

Third Sunday of Lent: Adoration of the Precious Cross / Tone 6

Great Vespers

Blessed is the Man

At Lord I have cried: Octoechos 6; Triodion 4; *Glory*: Cross, Tone 3; *Both now*: Dogmatic

Theotokion in the tone of the week

Aposticha: Octoechos 4; *Glory, Both now*: Theotokion (in the Triodion), Tone 4

Troparia: *O Theotokos Virgin, Rejoice*, twice; *O Lord, save Thy people...*, once

Matins

After *God is the Lord*: Resurrectional Troparion twice; *Glory*: *O Lord, save Thy people...*; *Both now*:

Dismissal Theotokion in the same tone

Kathisma: Sessional Hymns from the Octoechos

Evlogitaria

Hypakoë of the tone

Hymns of Ascent and Prokeimenon in tone of the week

6th Matins Gospel

Having beheld the Resurrection; Psalm 50; *Glory*: *The doors of repentance*; *Both now*: *Guide me in the paths of salvation; Have mercy on me, O God; When I think of the multitude of evil things I have done.*

The Gospel is not venerated at this time

Canon

Resurrection 2 *Glory to Thy Holy Resurrection, O Lord*

Theotokos 1 *O Most-holy Theotokos, save us*

Cross 5 *Glory to Thy Precious Cross, O Lord*

Katavasia in the Triodion *Moses the servant of God...*

After Ode 3: Sessional Hymn of the Cross (*Thy Cross, O Lord, is holy*)

After Ode 6: Kontakion and Ikos of the Cross

After Ode 8: *My soul doth magnify...*

Holy is the Lord, our God

Exapostilaria: 6th Gospel; *Glory*: Cross; *Both now*: Theotokion in the Triodion

Praises: Octoechos 4; Triodion 4 (Repeat first), Tone 4 (final two with verses in the Triodion);

Triodion, Tone 8; *Glory*: Repeat; *Both now*: *Most blessed art thou...*

Great Doxology with final *Holy God...* sung solemnly when the Cross is brought out;

O Lord, save Thy people..., thrice; Clergy: *Before Thy Cross...*, thrice; Chanters: *Before Thy*

Cross..., thrice; Triodion stichera during the veneration of the Cross

After the dismissal: *Glory, Both now*: 6th Gospel Sticheron

At the Hours

Troparion: Resurrection; *Glory*: Cross

Kontakion: Cross