

Music for Reader Services: Vespers, Matins, First Hour and Typika

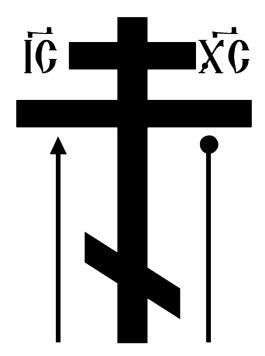
Δόμα ττώχα πέμα μυρομότητα

Holy Myrrh-bearers

Ο Οἶκος τὧν Άγίων Μυροφόρων

www.myrrh-bearers.org

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Music for Reader Services: Vespers, Matins, First Hour and Typika

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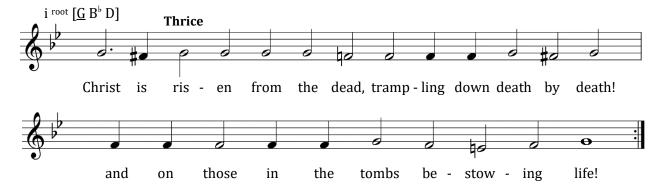
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Vespers

Christ is Risen

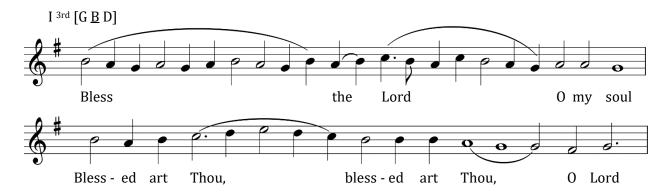
From Holy Pascha until Ascension



<u>Christ</u> is risen <u>from</u> the dead, trampling down <u>death</u> by death, and upon <u>those</u> in the tombs bestowing life. (*Thrice*)

Bless the Lord, O My Soul

Introductory Psalm, 103



Bless the Lord, O my soul.

Blessed art Thou, blessed art Thou, O Lord.

O Lord my God, Thou hast been magnified exceedingly.

Blessed art Thou, blessed art Thou, O Lord.

Upon the mountains shall the waters stand.

Wondrous are Thy works, O Lord.

In wisdom hast Thou made them all, hast Thou made them all.

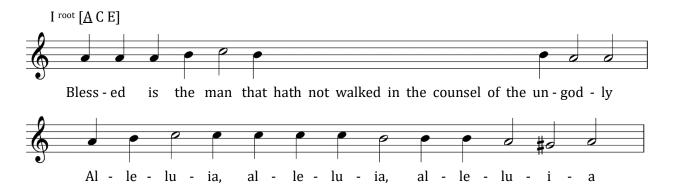
Glory to Thee, O Lord, Who hast made them all.

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Alleluia, alleluia. Glory to Thee, O God. (Thrice)

Blessed is the Man

First Kathisma



Blessed is the <u>man</u> that hath not walked in the counsel of the ungodly.

Alleluia, alleluia, alleluia.

For the Lord knoweth the way of the righteous, and the way of the ungodly shall <u>pe</u>rish.

Alleluia, alleluia, alleluia.

Serve ye the Lord with fear, and rejoice in Him with trembling.

Alleluia, alleluia, alleluia.

Blessed are all that have put their trust in Him.

Alleluia, alleluia, alleluia.

Arise, O Lord, save me, O my God.

Alleluia, alleluia, alleluia.

Salvation is of the Lord, and Thy blessing is upon Thy people.

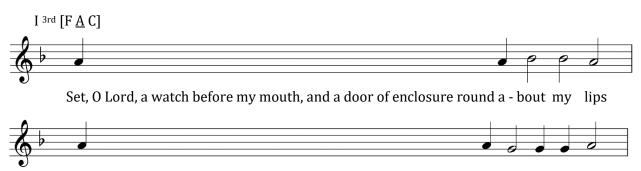
Alleluia, alleluia, alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Alleluia, alleluia, alleluia.

Alleluia, alleluia. Glory to Thee, O God. (Thrice)

Verses of Lord, I Have Cried



Incline not my heart unto words of evil, to make excuse with ex-cu-ses in sins

Set, O Lord, a watch before my mouth, and a door of enclosure round about my lips.

Incline not my heart unto words of evil, to make excuse with excuses in sins,

With men that work iniquity; and I will not join with their <u>cho</u>sen.

The righteous man will chasten me with mercy and reprove me; as for the oil of the sinner, let it not a<u>noint</u> my head.

For yet more is my prayer in the presence of their pleasures; swallowed up near by the rock have their <u>judges</u> been.

They shall hear my words, for they be sweetened; as a clod of earth is broken upon the earth, so have their bones been scattered nigh unto <u>ha</u>des.

For unto Thee, O Lord, O Lord, are mine eyes, in Thee have I hoped; take not my <u>soul</u> away.

Keep me from the snare which they have laid for me, and from the stumbling-blocks of them that work in<u>iquity</u>.

The sinners shall fall into their own net; I am alone until I pass by.

With my voice unto the Lord have I cried, with my voice unto the Lord have I made supplication.

I will pour out before Him my supplication, mine affliction before Him will <u>I</u> declare.

When my spirit was fainting within me, then Thou <u>knew</u>est my paths.

In this way wherein I have walked they hid for me a snare.

I looked upon my right hand, and beheld, and there was none that did <u>know</u> me.

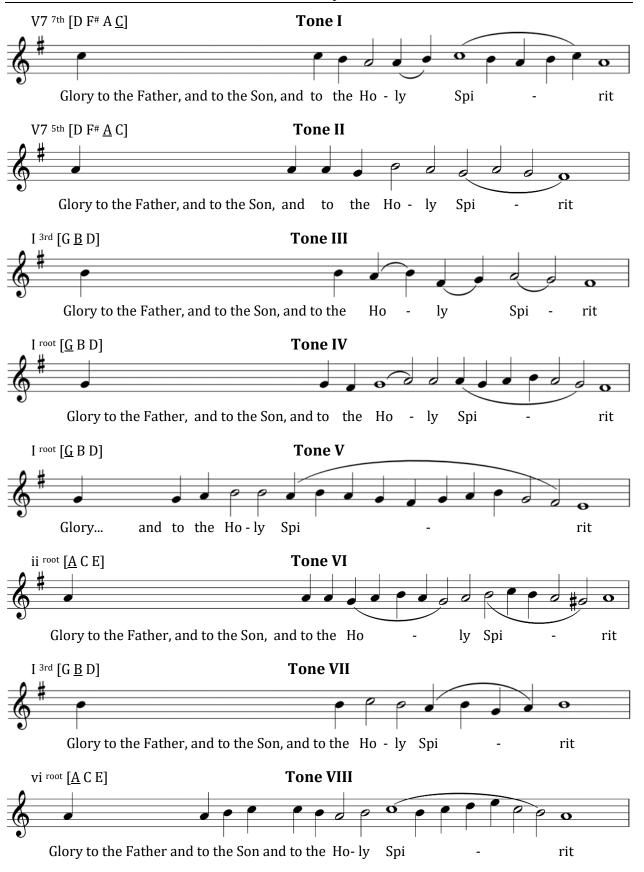
Flight hath failed me, and there is none that watcheth <u>out</u> for my soul.

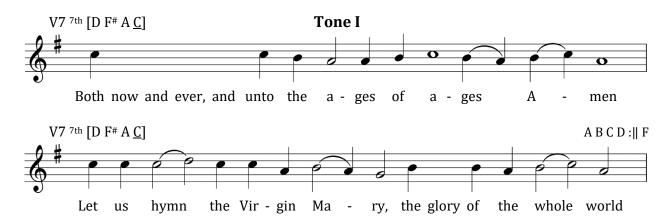
I have cried unto Thee, O Lord; I said: Thou art my hope, my portion art Thou in the land of the <u>liv</u>ing.

Attend unto my supplication, for I am brought very low.

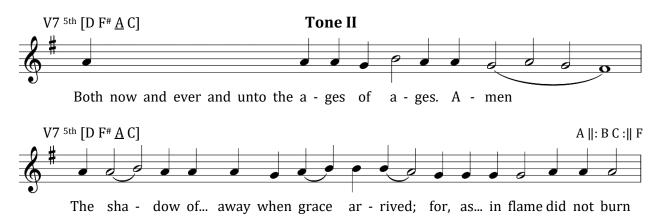
Deliver me from them that persecute me, for they are <u>stronger</u> than I.

Glory

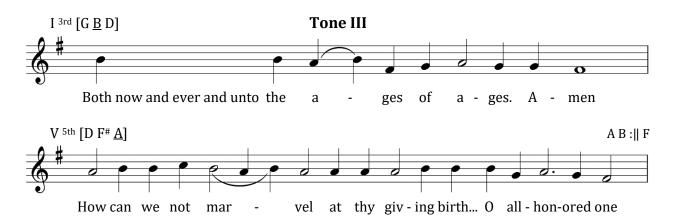




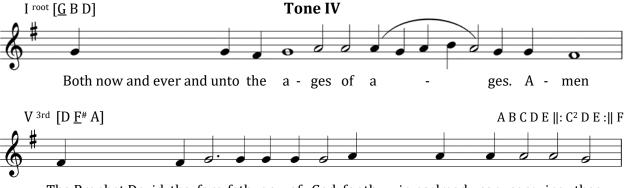
Let us <u>hymn</u> the Virgin <u>Mary</u>,/ the glory of the <u>whole</u> world,/ who sprang <u>forth</u> from men and gave birth unto the <u>Mas</u>ter,/ the <u>port</u>al of <u>hea</u>ven,/ and the <u>subject</u> of the hymnody of the incorporeal hosts/ and adornment of the <u>faithful</u>;/ for <u>she</u> hath been shown to be heaven and the temple of the <u>Godhead</u>./ Having dest<u>roy</u>ed the middle-wall of <u>en</u>mity,/ <u>she</u> hath brought forth peace and opened wide the <u>king</u>dom./ Therefore, having her as the confir<u>mation</u> of our faith,/ we <u>have</u> as champion the Lord <u>born</u> of her./ Wherefore, be of <u>good courage</u>!/ <u>Yea</u>, be ye of good cheer, O <u>people</u> of God,// for He vanquisheth the foe, in that He is al<u>mighty</u>!



The <u>sha</u>dow of the law passed away when <u>grace</u> arrived;/ for, as the bush wrapped in <u>flame</u> did not burn,/ so did the <u>Virgin</u> give birth and yet remain a <u>virgin</u>./ In place of the <u>pil</u>lar of fire,/ the Sun of <u>right</u>eousness hath <u>shone</u> forth./ Instead of Moses, <u>Christ</u> is come,// the salvation of our <u>souls</u>.

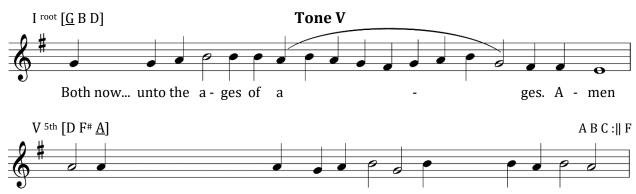


<u>How</u> can we not <u>mar</u>vel/ at thy <u>giv</u>ing birth to the God-man, O all-<u>hon</u>ored one./ For with<u>out</u> having accepted the temptation of a man, O all im<u>mac</u>ulate one,/ without a <u>fa</u>ther thou gavest birth in the <u>flesh</u> to a Son/ Who was begotten without a mother before the <u>ages</u>,/ with<u>out</u> His undergoing change, confusion or di<u>vision</u>,/ yet pre<u>ser</u>ving intact the character of both <u>es</u>sences./ <u>Where</u>fore, O Virgin Mother and <u>Mis</u>tress,/ en<u>treat</u> Him, that the souls of those who in Orthodox <u>man</u>ner// confess thee to be the Theo<u>to</u>kos be saved.



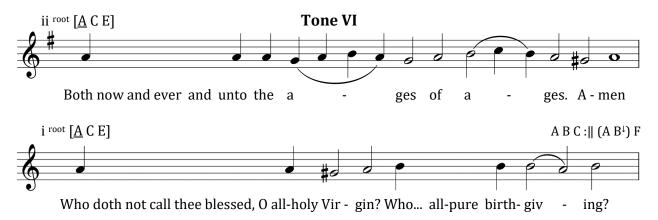
The Prophet David, the fore-fath- er of God, for thy... in psalmody con- cern- ing thee

The Prophet David, the <u>fore</u>father of God,/ for thy sake gave voice beforehand in psalmody con<u>cerning</u> thee,/ unto <u>Him</u> Who in thee accomplished <u>mighty</u> works:/ the Queen stood at Thy <u>right</u> hand./ For <u>God</u> Whose good pleasure it was to become incarnate of thee without <u>father</u>/ showed <u>thee</u>, His Mother, to be the mediatress of life,/ that He might renew His image which had become corrupt through the <u>passions</u>;/ and having <u>found</u> the sheep which had strayed among the mountains and be<u>come</u> lost,/ He <u>taketh</u> it upon His <u>shoul</u>ders/ and bringeth it to His <u>Father</u>;/ and <u>Christ</u>, Who is possessed of great and rich <u>mercy</u>,/ in ac<u>cor</u>dance with His will, uniteth it with the hosts of <u>heaven</u>,// and saveth the world, O Theo<u>to</u>kos.

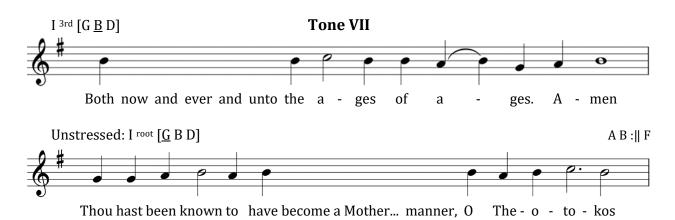


Once the image of the Bride who know- eth not wed-lock was inscribed in the Red Sea

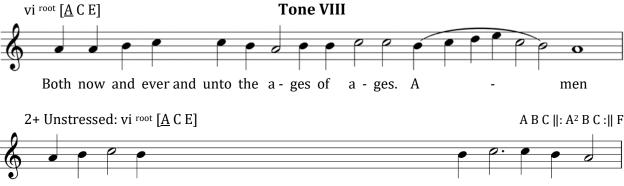
Once the image of the Bride who knoweth not wedlock/ was inscribed in the Red Sea./ There Moses was the parter of the waters;/ and here Gabriel is the minister of a miracle./ There Israel traversed the deep dryshod;/ and now the Virgin giveth birth unto Christ without seed./ The sea remained impassable after Israel had crossed;/ and the immaculate one remaineth incorrupt after the birth of Emmanuel./ O God Who hast appeared as a man,/ who existest and hast existed from the beginning:// Have mercy upon us!



Who doth not call thee blessed, O all-holy <u>Virgin?</u>/ Who will not hymn thine all-pure birthgiving?/ For the only-begotten Son who shone forth timelessly from the <u>Fa</u>ther,/ came forth, ineffably in<u>car</u>nate, from thee,/ the <u>pure</u> one;/ and being God by nature, He became man by <u>na</u>ture for our sake,/ not divided into two <u>Per</u>sons,/ but known in two natures without con<u>fus</u>ion./ Him do thou beseech, O pure and most <u>blessed</u> one,// that our <u>souls</u> find mercy!



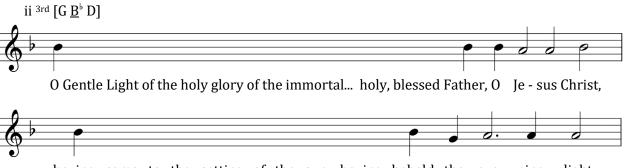
Thou hast been known to have become a Mother in supernatural manner, 0 Theotokos,/ and hast remained a Virgin in manner past recounting and understanding;/ and no tongue can describe the wonder of thy birthgiving./ For as thy conceiving is all-glorious,/ so is the manner of thy birthgiving beyond comprehension;/ for where God so willeth, the order of nature is over-ruled./ Wherefore, knowing thee to be the Mother of God,/ we all earnestly entreat thee:// Pray thou that our souls be saved!



In His love for mankind, the King of heaven appeared on earth and dwelt a - mong men

In His <u>love</u> for mankind, the King of heaven appeared on earth and <u>dwelt</u> among men;/ for He Who received flesh from the pure <u>Virgin</u>/ and came forth from her having received human <u>na</u>ture,/ is the only <u>Son</u> of God,/ two in nature but not hy<u>postasis</u>./ Therefore, proclaiming Him to be truly <u>per</u>fect God/ and <u>per</u>fect man,/ we con<u>fess</u> Christ our God./ Him do thou beseech, O Mother un<u>wed</u>ded,// that our souls find <u>mer</u>cy!

O Gentle Light

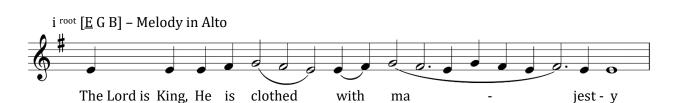


having come to the setting of the sun, having beheld the eve - ning light

O Gentle Light of the holy glory of the immortal, heavenly, holy, blessed Father, O Jesus Christ:/ having come to the setting of the sun, having beheld the evening light,/ we praise the Father, the Son, and the Holy Spirit: God./ Meet it is for Thee at all times to be hymned with reverent voices,/ O Son of God, Giver of life.// Wherefore, the world doth glorify Thee.

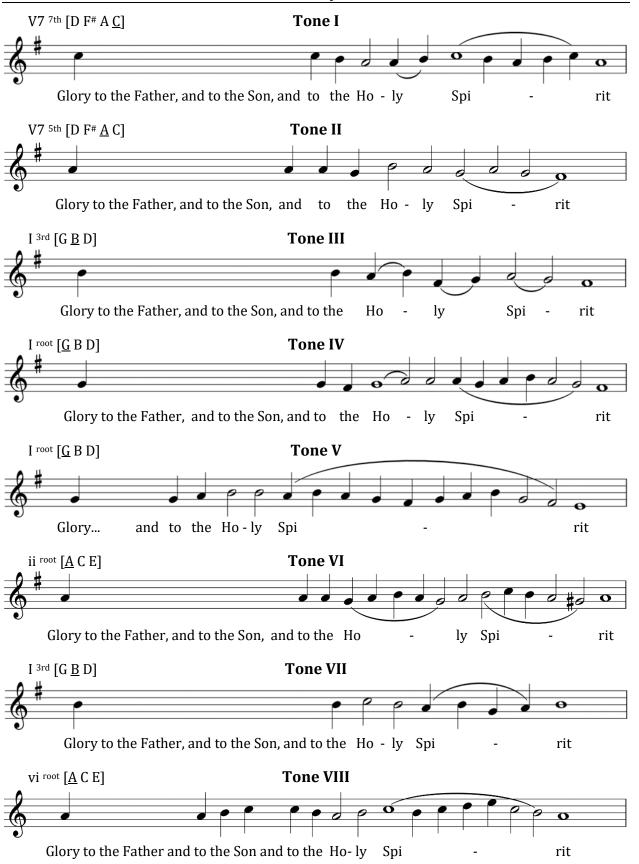
Prokeimenon on Saturday Evening

Tone VI

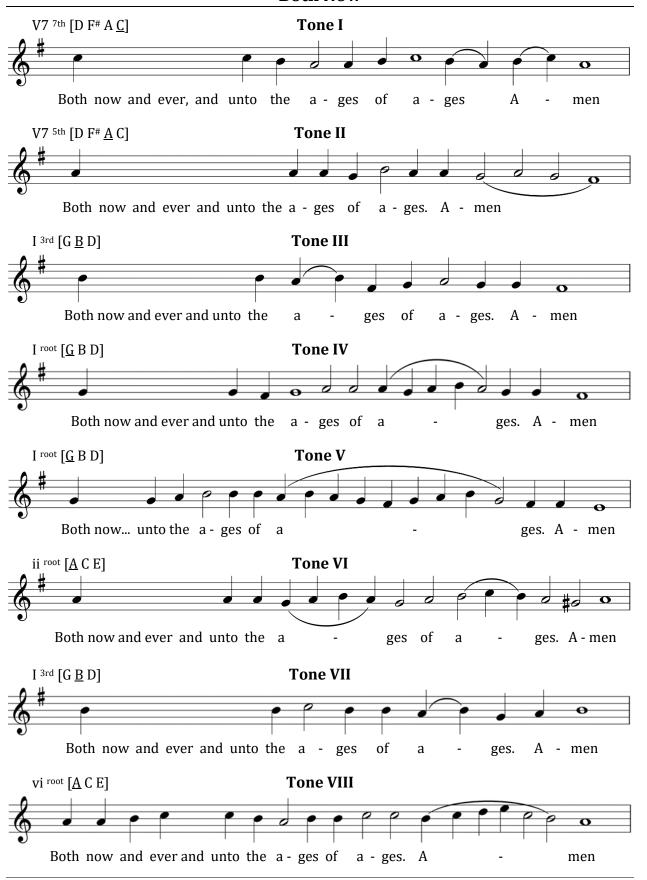


The Lord is King,/ He is <u>clothed</u> with <u>majesty</u>.

Glory



Both Now



O Theotokos Virgin, Rejoice!

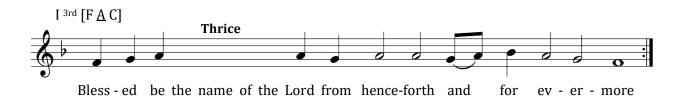
Tone IV



O Theotokos Vir - gin, re - joice! O Mary, full of grace, the Lord is with thee

O Theotokos Virgin, rejoice!/ O Mary, full of grace, the Lord is with thee;/ blessed art thou among women,/ and blessed is the Fruit of thy womb;// for thou hast borne the Saviour of our souls. (Thrice)

Blessed Be the Name of the Lord



Blessed be the name of the Lord from henceforth and for evermore. (*Thrice*)

I Will Bless the Lord at All Times

Psalm 33



I will bless the Lord at all times, His praise shall continually be in my mouth

I will bless the <u>Lord</u> at all times,/ His praise shall continually <u>be</u> in my mouth.

In the Lord shall my <u>soul</u> be praised,/ let the meek <u>hear</u> and be glad.

O magnify the <u>Lord</u> with me,/ and let us exalt His name together./ I sought the Lord, and He <u>heard</u> me,/ and delivered me from all my tribu<u>la</u>tions.

Come unto Him, and be en<u>ligh</u>tened,/ and your faces shall <u>not</u> be ashamed.

This poor man cried, and the Lord <u>heard</u> him,/ and saved him out of all his tribu<u>la</u>tions.

The angel of the Lord will encamp round about them that <u>fear</u> Him,/ and will de<u>liv</u>er them.

O taste and see that the <u>Lord</u> is good,/ blessed is the man that hopeth in Him.

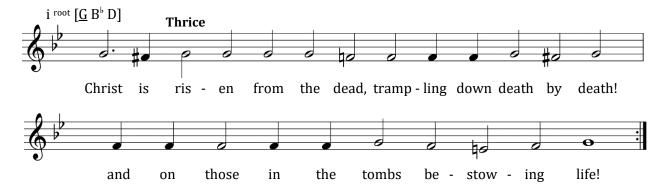
O fear the Lord, <u>all</u> ye His saints,/ for there is no want to them that fear Him.

Rich men have turned poor and gone <u>hungry</u>,// but they that seek the Lord shall not be deprived of <u>any</u> good thing.

Matins

Christ is Risen

From Holy Pascha until Ascension



<u>Christ</u> is risen <u>from</u> the dead, trampling down <u>death</u> by death, and upon <u>those</u> in the tombs bestowing life. (*Thrice*)

The Polyeleos



Praise ye the name of the Lord; O ye servants, praise the Lord. Alleluia.

Ye that stand in the house of the Lord, in the courts of the house of our God. Alleluia.

O Lord, Thy name endureth forever, and Thy memorial unto generation and generation. Alleluia.

Blessed is the Lord out of Sion, who dwelleth in Jerusalem. Alleluia.

O give thanks unto the Lord, for He is good; Alleluia, alleluia; for His mercy endureth forever. Alleluia.

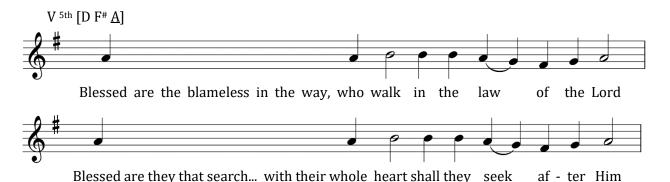
To Him that established the earth upon the waters; Alleluia, alleluia; for His mercy endureth forever. Alleluia.

With a strong hand and a lofty arm; Alleluia, alleluia; for His mercy endureth forever. Alleluia.

O give thanks unto the God of Heaven; Alleluia, alleluia; for His mercy endureth forever. Alleluia.

Blessed Are the Blameless

Psalm 118



Blessed are the blameless in the way, who <u>walk</u> in the <u>law</u> of the Lord.

Blessed are they that search out His testimonies; with their whole <u>heart</u> shall they <u>seek</u> after Him.

For they that work iniquity have not walked in His ways.

Thou hast enjoined Thy commandments, that we should <u>keep</u> them most <u>di</u>ligently.

Would that my ways were directed to keep Thy statutes.

Then shall I not be ashamed, when I look on <u>all</u> Thy com<u>mand</u>ments.

I will confess Thee with uprightness of heart, when I have learned the judgements of Thy <u>righ</u>teousness.

I will keep thy statutes; do not utterly for<u>sake</u> me.

Wherewithal shall a young man correct his <u>way</u>? By <u>keep</u>ing Thy words.

With my whole heart have I sought after Thee, cast me not away from Thy com<u>mand</u>ments.

In my heart have I hid Thy sayings that I might not <u>sin</u> against Thee.

The Assembly of Angels

Evlogitaria of the Resurrection Tone V



Blessed art Thou, O Lord,/ teach me Thy statutes.

The assembly of angels was amazed,/ beholding Thee numbered among the dead;/ yet, O Saviour, destroying the stronghold of death,/ and with Thyself raising up Adam,// and freeing all from hades.

Blessed art Thou, O Lord,/ teach me Thy statutes.

Why mingle ye myrrh with tears of pity,/ O ye women disciples?/ Thus the radiant angel within the tomb/ addressed the myrrh-bearing women;/ behold the tomb and understand,// for the Saviour is risen from the tomb.

Blessed art Thou, O Lord,/ teach me Thy statutes.

Very early the myrrh-bearing women/ hastened unto Thy tomb, lamenting,/ but the angel stood before them and said:/ the time for lamentation is passed, weep not,// but tell of the Resurrection to the Apostles.

Blessed art Thou, O Lord, / teach me Thy statutes.

The myrrh-bearing women,/ with myrrh came to Thy tomb, O Saviour, bewailing,/ but the angel addressed them, saying:/ Why number ye the living among the dead,// for as God He is risen from the tomb.

Glory to the Father, and to the Son, and to the Holy Spirit.

Let us worship the Father,/ and His Son, and the Holy Spirit,/ the Holy Trinity, one in essence,/ crying with the Seraphim:// Holy, Holy, Holy, art Thou, O Lord.

Both now and ever, and unto the ages of ages. Amen.

In bringing forth the Giver of life,/ thou hast delivered Adam from sin, O Virgin,/ and hast brought joy to Eve instead of sorrow;/ and those fallen from life have thereunto been restored,// by Him Who of thee was incarnate, God and man.

Alleluia, alleluia, alleluia. Glory to Thee, O God. (Thrice)

Glory to Thee, O Lord



Having Beheld the Resurrection of Christ

Tone VI

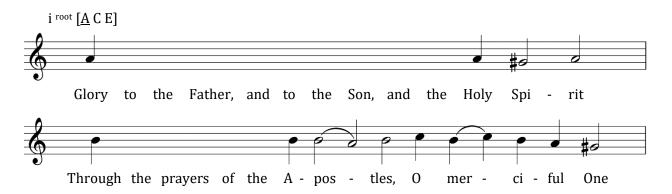


Having beheld the Res-ur- rec - tion of Christ, let us worship the holy Lord Je - sus

Having beheld the Resur<u>rec</u>tion of Christ,/ let us worship the holy Lord <u>Je</u>sus,/ the only <u>sin</u>less One./ We worship Thy <u>Cross</u>, O Christ,/ and Thy holy Resurrection we hymn and <u>glo</u>rify./ For <u>Thou</u> art our God,/ and we know none other be<u>side</u> Thee;/ we <u>call</u> upon Thy name./ O come, all ye <u>faithful</u>,/ let us worship Christ's holy Resur<u>rec</u>tion,/ for, behold, through the Cross joy hath come to <u>all</u> the world./ Ever <u>bless</u>ing the Lord,/ we hymn His Resur<u>rec</u>tion;/ for, having endured cruci<u>fix</u>ion,// He hath de<u>stroyed</u> death by death.

Stichera Following Psalm 50

Throughout Most of the Year Tone VI



Glory to the Father, and to the Son, and the Holy Spirit.

Through the prayers of the Apostles (*or* the Theotokos, *or* Saint *Name*), O Merciful One,// blot out the multitude of our transgressions.

Both now and ever, and unto the ages of ages. Amen.

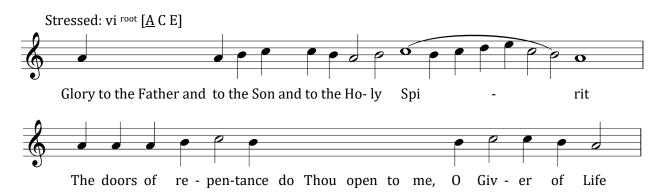
Through the prayers of the Theotokos,/ O Merciful One,// blot out the multitude of our transgressions.

Have mercy on me, O God,/ according to Thy great mercy;/ and according to the multitude of Thy compassions,// blot out my transgression.

Jesus having risen from the grave,/ as He foretold,/ hath given us life eternal,// and great mercy.

Stichera Following Psalm 50

During the Weeks of the Lenten Triodion Tone VIII



Glory to the Father, and to the Son, and to the Holy Spirit.

The doors of repentance do Thou open to me, O Giver of life,/ for my spirit waketh at dawn toward Thy holy temple,/ bearing a temple of the body all defiled./ But in Thy compassion cleanse it// by the loving-kindness of Thy mercy.

Both now and ever, and unto the ages of ages. Amen.

Guide me in the paths of salvation, O Theotokos,/ for I have defiled my soul with shameful sins,/ and have wasted all my life in slothfulness,/ but by thine intercessions// deliver me from all uncleanness.

Tone VI



Have mercy on me, O God, according to Thy great mercy;/ and according to the multitude of Thy compassions,// blot out my transgression.

When I think of the multitude of evil things I have done,/ I, a wretched one,/ I tremble at the fearful day of judgment;/ but trusting in the mercy of Thy loving-kindness,/ like David do I cry unto Thee:/ Have mercy on me, O God,// according to Thy great mercy.

My Soul Doth Magnify the Lord

Song of the Most-Holy Theotokos



My soul doth mag - ni - fy the Lord, and my spirit hath rejoiced in God my Sav - iour

My soul doth magnify the Lord,/ and my spirit hath rejoiced in God my Saviour.

Refrain: More honourable than the Cherubim,/ and beyond compare more glorious than the Seraphim;/ who without corruption gavest birth to God the Word,/ the very Theotokos, thee do we magnify.

For He hath looked upon the lowliness of His handmaiden;/ for behold, from henceforth all generations shall call me blessed.

More honourable...

For the Mighty One hath done great things to me, and holy is His name;/ and His mercy is on them that fear Him unto generation and generation.

More honourable...

He hath showed strength with His arm,/ and He hath scattered the proud in the imagination of their heart.

More honourable...

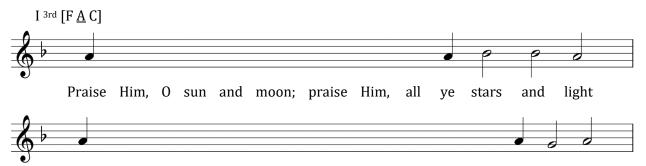
He hath put down the mighty from their seat, and exalted them of low degree;/ He hath filled the hungry with good things, and the rich He hath sent empty away.

More honourable...

He hath holpen His servant Israel in remembrance of His mercy,/ as He spake to our fathers, to Abraham and his seed forever.

More honourable...

Verses of the Psalms of Praise



Praise Him, ye heavens of heavens, and thou water that art above the hea-vens

Praise Him, O sun and moon; praise Him, all ye <u>stars</u> and light. Praise Him, ye heavens of heavens, and thou water that art above the heavens.

Let them praise the name of the Lord; for He spake, and they came to be; He commanded, and they were created.

He established them for ever, yea, for ever and ever; He hath set an ordinance, and it shall <u>not</u> pass away.

Praise the Lord from the earth, ye dragons, and all ye a<u>bys</u>ses, Fire, hail, snow, ice, blast of tempest, which per<u>form</u> His word, The mountains and all the hills, fruitful trees, and all <u>ce</u>dars, The beasts and all the cattle, creeping things and <u>winged</u> birds, Kings of the earth, and all peoples, princes and all the <u>judges</u> of the earth,

Young men and virgins, elders with the younger; let them praise the name of the Lord, for exalted is the name of <u>Him</u> alone.

His praise is above the earth and Heaven, and He shall exalt the horn of His <u>people</u>.

This is the hymn for all His saints, for the sons of Israel, and for the people that draw <u>nigh</u> unto Him.

Sing unto the Lord a new song; His praise is in the <u>church</u> of the saints.

Let Israel be glad in Him that made him, let the sons of Sion rejoice in their King.

Let them praise His name in the dance; with the timbrel and the psaltery let them <u>chant</u> unto Him.

For the Lord taketh pleasure in His people, and He shall exalt the meek with salvation.

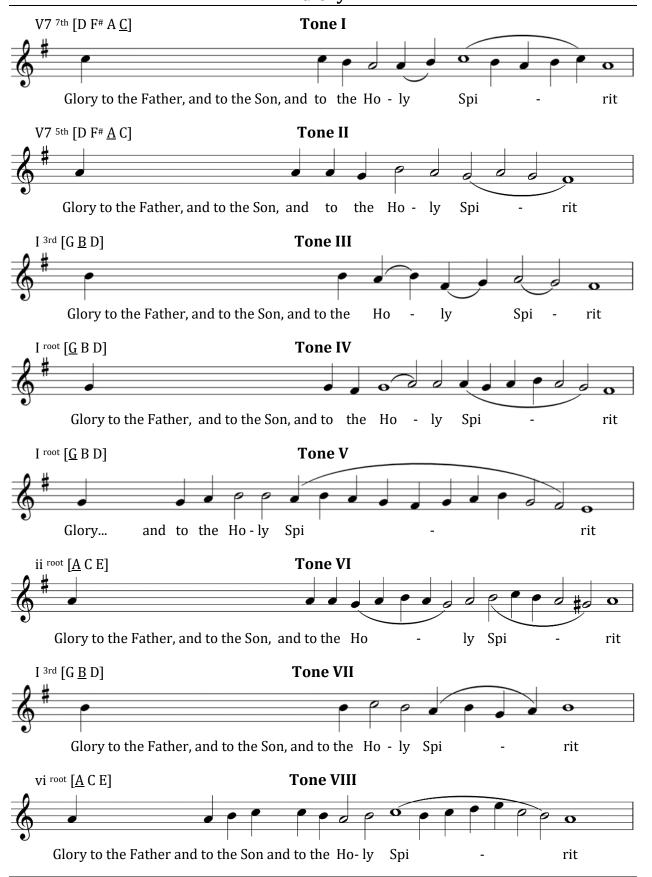
The saints shall boast in glory, and they shall rejoice up<u>on</u> their beds.

The high praise of God shall be in their throat, and two-edged swords shall be in their hands,

To do vengeance among the heathen, punishments among the <u>peo</u>ples,

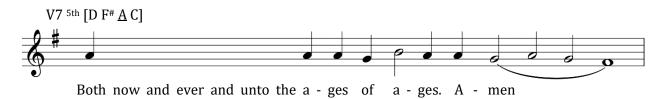
To bind their kings with fetters, and their nobles with <u>ma</u>nacles of iron.

Glory



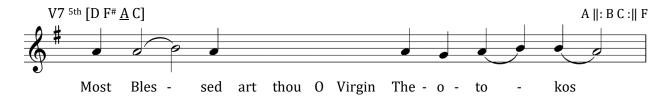
Both Now

Tone II



Most Blessed Art Thou

Theotokion, Tone II



Most blessed art Thou, O Virgin Theotokos,/ for through Him Who became incarnate of Thee is hades led captive,/ Adam recalled, the curse annulled, Eve set free,/ death slain, and we are given life./ Wherefore, we cry aloud in praise:/ Blessed is Christ God// Who hast been so pleased, glory to Thee.

The Great Doxology



Glory to God in the high-est, and on earth peace, good will a - mong men

Glory to God in the highest,/ and on earth peace, good will among men./ We praise Thee, we bless Thee, we worship Thee,/ we glorify Thee, we give thanks to Thee for Thy great glory./ O Lord, Heavenly King, God the Father Almighty;/ O Lord, the only-begotten Son, Jesus Christ; and O Holy Spirit./ O Lord God, Lamb of God, Son of the Father,/ that takest away the sin of the world; have mercy on us;/ Thou that takest away the sins of the world, receive our prayer;/ Thou that sittest at the right hand of the Father, have mercy on us./ For Thou only art holy;/ Thou only art the Lord, O Jesus Christ, to the glory of God the Father. Amen.

Every day will I bless Thee, and I will praise Thy Name forever, yea, forever and ever./ Vouchsafe, O Lord, to keep us this day without sin./ Blessed art Thou, O Lord, the God of our fathers,/ and praised and glorified is Thy name unto the ages. Amen.

Let Thy mercy, O Lord, be upon us, according as we have hoped in Thee.

Blessed are Thou, O Lord, teach me Thy statutes. (Thrice)

Lord, thou hast been our refuge in generation and generation./ I said: O Lord, have mercy on me, heal my soul, for I have sinned against Thee./ O Lord, unto Thee have I fled for refuge, teach me to do Thy will, for Thou art my God./ For in Thee is the fountain of life, in Thy light shall we see light./ O continue Thy mercy unto them that know Thee.

Holy God, Holy Mighty, Holy Immortal have mercy on us. *(Thrice)* Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Holy Immortal have mercy on us.

Holy God, Holy Mighty, Holy Immortal have mercy on us.

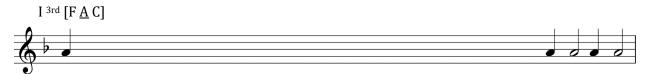
Establish, O God



Est - ab - lish, O God, the holy Orthodox Faith of Orthodox Christ - ians

Establish, O God,/ the holy Orthodox Faith of Orthodox Christians// unto the ages of ages.

Hymn to the Most Holy Theotokos



More honourable than the Cherubim, and beyond compare more glorious than the Ser-a-phim

More honourable than the Cherubim, and beyond compare more glorious than the Seraphim,/ who without corruption gavest birth to God the Word,// the very Theotokos, thee do we magnify.

At the Dismissal

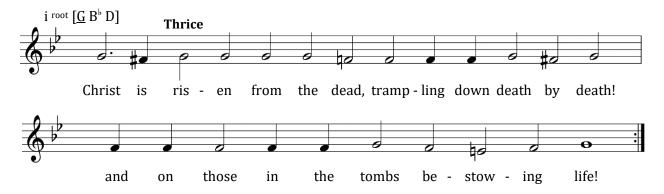


Glory to the Father, and to the Son, and to the Ho - ly Spi - rit

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Lord, have mercy. (*Thrice*) O Lord, bless.

From Holy Pascha until Ascension



<u>Christ</u> is risen <u>from</u> the dead, trampling down <u>death</u> by death, and upon <u>those</u> in the tombs bestowing life. (*Thrice*)

Save, O Lord, and Have Mercy



Save, O Lord, and have mercy on/our Archbishop *Name*;/ and the United States of America/ and all who with faith and piety dwell herein;/ and the much-suffering Russian land,/ and its Orthodox people in the homeland and in the diaspora;/ the priest and parishioners of this holy church, and all Orthodox Christians:// Preserve, O Lord, for many years.

First Hour

To Thee the Champion Leader

Tone VIII

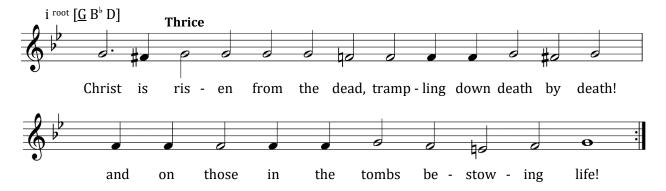


To thee the Champion Leader, we thy servants dedicate/ a feast of victory and of thanksgiving/ as ones rescued out of sufferings, O Theotokos;/ but as thou art one with might which is invincible,/ from all dangers that can be do thou deliver us,/ that we may cry to thee: Rejoice, thou Bride unwedded.

Typika

Christ is Risen

From Holy Pascha until Ascension



<u>Christ</u> is risen <u>from</u> the dead, trampling down <u>death</u> by death, and upon <u>those</u> in the tombs bestowing life. (*Thrice*)

First Antiphon

Psalm 102



Bless the Lord, O my soul; blessed art Thou, O Lord.

Bless the Lord, O my soul, and all that is within me bless His holy name.

Bless the Lord, O my soul, and forget not all that He hath done for thee.

Who is gracious unto thine iniquities, Who healeth all thine infirmities.

Who redeemeth thy life from corruption, Who crowneth thee with mercy and compassion.

Who fulfilleth thy desire with good things; thy youth shall be renewed as the eagle's.

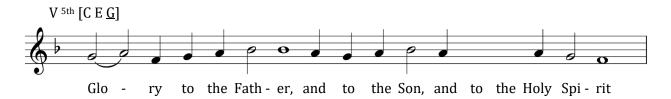
Compassionate and merciful is the Lord, long-suffering and plenteous in mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

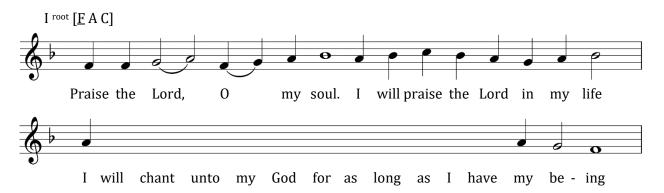
Bless the Lord, O my soul, and all that is within me bless His holy name; blessed art Thou, O Lord.

Second Antiphon

Psalm 145



Glory to the Father, and to the Son, and to the Holy Spirit.



Praise the Lord, O my soul. I will praise the Lord in my life, I will chant unto my God for as long as I have my being.

Trust ye not in princes, in the sons of men, in whom there is no salvation.

His spirit shall go forth, and he shall return unto his earth. In that day all his thoughts shall perish.

Blessed is he of whom the God of Jacob is his help, whose hope is in the Lord his God,

Who hath made Heaven and the earth, the sea and all that is therein,

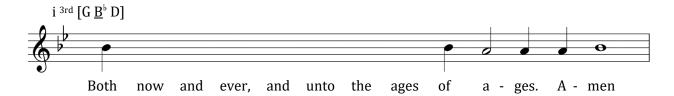
Who keepeth truth unto eternity, Who executeth judgment for the wronged, Who giveth food unto the hungry.

The Lord looseth the fettered; the Lord maketh wise the blind; the Lord setteth aright the fallen; the Lord loveth the righteous;

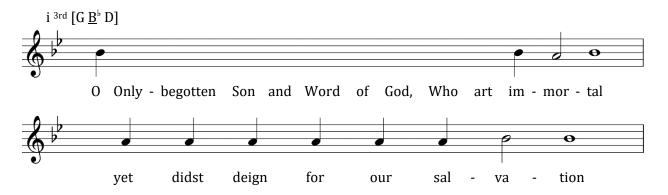
The Lord preserveth the proselytes. He shall adopt for His own the orphan and widow, and the way of sinners shall He destroy.

The Lord shall be king unto eternity; thy God, O Sion, unto generation and generation.

Hymn of the Lord Jesus Christ



Both now and ever, and unto the ages of ages. Amen.



O Only-begotten Son and Word of God, Who art immortal, yet didst deign for our salvation to be incarnate of the Holy Theotokos and Ever-Virgin Mary, and without change didst become man and wast crucified, O Christ God, trampling down death by death; O Thou Who art one of the Holy Trinity, glorified with the Father and the Holy Spirit, save us.

Third Antiphon

The Beatitudes



In Thy king-dom remember us, O Lord, when Thou comest into Thy king-dom

In Thy kingdom remember us, O Lord, when Thou comest into Thy kingdom.

- 12 Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
- 11 Blessed are they that mourn, for they shall be comforted.
- 10 Blessed are the meek, for they shall inherit the earth.
- 9 Blessed are they that hunger and thirst after righteousness, for they shall be filled.
- 8 Blessed are the merciful, for they shall obtain mercy.
- ⁷ Blessed are the pure in heart, for they shall see God.
- 6 Blessed are the peacemakers, for they shall be called sons of God.
- ⁵ Blessed are they that are persecuted for righteousness' sake, for theirs is the kingdom of Heaven.
- 4 Blessed are ye when men shall revile you and persecute you, and shall say all manner of evil against you falsely for My sake.
- 3 Rejoice and be exceedingly glad, for great is your reward in the heavens.
- ² Glory to the Father, and to the Son, and to the Holy Spirit.
- 1 Both now and ever, and unto the ages of ages. Amen.

O Come Let Us Worship



O come let us worship and fall down before Christ;

Sundays: Who didst rise from the dead,

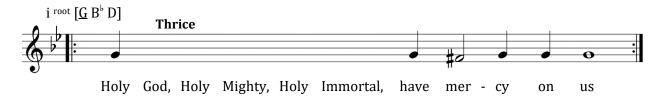
Weekdays: Who art wondrous in the saints,

Feasts of the Theotokos: Through the prayers of the Theotokos,

O Son of God, save us who sing to Thee: Alleluia.

Holy God, Holy Mighty, Holy Immortal

Trisagion



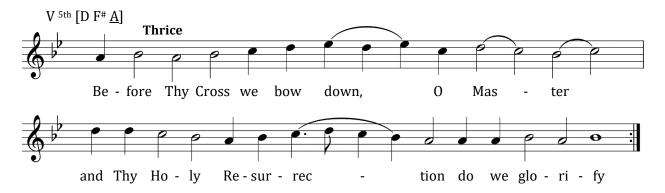
Holy God, Holy Mighty, Holy Immortal, have mercy on us. (*Thrice*) Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever and unto ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Before Thy Cross

Instead of the Trisagion on feasts of the Precious Cross



Before Thy Cross we bow down, O Master and Thy Holy Resurrection we glorify. (*Thrice*)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

And Thy Holy Resurrection we glorify.

Before Thy Cross we bow down, O Master, and Thy Holy Resurrection we glorify.

As Many As Have Been Baptized

Instead of the Trisagion as appointed in the Typikon



As many as have been baptized into Christ have put on Christ. Alleluia. (*Thrice*)

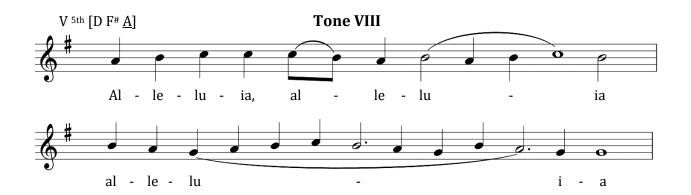
Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Have put on Christ. Alleluia.

As many as have been baptized into Christ have put on Christ. Alleluia.

Alleluia





Glory to Thee, O Lord



Remember Us, O Lord

Tone VI



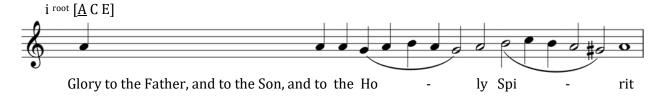
Remember us, O Lord// when Thou comest in Thy kingdom.
Remember us, O Master// when Thou comest in Thy kingdom.
Remember us, O Holy One// when Thou comest in Thy kingdom.
The heavenly choir praiseth Thee and saith:/ Holy, Holy, Lord of Sabaoth;// heaven and earth are full of Thy glory.

Reader: Come unto Him and be enlightened.



And your faces shall not be ashamed.

The heavenly choir praiseth Thee and saith:/ Holy, Holy, Holy, Lord of Sabaoth;// heaven and earth are full of Thy glory.

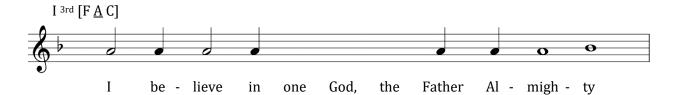


Glory to the Father, and to the Son, and to the Holy Spirit.

The choir of Holy angels and archangels/ with all the heavenly hosts praiseth Thee and saith:/ Holy, Holy, Holy, Lord of Sabaoth;// heaven and earth are full of Thy glory.

Reader: Both now and ever, and unto the ages of ages. Amen.

Symbol of the Faith



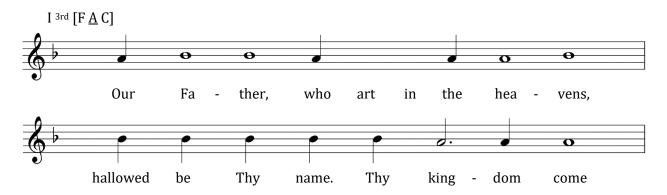
I believe in one God, the Father Almighty, Maker of Heaven and earth, and of all things visible and invisible.

And in one Lord Jesus Christ, the Son of God, the only-begotten, begotten of the Father before all ages. Light of Light; true God of true God; begotten, not made; of one essence with the Father, by whom all things were made; Who for us men and for our salvation came down from the heavens, and was incarnate of the Holy Spirit and the Virgin Mary, and became man. And was crucified for us under Pontius Pilate, and suffered, and was buried; and arose again on the third day according to the Scriptures, and ascended into the heavens, and sitteth at the right hand of the Father; and shall come again with glory to judge both the living and the dead; Whose kingdom shall have no end.

And in the Holy Spirit, the Lord, the Giver of Life, Who proceedeth from the Father; Who with the Father and the Son together is worshipped and glorified; Who spake by the prophets.

In one Holy, Catholic, and Apostolic Church. I confess one baptism for the remission of sins. I look for the resurrection of the dead, and the life of the age to come. Amen.

Our Father



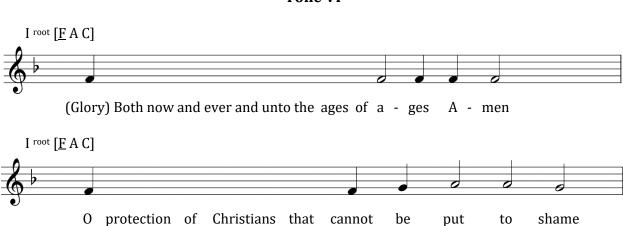
Our Father, who art in the heavens, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from the evil one.

Kontakia

The Kontakia as appointed by the Typikon.

Final Kontakion

Tone VI



O protection of Christians that cannot be <u>put</u> to shame,/ O mediation unto the Creator un<u>fail</u>ing:/ Disdain not the suppliant voices of <u>sin</u>ners;/ but be thou quick, O good one, to help us who in faith <u>cry</u> unto thee:/ Hasten to intercession and speed thou to make supplication,// thou who dost ever protect, O Theotokos, them that <u>hon</u>our thee.

I Will Bless the Lord at All Times

Psalm 33



I will bless the Lord at all times, His praise shall continually be in my mouth

I will bless the <u>Lord</u> at all times,/ His praise shall continually <u>be</u> in my mouth.

In the Lord shall my <u>soul</u> be praised,/ let the meek <u>hear</u> and be glad.

O magnify the <u>Lord</u> with me,/ and let us exalt His name together./ I sought the Lord, and He <u>heard</u> me,/ and delivered me from all my tribu<u>la</u>tions.

Come unto Him, and be en<u>ligh</u>tened,/ and your faces shall <u>not</u> be ashamed.

This poor man cried, and the Lord <u>heard</u> him,/ and saved him out of all his tribu<u>la</u>tions.

The angel of the Lord will encamp round about them that <u>fear</u> Him,/ and will de<u>liv</u>er them.

O taste and see that the <u>Lord</u> is good,/ blessed is the man that hopeth in Him.

O fear the Lord, <u>all</u> ye His saints,/ for there is no want to them that fear Him.

Rich men have turned poor and gone <u>hungry</u>,// but they that seek the Lord shall not be deprived of <u>any</u> good thing.

Come ye children, <u>hear</u>ken unto me;/ I will teach you the <u>fear</u> of the Lord.

What man is there that de<u>sir</u>eth life,/ who loveth to see <u>good</u> days?

Keep thy tongue from <u>ev</u>il,/ and thy lips from <u>spea</u>king guile.

Turn away from evil, and do good; / seek peace, and pursue it.

The eyes of the Lord are upon the <u>righ</u>teous,/ and His ears are opened unto their supplication.

The face of the Lord is against them that do <u>ev</u>il,/ utterly to destroy the remembrance of them <u>from</u> the earth.

The righteous cried, and the Lord <u>heard</u> them,/ and He delivered them out of all their tribu<u>la</u>tions.

The Lord is nigh unto them that are of a contrite heart,/ and He will save the humble of spirit.

Many are the tribulations of the <u>righ</u>teous,/ and the Lord shall deliver them <u>out</u> of them all.

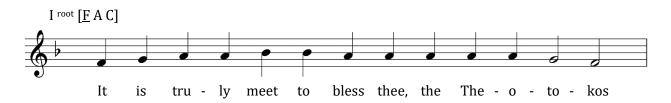
The Lord keepeth <u>all</u> their bones,/ not one of them shall be <u>bro-</u>ken.

The death of sinners is <u>ev</u>il,/ and they that hate the righteous shall <u>do</u> wrong.

The Lord will redeem the souls of His <u>ser</u>vants,/ and none of them will do wrong that <u>hope</u> in Him.

Hymn to the Theotokos

Tone VIII



It is truly meet to bless thee, the Theotokos,/ ever-blessed and most blameless, and Mother of our God./ More honourable than the Cherubim,/ and beyond compare more glorious than the Seraphim,/ who without corruption gavest birth to God the Word,// the very Theotokos, thee do we magnify.

At the Dismissal

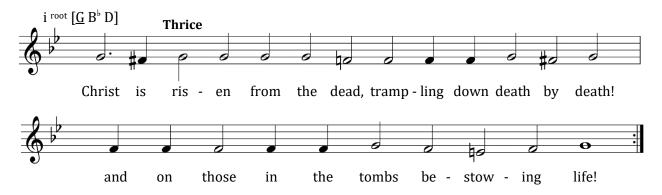


Glory to the Father, and to the Son, and to the Ho - ly Spi - rit

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Lord, have mercy. (*Thrice*) O Lord, bless.

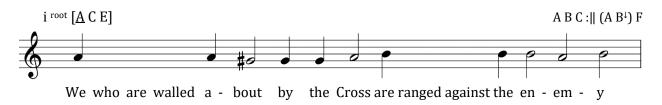
From Holy Pascha until Ascension



<u>Christ</u> is risen <u>from</u> the dead, trampling down <u>death</u> by death, and upon <u>those</u> in the tombs bestowing life. (*Thrice*)

We Who Are Walled About by the Cross

Tone VI



We who are walled about by the Cross/ are ranged against the enemy,/ not fearing his devices and ambushes,/ for the proud one hath been destroyed/ and trampled underfoot// by the power of Christ crucified on the Tree.

Stichera from the Litia for the parish feast.

Save, O Lord, and Have Mercy



Save, O Lord, and have mercy on/our Archbishop *Name*;/ and the United States of America/ and all who with faith and piety dwell herein;/ and the much-suffering Russian land,/ and its Orthodox people in the homeland and in the diaspora;/ the priest and parishioners of this holy church, and all Orthodox Christians:// Preserve, O Lord, for many years.

Lord, have mercy. (Thrice)

Доми стыхи жени муроносици

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