thee with myrrh, O Bestower of life; but an angel appeared to them, crying out: The Lord is risen!

When Thou wast crucified between two condemned thieves, O Christ, one of them blasphemed Thee and was justly damned, while the other confessed Thee and hath now come to dwell in paradise.

When they had come to the choir of the apostles, the honorable women cried out: Christ is risen! Let us worship Him as Master and Creator!

Triadicon: O indivisible Trinity, all-effecting and all-powerful Unity: Father, Son and Holy Spirit: thee do we hymn as our true God and Savior!

Theotokion: Rejoice, O animate temple of God and impassable gate! Rejoice, O fiery throne which burneth yet is not consumed! Rejoice, O Mother of Emmanuel, Christ our God!

Troparion of the Resurrection, in Tone V



Let us, O faithful, praise and wor - ship the Word, Who is... the Father and the Spi - rit

Let <u>us</u>, O faithful, praise and <u>wor</u>ship the Word/ Who is co-unoriginate with the Father and the <u>Spi</u>rit,/ and Who was born of the <u>Virgin</u> for our sal<u>va</u>tion;/ for <u>He</u> was pleased to ascend the Cross in the flesh/ and to en<u>dure</u> death,// and to raise the dead by His <u>glo</u>rious Resurrection.

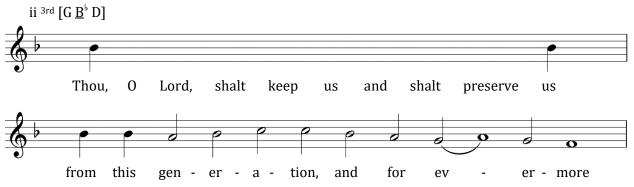
Kontakion of the Resurrection, in Tone V



Un - to ha - des O my Sav- ior didst Thou de- scend, and... as One Om - ni - po - tent

Unto <u>ha</u>des, O my Savior, didst <u>Thou</u> descend,/ and having broken its gates as one om<u>ni</u>potent,/ <u>Thou</u>, as Creator, didst raise up the dead together with Thyself./ And <u>Thou</u> didst break the <u>sting</u> of death,/ and didst deliver Adam from the curse, O <u>Lov</u>er of mankind./ <u>Where</u>fore, we all <u>cry</u> unto Thee:// <u>Save</u> us, O Lord.

Prokeimenon, in Tone V



Thou, $\boldsymbol{0}$ Lord, shalt keep us and shalt preserve us from this generation and for evermore.

Stichos: Save me, O Lord, for a righteous man there is no more.

Alleluia, in Tone V



Of Thy mercies, O Lord, will I sing forever; unto generation and generation will I declare Thy truth with my mouth.

Stichos: For Thou hast said: Mercy shall be built up for ever; in the heavens shall Thy truth be established.

Tone VI

Saturday Evening Great Vespers

Lord I Have Cried, in Tone VI



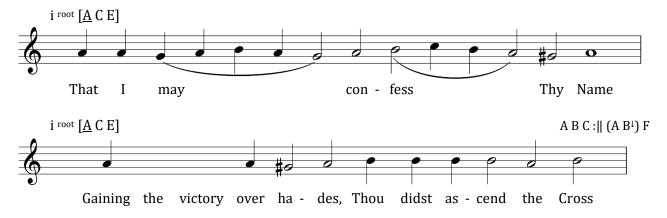
Lord, I have cried unto Thee, hear - ken un - to me. Hear - ken unto me, O Lord

Lord, I have cried unto Thee, <u>hear</u>ken unto <u>me</u>. Hearken unto <u>me</u>, O Lord. Lord, I have cried unto Thee, hearken unto <u>me</u>; attend to the voice of my suppli<u>ca</u>tion, when I <u>cry</u> unto <u>Thee</u>. <u>Hear</u>ken unto <u>me</u>, O Lord.

Let my <u>prayer</u> be set <u>forth</u>, as incense be<u>fore</u> Thee, the lifting <u>up</u> of my <u>hands</u> as an evening <u>sac</u>rifice. <u>Hear</u>ken unto <u>me</u>, O Lord.

Resurrectional Stichera, in Tone VI

Stichos: Bring my soul out of prison.



Gaining victory over <u>ha</u>des,/ Thou didst as<u>cend</u> the Cross,/ that Thou mightest raise up with Thyself those who sit in the <u>dark</u>ness of death,/ O Christ Who art <u>free</u> among the dead./ O almighty Savior, Who pourest forth <u>life</u> from Thy light,// have <u>mer</u>cy on us!

Stichos: The righteous shall wait patiently for me/until Thou shalt reward me.

Today hath Christ <u>ris</u>en as He said,/ having <u>tramp</u>led down death;/ and He hath granted <u>joy</u> to the world,/ that all of us, crying out, may thus <u>ut</u>ter a hymn:/ O almighty <u>Sav</u>ior,/ Wellspring of life, unap<u>proach</u>able Light,// have <u>mer</u>cy on us!

Stichos: Out of the depths have I cried unto Thee, O Lord; / O Lord, hear my voice.

Whither can we sinners escape from Thee Who art over all creation, O Lord?/ Thou dwellest Thyself in heaven./ In hades Thou didst trample down death./ In the depths of the sea there is Thy hand, O Master./ To Thee do we flee, and falling down before Thee, we pray:/ O Thou Who art risen from the dead,// have mercy on us!

Stichos: Let Thine ears be attentive/ to the voice of my supplication.

In Thy Cross do we <u>boast</u>, Christ,/ and we hymn and glorify Thy resur<u>rec</u>tion;/ for Thou <u>art</u> our God,// and we know none <u>oth</u>er than Thee.

Stichos: If Thou shouldst mark iniquities, O Lord, O Lord, who shall stand?/ For with Thee there is forgiveness.

Continuously <u>blessing</u> the Lord,/ we hymn His resurrection; for, having en<u>dur</u>ed the Cross,// He de<u>stroyed</u> death by death.

Stichos: For Thy name's sake have I patiently waited for Thee, O Lord, my soul hath waited patiently for Thy word,/ my soul hath hoped in the Lord.

Glory to Thy <u>pow</u>er, O Lord;/ for Thou didst set at naught him who hath the <u>might</u> of death./ By Thy Cross hast Thou re<u>newed</u> us, // granting us <u>life</u> and incorruption.

Stichos: From the morning watch until night, from the morning watch/ let Israel hope in the Lord.

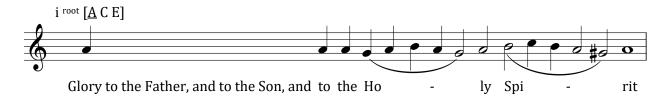
Thy <u>bur</u>ial, O Lord,/ breaking the bonds of <u>ha</u>des,/ hath rent them a<u>sun</u>der./ By Thy rising from the dead Thou hast en<u>light</u>ened the world.// O Lord, <u>glo</u>ry be to Thee!

Then stichera for the saint from the Menaion.

Stichos: For with the Lord there is mercy, and with Him is plenteous redemption,/ and He shall redeem Israel out of all his iniquities.

Stichos: O praise the Lord, all ye nations; / praise Him all ye peoples.

Stichos: For He hath made His mercy to prevail over us,/ and the truth of the Lord abideth forever.



Doxasticon for the saint or commemoration of the day.



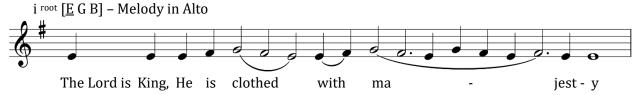
Dogmatic Theotokion, in Tone VI



Who doth not call thee blessed, O all-holy Vir - gin? Who... all-pure birth-giv - ing?

Who doth not call thee blessed, O all-holy <u>Virgin?</u>/ Who will not hymn thine all-pure birthgiving?/ For the only-begotten Son who shone forth timelessly from the <u>Fa</u>ther,/ came forth, ineffably in<u>car</u>nate, from thee,/ the <u>pure</u> one;/ and being God by nature, He became man by <u>na</u>ture for our sake,/ not divided into two <u>Per</u>sons,/ but known in two natures without confusion./ Him do thou beseech, O pure and most <u>blessed</u> one,// that our <u>souls</u> find mercy!

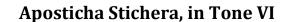
Prokeimenon on Saturday Evening, in Tone VI

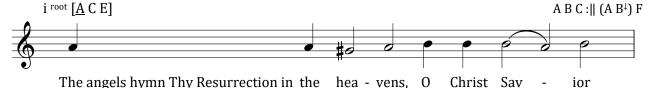


The Lord is King, He is <u>clothed</u> with <u>majesty</u>.

Stichos: The Lord is clothed with strength and He hath girt Himself. Stichos: For He established the world which shall not be shaken.

Stichos: Holiness becometh Thy house, O Lord, unto length of days.





The angels hymn Thy resurrection in the <u>heavens</u>,/ O Christ our <u>Savior</u>;/ and do Thou vouchsafe that we on earth// may glorify Thee with a pure heart.

Stichos: The Lord is King.



Having broken down the <u>gates</u> of bronze/ and shattered the gates of <u>ha</u>des,/ as God almighty Thou didst raise up the fallen <u>hu</u>man race./ wherefore, we cry out to<u>geth</u>er:/ O Lord Who art <u>risen</u> from the dead,// <u>glo</u>ry be to Thee!

Stichos: For He established the world/ which shall not be shaken.

Desiring to lift us up from our ancient cor<u>rup</u>tion,/ Christ was nailed to the Cross and <u>laid</u> in the tomb;/ and with tears the myrrh-bearing women sought Him, and <u>weeping</u> they said:/ "Alas, O <u>Sav</u>ior of all!/ How is it that Thou hast willed to make Thine a<u>bode</u> in a tomb?/ And having desired to <u>dwell</u> there,/ how is it that Thou hast been <u>stolen</u> away?/ How hast <u>Thou</u> been moved?/ What place concealeth Thy life-bearing <u>bo</u>dy?/ Yet, as Thou hast <u>prom</u>ised, reveal Thyself to us, O <u>Mas</u>ter,/ and take from us the lamen<u>ta</u>tion of tears!"/ And as they were weeping, an angel <u>cried</u> out to them:/ "Cease your <u>weeping!</u>/ Tell the apostles that the Lord is <u>risen</u>,// granting purification and great <u>mer</u>cy to the world!"

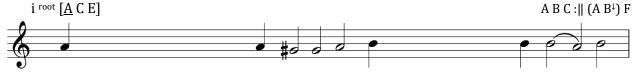
Stichos: Holiness becometh Thy house, O Lord,/ unto length of days.

O Christ, Who wast crucified as Thou <u>didst</u> desire,/ and madest death captive by Thy <u>bur</u>ial,/ Thou didst rise on the third day as God in <u>glo</u>ry,// granting the world never-ending <u>life</u> and great mercy.

Glory..., from the Menaion, if there is a doxasticon provided.



Resurrectional Theotokion, in Tone VI



Christ the Lord, my Creator and De - liv - er - er, Who came... thy womb, O all - pure one

Christ the Lord, my Creator and De<u>liv</u>erer,/ Who came forth from thy womb, O all-<u>pure</u> one,/ and robed Him<u>self</u> in me,/ hath freed Adam from the <u>pri</u>mal curse./ Wherefore, like the angel do we unceasingly cry out to thee, O most <u>pure</u> one,/ who art truly the Mother of God and <u>Virgin:</u>/ Rejoice! Rejoice, O <u>Mis</u>tress,// thou intercession, pro<u>tection</u> and sal<u>va</u>tion for our souls!

Tone VI Sunday Morning Matins

God is the Lord, in Tone VI



God is the Lord and hath appeared unto us. Blessed is he that cometh in the $\underline{\text{name}}$ of the Lord.

Troparion of the Resurrection, in Tone VI



Angelic hosts were a - bove Thy tomb, and they that guard-ed Thee be - came as dead

Angelic Hosts were above Thy tomb,/ and they that guarded Thee be<u>came</u> as dead./ And Mary <u>stood</u> by the grave/ seeking Thine immaculate <u>Body</u>./ Thou didst despoil hades and wast not <u>tempt</u>ed by it./ Thou didst meet the Virgin and didst <u>grant</u> us life,/ O Thou Who didst <u>rise</u> from the dead,// O Lord, <u>glo</u>ry be to Thee.

Resurrectional Theotokion, in Tone VI



Call - ing Thy Mo- ther bless-ed, Thou didst come to Thy Passion of Thine own will

Calling Thy Mother <u>blessed</u>,/ Thou didst come to Thy Passion of Thine <u>own</u> will,/ shining forth up<u>on</u> the Cross,/ and desiring to seek out <u>Ad</u>am./ Thou didst say unto the <u>ang</u>els:/ Rejoice with Me, for the lost <u>coin</u> hath been found!// O our God Who has wisely ar<u>ranged</u> all things,/ <u>glo</u>ry be to <u>Thee</u>!

First Sessional Hymns, in Tone VI

When the tomb was opened and hades wept, Mary cried out to the apostles who had hidden themselves: "Come forth, ye laborers of the vineyard! Proclaim the tidings of the resurrection! The Lord hath risen, granting the world great mercy!"

Stichos: Arise, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end.

O Lord, Mary Magdalene stood before Thy tomb and wept aloud; and supposing Thee to be the gardener, she said: "Where hast Thou hidden our eternal Life? Where hast Thou laid Him Who sitteth upon the throne of the cherubim? For those who guarded Him have

become as dead through fear. Either give me my Lord, or cry out with me: O Thou Who wast among the dead and hast raised up the dead, glory to Thee!"

Glory..., Now and ever..., Theotokion:

Gideon prefigured thy conception, and David recounted thy birthgiving, O Theotokos; for the Word descended into thy womb like the rain upon the fleece, and without seed thou didst put forth Christ our God, the salvation of the world, O holy ground, who art full of grace.

Second Sessional Hymns, in Tone VI

Life lay in the tomb, and a seal was affixed to the stone. Soldiers guarded Christ as they would a sleeping king, and the Lord arose, invisibly smiting His enemies.

Stichos: I will confess Thee, O Lord, with my whole heart, I will tell of all Thy wonders. Ionah prefigured Thy tomb, and Symeon told of Thy divine resurrection, O immortal

Lord; for Thou didst descend into the tomb as one dead, demolishing the gates of hades, and didst arise as Master, without corruption, for the salvation of the world, O Christ our God, Who hast enlightened those in darkness.

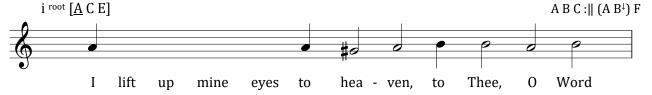
Glory..., Now and ever..., Theotokion:

O Virgin Theotokos, entreat thy Son, Christ our God, Who of His own will was nailed to the Cross and arose from the dead, that our souls be saved.

Hypacoï, in Tone VI

Having, as God, broken down the gates of hades by Thy voluntary and life-creating death, O Christ, Thou didst open ancient paradise unto us; and rising from the dead, Thou hast delivered our life from corruption.

Songs of Ascent, in Tone VI Antiphon I



I lift up mine eyes to <u>hea</u>ven,/ to <u>Thee</u>, O Word.// Have pity, that <u>I</u> may live in Thee. Have mercy upon us who are <u>down</u>cast, O Word,// making us vessels <u>use</u>ful to Thee. *Glory..., Both now...*

The Holy Spirit is the Cause of all sal<u>va</u>tion./ And if He blow upon anyone <u>as</u> is meet,/ He quickly taketh him away from among the <u>things</u> of earth:/ He <u>giv</u>eth him wings,// maketh him grow and <u>set</u>teth him on high.

Antiphon II

If the Lord were not a<u>mong</u> us,/ none of us would be able to combat the warfare of the <u>en</u>emy;// for they who conquer are <u>lift</u>ed up from hence.

Let not my soul be seized like a bird by the teeth of the <u>en</u>emy, 0 Word./ <u>Woe</u> is me!// How shall I, who love <u>sin</u>, es<u>cape</u> them?

Glory..., Both now...

From the Holy Spirit come deification,/ goodwill, understanding, peace and <u>blessing</u> for all;// for He worketh equally with the <u>Fa</u>ther and the Word.

Antiphon III

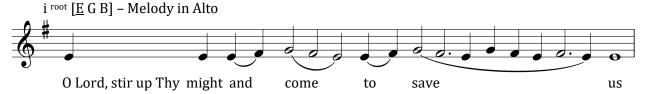
They that <u>hope</u> in the Lord/ are fearsome to the enemy and <u>won</u>drous to all;// for they direct their gaze on high.

He who hath Thee, O <u>Sav</u>ior,/ as his <u>Help</u>er,/ the Portion of the <u>right</u>eous,// doth not stretch out his hands toward in<u>iq</u>uities.

Glory..., Both now...

The dominion of the Holy <u>Spi</u>rit is over all./ Him do the armies on high <u>wor</u>ship,// as doth every <u>creature</u> here below.

Prokeimenon, in Tone VI



O Lord, stir up Thy might and come to save us.

Stichos: O Shepherd of Israel, attend, Thou that leadest Joseph like a sheep.

Let Every Breath Praise the Lord, in Tone VI



Let every breath praise the Lord, praise the Lord.

The Canon, in Tone VI

Ode I



Irmos: Traversing the <u>deep</u> on foot,/ as though it were <u>dry</u> land,/ and <u>see</u>ing the tyrant <u>Phar</u>aoh drowned,/ Israel <u>cried</u> aloud:// Let us <u>chant</u> unto God a hymn of <u>vic</u>tory!

Refrain: Glory to Thy holy resurrection, O Lord!

O good Jesus, with Thy hands which were stretched out on the Cross Thou didst fill all things with the good pleasure of the Father; wherefore, we all sing a song of victory unto Thee.

Cringing before Thee like a handmaid, death was commanded to approach Thee, the Master of life, Who through her granteth us endless life and resurrection.

Theotokion: Having received thine own Creator incarnate of thy seedless womb in manner past understanding, O pure one, as He Himself desired, thou wast truly shown to be the Mistress of creation.

Canon of the Cross and Resurrection Ode 1, same tone.

Irmos: The children of those who...

Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

The Judge standeth as one condemned before the tribunal of Pilate, even though his judgment is iniquitous; and God, before Whom the earth and the heavens tremble, is smitten in the face by an unjust hand.

Thou didst stretch forth Thy divine hands upon Thy most precious and Life-bearing Cross, O Savior; and didst gather the nations together to acknowledge Thee, O Master; and they worship Thy glorious crucifixion, O Lord.

Stavrotheotokion: Pouring forth streams of tears, the all-immaculate one stood by Thy Cross, O Savior, beholding the drops of blood which poured forth from Thy side, O Christ, and glorifying Thine incomparable mercy.

Canon of the Theotokos Ode 1, same tone.

Irmos: Traversing the deep on foot...

Refrain: O most holy Theotokos, save us.

When Eve partook of the fruit of the forbidden tree, she brought down the curse; yet when thou gavest birth to Christ, the Firstfruits of blessing, O pure one, thou didst annul it.

Having through the divine lightning given birth unto Christ the pearl, O pure one, with the light of thy radiance drive away the darkness of my passions and the turmoil of transgressions.

With spiritual eyes Jacob mystically foresaw the Expectation of the nations: God Who became incarnate of thee, and Who hath delivered us through thy mediation.

When there were no more princes from the tribe of Judah, O all-pure one, thy Son and God, coming forth as Leader, hath now truly become King over the ends of the earth.

Ode III

Irmos: There is <u>none</u> holy as <u>Thou</u>,/ O <u>Lord</u> my God,/ Who hast up<u>lift</u>ed the horn of Thy <u>faith</u>ful/ and established <u>us</u> on the rock// of the confession of Thee, O <u>Good</u> One.

Creation, beholding God crucified in the flesh, melted away in fear; yet it was held firmly together by the sustaining hand of Him Who was crucified for our sake.

Wretched death, undone by death, lieth lifeless, for unable to endure the assault of divine Life, mighty death is slain, and resurrection is given to all.

Theotokion: The miracle of thy divine birth-giving transcendeth every order of nature, O pure one; for thou didst supernaturally conceive God in thy womb, and having given birth thou dost ever remain a virgin.

Canon of the Cross and Resurrection

Irmos: Creation, beholding Thee...

Having spent three days in the tomb, Thou didst arise, granting life through Thy resurrection unto those who before were dead; and released from condemnation, they were filled with joy and gladness, crying: Behold! Thou hast come, O Lord our deliverance!

Glory to Thine arising, O our Savior, for as Almighty Thou hast delivered us from the corruption of hades and from death; and singing, we say: There is none more holy than Thee, O Lord Who lovest mankind!

Theotokion: Thou didst see Him Who was born of thee pierced by a spear, and wast wounded in heart, O all-holy and most immaculate one; and filled with horror, thou didst say: How hath the all-iniquitous nation rewarded Thee, O my Child?

Canon of the Theotokos

Irmos: There is none as holy as Thee...

The Good One, ineffably receiving my corrupt and mortal flesh from thy womb and rendering it incorrupt, O most pure Mother of God, eternally bound it to Himself.

Beholding God incarnate of thee, O Virgin, the choirs of the angels were filled with awe and fear, and with unceasing hymnody they honor thee as the Mother of God.

The Prophet Daniel was filled with awe, beholding thee, O Mother of God, as the noetic mountain from whence the Stone was quarried not by man, which mightily demolished the temples of the demons.

Neither the words nor the tongue of man is able to praise thee worthily, O Virgin, for Christ, the Bestower of life, was well-pleased to become incarnate of thee without seed, O all-pure one.

Ode IV

Irmos: Christ is my <u>pow</u>er, my <u>God</u> and my <u>Lord</u>,/ the <u>hon</u>ored Church <u>doth</u> sing,/ crying <u>out</u> in godly <u>man</u>ner/ with a <u>pure</u> mind,// keeping <u>fes</u>tival <u>in</u> the Lord.

The Tree blossomed forth true life, O Christ; for the Cross was planted and, watered with the blood and water which flowed from Thine incorrupt side, budded forth life for us.

No longer will the serpent falsely proffer deification, for Christ, the Deifier of human nature, hath now given me unhindered access to the path of life.

Theotokion: Truly ineffable and unapproachable to those on earth and in heaven are the mysteries of thy divine birthgiving, O Ever-virgin.

Canon of the Cross and Resurrection

Irmos: Foreseeing Thy divine condescension...

O Christ, we venerate Thy precious Cross, the nails, the holy spear, the reed and the crown of thorns, whereby we have been delivered from the corruption of hades.

The tomb seized Thee Who of Thine own will didst manifest Thyself as dead for our sake, O Savior, yet it was in nowise able to hold Thee, O Word; for as God Thou didst arise, saving our race.

Stavrotheotokion: O Ever-virgin Theotokos who gavest birth unto Christ, the Savior of men, from misfortunes and torments deliver us who with faith flee to thy divine protection.

Canon of the Theotokos

Irmos: Christ is my power...

Saved by thee, O all-pure one we hymn thee, the most immaculate one; and piously chanting, we cry: Blessed art thou, O Ever-virgin, who gavest birth unto God!

O Virgin, most blessed one, thou gavest birth to the Light unwaning Who shineth in the flesh upon those in the darkness of life; and thou hast poured forth joy upon those who hymn thee, O Ever-virgin.

Through thee, O most holy one, hath grace blossomed forth and the law ceased its effect; for thou, O pure Ever-virgin, gavest birth to the Lord Who granteth us remission.

Tasting of the tree showed me forth as mortal, but the Tree of life, Who revealed

Himself through thee, O all-pure one, raised up the dead and hath made me an heir to the sweetness of paradise.

Ode V

Irmos: With Thy di<u>vine</u> light/il<u>lu</u>mine the souls of <u>those</u> who with <u>love</u>/ rise at <u>dawn</u> unto Thee, O <u>Good</u> One,/ that they may <u>know</u> Thee, O Word of God, to be the <u>true</u> God// Who calleth them forth from the darkness of sin.

The cherubim now withdraw from me, and the flaming sword is now withdrawn, O Master, since they beheld Thee, O Word of God, as the true God Who made a path to paradise for the thief.

No longer will I fear returning to the earth, O Christ, for in Thy great loving-kindness Thou hast led me up, the forgotten one, from the earth to the heights of incorruption, through Thy resurrection.

Theotokion: Save those who with all their soul confess thee to be the Theotokos, O good Mistress of the world, for we have thee, the true Theotokos, as an invincible intercession.

Canon of the Cross and Resurrection

Irmos: Isaiah, rising at dawn...

Deceived in Eden into eating of the tree, our progenitor fell into corruption, disobeying Thy commandment, O all-good Lord; yet, obedient to the Father, O Savior, by the Cross Thou didst restore him again to his original beauty.

By Thy death, O Good One, the dominion of death hath been abolished, and Thou hast poured forth a well-spring of life upon us and bestowed immortality; wherefore, with faith do we bow down before Thy burial and resurrection, whereby, as God, Thou hast enlightened the whole world.

Stavrotheotokion: The Lord and Creator of all, Who dwelleth in the heavens, ineffably made His abode within thy womb, O most immaculate one, and hath glorified thee as more exalted than the heavens and holier than the immaterial ranks. Wherefore, we on earth now call thee blessed.

Canon of the Theotokos

Irmos: With Thy divine light...

Resplendent in purity and light, O most hymned one, thou becamest the divine habitation of the Master; for thou wast shown to be the only Mother of God, who didst bear Him in thine arms as a babe.

Wearing the noetic beauty of thy most comely soul, thou becamest the Bride of God, sealed with virginity, O pure one, and illumining the world with the light of purity.

Let the assembly of the ungodly lament, who openly refuse to profess thee the pure Mother of God; for thou hast been shown to us as the gate of the light of God, dispelling the darkness of transgressions.

Ode VI

Irmos: Beholding the <u>sea</u> of life/ <u>surg</u>ing with the tempest of temp<u>ta</u>tions,/ <u>flee</u>ing to Thy calm haven I <u>cry</u> unto Thee:/ Lead up my <u>life</u> from corruption,// O <u>great</u>ly <u>Mer</u>ciful One!

Crucified, O Master, with Thy nails Thou didst annul the curse against us; and pierced in the side by the spear, Thou didst free the world, rending asunder the record of Adam's transgression.

Having been tripped by deceit, Adam fell headlong into the abyss of hades; but Thou,

Who art a merciful God by nature, didst go down to search for him and, lifting him upon Thy shoulder, didst raise him up with Thyself.

Theotokion: O all-pure Mistress who for men gavest birth to Christ, the Helmsman, allay the inconstant and grievous tumult of my passions, and grant serenity to my heart.

Canon of the Cross and Resurrection

Irmos: Jonah was swallowed...

The multitude of the Jews became slayers of the prophets and the Messiah, for of old they were not afraid to put to death the prophets, the mystic rays of the Truth. And thus, moved by hatred, they have now slain the Lord Whom the prophets had proclaimed; yet His death hath become life for us.

Thou wast seized but not held in the tomb, O Savior; for even though Thou didst taste death of Thine own will, O Word, yet didst Thou arise as God immortal, raising up with Thyself those held prisoner in hades, replacing the grief which the women felt before with joy.

Stavrotheotokion: At the time of Thy suffering, the appearance of Thy flesh was ignoble and poor beyond that of men, though through the Essence of the divinity it was shown unto David as comely in beauty. Yet by the rod of Thy kingdom the might of the enemy was shattered; and the pure one said: O my Son and God, arise from the tomb!

Canon of the Theotokos

Irmos: Beholding the sea of life...

Moses, great among the prophets, prefigured thee as the ark, the table, the candlestand, the jar, describing in figures the incarnation of the Most High which would be wrought in thee, O Virgin Mother.

Death is slain, and the corruption of Adam's condemnation is abolished, having been dashed against thy Fruit, O Mistress; for thou gavest birth unto the Life which delivereth from corruption those who hymn thee.

The law hath failed and the shadow hath passed away; and in manner past understanding and comprehension the grace of God my Savior, whose birth took place through thee, hath been made manifest unto me, O greatly hymned Virgin.

Kontakion of the Resurrection, in Tone VI



Having by His life- be-stow-ing hand raised up all the dead out of the dark a - bys - ses

Having by His life-be<u>stowing hand</u>/ raised up all the dead out of the dark a<u>bys</u>ses,/ Christ God, the <u>Giv</u>er of Life,/ hath bestowed the Resurrection upon the fallen <u>human race</u>;/ for He is the <u>Sav</u>ior of all,// the Resurrection, and the <u>Life</u>, and the <u>God</u> of all.

Ikos: We, the faithful, hymn and bow down before the Cross and Thy burial, O Bestower of life, O Immortal One. Thou didst raise the dead with Thyself, didst break down the gates of death, and didst destroy the dominion of hell, in that Thou art God. Wherefore, with love we mortals glorify Thee Who hast arisen and cast down the most destructive might of the enemy, and hast raised up all who have believed Thee to have risen and delivered the world from the arrows of the serpent and the deception of the enemy, in that Thou art the God of all.

Ode VII

Irmos: The Angel caused the <u>fur</u>nace to <u>pour</u> forth dew/ upon the <u>pi</u>ous youths,/ and the com<u>mand</u> of God, which consumed the Chal<u>dæans,/ prevailed upon the tyrant to cry out:// Blessed art Thou, O God of our <u>fa</u>thers!</u>

Lamenting at Thy passion, the sun cloaked itself in gloom, O Master, and that day, throughout all the earth, light was darkened, crying: Blessed art Thou, O God of our fathers!

The uttermost depths were clothed in light through Thy descent, O Christ; and our first father was shown to be full of gladness, and, dancing, he leapt up, crying: Blessed art Thou, O God of our fathers!

Theotokion: Through thee, O Virgin Mother, radiant Light hath shone forth upon the whole world; for thou gavest birth unto God, the Creator of all. Him do thou entreat, O most pure one, that He send down great mercy upon us, the faithful.

Canon of the Cross and Resurrection

Irmos: O ineffable wonder...

O strange image! He Who delivered Israel from bondage to Pharaoh is of His own will crucified by them, and looseth the chains of our offenses. Unto Him do we chant with faith: O God our Deliverer, blessed art Thou!

The impious children of the iniquitous crucified Thee, the Savior, on Golgotha, but Thou didst break down the brazen gates and bars, unto the salvation of us who chant: O God our Deliverer, blessed art Thou!

Theotokion: Having given birth to the Liberation of Eve from the ancient curse, O pure Virgin, thou dost release Adam; wherefore, with the angels we hymn thee and thy Son, and cry aloud: O God our Deliverer, blessed art Thou!

Canon of the Theotokos

Irmos: The Angel caused the furnace...

The furnace did not consume the three youths who prefigured thy birthgiving; for, without consuming thee, the divine Fire made His abode within thee, and hath taught all to cry: Blessed art Thou, O God of our fathers!

Enlightened by thy luminous radiance, the ends of the earth bless thee, O most pure Mother, as thou didst foretell, and, chanting with grace, they cry: Blessed art Thou, O God of our fathers!

The most evil serpent sank his deadly fangs into me; but thy Son hath broken them, O Mother of God, and given me the strength to cry: Blessed art Thou, O God of our fathers!

Thou art the place where human nature is purified, O thou who alone art blessed of God; for, bearing in thine arms God Who sitteth upon the shoulders of the cherubim, thou criest: Blessed art Thou, O God of our fathers!

Ode VIII

Irmos: From the flame didst Thou pour forth <u>dew</u> upon the <u>ven</u>erable ones,/ and didst consume the sacrifice of the righteous one with <u>wa</u>ter;/ for <u>Thou</u>, O Christ, dost do all things soever Thou de<u>sir</u>est,// Thee do we ex<u>alt</u> supremely for all <u>ag</u>es!

The Jewish people, who of old were slayers of the prophets, hath jealousy now made slayers of God, for they lifted Thee up upon the Cross, O Word of God. Him do we exalt supremely for all ages.

Thou didst not leave the vault of heaven, and, descending into hades, Thou didst raise up with Thyself all of man, who lay in the mire, O Christ; and he exalteth Thee supremely for all ages.

Theotokion: From Light thou didst conceive the Word, the Bestower of light; and having ineffably given birth unto Him, thou hast been glorified. For the Spirit of God dwelt within thee, O Maiden. Wherefore, we hymn thee for all ages.

Canon of the Cross and Resurrection

Irmos: Fall back in awe and fear, O heaven...

Every ear is filled with awe at how the Most High willingly came to earth to destroy the might of hades by His Cross and burial, and to raise up all to cry: Ye children, bless; ye priests, hymn; ye people, exalt Him supremely for all ages!

The tyranny of hades hath ceased and its kingdom is henceforth set at nought; for He Who is God over all cast down its might when the Cross was planted in the ground. Him do ye children, bless; ye priests, hymn; ye people, exalt supremely for all ages!

O Thine ineffable love for mankind, O Christ, and Thine unutterable benefactions! For, seeing me perishing in the prison of hades, Thou didst deliver me, enduring Thy sufferings. Wherefore, we bless Thee, the Master of all, and exalt Thee supremely for all ages.

Canon of the Theotokos

Irmos: From the flame didst Thou pour...

Having arrayed thee like a queen in the effulgence of the Spirit as in golden vesture, thy Son set thee at His own right hand, O all-pure one. Him do we exalt supremely for all ages.

He Who by His will alone established the world taketh flesh from thine all-pure womb, desiring to form it anew from on high. Him do we exalt supremely for all ages.

That the Word might unite Himself unto me, a man, thou becamest the habitation of God, O all-pure one, manifestly shining forth in the splendor of virginity. Wherefore, we hymn thee for all ages.

The golden candlestand prefigured thee who ineffably received the unapproachable Light Who illumineth all things with His radiance. Wherefore, we hymn thee, O pure one, for all ages.

Ode IX

Irmos: It is not <u>pos</u>sible/ for <u>men</u> to be<u>hold</u> God,/ upon <u>whom</u> the ranks of angels <u>dare</u> not gaze;/ but through <u>thee</u>, O most <u>pure</u> one,/ hath the <u>Word</u> appeared in<u>car</u>nate unto men;/ and magnifying Him// with the armies of heaven, we call thee blessed.

While sharing in sufferings through Thy sufferings, Thou didst remain untouched by the passions, O Word of God; yet as Thou art suffering for the passions, Thou dost loose man from the passions, O our Savior; for Thou alone art dispassionate and almighty.

Receiving the corruption of death, Thou didst keep Thy body untouched by corruption, nor didst Thou leave Thy life-creating and divine soul in hades, O Master; but having arisen as from sleep, Thou didst raise us up with Thyself.

Triadicon: O all ye men, with pure lips let us glorify God the Father and the Son Who is equally without beginning, and let us honor the ineffable and all-glorious power of the most Holy Spirit; for Thou alone art the almighty and indivisible Trinity.

Canon of the Cross and Resurrection

Irmos: Lament Me not, O Mother...

Even though Thou didst descend into the grave as one dead, O Bestower of life, Thou didst destroy the might of hades, raising up with Thee the dead whom it had swallowed, O Christ; and as God Thou hast given resurrection unto all who with faith and love magnify Thee.

Let creation rejoice and blossom like a lily; for Christ hath arisen from the dead as God. Let us cry out: where now is thy sting, O death? Where is thy victory, O hades? He Who hath lifted up our horn hath cast thee down to the ground, in that He is full of loving-kindness.

Stavrotheotokion: Thou bearest Him who beareth all things, and holdest as a babe in thine arms Him who delivereth us from the hands of the enemy who warreth against us, O all-pure Mistress; and thou seest Him uplifted upon the Tree of the Cross who hath raised us up from the pit of evil.

Canon of the Theotokos

Irmos: It is not possible for men to behold...

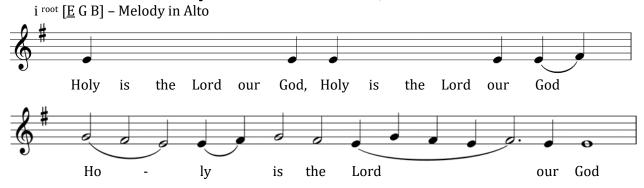
The Star which shineth forth out of Jacob with the rays of divinity shone forth upon those held fast in darkness; for through thee, O most pure one, did Christ God the Word become incarnate. And illumined by Him, with the armies of heaven we call thee blessed.

Strengthened by thy power and grace, I have earnestly set forth hymnody for thee with all my heart. Accept it, O pure virgin, bestowing on me thy greatly radiant grace out of thine incorrupt treasuries, O blessed of God.

Thou hast been manifestly shown to be the loom of the Divinity, whereon the Word wove the garment of His body, deifying my form, O Virgin. And having clothed Himself therein, He hath saved all who magnify thee with pure thought.

Resurrection hath now been given to the dead through thine ineffable and unutterable birthgiving, O most pure Theotokos; for Life, clothing Himself in flesh through thee, shone forth upon all, and hath manifestly lifted the gloom of death.

Holy is the Lord Our God, in Tone VI



Holy is the Lord our God! (Thrice)

Psalms of Praise, in Tone VI



betevity breath praise the bord. Traise the bord from the field vens

Let every breath <u>praise</u> the Lord. Praise the Lord from the <u>hea</u>vens, praise Him in the <u>high</u>est. To Thee is due <u>praise</u>, O God.

Praise Him, all ye His <u>angels</u>; praise Him, <u>all</u> ye His hosts. To <u>Thee</u> is due <u>praise</u>, O God.

Stichos: To do among them the judgment that is written.



Thy <u>Cross</u>, O Lord,/ is the life and resurrection of Thy <u>people</u>;/ and we who set our <u>hope</u> thereon/ hymn Thee, our <u>risen</u> God.// Have <u>mer</u>cy upon us!

Stichos: Praise ye God in His saints,/ praise Him in the firmament of His power.

Thy burial hath opened paradise to the human race, O <u>Mas</u>ter;/ and, delivered from corruption, we <u>hymn</u> Thee,/ our <u>ris</u>en God.// Have <u>mer</u>cy upon us!

Stichos: Praise Him for His mighty acts,/ praise Him according to the multitude of His greatness.

Let us hymn Christ Who is <u>ris</u>en from the dead,/ with the Father and the <u>Spi</u>rit;/ and let us cry <u>out</u> to Him:/ Thou art our life and resur<u>rec</u>tion!// Have <u>mer</u>cy upon us!

Stichos: Praise Him with the sound of trumpet,/ praise Him with psaltery and harp.

Thou didst rise from the tomb on the <u>third</u> day,/ as it is <u>writ</u>ten, O Christ,/ raising up our fore<u>fa</u>ther with Thyself./ Wherefore, the human race glori<u>fi</u>eth Thee// and <u>hymn</u>eth Thy resur<u>rec</u>tion.

Stichos: Praise Him with timbrel and dance,/ praise Him with strings and flute.

Great and awesome is the mystery of Thy resur<u>rec</u>tion, O Lord;/ for thus Thou didst issue <u>forth</u> from the tomb,/ like a bridegroom from a wedding <u>cham</u>ber,/ having destroyed <u>death</u> by death,/ that Thou mightest free <u>Adam.</u>/ Wherefore, the angels join chorus in the <u>hea</u>vens,/ and on earth men glorify Thy loving-<u>kind</u>ness toward us,// O Thou Who <u>lov</u>est mankind.

Stichos: Praise Him with tuneful cymbals, praise Him with cymbals of jubilation./ Let every breath praise the Lord.

O ye most in<u>iq</u>uitous Jews,/ where are the seals, and the silver coins which ye gave to the <u>sol</u>diers?/ The Treasure hath not been stolen, but is risen, as One <u>mighty</u>./ Ye are filled with shame, who rejected Christ, the Lord of <u>glo</u>ry,/ Who suffered, was buried, and <u>rose</u> from the dead.// Let us <u>wor</u>ship Him!

Stichos: Arise, O Lord my God, let Thy hand be lifted high; / forget not Thy paupers to the end.

While the <u>tomb</u> was sealed,/ how were the remains <u>sto</u>len,/ O ye Jews who set the watch and af<u>fixed</u> the seals?/ The King issued forth through doors <u>which</u> were closed./ Either show Him as <u>one</u> dead,/ or worship Him as God, <u>chanting</u> with us.// Glory, O Lord, to Thy <u>Cross</u> and resurrection!

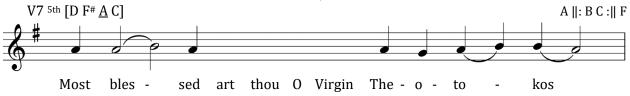
Stichos: I will confess Thee, O Lord, with my whole heart,/ I will tell of all Thy wonders. The myrrh-bearing women, lamenting, reached Thy Life-receiving tomb, O Lord;/ and, bearing myrrh, they sought to embalm Thine all-pure body./ But they found a luminous angel seated upon the stone,/ who declared to them, saying:/ "Wherefore weep ye for Him from Whose side life poured forth upon the world?/ Why seek ye the Immortal One as though He were one dead in the grave?/ Rather, make haste, announce to His disciples the universal joy of His glorious resurrection!"/ O Savior Who hast enlightened us thereby,// grant us cleansing and great mercy!

Glory... Gospel sticheron.



Both now and ever and unto the a - ges of a - ges. A - men

Theotokion, in Tone II



Most <u>bles</u>sed art Thou, O Virgin Theo<u>to</u>kos,/ for through Him Who became incarnate of Thee is hades led <u>captive</u>,/ <u>Ad</u>am recalled, the curse annulled, <u>Eve</u> set free,/ death slain, and we are <u>given</u> life./ <u>Where</u>fore, we cry a<u>loud</u> in praise:/ Blessed is <u>Christ</u> God// Who hast been so pleased, <u>glory</u> to <u>Thee</u>.

Having Risen from the Tomb



Hav - ing ri - sen from the tomb, and hav - ing burst the bonds of had - des

Having risen from the <u>tomb</u>,/ and having <u>burst</u> the bonds of <u>ha</u>des,/ Thou hast de<u>stroy</u>ed the sentence of <u>death</u>, O Lord,/ delivering <u>all</u> from the snares of the enemy./ Manifesting Thyself to Thine A<u>pos</u>tles,/ Thou didst send them forth to <u>preach</u>;/ and through them hast <u>granted</u> Thy peace/ to the <u>world</u>,// O <u>Thou</u> Who alone art plenteous in <u>mer</u>cy.

Tone VI

Sunday Morning Divine Liturgy

On the Beatitudes, in Tone VI

Remember me when Thou comest in Thy kingdom, O God my Savior, and save me, for Thou alone lovest mankind.

By a tree was Adam deceived; yet again by the Tree of the Cross was the thief saved, who cried out: Remember me in Thy kingdom, O Lord!

O Bestower of life, Who hast broken down the gates and portals of hades, Thou hast saved all who cry out to Thee, O Savior: Glory to Thine arising!

O Thou Who by Thy burial hast made death captive, and by Thy resurrection hast filled all with joy: remember me, in that Thou art compassionate.

The myrrh-bearing women who came to the tomb heard an angel cry out: Christ, who hath enlightened all things, is risen!

Together let us all hymn Christ, Who was nailed to the Cross and hath delivered the world from beguilement.

Triadicon: The Father, the Son, and the Holy Spirit let us glorify, saying: O Holy Trinity, save Thou our souls!

Theotokion: O Virgin, who ineffably conceived in the latter days and gavest birth unto Thy Creator: Save those who magnify thee!

Troparion of the Resurrection, in Tone VI



Angelic hosts were a - bove Thy tomb, and they that guard-ed Thee be - came as dead

Angelic Hosts were above Thy tomb,/ and they that guarded Thee be<u>came</u> as dead./ And Mary <u>stood</u> by the grave/ seeking Thine immaculate <u>Body</u>./ Thou didst despoil hades and wast not <u>tempt</u>ed by it./ Thou didst meet the Virgin and didst <u>grant</u> us life,/ O Thou Who didst <u>rise</u> from the dead,// O Lord, <u>glo</u>ry be to Thee.

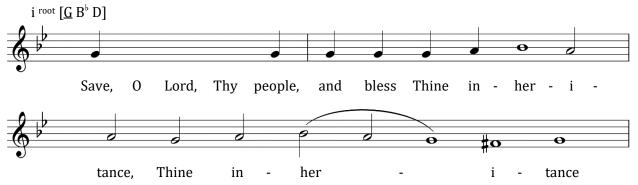
Kontakion of the Resurrection, in Tone VI



Having by His life-be-stow-ing hand raised up all the dead out of the dark a - bys - ses

Having by His life-be<u>stow</u>ing hand/raised up all the dead out of the dark a<u>bys</u>ses,/ Christ God, the <u>Giv</u>er of Life,/ hath bestowed the Resurrection upon the fallen <u>human race</u>;/ for He is the <u>Sav</u>ior of all,// the Resurrection, and the <u>Life</u>, and the <u>God</u> of all.

Prokeimenon, in Tone VI



O Lord, save Thy people, and bless Thine inheritance.

Stichos: Unto Thee, O Lord, will I cry; O my God, be not silent unto me.

Alleluia, in Tone VI



He that dwelleth in the help of the Most High shall abide in the shelter of the God of heaven.

Stichos: He shall say unto the Lord: Thou art my helper and my refuge. He is my God, and I will hope in Him.

Tone VII

Saturday Evening Great Vespers

Lord I Have Cried, in Tone VII



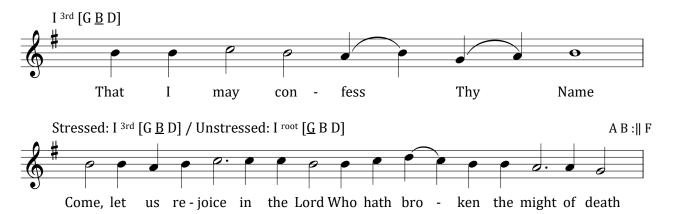
Lord, I have cried un - to Thee, hear-ken un - to me. Hear - ken un - to me O Lord

<u>Lord</u>, I have cried unto Thee, <u>hear</u>ken unto me. <u>Hear</u>ken unto <u>me</u>, O Lord. <u>Lord</u>, I have cried unto Thee, <u>hear</u>ken unto me; at<u>tend</u> to the voice of my suppli<u>cation</u>, <u>when</u> I <u>cry</u> unto Thee. Hearken unto me, O Lord.

<u>Let</u> my <u>prayer</u> be set forth, as <u>in</u>cense before Thee, the <u>lifting up</u> of my hands as an evening sacrifice. Hearken unto me, O Lord.

Resurrectional Stichera, in Tone VII

Stichos: Bring my soul out of prison.



<u>Come</u>, let us rejoice in the Lord/ Who hath <u>broken the might</u> of death/ and en<u>lightened</u> the <u>hu</u>man race;/ and let us cry out with the incor<u>por</u>eal ones:// O our Creator and Savior, <u>glory be to Thee!</u>

Stichos: The righteous shall wait patiently for me/until Thou shalt reward me.

For our <u>sake</u>, O Savior, Thou didst endure the Cross and <u>bur</u>ial./ And as <u>God</u> Thou didst slay <u>death</u> by death./ <u>Where</u>fore, we bow down before Thy rising on the <u>third</u> day.// O Lord, <u>glory</u> be to Thee!

Stichos: Out of the depths have I cried unto Thee, O Lord; / O Lord, hear my voice.

Be<u>hold</u>ing Thy resurrection, the apostles <u>mar</u>velled,/ <u>chant</u>ing angelic praise./ <u>This</u> is the <u>glo</u>ry of the Church!/ <u>These</u> are the riches of the <u>king</u>dom!/ O <u>Lord</u> Who <u>suf</u>fered for our sake,// <u>glo</u>ry be to Thee!

Stichos: Let Thine ears be attentive/ to the voice of my supplication.

<u>Thou</u> wast seized by iniquitous <u>men</u>, O Christ,/ yet <u>Thou</u> art my God, and I am not confounded./ <u>Thou</u> wast beaten on the shoulders, yet I <u>shun</u> Thee not./ Thou wast <u>nailed</u> to the Cross, and I do not con<u>ceal</u> it./ I <u>boast</u> in Thine arising; for Thy <u>death</u> is my life.// O almighty Lord Who lovest mankind, <u>glory be</u> to Thee!

Stichos: If Thou shouldst mark iniquities, O Lord, O Lord, who shall stand?/ For with Thee there is forgiveness.

Ful<u>fill</u>ing the prophecy of <u>Da</u>vid,/ <u>Christ</u> revealed His majesty to the disciples in <u>Si</u>on,/ showing Him<u>self</u> to be ever-laudable and <u>glo</u>rious,/ with the <u>Fa</u>ther and the <u>Spi</u>rit,/ and to be the <u>One</u> Who, as the Word, was incorporeal in the beginning,/ was later in<u>car</u>nate for <u>our</u> sake,/ was <u>slain</u> as a man, and arose with <u>power//</u> as He Who <u>lov</u>eth mankind.

Stichos: For Thy name's sake have I patiently waited for Thee, O Lord, my soul hath waited patiently for Thy word,/ my soul hath hoped in the Lord.

<u>Thou</u> didst descend into hades as Thou didst <u>will</u>, O Christ;/ Thou didst over<u>throw</u> death as God and <u>Mas</u>ter;/ and <u>Thou</u> didst rise on the <u>third</u> day,/ raising up <u>Ad</u>am with Thyself from the bonds of hades and cor<u>rup</u>tion;/ and he <u>cried</u> out, <u>say</u>ing:// Glory to Thy resurrection, O <u>Thou</u> Who alone <u>lovest</u> mankind!

Stichos: From the morning watch until night, from the morning watch/ let Israel hope in the Lord.

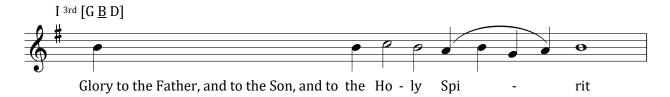
<u>Thou</u> wast laid in the tomb as one a<u>sleep</u>, O Lord,/ and didst <u>rise</u> on the third day as one <u>pow</u>erful in might,/ raising up <u>Ad</u>am with Thyself from the cor<u>rup</u>tion of death,// in that <u>Thou</u> art al<u>mighty</u>.

Then stichera for the saint from the Menaion.

Stichos: For with the Lord there is mercy, and with Him is plenteous redemption,/ and He shall redeem Israel out of all his iniquities.

Stichos: O praise the Lord, all ye nations; / praise Him all ye peoples.

Stichos: For He hath made His mercy to prevail over us,/ and the truth of the Lord abideth forever.



Doxasticon for the saint or commemoration of the day.



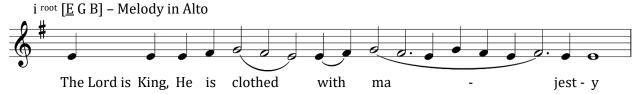
Dogmatic Theotokion, in Tone VII



Thou hast been known to have become a Mother... manner, O The - o - to - kos

Thou hast been known to have become a Mother in supernatural manner, O Theotokos,/ and hast remained a Virgin in manner past recounting and understanding;/ and no tongue can describe the wonder of thy birthgiving./ For as thy conceiving is all-glorious,/ so is the manner of thy birthgiving beyond comprehension;/ for where God so willeth, the order of nature is over-ruled./ Wherefore, knowing thee to be the Mother of God,/ we all earnestly entreat thee:// Pray thou that our souls be saved!

Prokeimenon on Saturday Evening, in Tone VI

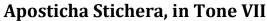


The Lord is King, He is <u>clothed</u> with <u>majesty</u>.

Stichos: The Lord is clothed with strength and He hath girt Himself.

Stichos: For He established the world which shall not be shaken.

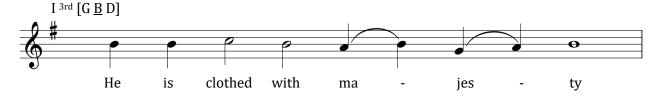
Stichos: Holiness becometh Thy house, O Lord, unto length of days.





Thou didst <u>rise</u> from the tomb, O <u>Sav</u>ior of the world,/ and with Thy <u>flesh</u> didst <u>raise</u> men up.// <u>Glo</u>ry be to <u>Thee</u>, O Lord!

Stichos: The Lord is King.



<u>Come</u>, let us worship Him Who hath risen from the dead and en<u>ligh</u>tened all;/ for <u>He</u> hath freed us from the tyranny of <u>ha</u>des,/ and by His resur<u>rec</u>tion on the <u>third</u> day// hath granted us <u>life</u> and great <u>mer</u>cy.

Stichos: For He hath established the world/which shall not be shaken.

<u>Thou</u> didst descend into hades and make death <u>cap</u>tive, O Christ;/ and <u>ris</u>ing on the <u>third</u> day,/ Thou didst <u>raise</u> up with Thyself those who glorified Thine almighty a<u>ris</u>ing,// O <u>Lord</u> Who <u>lov</u>est mankind.

Stichos: Holiness becometh Thy house, O Lord,/ unto length of days.

<u>Awe</u>some wast Thou, lying in the tomb as one a<u>sleep</u>, O Lord;/ and <u>ris</u>ing on the third day as One <u>mighty</u>,/ Thou didst <u>raise</u> up <u>Ad</u>am, who cried:// Glory to Thy resurrection, O Thou Who alone lovest mankind!

Glory..., from the Menaion, if there is a doxasticon provided.



Resurrectional Theotokion, in Tone VII



Having <u>re</u>course unto thy protection, 0 <u>Mis</u>tress,/ <u>all</u> of us born of earth cry a<u>loud</u> to thee:/ 0 Theo<u>to</u>kos, our hope, deliver us from our countless trans<u>gres</u>sions,// and <u>save</u> thou our souls.

Tone VII

Sunday Morning Matins

God is the Lord, in Tone VII



God is the \underline{Lord} and hath appeared unto us. Blessed is he that \underline{com} eth in the \underline{name} of the Lord.

Troparion of the Resurrection, in Tone VII



Thou didst de - stroy death by Thy Cross; Thou didst open par - a - dise to the thief

Thou didst des<u>troy</u> death by Thy Cross,/ Thou didst open <u>par</u>adise to the thief./ Thou didst <u>change</u> the lamentation of the Myrrh-<u>bear</u>ers,/ and Thou didst command Thine A<u>pos</u>tles/ to pro<u>claim</u> that Thou didst arise, O <u>Christ</u> God,// and grantest to the <u>world</u> great <u>mer</u>cy.

Resurrectional Theotokion, in Tone VII



As thou art the treasury... O all-hymned one, lead up from the pit... those who trust in thee

As <u>thou</u> art the treasury of our resurrection, O all-<u>hymned</u> one,/ lead up from the pit and abyss of transgression those who <u>trust</u> in thee,/ for <u>thou</u> who gavest birth to our Sal<u>vation</u>/ hast saved those who are <u>subject</u> to sin./ O <u>thou</u> who before giving birth wast <u>Virgin</u>,/ and <u>during</u> thy birthgiving wast <u>virgin</u>,// thou remainest a Virgin even <u>after giving</u> birth.

First Sessional Hymns, in Tone VII

Life lay in the tomb, and the seal lay upon the stone. The soldiers guarded Christ as they would a sleeping king, and the angels glorified Him as immortal God. And the women cried aloud: The Lord hath risen, granting great mercy to the world!

Stichos: Arise, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end.

O Christ God, Who by Thy burial madest death captive, and Who by Thine arising raised up man who had become corrupt: Glory to Thee, in that Thou lovest mankind!

Glory..., Now and ever..., Theotokion:

O Virgin Theotokos, unceasingly entreat Christ our God, Who for our sake was crucified, rose again, and cast down the dominion of death, that He save our souls.

Second Sessional Hymns, in Tone VII

While the tomb was sealed, Thou didst shine forth life from the grave, O Christ God; and while the doors were shut, Thou, the Resurrection of all, didst stand before the disciples, through them renewing an upright spirit for us, according to Thy great mercy.

Stichos: I will confess Thee, O Lord, with my whole heart, I will tell of all Thy wonders.

The women ran to Thy tomb, bearing myrrh and tears; and while the soldiers were keeping watch over Thee, the King of all, they said to themselves: "Who will roll away the stone for us?" But the Angel of great Counsel had arisen, trampling down death. O Lord almighty, glory be to Thee!

Glory..., Now and ever..., Theotokion:

Rejoice, O Virgin Theotokos full of grace, haven and intercession for the human race, for of thee did the Deliverer of the world become incarnate, for thou alone art both Mother and Virgin, ever-blessed and all-glorious. Entreat Christ God, that He grant peace to all the world.

Hypacoï, in Tone VII

O Christ God, Who assumed our form and endured the Cross in the flesh, save me by Thy resurrection, in that Thou lovest mankind.

Songs of Ascent, in Tone VII Antiphon I



O <u>Sav</u>ior Who turned the captivity of <u>Si</u>on away from <u>false</u>hood,/ grant <u>life</u> unto me, // rescuing me from enslaving <u>pas</u>sions.

<u>He</u> who with tears soweth the afflictions of <u>fast</u>ing in the south// shall reap sheaves of joy and ever<u>last</u>ing life.

Glory..., Both now...

Through the Holy <u>Spi</u>rit cometh the well-spring of divine <u>trea</u>sures:/ from <u>Him</u> are wisdom, under<u>stan</u>ding and fear,/ and to <u>Him</u> are due praise and <u>glo</u>ry,// honor and dominion.

Antiphon II

If the <u>Lord</u> buildeth not the <u>house</u> of the soul,/ in vain do we labor;// for without Him is no work or <u>word</u> made <u>perfect</u>.

Moved by the <u>Spi</u>rit,/ the <u>saints</u>, made true children through <u>adop</u>tion by the Son,// have transmitted the <u>teachings</u> of the <u>Fa</u>ther.

Glory..., Both now...

<u>Through</u> the Holy Spirit doth everything come into <u>being</u>;/ for, from be<u>fore</u> the beginning of time,/ <u>He</u> hath been the <u>God</u> of all,// the Lord of all, the unapproachable <u>Light</u>, and the Life of all.

Antiphon III

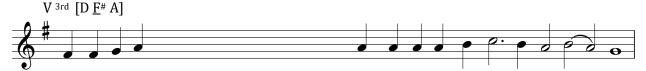
Having <u>found</u> the <u>paths</u> of life,/ they who <u>fear</u> the Lord are blessed, now and for<u>ev</u>er,// with incorruptible glory.

<u>See</u>ing thine offspring like the trunks of trees round about thy <u>table</u>,/ rejoice and <u>be</u> glad,// leading them to Christ, the Chief <u>Shep</u>herd.

Glory..., Both now...

From the Holy <u>Spi</u>rit come an ab<u>yss</u> of gifts,/ a <u>wealth</u> of glory and great depths of <u>judg</u>ment;/ for, <u>equal</u> in glory with the <u>Fa</u>ther and the Son,// He is <u>wor</u>shipped with Them.

Prokeimenon, in Tone VII



A - rise, O Lord my God, let Thy hand be lifted high; for-get not Thy pau-pers to the end

Arise, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end. *Stichos:* I will confess Thee, O Lord, with my whole heart, I will tell of all Thy wonders.

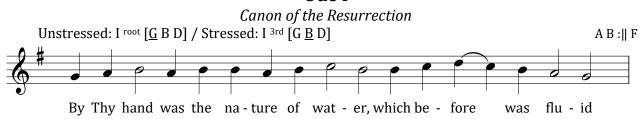
Let Every Breath Praise the Lord, in Tone VII



Let every breath praise the Lord, praise the Lord.

The Canon, in Tone VII

Ode I



Irmos: By Thy <u>hand</u> was the nature of <u>wa</u>ter,/ which before was <u>fluid</u>,/ trans<u>formed</u> into solid <u>form</u>, O Lord./ Wherefore, having passed through it <u>dry</u>shod,// Israel chanteth to Thee a <u>hymn</u> of <u>vic</u>tory.

Refrain: Glory to Thy holy resurrection, O Lord!

By the Tree was the tyranny of death overthrown, when Thou wast condemned to an

unjust death, O Lord; thus, utterly unable to vanquish Thee, the prince of darkness was rightly banished.

Hades drew nigh to Thee, but his fangs were unable to rend Thy body, and his jaws were broken; wherefore, having destroyed the pangs of death, O Savior, Thou didst arise on the third day.

Theotokion: The pangs of our first mother Eve have been eased, for, eluding pain, thou gavest birth without knowing man. Wherefore, clearly knowing thee to be the Theotokos, O all-pure one, we all glorify thee.

Canon of the Cross and the Resurrection Ode 1. same tone.

Irmos: He Who crusheth battles...

Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

On the Cross the Savior poured forth two life-bearing streams for us from His pierced side. Let us chant unto Him, for He hath been glorified.

Having dwelt in the tomb and arisen on the third day, Christ, the Expectation of the nations, granted incorruption unto mortals. Let us chant unto Him, for He hath been glorified.

Theotokion: Thou alone wast shown to be a virgin even after giving birth; for thou gavest birth unto the Creator for the world. Wherefore, we all cry out to thee: Rejoice!

Canon of the Theotokos Ode 1, same tone.

Irmos: By Thy hand was the nature...

Refrain: 0 most holy Theotokos, save us.

O Virgin who gavest birth to the Abyss of loving-kindness, illumine my soul with thy luminous effulgence, that I may hymn the abyss of thy wonders as is meet.

Seeing us wounded by the dart of sin, the Word took pity on us, as our Benefactor; wherefore, the All-divine One ineffably united Himself to flesh He had received from thee, O most pure one.

The corrupt and mortal nature of man was seized by death, O Mistress; but when thou didst conceive Life, thou didst lift it up from corruption unto life.

Ode III

Irmos: O <u>Lord</u> and <u>Sav</u>ior,/ Who in the beginning established the heavens by Thine om<u>ni</u>potent word/ and con<u>firmed</u> all their power by the all-accomplishing and divine <u>Spi</u>rit:// establish me upon the immovable <u>rock</u> of the con<u>fession</u> of Thee!

Having ascended the Tree, O compassionate Savior, of Thine own will Thou didst experience pain for our sake and didst endure the wounding which won reconciliation and salvation for the faithful. And thereby have we all been reconciled with Thy Father, O Merciful One.

Having cleansed of sores me who was wounded by the sting of the serpent, O Christ, Thou didst show forth light unto me who from of old have lain in darkness and corruption; for having descended into hades through the Cross, Thou didst raise me up with Thyself.

Theotokion: Through the entreaties of Thy Mother who knew not man, O Savior, grant peace to the world, and vouchsafe Thine ineffable glory unto those who glorify Thee.

Canon of the Cross and Resurrection

Irmos: O Thou Who lovest mankind...

O Thou Who alone lovest mankind, Who endured sufferings upon the Cross and, as God and Benefactor, opened paradise to the thief, make my mind firm in Thy will.

O Thou Who alone lovest mankind, Who arose from the grave on the third day and, as the Bestower of life and God, shone forth life upon the world, establish my mind in Thy will.

Theotokion: O Mary, Virgin and Mother, as thou didst conceive God without seed and hast delivered Eve from the curse, entreat God Who became incarnate of thee, that He save thy flock.

Canon of the Theotokos

Irmos: O Lord and Savior...

The serpent who slithered forth from Eden, beguiling me with a desire to become a god, hath cast me down to the ground; but He Who is merciful and compassionate by nature, having made His abode within thy womb and become like unto me, O Virgin Mother, hath taken pity and deified me.

Blessed is the Fruit of thy womb, O Virgin Theotokos, thou joy of all; for for the whole world thou gavest birth unto the Joy and Gladness which truly dispelleth the grief of sin, O Bride of God.

O Virgin Theotokos, thou didst truly give birth for us to eternal Life and Peace, causing men's ancient battle against God the Father to cease, through thy faith and confession of grace.

Ode IV

Irmos: O Christ <u>God</u> Who, without leaving the bosom of the Father, didst des<u>cend</u> to earth:/ I have <u>heard</u> the mystery of Thy dispen<u>sation</u>,// and have <u>glo</u>rified Thee, Who alone <u>lovest mankind</u>.

Giving His shoulders over to stripes, the innocent Master, Who was incarnate of the Virgin, was beaten by a most sinful servant, loosing mine offenses.

Standing before the tribunal of iniquitous judges, the Judge is examined as one indicted; and He Who judgeth the earth with righteousness and as God-formed man is smitten by a hand of clay.

Theotokion: In that thou art truly the Mother of God, entreat thy Creator and Son, O most immaculate one, that He guide me to the saving haven of His glorious will.

Canon of the Cross and the Resurrection

Irmos: In latter times, the prophet...

O Lord Who knowest not sin, yet because of it didst become that which Thou wast not: Thou takest form, receiving that which is alien to Thee, that Thou mightest save the world and slay the deceiving tyrant.

Thou wast uplifted upon the Cross and didst release our forefather Adam from his sin, for which cause I have heard of Thy power; for Thou didst come to save all Thine anointed ones.

Theotokion: When Thou didst die, O Thou Who wast born of the Virgin, Thou didst give life unto Adam who erred in mind; and death was terrified of Thy might, for Thou didst come to save all who had fallen under corruption.

Canon of the Theotokos

Irmos: O Christ God Who, without leaving...

O most hymned one, who even before creation appeared to God as wholly elect and beauteous in the splendor of thy radiance, enlighten those who hymn thee.

For man, O pure one, thou gavest birth unto God, Who became incarnate of thy pure blood, and delivereth from many offenses those who with love glorify and honor thee, O Mother and Virgin.

Reason-endowed nature, having now learned the ineffable mystery of thy birthgiving, O most hymned and all-blessed one, offereth priestly ministry unto Him Who shone forth from thee.

Ode V

Irmos: Night is bereft of light for those without <u>faith</u>, O Christ,/ but for the <u>faith</u>ful there is enlightenment in the <u>sweet</u>ness of Thy words;/ <u>where</u>fore, I rise <u>ear</u>ly unto Thee// and <u>hymn</u> Thy di<u>vin</u>ity.

For Thy servants art Thou betrayed, and Thou endurest blows to Thy cheeks, which win freedom for those who chant: I rise early unto Thee and hymn Thy divinity!

By Thy divine power, O Christ, Thou didst cast down the mighty one with Thy weak human flesh, and by Thy resurrection thou hast shown me to be a victor over death, O Savior.

Theotokion: O pure Mother, Thou gavest birth unto God, Who as God became incarnate of thee, O most hymned one; and though thou hadst no concourse with the male gender, yet dost thou give birth through the Holy Spirit.

Canon of the Cross and Resurrection

Irmos: Rising at dawn...

When Thou wast numbered with the outlaws, Thou didst ascend Golgotha. And the lights of heaven hid themselves, the earth quaked, and the veil of the temple was rent in twain, making manifest the apostasy of the Jews.

With hymns we glorify Thee, Who destroyed all the power of the tyrant with the might of Thine unapproachable divinity, and raised up the dead by Thy resurrection.

Theotokion: O most hymned Theotokos, Mother of our God and King, by thine entreaties send down cleansing of transgressions upon those who with faith and love ever praise thee in hymns.

Canon of the Theotokos

Irmos: Night is bereft of light...

Beholding the ladder set firmly in the highest, Jacob understood it to be an image of thee, O thou who knewest not wedlock; for through thee hath God come into fellowship with men, O most pure Mistress.

Having now found everlasting deliverance through thee, O Virgin, we earnestly cry out to thee, "Rejoice!" O Bride of God; and uplifted to joy by thy light, O most hymned one, we hymn thee in songs.

The Bridegroom found thee alone like a lily among thorns, shining with the radiance of purity and the light of virginity, O Virgin, and He took thee to be His Bride, O most immaculate one.

Ode VI

Irmos: <u>Sail</u>ing amid the tumult of the <u>cares</u> of life,/ I <u>foun</u>der with the <u>ship</u> of sin/ and am <u>cast</u> to the soul-des<u>troy</u>ing beast;/ yet like <u>Jo</u>nah I cry to <u>Thee</u>, O Christ:// Lead me <u>up</u> from the <u>dead</u>ly abyss!

The souls of the righteous imprisoned in hades and left there, remembered Thee and besought salvation of Thee, which through the Cross Thou didst grant to the nether regions, O Christ, having come there full of loving-kindness.

The choir of the apostles despaired of ever seeing again Thine animate temple not made by man, which was destroyed by Thy sufferings; yet, beyond hope, they worshipped Thee and everywhere proclaimed Thee risen. Theotokion: Who among men can explain the manner of thine ineffable birthgivng which took place for our sake, O Virgin Bride of God? For God the Word, Who is uncircumscribable, uniting Himself to thee, became flesh through thee.

Canon of the Cross and Resurrection

Irmos: Jonah cried out...

Lifted up upon the Cross of Thine own will, O Savior, Thou didst make captive the dominion of the enemy, nailing the record of our sins to it, O Good One.

Rising from the dead with power, O Savior, Thou didst raise up the human race with Thee, granting us life and incorruption, in that Thou lovest mankind.

Theotokion: O Theotokos, never cease to entreat our God, to Whom thou didst ineffably give birth, that those who hymn thee may be delivered from misfortunes, O pure Ever-virgin.

Canon of the Theotokos

Irmos: Sailing amid the tumult...

The images of the law and the foretellings of the prophets clearly proclaimed beforehand thee, O pure one, who wouldst give birth to the Benefactor of all creation, Who continually and in manifold ways hath benefited those who hymn thee with faith.

The first-created Adam, who of old was banished from the divine delight of Eden through the treachery of the slayer of man, didst thou restore when thou gavest birth unto Him Who hath delivered us from his transgression, O thou who knewest not wedlock.

He Who by His divine will and creative power brought all things into being out of nothingness, issued forth from thy womb, O pure one, and with divine lightning flashes He hath illumined those who are in the darkness of death.

Kontakion of the Resurrection, in Tone VII



No long- er will the dominion... to keep men cap-tive; for Christ... the pow-ers there-of

No <u>longer</u> will the dominion of death be able to keep men <u>cap</u>tive;/ for Christ hath descended, demolishing and destroying the <u>powers</u> thereof./ <u>Hades</u> is bound;/ the prophets rejoice with one voice, <u>say</u>ing:/ A <u>Sav</u>ior hath come for them that have <u>faith</u>.// Come forth, ye <u>faith</u>ful, for the Resur<u>rec</u>tion.

Ikos: Below, the uttermost depths, hades and death trembled today before One of the Trinity; the earth quaked, and the gatekeepers of hades, beholding Thee, were horrified. And all creation, rejoicing with the prophets, singeth a hymn of victory to Thee, our Deliverer and God, Who hast now destroyed the power of death. Let us exult and cry out unto Adam and his descendents, in that the tree of the Cross hath restored him to paradise: Come forth, ye faithful, unto the resurrection!

Ode VII

Irmos: Of <u>old</u>, the children showed the fiery furnace to pour <u>forth</u> dew,/ <u>hymn</u>ing the one God and <u>say</u>ing:/ Supremely exalted and all-glorious// is the <u>God</u> of our fathers!

Through a tree death came to Adam, who of his own will committed disobedience; but through the obedience of Christ is he restored. For my sake is the all-glorious Son of God

crucified.

All creation hath hymned Thee, O Christ, Who rose from the tomb; for Thou didst cause life to blossom forth for those in hades, and resurrection for the dead, and light for those in darkness, O All-glorious One.

Theotokion: Rejoice, daughter of corrupt Adam! Rejoice, only Bride of God! Rejoice, O thou who gavest birth to God, and through whom corruption was driven off! Him do thou beseech, O pure one, that we all be saved.

Canon of the Cross and Resurrection

Irmos: Cast into the fiery furnace...

Blessed art Thou, O Lord God of our fathers, who didst break the sting of sin on the tree of the Cross, and with the spear which pierced Thy side didst tear asunder the record of Adam's crime!

Blessed art Thou, O Lord God of our fathers, Who wast pierced in the side and with the sprinkling of Thy divine blood didst cleanse the earth, which had been defiled by the blood of idolatrous sacrifices!

Theotokion: O Theotokos, upon the world thou didst shine forth Christ, the Light Who existeth from before the sun, and Who delivereth from darkness and with divine knowledge enlighteneth all who cry out: Blessed art Thou, O Lord God of our fathers!

Canon of the Theotokos

Irmos: Of old, the children...

Thy Lord and Creator, O Virgin, loved thee, who art possessed of raiment embroidered with gold, wrought of many colors. Supremely exalted and all-glorious is the God of our fathers!

Receiving the burning coal of old, Isaiah was purified, O Maiden; and in signs he beheld thy giving birth to the supremely exalted and all-glorious God of our fathers.

Of old, the divine prophets, beholding images and signs of thy divine birthgiving, joyously cried out, chanting: Supremely exalted and all-glorious is the God of our fathers!

Ode VIII

Irmos: In <u>Sinai</u>, the bush un<u>burnt</u> by fire,/ com<u>mun</u>ing with Moses,/ made <u>God</u> known to him, who was slow of speech and spake with <u>difficulty</u>;/ while their <u>zeal</u> for God showed forth the three <u>children</u>/ as <u>singers</u> not open to as <u>sault</u> by the fire, crying "<u>O</u> all ye works of the Lord, <u>bless</u> ye the Lord,// and exalt Him a<u>bove</u> all for <u>ever</u>!"

Slaughtered for the world, the all-pure Lamb brought an end to the sacrifices offered in accordance with the law, in that He is God, purifying it of transgressions, that it may ever cry: Hymn the Lord, all ye works of the Lord, and exalt Him supremely for all ages!

Our flesh, which was assumed by the Creator, was not incorrupt before His suffering; but after His suffering and resurrection it was rendered untouchable by corruption, and restoreth mortals, who cry: Hymn the Lord, all ye works of the Lord, and exalt Him supremely for all ages!

Theotokion: Thy pure and most unblemished state hath purified the vile and abominable state of the whole world, O Virgin; and thou becamest the cause of our reconciliation with God. Wherefore, O all-pure Virgin, all of us, His works, bless and exalt thee supremely for all ages.

Canon of the Cross and Resurrection

Irmos: The only unoriginate King of glory...

Him Who of His own will endured sufferings, Who was nailed to the Cross at His own

desire, and destroyed the power of hades, do ye hymn, O priests! Ye people, exalt Him supremely for all ages!

Him Who abolished the dominion of death, Who arose from the tomb in glory, and saved the human race, do ye hymn, O priests! Ye people, exalt Him supremely for all ages!

Theotokion: The only Compassionate One, the preëternal Word, Who was born of the Virgin in the latter days, and annulled the ancient curse, do ye hymn, O priests! Ye people, exalt Him supremely for all ages!

Canon of the Theotokos

Irmos: The bush on Sinai...

With the light of thy birthgiving thou didst strangely enlighten the whole world, O Theotokos; for in thine arms thou dost bear Him Who is truly God, Who enlighteneth the faithful, who ever cry: O all ye works of the Lord, hymn the Lord and exalt Him supremely for all ages!

O pure one, we piously hymn thy womb, which ineffably contained the incarnate God, Who hath given the enlightenment of the knowledge of God unto all the faithful, who ever cry: O all ye works of the Lord, hymn the Lord and exalt Him supremely for all ages!

With the splendors of thy light thou hast rendered those who hymn thee luminous, O pure Theotokos, bearer of the Light; for thou wast shown to be the habitation of the Light, illumining with light those who cry: O all ye works of the Lord, hymn the Lord and exalt Him supremely for all ages!

Ode IX

Irmos: Without <u>tasting corruption</u>,/ Thou hast con<u>ceived</u> and lent <u>flesh</u> to the Word,/ <u>Who</u> is Artificer of all,/ O <u>Mo</u>ther who knew not a man, O Virgin Theo<u>to</u>kos,/ <u>ves</u>sel of Him Who can<u>not</u> be contained,// dwelling place of Thine infinite Creater: we <u>magnify</u> Thee.

O all ye of alien mind, who assume that the Divinity suffered, stop your mouths; for we magnify the Lord of glory crucified in the flesh, but not crucified in His divine essence, for He is One in two natures.

O ye who believe not in the resurrection of the body, come ye to the tomb of Christ and learn; for the flesh of the Bestower of life was dead and rose again, to assure us of the final resurrection, wherein we hope.

Triadicon: Worshipping a Trinity of Hypostases, not of Godheads, a Oneness of divinity, not of Persons, we cut off those who divide It; moreover, we confound those who dare to confuse that which we magnify.

Canon of the Cross and Resurrection

Irmos: O Mother of God and Virgin...

Christ, the Light from Light, the Effulgence of the Father's glory which shone forth timelessly, shone forth upon human life like Light in the darkness, and drove away the tormenting gloom. O ye faithful, let us magnify Him without ceasing.

Beholding in Christ sufferings of the flesh and the might of divinity, let those who reason that He is a single, commingled Being be put to shame; for as man He dieth, but as the Creator of all He riseth again.

"Myrrh is suitable for the dead, while hymnody is fitting for one who is alive. Tears are proper for the dying, but offer hymns O ye women, to the Life of all!" the herald of the resurrection cried out, announcing the glad tidings of Christ's arising.

Theotokion: "I know none other God than Thee," the Church crieth out to Thee, "O Word Who hast chosen me from among the unbelieving nations as Thy bride, grant salvation unto

the faithful, through the supplications of her who gave Thee birth, in that Thou art compassionate."

Canon of the Theotokos

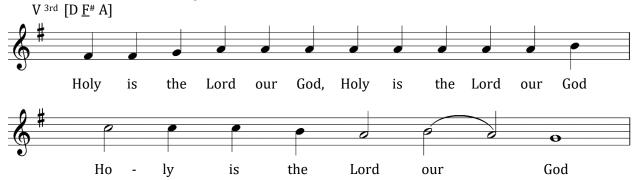
Irmos: O Mother of God and Virgin...

Thou hast been the Mediatress of everlasting joy and gladness for us, O Ever-virgin Maiden, having given birth to the Deliverer who delivereth those who worship Him as God in truth and by the divine Spirit.

David, thine ancestor, O all-pure one, hymning thee, calleth thee the ark of divine holiness, which supernaturally contained God Who sitteth in the bosom of the Father. O ye faithful, let us magnify Him without ceasing.

Thou art truly more exalted than all creation, O Maiden, for thou didst give birth bodily to the Creator of all for us; wherefore, as the Mother of the one Master, with authority thou dost carry the victory against all enemies.

Holy is the Lord Our God, in Tone VII



Holy is the Lord our God! (Thrice)

Psalms of Praise, in Tone VII



<u>Let</u> every <u>breath</u> praise the Lord. Praise the Lord from the <u>hea</u>vens, <u>praise</u> Him in the <u>high</u>est. To <u>Thee</u> is due <u>praise</u>, O God.

<u>Praise</u> Him, all ye His <u>an</u>gels; praise Him, <u>all</u> ye His hosts. To <u>Thee</u> is due <u>praise</u>, O God.

Stichos: To do among them the judgment that is written.



<u>Christ</u> hath <u>risen</u> from the dead,/ <u>bur</u>sting the <u>bonds</u> of death!/ 0 <u>earth</u>, pro<u>claim</u> great joy!// Ye heavens, sing the <u>glo</u>ry of God!

Stichos: Praise ye God in His saints,/ praise Him in the firmament of His power.

Having be<u>held</u> the resur<u>rec</u>tion of Christ,/ let us <u>wor</u>ship the holy Lord<u>Je</u>sus,// Who alone is sinless.

Stichos: Praise Him for His mighty acts,/ praise Him according to the multitude of His greatness.

Let <u>us</u> not cease worshipping the resur<u>rec</u>tion of Christ;/ for the <u>ho</u>ly Lord <u>Je</u>sus,/ re<u>veal</u>ing His resur<u>rec</u>tion,// hath <u>saved</u> us from our in<u>iq</u>uities.

Stichos: Praise Him with the sound of trumpet,/ praise Him with psaltery and harp. What shall we render unto the Lord for all that He hath rendered unto us?/ God the Word, for the sake of us and our corrupted nature,/ took flesh, and dwelt among us men./ To the thankless He came as Benefactor;/ to the captive as Liberator;/ to those sitting in darkness as the Sun of righteousness./ On the Cross, He was dispassionate;/ in hades, He was light;/ in death He was life and resurrection for the fallen./ Let us cry aloud to Him:// O our God, glory be to Thee!

Stichos: Praise Him with timbrel and dance,/ praise Him with strings and flute.

Thou didst <u>break</u> down the gates of <u>ha</u>des, O Lord;/ with Thy <u>migh</u>ty power Thou didst abolish the do<u>min</u>ion of death;/ and by Thy <u>glo</u>rious resurrection Thou didst raise <u>up</u> with Thyself/ the <u>dead</u> who slept in darkness from <u>ages</u> past,// as King of all and al<u>migh</u>ty God.

Stichos: Praise Him with tuneful cymbals, praise Him with cymbals of jubilation./ Let every breath praise the Lord.

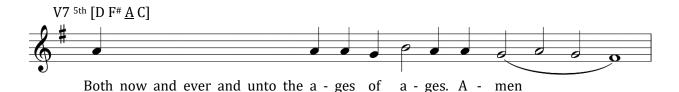
<u>Come</u>, let us rejoice in the Lord/ and be glad in His resur<u>rec</u>tion; for with Him<u>self</u> He hath raised the dead up from the indissoluble bonds of <u>ha</u>des,/ and as God He hath granted the world life ever<u>lasting</u>// and great <u>mer</u>cy.

Stichos: Arise, O Lord my God, let Thy hand be lifted high; / forget not Thy paupers to the end.

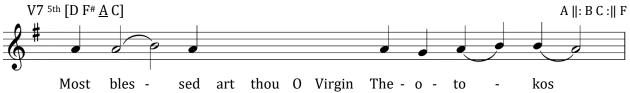
The <u>radiant</u> angel sat upon the stone of the Life-re<u>ceiv</u>ing tomb/ and an<u>nounced</u> to the myrrh-bearing women, <u>say</u>ing:/ "The <u>Lord</u> is risen, as He <u>told</u> you before!/ Pro<u>claim</u> ye to His disciples that He goeth before you into <u>Gal</u>ilee,// and granteth the world life ever<u>lasting</u> and great <u>mercy!</u>"

Stichos: I will confess Thee, O Lord, with my whole heart,/ I will tell of all Thy wonders. Why did ye cause the Cornerstone to be rejected, O most iniquitous Jews?/ Behold, He is the One Whom God set in Sion,/ Who poured water forth from the stone in the wilderness,/ and poureth forth immortality upon us from His own side./ He is the Stone which was quarried from the mountain of the Virgin/ without desire of man,/ the Son of man Who goeth on the clouds of heaven/ to the Ancient of Days, as Daniel said,// and His kingdom is eternal.

Glory... Gospel sticheron.



Theotokion, in Tone II



Most <u>bles</u>sed art Thou, O Virgin Theo<u>to</u>kos,/ for through Him Who became incarnate of Thee is hades led <u>captive</u>,/ <u>Ad</u>am recalled, the curse annulled, <u>Eve</u> set free,/ death slain, and we are <u>giv</u>en life./ <u>Where</u>fore, we cry a<u>loud</u> in praise:/ Blessed is <u>Christ</u> God// Who hast been so pleased, <u>glory</u> to <u>Thee</u>.

Today is Salvation Come Unto the World



To<u>day</u> is salvation come unto the <u>world</u>;/ let us <u>sing</u> praises to Him that a<u>rose</u> from the tomb,/ and is the Author <u>of</u> our life./ For, having de<u>stroyed</u> death by death,// He hath given us the victory and great <u>mer</u>cy.

Tone VII

Sunday Morning Divine Liturgy

On the Beatitudes, in Tone VII

The fruit which slew me was beautiful and good to eat; but Christ is the Tree of life, and eating of Him I do not die, but cry out with the thief: Remember me, O Lord, in Thy kingdom!

O Compassionate One, Who wast lifted up upon the Cross, Thou hast erased the record of Adam's ancient sin, and hast saved the whole human race from deception. Wherefore, we hymn Thee, O Lord and Benefactor.

Thou didst nail our sins to the Cross, O compassionate Christ, and by Thy death Thou didst slay death, O Thou Who didst raise up the dead from among the dead. Wherefore, we worship Thy holy resurrection.

The serpent once poured its venom into the ears of Eve; but on the tree of the Cross Christ poured forth the sweetness of life upon the world. Wherefore, we cry out: Remember us, O Lord, in Thy kingdom!

Thou wast laid in the tomb as one dead, O Christ, Thou Life of all; and Thou didst break down the gates of hades; and having risen again in glory on the third day as One mighty, Thou hast illumined all. Glory to Thine arising!

Having risen from the dead on the third day, the Lord bestowed His peace upon His disciples; and having blessed them, He sent them forth, saying: Lead all into My kingdom!

Triadicon: The Father is light; the Son and Word is light; and the Holy Spirit is light. Yet the Three are one Light, for they are one God in three Persons, One in nature and origin, indivisible, unconfused and preëternal.

Theotokion: For our sake thou gavest birth in the flesh to the Son and Word of the Father, in a way that He Himself knoweth, O Theotokos. Wherefore, O Virgin Mother, we who are deified through thee cry out to thee: Rejoice, O hope of Christians!

Troparion of the Resurrection, in Tone VII



Thou didst de - stroy death by Thy Cross; Thou didst open par - a - dise to the thief

Thou didst des<u>troy</u> death by Thy Cross,/ Thou didst open <u>par</u>adise to the thief./ Thou didst <u>change</u> the lamentation of the Myrrh-<u>bear</u>ers,/ and Thou didst command Thine A<u>pos</u>tles/ to pro<u>claim</u> that Thou didst arise, O <u>Christ</u> God,// and grantest to the <u>world</u> great <u>mer</u>cy.

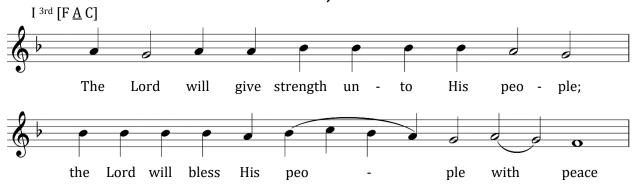
Kontakion of the Resurrection, in Tone VII



No long- er will the dominion... to keep men cap-tive; for Christ... the pow-ers there-of

No <u>longer</u> will the dominion of death be able to keep men <u>cap</u>tive;/ for Christ hath descended, demolishing and destroying the <u>powers</u> thereof./ <u>Ha</u>des is bound;/ the prophets rejoice with one voice, <u>say</u>ing:/ A <u>Sav</u>ior hath come for them that have <u>faith</u>.// Come forth, ye <u>faith</u>ful, for the Resur<u>rec</u>tion.

Prokeimenon, in Tone VII



The Lord will give strength unto His people; the Lord will bless His people with peace. *Stichos:* Bring unto the Lord, ye sons of God, bring unto the Lord the sons of rams.

Alleluia, in Tone VII



It is good to give praise unto the Lord, and to chant unto Thy name, O Most High. *Stichos:* To proclaim in the morning Thy mercy, and Thy truth by night.

Tone VIII

Saturday Evening Great Vespers

Lord I Have Cried, in Tone VIII



<u>Lord</u>, I have cried unto Thee, <u>hear</u>ken unto me. Hearken unto <u>me</u>, O Lord. Lord, I have cried unto Thee, <u>hear</u>ken <u>un</u>to me; attend to the voice of my suppli<u>ca</u>tion, when I <u>cry</u> unto Thee. Hearken unto me, O Lord.

<u>Let</u> my <u>prayer</u> be set forth, as incense be<u>fore</u> Thee, the <u>lifting up</u> of my <u>hands</u> as an evening <u>sac</u>rifice. Hearken unto <u>me</u>, O Lord.

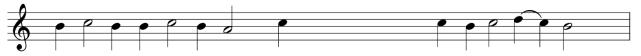
Resurrectional Stichera, in Tone VIII

Stichos: Bring my soul out of prison.

Unstressed: I $^{\text{root}}$ [C E G] / Stressed: vi $^{\text{root}}$ [A C E]



1 Unstressed: V 3rd [G B D] / 2+ Unstress.: vi root [A C E] / Stressed: I root [C E G] A B C ||: A2 B C :|| F



We of - fer to Thee, O Christ, evening hymnody and ra - tion - al sac - ri - fice

We <u>offer</u> to <u>Thee</u>, O Christ,/ evening hymnody and rational <u>sacrifice</u>;/ for it was Thy good pleasure to have <u>mer</u>cy upon us// by Thy resur<u>rec</u>tion.

Stichos: The righteous shall wait patiently for me/until Thou shalt reward me.

O <u>Lord</u>, O Lord, turn us not a<u>way</u> from Thy face,/ but be Thou well-pleased to have mercy up<u>on</u> us// by Thy resur<u>rec</u>tion.

Stichos: Out of the depths have I cried unto Thee, O Lord; / O Lord, hear my voice.

Rejoice, O holy Sion,/ Mother of Churches,/ thou dwelling-place of God!/ For thou wast first to receive remission of sins,// through the resurrection.

Stichos: Let Thine ears be attentive/ to the voice of my supplication.

The <u>Word</u>, Who was begotten of God the Father before the <u>ages</u>,/ and Who in latter times of His <u>own</u> will/ became incarnate of her who knew not <u>wed</u>lock,/ endured death by cruci<u>fix</u>ion;/ and by His resurrection He hath <u>saved</u> man// who was <u>slain</u> of old.

Stichos: If Thou shouldst mark iniquities, O Lord, O Lord, who shall stand?/ For with Thee there is forgiveness.

We <u>glor</u>ify Thy resurrection from the <u>dead</u>, O Christ,/ whereby Thou hast freed the race of <u>Adam</u>/ from the <u>ty</u>ranny of <u>hades</u>,/ and hast, as God, granted the world life ever<u>last</u>ing// and great <u>mer</u>cy.

Stichos: For Thy name's sake have I patiently waited for Thee, O Lord, my soul hath waited patiently for Thy word,/ my soul hath hoped in the Lord.

<u>Glory</u> to Thee, O Christ our <u>Sav</u>ior,/ Thou only-begotten <u>Son</u> of God,/ Who wast <u>nailed</u> to the Cross and didst <u>rise</u> from the grave// on the <u>third</u> day!

Stichos: From the morning watch until night, from the morning watch/let Israel hope in the Lord.

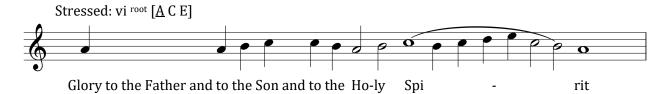
We <u>glorify</u> Thee, O Lord,/ Who of Thine own will didst endure the <u>Cross</u> for our sake,/ and we worship Thee, O al<u>mighty Sav</u>ior./ Turn us not a<u>way</u> from Thy face,/ but hearken and save us by Thy resur<u>rec</u>tion,// O Thou Who <u>lov</u>est mankind.

Then stichera for the saint from the Menaion.

Stichos: For with the Lord there is mercy, and with Him is plenteous redemption,/ and He shall redeem Israel out of all his iniquities.

Stichos: O praise the Lord, all ye nations;/ praise Him all ye peoples.

Stichos: For He hath made His mercy to prevail over us,/ and the truth of the Lord abideth forever.



Doxasticon for the saint or commemoration of the day.



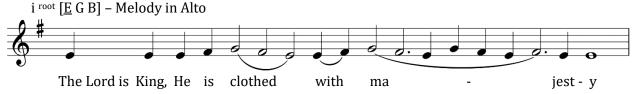
Dogmatic Theotokion, in Tone VIII



In His love for mankind, the King of heaven appeared on earth and dwelt a - mong men

In His <u>love</u> for mankind, the King of heaven appeared on earth and <u>dwelt</u> among men;/ for He Who received flesh from the pure <u>Virgin</u>/ and came forth from her having received human <u>nature</u>,/ is the only <u>Son</u> of God,/ two in nature but not hy<u>post</u>asis./ Therefore, proclaiming Him to be truly <u>per</u>fect God/ and <u>per</u>fect man,/ we con<u>fess</u> Christ our God./ Him do thou beseech, O Mother un<u>wed</u>ded,// that our souls find <u>mer</u>cy!

Prokeimenon on Saturday Evening, in Tone VI



The Lord is King, He is <u>clothed</u> with <u>majesty</u>.

Stichos: The Lord is clothed with strength and He hath girt Himself.

Stichos: For He established the world which shall not be shaken.

Stichos: Holiness becometh Thy house, O Lord, unto length of days.

Aposticha Stichera, in Tone VIII



Hav - ing des- cen- ded from heaven O Je - sus, Thou didst mount the Cross

Having des<u>cend</u>ed from heaven, O <u>Je</u>sus,/ Thou didst <u>mount</u> the Cross;/ Thou didst come to <u>death</u>, O im<u>mor</u>tal Life,/ true Light for those in <u>dark</u>ness, resurrection for the <u>fall</u>en./ O our <u>Sav</u>ior, en<u>ligh</u>tenment of all,// glory <u>be</u> to Thee!

Stichos: The Lord is King.

Unstressed: I root [C E G] / Stressed: vi root [A C E]



We <u>glo</u>rify Christ Who <u>rose</u> from the dead;/ for, having assumed a soul and <u>bo</u>dy,/ He cut the passions off on <u>ei</u>ther hand./ Therefore, when His all-pure soul descended into <u>ha</u>des,/ He took it <u>cap</u>tive./ And in the tomb the body of the De<u>liv</u>erer of our souls// did not see cor<u>rup</u>tion.

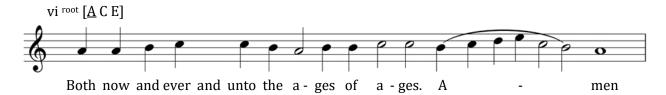
Stichos: For He hath established the world/ which shall not be shaken.

With <u>psalms</u> and hymns we glorify Thy resurrection from the <u>dead</u>, O Christ,/ whereby Thou didst free us from the tyranny of <u>ha</u>des/ and, as God, didst grant us ever<u>last</u>ing life// and great <u>mer</u>cy.

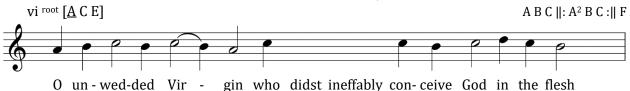
Stichos: Holiness becometh Thy house, O Lord,/ unto length of days.

O <u>Mas</u>ter of all, unapproachable Creator of <u>hea</u>ven and earth,/ Who <u>suffered</u> on the Cross,/ Thou didst pour forth dis<u>pas</u>sion up<u>on</u> me./ Having accepted burial and risen in <u>glo</u>ry,/ Thou didst raise up <u>Ad</u>am with Thyself/ by Thine al<u>mighty</u> hand./ Glory to Thy rising on the <u>third</u> day,/ whereby Thou didst bestow upon us everlasting life and <u>cleansing</u> of sins,// in that Thou alone art com<u>pas</u>sionate!

Glory..., from the Menaion, if there is a doxasticon provided.



Resurrectional Theotokion, in Tone VIII



O un<u>wed</u>ded Virgin who didst ineffably conceive <u>God</u> in the flesh,/ Mother of <u>God</u> Most High:/ Accept the entreaties of thy <u>ser</u>vants,/ O most im<u>mac</u>ulate one,/ granting unto all cleansing of transgressions;/ and, accepting now our supplications,// pray thou that we <u>all</u> be saved.

Tone VIII

Sunday Morning Matins

God is the Lord, in Tone VIII



God is the Lord and hath appeared unto us. Blessed is he that cometh in the $\underline{\text{name}}$ of the Lord.

Troparion of the Resurrection, in Tone VIII



From on high didst Thou descend, O Compassionate One;/ to burial of three days hast Thou submitted/ that Thou mightest free us from our passions.// O our Life and Resurrection, O Lord, glory be to Thee.

Resurrectional Theotokion, in Tone VIII



Good One, Who for our sake wast born of the <u>Virgin</u>/ and, having endured crucifixion, cast down <u>death</u> by death,/ and as God revealed the resur<u>rec</u>tion:/ Disdain not that which Thou hast fashioned with Thine <u>own</u> hand./ Show forth Thy love for mankind, O <u>Mer</u>ciful One;/ accept the Theotokos who gave Thee birth and <u>pray</u>eth for us;// and save Thy despairing people, O our <u>Sav</u>ior!

First Sessional Hymns, in Tone VIII

Thou didst arise from the dead, O Life of all, and the radiant angel cried to the women: "Cease your weeping! Declare unto the apostles, and cry aloud, singing: Christ the Lord hath risen, Whose good pleasure, as God, it hath been to save the human race!"

Stichos: Arise, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end.

O Thou Who didst truly rise from the dead, Thou didst command the venerable women to proclaim Thine arising to the apostles, as it is written; and speedy Peter ran quickly to Thy tomb and, beholding a light within the sepulchre, was filled with awe. Wherefore,

seeing the grave-clothes lying without the divine body in them, he cried out with faith: "Glory to Thee, O Christ God our Savior, for Thou savest all, in that Thou art the Effulgence of the Father!"

Glory..., Now and ever..., Theotokion:

We hymn the portal of heaven, the ark, the most holy mountain, the luminous cloud, the heavenly ladder, the reason-endowed paradise, the deliverance of Eve, the great treasure of the whole world, for within her salvation was wrought for the world, and remission of the ancient offenses. Wherefore, we cry out to thee: Entreat thy Son and God, that He grant remission of transgressions unto those who piously worship thine all-holy birthgiving.

Second Sessional Hymns, in Tone VIII

Men sealed Thy tomb, O Savior, but an angel rolled the stone away from its entry. The women beheld Thee risen from the dead, and in Sion they proclaimed to Thy disciples the glad tidings that Thou hadst arisen, O Life of all, and that the bonds of death are broken. O Lord, glory be to Thee!

Stichos: I will confess Thee, O Lord, with my whole heart, I will tell of all Thy wonders.

The women who bore the burial spices heard from the tomb the voice of the angel, saying: "Cease your weeping, and receive joy instead of grief! Cry aloud, singing that Christ the Lord hath risen, Whose good pleasure it hath been, as God, to save the human race!"

Glory..., Now and ever..., Theotokion:

All creation the assembly of angels and the human race rejoiceth in thee, O thou who art full of grace, O sacred temple and reason-endowed paradise, thou boast of virgins, from whom God, Who existeth from before time, was incarnate and became a child; for He made thy loins a throne, and thy womb He made more spacious than the heavens. All creation rejoiceth in thee, O thou who art full of grace. Glory to thee!

Hypacoï, in Tone VIII

Standing before the tomb of the Bestower of life, the myrrh-bearing women sought the immortal Master among the dead; and receiving the joyous announcement from the angel, they exclaimed to the apostles that Christ God is risen, granting the world great mercy.

Songs of Ascent, in Tone VIII Antiphon I

2+ Unstressed: V^{root} [A C E] / 1 Unstress.: V^{3rd} [G B D] / Stressed: V^{root} [C E G] A B C ||: V^{2} A B C ||: V^{2} A B C ||: V^{2} B C :|| F



From my youth hath the enemy tempt-ed me, causing me to burn with plea - sures

From my <u>youth</u> hath the enemy <u>tempt</u>ed me,/ causing me to burn with <u>plea</u>sures;// but, trusting in Thee, O Lord, I <u>van</u>quish him.

Let <u>those</u> who hate Sion be as grass before it is <u>mowed</u> down;/ for Christ will cut <u>through</u> their necks// with the scythe of <u>torments</u>.

Glory..., Both now...

By the Holy <u>Spi</u>rit are all things <u>giv</u>en life./ Him do we praise with the Father <u>and</u> the Word,// as Light from light, the <u>great</u> God.

Antiphon II

Let my <u>heart</u>, humble of mind, be covered with the <u>fear</u> of Thee,/ O most Com<u>pas</u>sionate One/, and let it <u>not</u>, ex<u>alt</u>ing itself,// fall a<u>way</u> from Thee.

May <u>he</u> who setteth his <u>hope</u> on the Lord/ not be <u>ter</u>rified// when all things will be tried by fire and <u>tor</u>ment.

Glory..., Both now...

Through the Holy <u>Spi</u>rit doth every godly man see and <u>proph</u>esy,/ working exalted <u>miracles</u>,/ and <u>hymn</u>ing the one God in Three <u>Per</u>sons;// for though Three shine together, the Godhead <u>rul</u>eth as One.

Antiphon III

<u>I</u> have cried unto Thee: <u>Hearken</u>, O Lord,/ and incline Thine ear to me who <u>cry</u> out;// and before Thou takest me away from hence <u>make</u> me pure.

Everyone who returneth to his <u>mo</u>ther, the earth,/ is released to receive torments or <u>hon</u>ors// for those things he did <u>dur</u>ing life.

Glory..., Both now...

<u>Through</u> the Holy Spirit proceedeth the theology of the thrice-holy <u>U</u>nity:/ for the Father is unoriginate,/ and from Him hath the <u>Son</u> been begotten <u>time</u>lessly,/ and the Spirit is equally enthroned and hath the same <u>image</u>,// shining forth from the <u>Fa</u>ther.

Antiphon IV

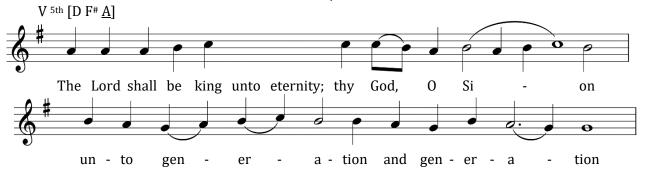
Be<u>hold</u> now, what is so good or so <u>beau</u>tiful/ as for brethren to dwell together?// For therein hath the Lord promised life e<u>ter</u>nal.

<u>He</u> Who adorneth the <u>lil</u>ies of the field// doth warn that it is not fitting for man to give thought to his <u>raiment</u>.

Glory..., Both now...

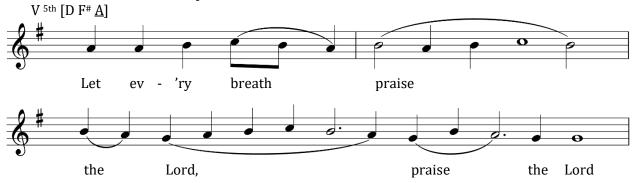
By the Holy Spirit,/ the single Cause, are all things sustained through the bestowal of peace;/ for He is God, Who in dominion is consubstantial// with the Father and the Son.

Prokeimenon, in Tone VIII



The Lord shall be king unto eternity; thy God, O Sion, unto generation and generation. *Stichos:* Praise the Lord, O my soul. I will praise the Lord in my life.

Let Every Breath Praise the Lord, in Tone VIII



Let every breath praise the Lord, praise the Lord.

The Canon, in Tone VIII

Ode I



Irmos: The staff of Moses, once working a <u>won</u>der,/ striking the sea in the <u>form</u> of the Cross and dividing it,/ drowned the mounted tyrant <u>Phar</u>aoh,/ and saved Israel who fled on <u>foot</u>,// chanting a <u>hymn</u> unto God.

Refrain: Glory to Thy holy resurrection, O Lord!

How can we not marvel at the almighty divinity of Christ, Who through His sufferings sheddeth dispassion and incorruption upon all the faithful, and poureth forth a well-spring of immortality from His holy side and life everlasting from His tomb?

The magnificent angel hath now appeared to the women, bearing splendid tokens of natural and immaterial purity, by his appearance proclaiming the light of the resurrection, crying: The Lord is risen!

Theotokion: All-glorious things have been said of thee among generations of generations, O thou who contained God the Word in thy womb, remaining pure, O Mary Theotokos; wherefore, we all honor thee, our help after God.

Canon of the Cross and the Resurrection Ode 1. same tone.

Irmos: Having traversed the water...

Refrain: Glory to Thy Precious Cross and Resurrection, O Lord.

The portals of pain have been removed, and the gate-keepers of hades were filled with fear, beholding Him descending into the nethermost parts Who in the highest transcendeth the nature of all things.

The ranks of the angels were amazed, beholding, seated upon the throne of the Father, human nature which had fallen and been imprisoned in the nethermost parts.

Theotokion: O unwedded Mother, the ranks of angels and men unceasingly praise thee; for in thine arms thou didst bear their Creator as a babe.

Canon of the Theotokos Ode 1, same tone.

Irmos: Let us chant unto the Lord...

Refrain: O most holy Theotokos, save us.

O all-pure Theotokos, who in manner transcending nature gavest birth to the eternal and all-divine Word incarnate: we hymn thee.

O Christ, the Virgin gave birth unto Thee, the Life-bearing Cluster of grapes which exudeth the sweetness of universal salvation.

Through thee, O Theotokos, hath the generation of Adam been exalted to blessedness, in manner past understanding, and it glorifieth thee as is meet.

Ode III

Irmos: O Christ, Who in the beginning established the heavens in <u>wis</u>dom/ and founded the earth upon the <u>wa</u>ters,/ make me steadfast upon the rock of Thy com<u>mand</u>ments;/ for none is <u>ho</u>ly as Thee,// O <u>Thou</u> Who lovest mankind.

Adam, who was condemned by his sinful tasting, didst Thou justify by the saving suffering of Thy flesh, O Christ; for Thou Thyself wast not subject to the trial of death, O Sinless One.

Jesus my God, the Light of the resurrection, shone forth upon those sitting in darkness and the shadow of death, and binding the mighty one with His divinity, He despoiled his vessels.

Theotokion: O Theotokos, thou hast been shown to be more exalted than the cherubim and seraphim; for thou alone didst receive the uncontainable God in thy womb, O undefiled one. Wherefore, all of us, the faithful, bless thee with hymns, O pure one.

Canon of the Cross and Resurrection

Irmos: O Lord, Fashioner of the vault...

O Lord, from Thyself Thou didst banish me who before had rejected Thy commandments; but having assumed my form and taught me obedience, Thou didst cause me to dwell with Thee through Thy crucifixion.

O Lord Who in Thy wisdom hast foreknown all things, and Who planted the nethermost parts by Thine understanding, in Thy condescension, O Word of God, Thou didst deign to resurrect that which is in Thine image.

Theotokion: Having dwelt bodily in the Virgin, O Lord, Thou didst appear unto men, as it was fitting that they behold Thee, and Thou didst show her forth as the true Theotokos, the helper of the faithful, O Thou Who alone lovest mankind.

Canon of the Theotokos

Irmos: Thou art the confirmation...

Grant us help through thy supplications, O most pure one, repelling the attacks of grievous circumstances.

Thou wast the correction of our first mother Eve, having given birth to Christ, the Author of the life of the world, O Theotokos.

Gird me about with power, O most pure one, who hast truly given birth unto God in the flesh, the hypostatic Power of the Father.

Ode IV

Irmos: Thou art my strength, O <u>Lord</u>,/ Thou art my power; Thou <u>art my God</u>,/ <u>Thou art my joy</u>,/ Who, without leaving the bosom of the <u>Fa</u>ther,/ hast visited our <u>low</u>liness./ Wherefore, with the Prophet Habbakuk I <u>cry</u> unto Thee:// Glory to Thy power, O <u>Thou</u> Who lovest mankind!

Thou didst love me, Thine enemy, exceedingly, for in a strange abasement Thou didst descend to earth, O Savior of loving-kindness, refusing to reject mine utter reproach; and abiding in the heights of Thine all-pure glory, Thou hast glorified that which before was dishonored.

Who is not filled with awe, beholding death destroyed by Thy Passion, O Master? For by the divine power of Thee Who wast crucified was corruption put to flight by the Cross and hades emptied of its riches by Thy death. Wondrous are Thy works, O Thou Who lovest mankind!

Theotokion: Thou art the boast of the faithful, O thou who knewest not wedlock, and thou art also the refuge, bulwark and haven of Christians; for thou bearest entreaties to thy Son, O most immaculate one, and savest from misfortunes those who with faith and love know thee to be the pure Theotokos.

Canon of the Cross and Resurrection

Irmos: I heard report of Thee, O Lord...

The children of the violators of the law nailed thee to the Cross, O Christ God; but thereby Thou didst save those who glorify Thy sufferings, in that Thou art full of loving-kindness.

Rising from the grave, Thou didst raise up with Thyself all the dead in hades; and as Thou art full of loving-kindness Thou hast enlightened all who glorify Thy resurrection.

Theotokion: O all-pure Mary, entreat God Who was born of thee, that He grant thy servants forgiveness of offenses.

Canon of the Theotokos

Irmos: I heard report of Thee, O Lord...

O Theotokos, thou unploughed field which gave rise to the life-creating Grain Who giveth life to the world: Save those who hymn thee.

All of us who are enlightened proclaim thee to be the Theotokos, O most pure one; for thou gavest birth to the Sun of righteousness, O Ever-virgin.

Grant that our ignorance may be washed away, in that Thou art sinless, and bring peace to Thy world, O God, through the prayers of her who gave Thee birth.

Ode V

Irmos: Wherefore hast Thou turned Thy <u>face</u> from me,/ O Light never-<u>wan</u>ing?/ And why hath a strange darkness covered me, <u>wretch</u> that I am?// But turn me, and guide my steps to the light of Thy com<u>mand</u>ments, I pray.

Mocked, Thou didst deign to be clad in a purple robe before Thy sufferings, O Savior, thus covering the ugly nakedness of the first-created man; and, naked, Thou wast nailed to the Cross in the flesh, O Christ, stripping off our robe of mortality.

Arising, Thou didst fashion anew from the dust of death my fallen essence, O Christ, and didst render it never-aging, showing it again to be a royal image, resplendent in the life of incorruption.

Theotokion: Possessed of maternal boldness before thy Son, O most pure one, dismiss not the thought of us as thy kin, we pray thee; for thee alone do we Christians set before the

Master, to obtain merciful purification.

Canon of the Cross and Resurrection

Irmos: Enlighten us...

Guide us by the power of Thy Cross, O Christ, for through it do we fall down before Thee. Grant us peace, O Thou Who lovest mankind!

Pilot the life of us who hymn Thine arising, O our God, and grant us peace, O Thou Who lovest mankind.

Theotokion: O pure one who knewest not wedlock, beseech Thy Son and our God, that He send down upon us, the faithful, great mercy, O all-pure Mary.

Canon Of the Theotokos

Irmos: Waking at dawn...

Still thou the unbearable tempest of my passions, O thou who gavest birth to God, the Helmsman and Lord.

The ranks of the angels and the assembly of men minister to thine Offspring, O all-pure Theotokos.

O Mary Theotokos, who knewest not wedlock, show forth the hopes of the enemy as vain, and fill with gladness those who hymn thee.

Ode VI

Irmos: Cleanse me, O <u>Sav</u>ior,/ for many are my trans<u>gres</u>sions;/ and lead me up from the abyss of <u>e</u>vils, I pray,/ for to <u>Thee</u> have I cried,// and Thou hast hearkened to me, O <u>God</u> of my salvation.

By a tree the author of evil mightily cast me down; but, having been uplifted upon the Cross, Thou, O Christ, didst with greater might cast him down, putting him to shame; and thou didst raise up him who was fallen.

Rising from the grave, Thou didst take pity on Sion, by Thy divine blood making it new instead of old, in that Thou art compassionate; and Thou now reignest therein forever, O Christ.

Theotokion: Let us be delivered from grievous transgressions through thine entreaties, O pure Theotokos, and let us receive the divine effulgence of the Son of God, Who ineffably became incarnate of thee, O all-pure one.

Canon of the Cross and Resurrection

Irmos: I pour forth my prayer...

Thou didst stretch forth Thy hands upon the Cross, healing the hand of the first-created man, which in Eden was stretched forth without restraint; and having of Thine own will tasted gall, O Christ, Thou hast saved those who glorify Thy sufferings, in that Thou art powerful.

The Deliverer tasted of death, the ancient condemnation, that He might destroy the kingdom of corruption; and having descended into hades, Christ arose and hath saved those who hymn His resurrection, in that He is powerful.

Theotokion: Cease not to make supplications for us, O all-pure Virgin Theotokos, for thou art the confirmation of the faithful. With trust in thee are we made mighty, and we glorify thee and Him Who ineffably became incarnate of thee.

Canon of the Theotokos

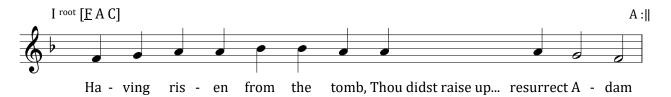
Irmos: Grant me a robe of light...

O Theotokos, we, the faithful, declare thee the temple and ark of God, the animate bridal-chamber and the gate of heaven.

Thine Offspring, the Destroyer of the temples of the idols, is worshipped as God with the Father and the Spirit, O Mary Bride of God.

O Theotokos, the Word of God hath shown thee to mortals as a heavenly ladder; for through thee hath He descended unto us.

Kontakion of the Resurrection, in Tone VIII



Having risen from the tomb, Thou didst raise up the dead and didst resurrect <u>Adam./</u> Eve also danceth at Thy Resur<u>rec</u>tion,// and the ends of the world celebrate Thine arising from the dead, O Greatly-<u>mer</u>ciful One.

Ikos: O my long-suffering Savior, Bestower of life who lovest mankind, who captured the kingdoms of hades and raised up the dead, Thou didst greet the myrrh-bearing women, offering them joy instead of grief, didst proclaim signs of victory to Thine apostles, and dost enlighten creation, wherefore, the world rejoiceth at Thine arising from the dead, O greatly Merciful One.

Ode VII

Irmos: Once, in Baby<u>lon</u>,/ the fire stood in awe of the condes<u>cen</u>sion of God;/ wherefore, the youths, dancing with joyous step in the <u>fur</u>nace,/ as in a meadow, <u>chant</u>ed:// Blessed art Thou, O <u>God</u> of our fathers!

Thy glorious abasement, the divine riches of Thy poverty, O Christ, amaze the angels who behold Thee nailed to the Cross to save those who cry out with faith: Blessed art Thou, O God of our fathers!

By Thy divine descent Thou didst fill the nether regions with light, and darkness which before reigned as tyrant was driven away. Wherefore, those held prisoner from ages past arose, crying: Blessed is the God of our fathers!

Triadicon: Theologizing in Orthodox manner concerning Thee, we declare Thee unto all as the Lord, the only Father of the only-begotten Son, acknowledging that from Thee proceedeth the one upright Spirit, Who is of the same nature and is equally eternal.

Canon of the Cross and Resurrection

Irmos: Once, in Babylon, the youths...

Fulfilling the prophecies, O God, Thou hast wrought salvation in the midst of the world; for having been lifted up upon the Tree, Thou didst summon all who cry out with faith: O God of our fathers, blessed art Thou!

Rising from the tomb as from sleep, O Compassionate One, Thou didst deliver all from corruption; and creation is assured by the apostles who preach Thine arising, saying: O God of our fathers, blessed art Thou!

Theotokion: At the good pleasure of the Father and the Spirit, the Word Who is equal in activity and power to the Father taketh form in the Virgin's womb. O God of our fathers, blessed art Thou!

Canon of the Theotokos

Irmos: Once, in Babylon...

Thou didst appear incarnate of the Virgin's womb for our salvation; wherefore, acknowledging Thy Mother as the Theotokos in Orthodox manner, we cry out: O God of our fathers, blessed art Thou!

O Virgin, from the root of Jesse thou didst cause the Rod to spring forth, bearing the Fruit of salvation for those who chant with faith unto thy Son: O God of our fathers, blessed art Thou!

Through the Theotokos, O hypostatic Wisdom of the Most High, with wisdom and divine power fill all who chant to thee with faith: O God of our fathers, blessed art Thou!

Ode VIII

Irmos: Madly did the Chaldæan <u>ty</u>rant/ heat the furnace sevenfold for the <u>pi</u>ous ones;/ but, beholding them saved by a higher <u>Power</u>,/ he cried out to the Creator and De<u>liv</u>erer:/ Ye children, bless; ye <u>priests</u>, hymn;// ye people, exalt Him su<u>preme</u>ly for all ages!

The all-divine power of the divinity of Jesus shone forth divinely within us; for, having in the flesh tasted death on the Cross for all, He destroyed the might of hades. Him do ye unceasingly bless, O children! Ye priests, hymn; ye people, exalt Him supremely for all ages!

The Crucified hath arisen! The braggart hath fallen! He who fell and was broken hath been set aright! Corruption hath been cast away, and incorruption hath blossomed forth! For death is swallowed up by Life. Ye children, bless; ye priests, hymn; ye people, exalt Him supremely for all ages!

Triadicon: The thrice-radiant Godhead which shineth forth the one Ray from Its one nature in three Hypostases—the unoriginate Father, the Word, Who shareth the Father's essence, and the equally reigning Spirit Who is one in essence with Them—ye children, bless; ye priests, hymn; ye people, exalt Him supremely for all ages!

Canon of the Cross and Resurrection

Irmos: Becoming vanguishers of the tyrant...

Him Who stretched forth His hands unto me who am naked, and Who calleth me to warm myself through His noble nakedness, do ye bless, all ye works of the Lord! Exalt Him supremely forever!

All ye works of the Lord, bless the Lord Who hath raised me up, the fallen one, from the uttermost depths of hades and honored me with the glory of the Father's high throne; and exalt Him supremely forever!

Theotokion: Thou wast shown to be the daughter of fallen Adam, O Virgin, and the Mother of God Who hath restored my essence. Him do all of us, His works, hymn as Lord and exalt for all ages.

Canon of the Theotokos

Irmos: The King of heaven...

Quench the burning and fiery arrows of the adversary, which are aimed at us, that we may hymn thee for all ages.

Thou didst supernaturally give birth to God the Word, the Creator and Savior, O Virgin; wherefore, we hymn and exalt thee supremely for all ages.

The unapproachable Light which dwelt within thee, O Virgin, hath shown thee forth as a luminous golden lamp for all ages.

Ode IX

Irmos: Heaven was stricken with <u>awe</u>,/ and the ends of the earth were a<u>mazed</u>,/ that God hath appeared in the <u>flesh</u>,/ and that thy womb became more spacious than the <u>heavens.</u>// wherefore, the ranks of men and angels magnify <u>thee</u> as the Theotokos.

Being simple in Thy divine and beginning-less nature, Thou didst render Thyself compound by taking on flesh, subsuming it within Thyself, O Word of God; and having suffered as a man, as God Thou didst remain beyond suffering. Wherefore, we magnify Thee in two natures, indivisible and unconfused.

O Most High, Who becamest man by nature while of the divine nature of God the Father, coming down to Thy servants Thou didst tell them of God; and having risen from the tomb, Thou didst endow mortals with the grace of the Father Who is by nature God and Master, and with Whom we all magnify Thee.

Theotokion: In manner transcending nature, O Virgin Mother of God, thou wast shown to be her who gave birth in the flesh unto God the Word, Whom the Father begot from His heart before time began, in that He is good, and Whom we now understand as transcending the human body, even though He clothed Himself in a body.

Canon of the Cross and Resurrection

Irmos: Every ear trembleth to hear...

We know Thee as the Son of God by nature, Who was conceived in the womb of the Mother of God and becamest man for the sake of man; and beholding Thee suffering on the Cross in Thy human nature, we magnify Thee Who as God remainest dispassionate.

Sullen darkness hath been destroyed, for Christ, the Sun of righteousness, the heavenly Man and earthly God, hath shone forth from hades, enlightening all the ends of the earth, illumining all with the light of His divinity. Him do we magnify in two natures.

Draw Thy bow, and proceed prosperously, and be King, O Son of the Mother of God, subduing the Moslems who war against us, and granting the Cross as a spear, an invincible weapon, unto those who have recourse unto Thee.

Canon of the Theotokos

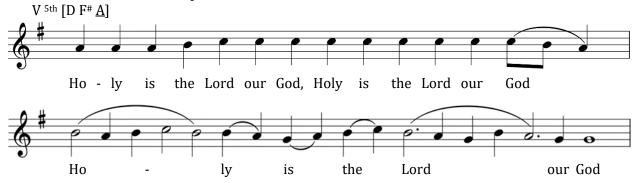
Irmos: Saved by thee, O pure Virgin...

Thy memorial is full of joy and gladness, pouring forth healings upon those who approach and piously declare thee to be the Theotokos.

We hymn thee with psalms, O thou who art full of grace, and we continually offer thee "Rejoice!"; for thou hast poured forth joy upon all.

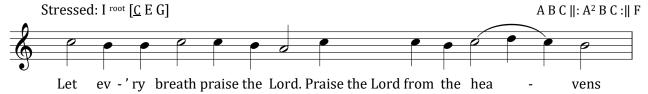
Thy beautiful Fruit hath sprung forth, O Theotokos, resulting not in corruption for those who taste thereof, but in life for those who magnify thee with faith.

Holy is the Lord Our God, in Tone VIII



Holy is the Lord our God! (Thrice)

Psalms of Praise, in Tone VIII



<u>Let</u> every <u>breath</u> praise the Lord. Praise the Lord from the <u>hea</u>vens, <u>praise</u> Him in the <u>high</u>est. To Thee is due <u>praise</u>, O God.

Praise Him, all ye His angels; praise Him, all ye His hosts. To Thee is due praise, O God.

Stichos: To do among them the judgment that is written.

Unstressed: I root [C E G] / Stressed: vi root [A C E]



O <u>Lord</u>, though Thou didst stand forth before the tri<u>bu</u>nal,/ to be judged of <u>Pi</u>late,/ yet didst Thou not cease to sit on the throne with the <u>Fa</u>ther./ And having <u>risen from</u> the dead, Thou didst free the world from slavery to the <u>a</u>lien,// in that Thou art compassionate and <u>lov</u>est mankind.

Stichos: Praise ye God in His saints,/ praise Him in the firmament of His power.

O <u>Lord</u>, Thou hast given us Thy Cross as a weapon against the <u>devil</u>;/ for he trembleth and <u>quaketh</u>,/ unable to bear the <u>sight</u> of its <u>power</u>;/ for it raiseth the dead and hath a<u>bol</u>ished death.// Wherefore, we bow down before Thy burial and a<u>rising</u>.

Stichos: Praise Him for His mighty acts,/ praise Him according to the multitude of His greatness.

O <u>Lord</u>, though the Jews placed Thee in a <u>tomb</u> as one dead,/ yet did the soldiers watch over Thee as a <u>sleep</u>ing king,/ and like a treasure of life they <u>sealed</u> it with a seal./ But <u>Thou</u> didst arise// and gavest incor<u>rup</u>tion to our souls.

Stichos: Praise Him with the sound of trumpet,/ praise Him with psaltery and harp. Thine <u>angel</u> who proclaimed the resur<u>rec</u>tion, O Lord,/ frightened the guards and declared to the women, <u>say</u>ing:/ "Why seek ye the <u>Liv</u>ing among the dead?/ He who is God hath <u>risen</u>// and granted life to the <u>whole</u> world!"

Stichos: Praise Him with timbrel and dance,/ praise Him with strings and flute.

O <u>Thou</u> Who art dispassionate in Thy di<u>vin</u>ity,/ Thou didst <u>suf</u>fer on the Cross/ and accept burial for <u>three</u> days,/ that Thou mightest free us from slavery to the <u>enemy</u>,/ and, having made us im<u>mor</u>tal,/ Thou givest us life by Thy resur<u>rec</u>tion,// O Christ God Who lovest mankind.

Stichos: Praise Him with tuneful cymbals, praise Him with cymbals of jubilation./ Let every breath praise the Lord.

I <u>wor</u>ship, glorify and hymn Thy resur<u>rec</u>tion from the grave,/ O Christ, whereby Thou didst free us from the indissoluble bonds of <u>ha</u>des,/ and, as God, didst grant the world life ever<u>lasting</u>// and great <u>mer</u>cy.

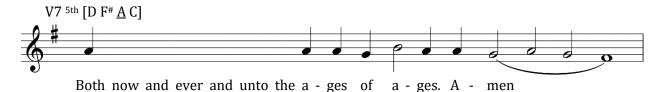
Stichos: Arise, O Lord my God, let Thy hand be lifted high;/ forget not Thy paupers to the end.

The <u>vi</u>olators of the law,/ guarding Thy Life-re<u>ceiv</u>ing tomb,/ then sealed it and <u>set</u> a watch./ But as immortal and al<u>mighty</u> God,// Thou didst rise on the <u>third</u> day.

Stichos: I will confess Thee, O Lord, with my whole heart,/ I will tell of all Thy wonders.

When <u>Thou</u>, O Lord, didst arrive at the gates of <u>hades</u>/ and <u>break</u> them down,/ the captive cried out thus:/ "Who is this Who is not condemned to the uttermost <u>depths</u> of the earth,/ but hath dissolved the prison of death as it were a <u>shadow?</u>/ I have seized Him as <u>one</u> dead,/ and tremble be<u>cause</u> He is God!"// O Almighty, have <u>mer</u>cy upon us!

Glory... Gospel sticheron.



Theotokion, in Tone II



Most <u>blessed</u> art Thou, O Virgin Theo<u>to</u>kos,/ for through Him Who became incarnate of Thee is hades led <u>captive</u>,/ <u>Adam recalled</u>, the curse annulled, <u>Eve</u> set free,/ death slain, and we are <u>given life</u>./ <u>Where</u>fore, we cry a<u>loud</u> in praise:/ Blessed is <u>Christ God</u>// Who hast been so pleased, <u>glory to Thee</u>.

Having Risen from the Tomb



Hav - ing ri - sen from the tomb, and hav - ing burst the bonds of had - des

Having risen from the <u>tomb</u>,/ and having <u>burst</u> the bonds of <u>ha</u>des,/ Thou hast de<u>stroy</u>ed the sentence of <u>death</u>, O Lord,/ delivering <u>all</u> from the snares of the enemy./ Manifesting Thyself to Thine A<u>pos</u>tles,/ Thou didst send them forth to <u>preach</u>;/ and through them hast <u>granted</u> Thy peace/ to the <u>world</u>,// O <u>Thou</u> Who alone art plenteous in <u>mer</u>cy.

Tone VIII

Sunday Morning Divine Liturgy

On the Beatitudes, in Tone VIII

Remember us, O Christ, Thou Savior of the world, as Thou didst remember the thief upon the Cross; and account us all worthy of Thy heavenly kingdom, O Thou who alone art compassionate.

Hearken, O Adam, and rejoice with Eve; for he who of old stripped you both naked, and by deception hath taken all of us captive, hath been set at nought by the Cross of Christ.

Nailed of Thine own will to the Tree, O our Savior, Thou didst deliver Adam from the curse which came through the tree, and hast restored that which is according to Thine image to a habitation in paradise, in that Thou art compassionate.

Today is Christ risen from the tomb, granting incorruption unto all the faithful; and He reneweth the joy of the myrrh-bearing women after His suffering and resurrection.

Rejoice, O wise myrrh-bearing women, who were first to behold the resurrection of Christ, and who proclaimed to the apostles the glad tidings of the restoration of the whole world!

O ye apostles, who are manifestly the friends of Christ and are to be enthroned with Him in glory: Entreat Him with boldness, that He intercede for us, for ye are His disciples.

Triadicon: O unoriginate Trinity, indivisible Essence, Unity equally enthroned, equal in honor and glory, transcendent Nature and Kingship: Save us who praise Thee with faith!

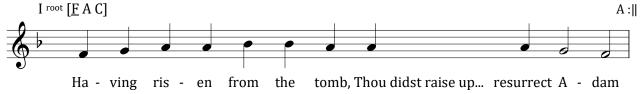
Theotokion: Rejoice, spacious habitation of God! Rejoice, ark of the new covenant! Rejoice, jar whence the heavenly Manna is given unto all!

Troparion of the Resurrection, in Tone VIII



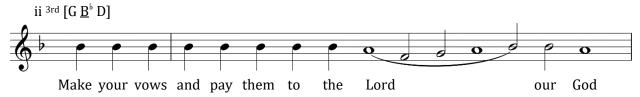
From on high didst Thou descend, O Compassionate One;/ to burial of three days hast Thou submitted/ that Thou mightest free us from our passions.// O our Life and Resurrection, O Lord, glory be to Thee.

Kontakion of the Resurrection, in Tone VIII



Having arisen from the tomb, Thou didst raise up the dead and didst resurrect <u>Adam./</u> Eve also danceth at Thy Resur<u>rec</u>tion,// and the ends of the world celebrate Thine arising from the dead, O Greatly-<u>mer</u>ciful One.

Prokeimenon, in Tone VIII



Make your vows and pay them to the Lord our God. *Stichos:* In Judæa is God known; His name is great in Israel.

al - le -

lu

Alleluia, in Tone VIII V 5th [D F# A] Al - le - lu - ia, al - le - lu - ia

Come let us rejoice in the Lord, let us shout with jubilation unto God our Savior. *Stichos:* Let us come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

i

a

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